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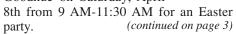
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APRIL, 2023 Volume 20 • Issue 2 • \$1.00

Easter For Kids Is April 8th

By Beth Brekke

All Children ages 3 years through 4th grade are invited to Grace Lutheran Church, 39774 County 4 Boulevard, Goodhue on Saturday, April





- Goodhue County Residents The Board of Appeal and Equalization for City of Bellechester will meet on April 27th, @ 5:00 for Goodhue County at Bellechester Community Center.
- Wabasha County Residents open book Board of Equalization meeting will be open from April 10 thru May 12, M-F 8:00 - 4:00 at the Wabasha County Courthouse, Assessor's office.
- April Goodhue Regular City Council Meeting Our April council meeting will be moved to April 27th. It will occur after the BOE meeting with a limited agenda.
- Belvidere Happy-Go-Luckies 4-H Club (usually) meets the first Monday of each month at 7p.m. at St. Peter's Church, rural Goodhue. New members are always welcome! Contact club leader Michelle Benrud at 651-923-5247 for more information.
- The Goodhue Area Historical Society Museum is open June thru August Thursday and Sunday 1 to 4 p.m.. For after hours appointment call 651-923-4302 or 651-301-5731.

Do you have an announcement? Email: hometownmessenger@gmail.com

Goodhue County Dairy Royalty Crowned

The 2023 Goodhue County Dairy Princess banquet was held on Saturday, April 1st at the Goodhue Lions Community Center in Goodhue. After a catered meal, the candidates each gave a short speech on dairy topics including the nutritional value of dairy products in a healthy diet. Earlier in the day the candidates went through formal interviews with judges and learned about topics related to successfully promoting the dairy industry. The young women will now have the opportunity to attend the Midwest Dairy Association's May Dairy Promotion and Leadership Event with a chance to run for the title of Minnesota's Princess Kay of the Milky Way.

The 2023 Goodhue County Dairy Royalty crowned were as follows:

Natalie Clementson, daughter or Brian and Tiffany Clemenson of Zumbrota

(continued on page 3)



The 2023 Goodhue County Dairy Royalty - Kelsey Holst, Caryn Miklas, Evelyn Scheffler, & Natalie Clemenson. Missing, Emma Eggenberger (stuck in South Dakota due to the snowstorm).



Area Youth Attend Dairy Convention

By Beth Brekke

Five Goodhue County Junior Holstein members were among 100 youth that participated in the 2023 Minnesota Junior All-Breeds Dairy Convention.

(continued on page 5)

Pictured to the left: Goodhue County youth attending the Minnesota Junior All-Breeds Dairy Convention held in Rochester on March 17-19 were (L-R): Evelyn Scheffler, Matthew Scheffler, Brianna Fitzgerald and Ben Scheffler. Not pictured, Connor McGowan.

St. Luke Lutheran Church to Host 3 on 3 Basketball Tournament

St. Luke Lutheran Church in Goodhue will host a 3 on 3 basketball tournament this year during Volksfest. The tournament will take place on Saturday, June 10th from 10am to 2pm. Ages 11 and up are welcome to register a team. There are spots for 32 teams so register quickly! Registration details and deadline can be found on St. Luke Lutheran Church (Goodhue) website under the St. Luke button (www.stlukegoodhue.org), or by contacting the church office at office@stlukegoodhue.org.

Sign up soon!

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The Main **Thing**

By Pastor Colleen Hoeft

When I was a little girl- around 5-6 years old I did something very foolish- Let me give you some background- in my young mind I had decided that we needed a new house. Not sure why-possibly I didn't like sharing a bedroom- I really can't remember why I wanted a new house. My mom had to go and help my dad with something and left me home with my little sister- who wasn't walking yet. This was my chance! I packed my little suitcase, and brought my sister, and a bunch of toys downstairs. Then I took some matches up to my room. I went to my mattress and lit a match. It landed on the mattress-and it seemed to go out. And, if I'm remembering correctly- I had second thoughts- and realized that this wasn't a good idea- and I thoughtok- it didn't light anyway so I think everything is ok. Unfortunately, the fire hadn't went out and it did catch my mattress on fire-It didn't burn down the house- but it sure smoked it up bad and made a terrible mess. I was in huge trouble- but I'm happy to say that I never played with fire again!

This message isn't about the fact that children shouldn't play with matches. It is about the intensity of our focus. A magnifying glass increases the power of the sunlight- it focuses it on the tinder and brings enough heat that will stir up some sparks and bring a flame. As believers- as a church we are called to have that same kind of focus- that same intentionality to keep the main thing the main thing.

Probably the most famous chapter in the Bible- one verse in particular, John 3:16. We see it in end zones during football games, or in the stands at baseball games- even at golf events..) John 3:16 remains the most wellknow verse of the Bible throughout the world! It is the core of the Christian faith.

God so loved the world that HE gave His one and only Son. His Son Jesus Christ, God the Father, God the Son... Jesus came from

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heaven. Jesus was with God in the beginning and reigns eternally with Him even now. Jesus lived with us on earth for about 33 years- he lived as the Son of Man and the Son of God. Jesus agreed with His Father to be the propitiation- to take our place-for our sins. He took care of all the past sin from Adam upon himself and all the future sin from his death to the end of time. He was the perfect lamb of God given for you and me and everyone always. His redemption is inclusive; it is available to all who choose to believe and receive it. God so loved the world that He gave His one and only Son, the whoever believes in Him will not perish, but have everlasting life!" Jesus died to give us new life! Life free from the power of sin and death. Life filled with hope and purpose. Life eternal with Him, and Life abundant even now.

When we believe in Him- we receive His Spirit, and we are born again! We are new creatures- we have a new heart, a new outlook on life, a transformation. This is why this is the most known, most read, most memorized Bible verse of all time- if you know nothing else-this is enough. God gave His Son for YOU and ME. He isn't willing that any would miss out. He loves those that He has created- and since he has created all people- He loves them ALL! And Jesus died for ALL- not just for the righteous, not only for the rich and famous, but for every single person that has ever lived or will live! That's why this verse is the MAIN THING

we need to know and to share. Without this truth- nothing else will last. We must keep Jesus at the center of our lives- of all we do as people, of all we are as a church. It is so easy to get 'busy' doing good things and forget the main thing. Steve Covey says in his classic work, First Things First, "Keep the main thing the main thing." This is a key habit of highly effective people. This is critical for believers and churches. Dave Ramsey calls this type of attitude, gazelle intensity!

There is nothing that even remotely compares to the incarnation, the birth, the life. the death, and resurrection of the Lord Jesus Christ! This is what stands out as the unique truth that separates Christianity from every other religion on the face of the earth; past, present, and future!

There is no other religion here on earth where God actively pursues people so that they can have eternal life. There is no other religion on earth where God literally demonstrates His passion for the people He created. There is no other religion here on earth where we can be assured of eternal life while we are still alive here on earth!

There is no other God that invites us into a personal relationship, who forgives us, who enables us to find salvation, who enables us to live holy lives because He actually lives within us, who gives us spiritual gifts and who gives us the ability to accomplish any task He asks us to do.

Let's get back to the core of Christianity,

"for God so loved the world that He gave his one and only son." Found people find people. This is our model for the way in which we introduce more and more people to Jesus. Keep the main thing the main thing: like a magnifying glass- lets have that same intensity to preach the gospel, to tell the gospel to others, to live out the gospel in our lives! We are called to harness all our energies and efforts into one unified focus so that more and more people can know Jesus. John Wesley said, "Catch yourself on fire for God and people will come from miles just to watch you burn." Keep Jesus at the Center of Your Easter Celebration. Keep the main thing, the main thing!





uard your hearts and your minds in Christ Jesus. — Philippians 4:7 During this month in our reflections on peace, we have

dug into the Scriptures and human history, dived into our memories, and revisited some of life's most challenging

schedule to the Messenger at: hometownmessenger@gmail.com



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702 West Third Ave., Goodhue, MN • 715-441-5086 Sunday Morning Worship 10:45a.m. with on on the second and fourth Sunday of each month. Sunday School at 9:30a.m. at Grace. Sunday Bible Study at 9:30a.m., Confirmation Class 5:45p.m. on Wednesday, 8:30a.m. Quilting and Bible Study on Wednesday, and 10:30a.m. Midweek Bible Class





April, 2023 - GOODHUE-BELLECHESTER MESSENGER - Page 3

Delmar Christ Hinck

Delmar Christ Hinck, 71, of rural Lake City, passed away peacefully at his home on Monday, March 20, 2023. He was born in Red Wing on Decem-



Monday, March 20, 2023. He was born in Red Wing on December 28, 1951, to Christ and Norma (Siewert) Hinck. He graduated from Red Wing Central High School in 1969. On August 16, 1975, Delmar was united in marriage to Barbara McNamara at St. Columbkill Catholic Church in Belle Creek, MN. He was a lifelong farmer and later in life could often be found selling his well-known and flavorsome sweet corn and other vegetables at the farmer's market in Red Wing. He was a lifetime member of St. Peter's Lutheran Church, Belvidere and the Goodhue Lion's Club. Delmar enjoyed playing a game of Huckley Buck with friends, scratch off lottery tickets, spending time with his family and friends, and driving his grandchildren around the farm on his golf cart.

He is survived by his wife of 47 years, Barbara Hinck; daughter, Lisa Acker (Jeff Edler) of Hager City; sons, Christopher (Erin) and Johnathan (Sami) Hinck of Lake City; grandchildren, Aliza and Ryan Acker, Riley, Noella, Josephine, and Renae Hinck, and Calie, Brayden, and Brittyn Hinck; many nieces and nephews; father-in-law, Ralph McNamara; and numerous brothers and sisters-in-law.

He was preceded in death by his parents, Christ and Norma; grandson, Cullen Hinck; and sister, Darnell Hinck.

Memorial service was at 11 a.m. on Tuesday, March 28, 2023, at St. Peter's Lutheran Church, Belvidere. Visitation was from 4 until 7 p.m. on Monday, March 27, 2023, at the Mahn Family Funeral Home, Bodelson-Mahn Chapel in Red Wing, and one hour prior to the service at the church on Tuesday.

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Easter For Kids Is April 8th

(continued from page 1)

The morning activities include children's devotions, singing, crafts, snacks and an Easter egg hunt.

Colorful eggs and a bunny are associated with Springtime and Easter as symbols of new life after the dead of Winter. Like a chick emerging from an egg, or Spring's newborn bunnies, Jesus' resurrection from the dead holds the promise of new life for Christians. This message will be shared with children through age-appropriate lessons and fun crafts and activities at the annual Easter For Kids event.

The program is sponsored by the area Wisconsin Synod Lutheran churches of Grace, St. Peter's and St. John's. All children are welcome and encouraged to register at www.gracestpeters.org using the "Easter for kids" tab at the top of the home page. For help with registration or any other questions,

please contact Shelley Poncelet at 651-212-3219. Holy week service times can also be found on the home page along with more information about the church.

Join us for Good Friday and/or Easter Worship from the WELS Lutheran Churches of Goodhue.

Grace Lutheran - 39778 County 4 Blvd. St. John's Lutheran - 36620 County 4 Blvd. St. Peter's Lutheran - 702 W. Third Avenue

Good Friday, April 7

1:00p.m. Worship at St. John's Lutheran 7:00p.m. Joint Tenebrae Service at Grace Lutheran

7:00p.m. Worship at St. John's Lutheran

Easter Sunday, April 9

7:00a.m. Joint Easter Sunrise Service at Grace Lutheran

8-9:00a.m. Easter Breakfast at Grace Lutheran

9:00a.m. Easter Worship at Grace Lutheran 9:00a.m. Easter Worship at St. John's Lutheran

10:30a.m. Easter Worship at St. Peter's Lutheran

Goodhue County Dairy Royalty Crowned

(continued from page 1)

Emma Eggenberger, daughter of Erica Cordes and Robert Eggenberger of Red Wing

Kelsey Holst, daughter of Shane and Casey Holst of Zumbrota

Caryn Miklas, daughter of Amy Bearbower and Mike Chamberlain of Zumbrota Evelyn Scheffler, daughter of Tony and Maizie Scheffler of Zumbrota

Locally, the Dairy Royalty will be good-will ambassadors for Goodhue County dairy farmers and the dairy industry throughout the upcoming year. They will be participating in dairy promotions, parades, educational school visits, the Goodhue County Fair, and other dairy related events to promote the dairy industry, its products, and producers.

MSHSL State Championships for Goodhue

JJ Bien goes 1-2 at 126 LBS! JJ dropped his first match 6-4 to Devn Carter of Tracy-Milroy-Balaton-Westbrook-Walnut-Grove, came back to win over Peyton Gillund of Minneota 7-2, and then dropped his last match 7-3 to Tommy Elwood of Medford. JJ ends the season with a 33-20 record.

126 LBS Class A

JJ Bien Goodhue

Champ. Round 1 - Devin Carter (Tracy-Milroy-Balaton-Westbrook-Walnut-Grove) 48-2 won by decision over JJ Bien (Goodhue) 33-20 (Dec 6-4)

Cons. Round 1 - JJ Bien (Goodhue) 33-20 won by decision over Peyton Gillund (Minneota) 35-12 (Dec 7-2)

Cons. Round 2 - Tommy Elwood (Medford) 43-7 won by decision over JJ Bien (Goodhue) 33-20 (Dec 7-3)



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Community

Family life: The Struggle for Balance

An article sponsored by the Goodhue Community Health Awareness Coalition, written by Pr. Eric Hanson, St. Luke Lutheran Church, Goodhue, MN

In the summer of 1998, I was relieved when my team lost our second game of the Montana State Legion Baseball Tournament, ending our season. It wasn't that I didn't like baseball. I loved it. It wasn't that I didn't want to win. What teenager doesn't want to win? It was that by summertime I was tired of playing baseball. From age twelve to age eighteen I had spent almost every hour of every day from spring to late summer playing baseball. I had "baseball fatigue", and losing the tournament in '98 meant a rare three weeks off at the end of the summer. I was surprised that I was relieved by losing rather than sorrowful (we worked so hard to get to that tournament!), but that feeling told me I needed a break, and I was happy to have it.

Striking a balance between school, extracurricular activities, jobs, homework, & parents' schedules, has always been difficult for youth and families in our American culture, but that difficulty has drastically increased over the past two generations. Social scientist Dr. Chap Clark, author of Hurt 2.0 Inside the World of Today's Teenagers, remarks, "Over the past generations, innovative programs hoping to grow youth into adulthood have sprung up across the country: youth sports, music, dance, drama, and even religious youth programs. These were originally designed and structured with a common goal: to nurture emerging adolescents.... These structures eventually, however, distanced adults from the specific needs of adolescents. Fast forward to today's environment, by the time adolescents enter high school, nearly every one has been subjected to a decade or more of adult-driven and adult-controlled programs, systems, and institutions that are primarily concerned with adults' agendas, needs, and dreams.... What is interesting is that many adults will highlight these and other activities as proof of their commitment to the young. 'I drive my kids to all of these activities. I sacrificed my own life, work, avocation, and enjoyment in order to take the kids to soccer games, concerts, and competitions." Dr. Clark then spends the rest of his book connecting the over-structured lives of America's youth and families with increases in adolescent mental health struggles and a general loss of relational cohesiveness in American families today.

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It begs the question, what are we spending our time on, and what do we hope comes from our commitments? As a parent I feel the pressure to have my children and family involved in "all the things, all the time." My kids love sports, music, and dance, and so they're involved in all those activities in some way. I want them to do well in school and so I encourage time on homework as necessary. As a family of faith we make time for worship and Sunday school and other church programs throughout the year. My hope is that all these commitments provide a scaffolding that supports our growth as a family. But Dr. Clark's challenge to our over-structured culture rings true for me. Are we too busy? Are we too structured? Whose needs are all of these commitments meeting? To be honest, even before reading Dr. Clark's book I've wondered, "Do I spend too much time running my kids to something rather than relating to them?" "Do we spend too much time trying to achieve something rather than simply being together?" "Am I a spectator watching my kids 'do their thing' or an active participant in their lives?"

In his book Dr. Clark encourages families to re-examine how we structure life together and ask some hard questions: Is this activity meeting my needs or the needs of my child? How much agenda-free downtime do we have with our children each week? How often is my child doing something that is not merit based or achievement based? How often are we in places where who we are is more important than what we produce?

These are hard questions for families to ask,

but they are important questions as social scientists continue to find links between mental health struggles and over-structured, over-committed lives. I'm thankful for Dr. Clark's insights, and I'm reminded, I'm not the victim of my family's schedule, I'm the creator of it, and what matters is what makes us healthy, not what makes us busy. For any-body interested in learning more about creating balanced family lives, try reading Hurt 2.0 by Chap Clark in full. You won't be disappointed.

Looking for mental health resources? National Resources

Call or text 988 & you'll be connect with mental health professionals through the Suicide and Crisis Lifeline

Suicide Prevention Hotline (English) 1-800-273-8255

Suicide Prevention Hotline (En Espanol) 1-888-628-9454

Regional Resources

Crisis Response of Southeast Minnesota Phone: 1-844-CRISIS2, 1-844-274-7472 Text: "MN" to 741741

Minnesota Farm & Rural Helpline: 1-800-600-2670

Southeast Regional Crisis Center: 507-322-3019

Goodhue County Resources

Your local school Counselor or School Psychologist

The Mental Health Coalition of Goodhue County resource website: www.gccfc.org



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Area Youth Attend Dairy Convention

(continued from page 1)

The convention is open to dairy enthusiasts through age 21 and was held at the Empire Event Center/Best Western hotel in Rochester March 17-19. Those attending from the county were Evelyn, Matthew and Ben Scheffler (Zumbrota), Connor McGowan (Pine Island), and Brianna Fitzgerald (Goodhue).

The convention is a very hands-on, interactive event where youth from across the state gather and get to know each other and learn about the dairy industry. The weekend activities included dairy knowledge bowl, jeopardy and other competitions, educational workshops, and free time for swimming and games. Kids were bused in two groups to Sheeknoll farm South of Rochester where they learned more about dairy nutrition and showmanship in addition to viewing the animals.

Saturday night's highlight was a banquet featuring keynote speaker, Donna Moenning of Midwest Dairy Association. Winners of the weekend's competitions were announced and each breed organization presented special awards including scholarships. Evie Scheffler was awarded a Holstein scholarship and was also on the second place senior dairy bowl team along with Brianna Fitzgerald. Fitzgerald also placed third in the senior Jeopardy competition. Matt Scheffler was a member of the second place junior dairy bowl team. A DJ provided music for the dance that followed the banquet.

The convention concluded on Sunday following the business meeting, committee reports and election of officers. Evie Scheffler was voted onto the junior Holstein board and will serve as the organization's secretary for the coming year.

See all the convention photos on the Minnesota Junior Holstein Facebook page. For more information on the organization visit www.mnholstein.com under the Juniors tab. For questions about the Goodhue County club, contact advisor, Beth Brekke at thecowchick@yahoo.com.



Lose Weight this Way



By Shauna Burshem, D.C.

Lose weight for your health. Covid-19 infection effects people with co-morbidities more so than people without. Co-morbidities are underlying illnesses or diseases that a person has prior to covid infection. Co-morbidities include but are not limited to diabetes, asthma, auto-immune disease, heart disease, cancer and even being overweight.



Even mild obesity can raise the risk of severe covid. Obesity is defined as being 30 or more pounds over your normal bodyweight. Mild obesity increased the risk of respiratory failure 2.5 x and also gives you a 5 x greater risk of being admitted to the ICU. Those with a body mass index of 35 and over were 12 x more likely to die from covid. Inflammation triggered by carrying the extra bodyweight can increase the risk of lung blood clots three fold. One of the most important factors for overall health is to be within a few pounds of your target bodyweight. Sadly, society today makes being at a normal bodyweight difficult because of processed foods, junk foods and soft drinks which are the key factors in our nation's rise of obesity. These types of foods all play a role in chronic disease and increase your risk of severe covid-19. To be healthy, diet and exercise are paramount. All of the recent research points to time restricted eating as a way of building metabolic health. Metabolic health is overall health. Cellular metabolism has to do with the control of everything in the body. Time restricted eating is eating all of your daily food within a certain time window of the day. For instance, if your last bite of food is at 7pm, your next food eaten would be at 11am the next day. Your eating window is 8 hours between 11 am and 7pm. By eating in the restricted time window, you improve metabolic function, burn more calories at rest and lose weight. In addition to time restricted eating, intermittent fasting is a proven way of losing weight. Intermittent fasting is a slightly more restricted way of timed eating. 2-3 days a week, no food is eaten say from 7pm to 1 or 2pm. In conjunction with time restricted eating on the non-intermittent days, weight is lost at a faster rate and metabolism improves dramatically. And lets not forget the importance of daily exercise. 40 minutes a day of extra activity (not work related) will contribute big time to metabolic health and weight loss. Ps. Coffee, tea and water do not count as food.

MISSY'S MESSAGE



MISSY PAPENFUS

The snow is melting, my walking parter and I are back at it! We ALMOST walked three days in a row! Then it snowed! So a quick change of my plans to do some zoom yoga rather than walk. The weather was not cooperating, and it's been months since we could do that. It's time to start taking Maisy (Monty's dog) for more walks around Mazeppa before, during, and after work. Maisy has been walking with me to the post office every day, and she LOVES going to the post office and the First State Bank down the street.

Maisy also likes it when we chase her around the store or the house, so I

can get more steps in.

Spring is near. Get out and enjoy a stroll!

Meanwhile, up north at our cabin feels like we have a climate change. The snow and trails have been great, and we've been riding snowmobile as much as we can while we can. I snagged a new snowmobile this year, a 2023 Arctic Cat ZR6000 l37. It was supposed to be Mike's, but I broke it in, and now I don't want to give it back! I am not going to give it back! He'll have to find another one!

Memo from MotoProz...

Spring is coming. We have a great supply of new and used side by sides and new Hustler zero turn mowers! Stop in to check them out or take a look online at www.motoproz.com! The place to go is MotoProz in Mazeppa!

Missy and her husband Mike own MotoProz in Mazeppa.

Celebrating Women Who Make Southern Minnesota Thrive



Tim Penny So. MN Initiative Foundation

March was Women's History Month, which was both a time to look back at the incredible accomplishments of women in the history of our country, but also a time to celebrate women who are doing amazing things today. At Southern Minnesota Initiative Foundation (SMIF), we know that there are countless women who make our region thrive. I'd like to take a moment to highlight several of these women today.

At SMIF, we work with female entrepreneurs every day through our training programs and business financing options. One of our more recent loan clients is CannonBelles Cheese based in Cannon Falls. In 2012 Deann



Lufkin and her friend Jackie Ohmann started experimenting with making cheese which eventually gained enough momentum to turn into a business once their friend Kathy Hupf, a dairy expert, became involved. Their cheese has won awards and they even opened up a coffee and ice cream shop several years ago in downtown Cannon Falls. SMIF provided a Small Enterprise Loan to help pay for marketing for the cheese company which they were able to use to expand their markets.

Through SMIF's Early Childhood work we have partnered with many women leaders in the field, many of whom are either educators or child care providers. Stacy Boysen, a child care provider from Pine Island, has worked with SMIF many times to provide trainings to other providers in our region. It is clear from these trainings that Stacy is both a positive role model and a mentor to many others in the profession. She has a wealth of information to share, which ranges from standard health and safety education, to more nuanced information about the importance of self care, and ways to incorporate healthy snacks into a child care business.

SMIF also works with many women who are leaders in their communities, especially through our 31 Community Foundations. Liz Krocak, and her daughter Maggie Grimm, are two women who come to mind who have been very active in Montgomery through their Community Foundation. Liz was instrumental in making the Community Foundation a vehicle to help people when the pandemic began. She applied for the match-



CannonBelles

ing grants that SMIF offered during that time to support local businesses and the local food shelf. The Montgomery Community Foundation also received a Small Town Grant to support the local farmers' market which Maggie and Liz are both very involved in.

This small list of women leaders in our region just barely grazes the surface of the vast number of women we know who are making

a difference in the lives of southern Minnesotans. Their innovation, their knowledge and their leadership are truly incredible. We are proud to know, and partner with, the many women who make this region thrive.

As always, I welcome your comments and questions. You can reach me at timp@smifoundation.org or 507-455-3215.



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- Paul Malecha Auction Saturday May 20th 10AM O Open House: Sunday April 30th 1-3PM

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AUCTION CALENDAR

March 30, 2023

UCTION FOR THE STATE IOMBURG ESTATE ower & Hand Tools, Welders, Air Cabinets, Tool mpressor, Shop Cabinets, Tool ces, Battery Chargers, Pullers, Pipe enches, Sockets, New Filters & Oil, w Hardware, All Like New Items

April 1, 2023 10:00 AM

Lonsdale, MN
LARGE FARM ESTATE AUCTION FOR
THE OTTO HOMBURG ESTATE
John Deere 7520, 4320, 4020, 4000,
3020, 630, 530, A & B Tractors,
AC Crawler, 21 Case Skildloaders,
2004 GMC 2500 - 12K Miles, JD 6620
Combine Witleads, JD 936 Mcco,
NH RB740A Baler, ID 8300 Drill,
Tillage & Livestock Equip., Motor
Home, Cadillac Car

Land 18 2022

April 8, 2023 Bidding Begin April 8, 2023
Bidding Begins: "Mar. 30, 2023
Starts Closing...... April 8, 2023
Montgomery, MN
ONLINE ONLY 78.20 ACRES IN
RICE. CO. MN FOR MARVIN DAVID
ESTATE.

IATE
3.20 Acres in Section 32 Erin
Avnship, Rice Co., Rural
Annoship, Rice Co., Rural
Annoship, Rice Seliding
Bed Sedroom Home, Sheds, Barn,
D. Acres of Prime Farm Land, 80
Pl, Drian Tijle in Place, Online Only
dding.Montgomery, MN

April 8, 2023 April 8, 2023
Bidding Begins: ...Mar. 30, 2023
Starts Closing......April 8, 2023
Montgomery, MN
ONLINE ONLY FARM EQUIPMENT
& AUTOS AUCTION FOR MARVIN

DAVID ESTATE 2017 Ford Edge 4x4, 2005 Ford F150 4x4, Massey Ferguson 285 Tractor, New Holland Baler, NH Sickle Mower, ohn Deere Snowblower, NH Manure ipreader, Antic Cat ATV, Lawn & Jarden, Tools

April 20, 2023
Bidding Begins: April 11, 2023
Starts Closing.... April 20, 2023
Kenyon, MN
LARGE ONLINE ONLY RED WING
STONEWARE COLLECTOR AUCTION
FOR STEVE SHOWERS ESTATE

FOR STEVE SHOWERS ESTATE 500+ Pieces Red Wing Stoneware, Complete Every Year Red Wing Collector Society Commemoratives, 150+ Old Beer Bottles, Beer Cans, 20+ Pieces of Early Primitive Furnitu Farm Primitives, and More

Fami Primitives, and More
May 1, 2023
Bidding Begins: . April 22, 2023
Starts Closing...... May 1, 2023
Farmington, MN
ONLINE ONLY ESTATE AUCTION
FOR THE JOSEPH ROTHER ESTATE
(10) Gas Hit & Miss Engines, (10)
Miniature Hit & Miss Engines, Farmall
B Tractor, 40' Like New Shipping
Container, Lathe & Milling Machine,
Power & Hand Tools, 15 + Firearms,
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Prints, Furntiure, Household Items
2023 9:00 AM

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This is their 6th year in a row earning this prestigious award. The land professionals are active members of RLI and have at least \$5M dollars in closed land sales in 2022. You can read more about the award winners in the Spring 2023 issue of The Land Report.

1 Stop Realty specializes in land sales, 1031 tax deferred property exchanges, absentee landowner management, and farmland auctions. If you're looking to buy, sell, or auction your farmland or want to learn more about their land management services, contact the Experienced Farmland Professionals at 507-634-7033 or go online at WWW.FARMLANDSALES.COM.

ONLINE ONLY 78.2 ACRES OF LAND & BUILDING SITE LOCATED IN ERIN TWP. RICE COUNTY, MN, RURAL MONTGOMERY



We Sell the Earth & Everything On It. BIDDING STARTS CLOSING Saturday, April 8, 2023 • 9:30 a.m. FOR MORE INFORMATION GO TO:

www.maringauction.com

Open House: Saturday, March 25, 2023, from 10:00 - 11:30 a.m. Directions to Farm Site: From Montgomery, MN Go 3 Miles South on State Highway 13 to State Highway 99, East on Highway 99, 23/4 Miles

-PARCEL 1-

2.42 Acre Country Building Site, 1 Story Home, 3 BR, 1 Bath, 2 Car Detached Garage, 2 Story Barn, 28'x72' Machine Shed, Other Out Buildings

- * Property Address: 11876 140 St W, Montgomery, MN 56069 PID #: 05.32.2.25.001
- Area: 2.42 Acres, Just Surveyed House: Built 1952, 1370 Sq. Ft., 3 BR, 1 Bath, All
- Appliances 2016 New Hot Water Heater ** Forced Air Heat/AC
- *** 2 Car Detached Garage
- *** 28'x72' Machine Shed *** 2 Story Barn, Other Out Building
- *** Private Septic; Non-Conforming, New Buyer Shall be Responsible for All Upgrading of Septic System *** Good Private Well
- *** Great Country Living

-PARCEL 2-76.95 Acres of Prime Bare Ag Land, Part of West Half of the NW 1/4 of Section 32, Erin TWP., Rice Co., MN



- *** 76.95 Acres, Just Surveyed
- *** PID #: 05.32.2.25.001 *** Tillable Acres: 58.8 Acres *** Pasture or Meadow Land: 14.80 Acres
- CPI: 79.7, Good Clay Loam Soils *** Some Older Drain Tile in Place *** To Be Sold 76.95 x \$ Amount Bid
- *** Can be Operated in 2023 By New Owner

ONLINE ONLY PERSONAL PROPERTY FROM THE MARVIN DAVID ESTATE BIDDING STARTS CLOSING Saturday, April 8, 2023 • 10:30 a.m.

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MF 285 TRACTOR, ATV, POWER AND HAND TOOLS

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PTO; Toro 1500 Series Titan HD Zero Turn Mower, 60" Deck;
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Blower, 3.5 hp; Huskee Front Tine Garden Tiller, 5 hp; Huskee 48"
Lawn Sweeper, 9' Chisel Plow, 3 Pt.; Load Hog Yard Cart; Massey Lawn Sweeper; 9' Chisel Plow, 3 Pt.; Load Hog Yard Cart; Massey Ferguson 5 Bar Hay Rake; Case 2x14's Plow; 14' Digger; New Holland 47 Semi Mount Sickle Mower, 7'; 3 Pt. Bale Mover; New Holland 68 Small Square Baler; John Deere 4x16's Plow; 14' Flat Rack with MN 6 Ton Running Gear; 450 AMP Battery Jump Pack; Sanborn 3 hp Air Compressor; Lincoln AC 225 Welder; Assortment of Hand Tools; Wash Tubs; Milk Cans; Scrap Iron

PICK UP DATES:
Saturday, April 8, 2023, from 1:00 p.m. - 4:00 p.m.
Monday, April 10, 2023, from 9:00 a.m. - 4:00 p.m.

Bidding Opens: Thursday, March 30, 2023 at 8:00 a.m. Property Address: 11876 140th St. W, Montgomery, MN 56069

Marvin G David Estate, Seller



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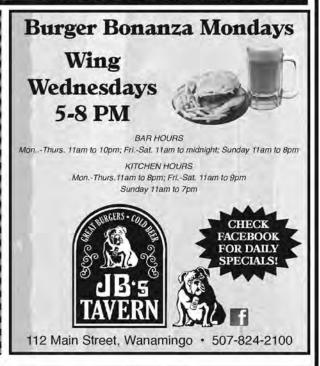
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> AUCTION Ellendale, MN

Sunday June 4 • 9 A.M. Polaris Sportsman 550 ATV, 4x4 Guns - Case 1816 skidloader -

32" Anvil - Old gas pump - anvil collection - old machinery antiques & collectibles

Joel & Kelly Langlie **OWNERS** Ellendale, MN

Tuesday June 27, • 9:30 A.M. LARGE RETIREMENT AUCTION

John Deere S670 Combine PRWD - Grain Heads 2-Cat Challenger Tractors -White Planter - Tillage Equipment - Peterbuilt Grain Truck - Brent 678 Grain Cart -Seed Tender - Full line of Farm Equipment

Denny Hoehn -OWNER New Richland, MN

Sat. Aug. 12 • 9:30 A.M. FARM RETIREMENT AUCTION

Versatile 2375, 4WD, John Deere 4640 - J.D. 4430 - J.D. 4020 -J.D. 5055 - Riteway rock picker 4-Crysteel 600 Bu. Wagon Tillage + Haying Equip. - Misc. Outdoor Iter

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EXPLORER

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38,488

2020

EDGE

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4WD, super crew cab, 5' box, ecoboost 2.3L turbocharged, shadow black, 37,842 miles





4WD, super crew cab, 4 door, 5.5' box, 13,093 miles, ecoboost 2.7L V-6, gray metallic



2021

F-150

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Abounding Hope Counseling is here to Help

By Cheri Roshon



Heidi Smith

Tucked away in the back office of Olmsted Medical Group on Street Main Wanamingo, I met a very special lady, Heidi Smith. She is a licensed professional clinical counselor. specializing in Christian based grief coun-

seling, and her business name is Abounding Hope. She opened her Wanamingo location last April, and has been working here ever since.

Heidi has been married to her husband Dirk for 36 years, and they have 3 children and 3 grandchildren, and have lived in the Pine Island area for the past 18 years. Originally a city girl, she says she loves being in a rural setting now, and loves walking her dogs, water-skiing and being with friends.

Heidi grew up in Iowa knowing she wanted to be able to help people in crisis. This became very apparent when her brother in law died in his sleep at age 37, leaving behind a wife and 5 children. As she worked through the grief of losing a loved one, she began to think about grief counseling to help people in crisis deal with the pain of loss.

As she was working in both inner-city and rural church youth groups, she started hearing kids talking about struggles with suicide, self-harm and depression, and wanted to equip herself to come alongside youth and help them out of the dark places they seemed to be going into. She started taking classes at Liberty University in Virginia on line and completed her counseling degree in 2014.

After graduating she did an internship Gerard Residential Treatment Center in Austin, MN, which is a residential home for kids aged 6 to 18 who are in transition due to various scenarios and behavioral issues. She had previously completed a practicum at Seasons Hospice in the Center for Grief Education and Support, and after her time at Gerard, interviewed to be the director of the Season's Grief Center, at the encouragement of her mentor and supervisor. She accepted the position and worked there for over 6 years.

At that point, Heidi was ready to open her own practice and chose Wanamingo as her place to be. She now works in Wanamingo on Monday, Tuesday and Thursday, and also sees clients on-line and in a Rochester office. You can check out information about Heidi her www.Aboundinghopecc.com, or online at Psychology Today for Christian based grief counseling. Heidi was quick to point out that grief counseling is not all she does in her

work. Depression and anxiety have risen over the past few years, and she feels like she wants to provide a listening ear for her clients to air their issues in a safe place and work through positive next steps. Judgement has no place in Heidi's practice, and even though she believes in a Christian approach, she welcomes all with open arms in her space.

When she's not working in her office in Wanamingo, you will find her volunteering at Next Chapter Ministries in Rochester. This program supports people who have been incarcerated in starting a new life, and helps families impacted by crime find hope for the future. It is a non denominational ministry and currently has a men's home, along with programs for women and children, and they have plans to expand their services in the near future.

In building her practice, she is offering an initial 30 minute consultation at no cost, to meet new prospective clients and see if they

both feel like Abounding Hope is the right fit. And when the fit doesn't seem quite right, Heidi can refer clients to a number of other qualified counsellors in the area. Her undergraduate degree was in communication, so she is well equipped to deal with many issues that surface in her work.

When I asked her why she chose counseling as a career, she said, " I went into counseling not because I think I can fix things, but because people need to know that they are being heard. Their stories need to be heard, and they need to know that they are not alone. I am on their journey with them, and I offer them hope and support through knowing Jesus and His

If you or someone you know is struggling with what life has thrown at them, you can contact Heidi at (507) 626-2410. I think you'll be glad you did!

Wellness is more than your diet, it's also a state of being



By Susan Hinrichsen

I have been on a search for "better health" through a healthy diet and great food choices and I want to share what I have learned not through formal education, but through experience. I have found value in my experience and what I have learned is Wellness is more than just good food choices, it is all aspects of your body,

Hello, my name is Susan. I am a Certified Life Coach in the Goodhue Area. I work with people who are struggling to fill a void in their life, people who feel that something is missing, and they just can't put their finger on it. People who are looking to find their Life Purpose, I even help empty nesters find their purpose again. As a Life Coach, I am looking to inspire you to continue to grow and expand yourself and take care of you so you can

be of service to others, and yourself, at the same time. You can achieve everything you want and more, and that is where I come in.

Life is busy with the everyday pulls of balancing a job, kids, meal planning, cleaning, and laundry just to name a few and believe me the list can be endless. Then there are the expectations put upon you by friends, family, and the world not to mention paying bills, getting out of debt, or having to repair your car which can be expensive. So, how does one find a glimmer of hope to find time to even figure out how to find yourself in all this chaos? How on earth could you find time to figure out what your needs are!

Before all of this "life" happened, I'm sure that most of you had some sort of dream of what your life would be, or what you wanted it to be. In our quest for survival, paying bills, career choices, we may have ended up in a job that is not satisfying at all to our inner spirit. You go there every day as a responsibility to your creditors, paying for your rent, raising children, putting food on the table, making money to survive. There is more to life than survival, yes you need to survive, but I want you to enjoy your life and thrive. I want you to be happy and joyous! If this sounds true to you and you find you have a desire to be more, do more, and have more; this is where a Life Coach can be beneficial.

Take a moment and ask yourself, "what makes me happy?" Make a list of what those things could or would be. Maybe there are things that you satisfy only for them to return unfulfilled a few weeks or months later. Those are the things that should be high on your

Sit back and read your list and pick one item and ask yourself "how or what can I do to improve that one thing?" or "What is it that something that I want to change?" Search yourself, read, research what it would take or what you need to get you there. Maybe, you are even at the point of just finding the time in your schedule to even have a moment to think about this. Try to make that time something that is yours and then try to make that time more consistent. Use that time to grow your understanding of what you need to create the happiness you want in your life.

This is where coaching can be helpful. Coaches can help you to get past the barriers that keep you stuck on the proverbial hamster-wheel doing the same things over and over and getting the same results. Coaching can be so rewarding and amazing. I would be honored to help you to breakthrough your barriers, help you find what lights you up, and Explore Your Next Best Chapter in your life!

You can contact me at susiecoaches@gmail.com for a complimentary Explore Your Next Chapter session.

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Sunday, April 9th • Serving 9:00a.m.-3:00p.m.

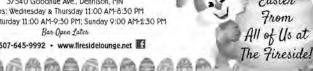
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Friendships Can Lead to Good Working Relationships



By Harvey Mackay

Two friends were walking through a dense jungle. Knowing the dangers, they promised to stick together whatever happened.

Suddenly a tiger appeared in the bushes. One friend immediately turned and ran, climbing up a tree and leaving his companion behind. He watched as his friend dropped to the ground and played dead.

The tiger approached, sniffed around, and leaned down, seemingly whispering something in the man's ear. It roared once, then stalked away.

Feeling ashamed, the other man climbed back down the tree. "What did the tiger say

to you?"

The man looked up. "He said, 'Never trust a false friend."

Some days, you just need to know you have got a friend.

The point is you need to feel that someone "gets" you and is in your corner. With all the push, pull and tug that can go on in the workplace (and it happens everywhere, folks, even at the good places), you have to develop your own support systems – and friends can be invaluable. Good ones are like rocks; they keep us anchored during our personal storms.

You probably spend most of your waking hours at work, so friendships are natural. Working together can easily turn co-workers into best friends, making jobs more enjoyable and the workplace a home away from home instead of just a way to make a living.

But friendships need to be managed appropriately just like every other workplace relationship. Follow these simple guidelines so neither your friendships nor your job is at risk.

Limit social chatter. Everyone chats a little at work, but don't let your friendly conversations overshadow your responsibilities. Stay focused on your job.

Keep private issues private. When you have problems to discuss, do it over lunch or after work.

Avoid gossip. Most of us love to talk about other people, but keep your natural inclination to share rumors about co-workers or managers in check. If colleagues realize you're gossiping about them, the backlash could be unpleasant.

Don't do each other's jobs. Pitching in to

help a friend in a crunch is admirable, but keep it to a reasonable limit. Your manager is in charge of assignments and responsibilities, not you. Don't spend so much time helping a friend do his or her job that you neglect your own.

Include, don't exclude. You may prefer the company of your friend, but don't ignore the rest of your co-workers. Invite other co-workers to lunch, and include them in your conversations so they don't feel left out. You may even make new friends by expanding your circle at work.

Being there for another person can offer you huge rewards psychologically as well. After all, part of the joy of a good friendship is being there for the other person when life gets rough – and it does get rough at times for everyone.

Keep in mind the words of Abraham Lincoln – someone who often needed friends along the difficult path of his presidency: "The better part of one's life consists of one's friendships."

What is a friend? The following description of friendship was discovered on the wall of a doctor's office. It was attributed to C. Raymond Beran.

Friends are people with whom you care to be yourself. Your soul can be naked with them. They ask you to put on nothing, only to be what you are. They do not want you to be better or worse. When you are with them, you feel like a prisoner feels who has been declared innocent. You do not have to be on your guard. You can say what you think, as long as it is genuinely you.

Friends understand those contradictions in



your nature that lead others to misjudge you. With them you breathe freely. You can avow your little vanities and envies and hates and vicious sparks, your meannesses and absurdities, and in opening them up to friends, they are lost, dissolved on the white ocean of their loyalty.

They understand. You do not have to be careful. You can abuse them, neglect them, tolerate them. Best of all, you can keep still with them. It does not matter. They like you. They understand. You can weep with them, sing with them, laugh with them, pray with them.

Through it all – and underneath – they see, know, and love you.

What is a friend? Just one, I repeat, with whom you dare to be yourself.

Mackay's Moral: The friendships you cultivate will help you grow.

Reprinted with permission from nationally syndicated columnist Harvey Mackay, author of the New York Times #1 bestseller "Swim With The Sharks Without Being Eaten Alive."





City of Goodhue EDA Meeting Minutes March 8, 2023

Motion by Thuman and seconded by O'Reilly to approve the Jan. 25, 2023, EDA Minutes. Motion carried.

Moton by O'Reilly and seconded by Schmit to approve the Feb. 8, 2023, EDA Minutes. Motion carried.

Motion by O'Reilly and seconded by Schmit to adjourn the EDA meeting. Motion carried. Respectfully submitted, Jill Buxengard-Clerk

City of Goodhue Council Meeting Minutes March 8, 2023 Present Mayor Buck, Council Persons O'Reilly, Schmit, Thuman and Benda. Also present Reese Sudtelgte City Engineer, Jason Mandelkow, Scott Hanson-MN Dept. Health, Katie Breth-MRWA, Chad Hildebrand-SWCD, Alan Kraus- Conservation Program, Alan Charlie Dicke, Treyben Kehren, and Ed McNamara.

Motion by Schmit and seconded by O'Reilly to approve the agenda. Motion carried.

Motion by Schmit and seconded by Thuman to approve the Feb. 8, 2023 Council Minutes. Motion carried.

City Engineer Update: North Zumbro Sanitary District continues to move forward with

lobbying and planning. 4th and Broadway Street Improvements work will resume in the spring, completion date is June 30, 2023. MNDOT TH-58/CR-9 Roundabout easements and permit work has started.

Goodhue County Soil and Water spoke about a Well Head Grant. Motion by Benda and seconded by O'Reilly to approve a grant request to be written for Nitrate Testing Kits and hold a clinic. Motion carried.

Motion by Thuman and seconded by O'Reilly to approve a UTV Raffle for the Goodhue Bellechester Railriders. Motion carried.

Motion by Schmit and seconded by Thuman to approve a Liquor License for Volksfest. Motion carried.

Motion by Schmit and seconded by O'Reilly to approve street closures for Volksfest. Motion carried.

Motion by O'Reilly and seconded by Thuman to table the Volksfest Fireworks Permit. Needing additional info. Motion carried.

Motion by O'Reilly and seconded by Schmit to approve the street closure of N 6th Street between 5th and 4th on April 14th from 7:50am-2:50pm for AG Career Day. Motion carried.

Motion by O'Reilly and seconded by Thuman to table the Limited Use Permit 58-9 Roundabout, until the AG Partners easement paperwork is approved at a future council meeting. Motion carried.

Motion by Schmit and seconded by O'Reilly to approve Resolution 4.23, North Zumbro Sanitary District GO Bond. Motion carried

Mayor Buck and council person O'Reilly will be attending City on the Hill March 10, 2023.

City Attorney Vose reviewed the Open Meeting Law.

Motion by O'Reilly and seconded by Schmit to approve the bills. Motion carried.

Motion by Thuman and seconded by O'Reilly to adjourn the meeting. Motion carried.

Respectfully submitted, Jill Buxengard-Clerk

City of Goodhue EDA Meeting March 22, 2023

Motion by Thuman and seconded by O'Reilly to approve the March 8, 2023 EDA

Bellechester City Council Meeting Minutes February 15, 2023 @ 6:00PM

Regular City Council Meeting was called to order by Mayor Jody Gordon at 6:00 p.m. Pledge to the flag.

Roll call was taken: The council in attendance: Mayor Jody Gordon, Council people Rich Majerus, Kyle Blattner, Mark Gerken, Jered Buxengard via phone as well as City Clerk Lisa Redepenning, treasurer Kyle McKeown and City Engineer Matt Mohs.

Minutes of January, 2022 meeting were reviewed and motion was made by Mark Gerken with a second by Rich Majerus to approve the minutes. Motion carried.

Bills were reviewed and a motion by Jered Buxengard with a second by Kyle Blattner to approve and pay the bills as presented. Motion carried.

Old Business:

• Sewer Grant – update progress. Matt updated on progress. Update on meter pre inspections has not changed much since January. A few remaining inspections (7) need to be done. Trailer house installation was discussed. The goal is to have all properties metered. Easements are getting finalized. We aim to have easements and pre-meter inspections to be done by next month.

New business:

- LMCIT Property/Casualty Renewal discuss and approve. Pond replacement cost for ponds will be discussed before renewal. Motion was made by Rich Majerus with a 2nd by Jered Buxengard to approve the renewal after pond verification is done. Motion carried
- MN Rural Water Association's Micro Loan Program discuss. Matt discussed the funding process and funding. Microloan to cover costs was discussed. Micro application is tabled until March.
- Purple Heart City Proclamation review and approve. We have 1 purple heart recipient in town and we will get signage. Motion was made by Kyle Blattner with a 2nd by Rich Majerus to approve the Purple Heart City Proclamation. Motion carried.
- City Name/Population Signage discuss. Will get quotes.
- Section 3 Plan approve. Motion was made by Mark Gerken with a 2nd by Jered Buxengard to approve the Section 3 Plan as required and submitted. Motion carried.
- Water Meter Ordinance discuss. Council will be looking at and discussion at next month's meeting.

Engineer Report – see above.

Clerk Report - Reminder - Annual Meeting Notice of the Goodhue Fire Truck Assn Monday February 20th 2023. 7:00 Supper, 8:00 Meeting. Section 3 Plan – required document for Grant.

City Name/Population Signage – No signage exists to put the purple heart designation on. Payroll – Since Kyle was out of town last month, he is adding his hours to February – FYI. Sample Water Meter Ordinances –came from MN Rural Water Website, City of Oakdale & Lake City – FYI.

Treasurer Report – Past due list was distributed and reviewed.

Water/Wastewater/Facility Report – We will need to do some more sampling per MPCA regulations.

Mayor Concerns: None

Council Concerns: Water way bordering 2nd Street/church property clearing was discussed for spring thawing.

Adjourn

Motion was made by Kyle Blattner with a second by Rich Majerus to adjourn the meeting. Motion carried. Meeting was adjourned at 7:20.

Submitted by Lisa Redepenning – City Clerk

- April Council meeting will be changed to Thursday, April 27th @ 5:30
- Board of Equalization meeting for Goodhue County will be held Thursday, April 27th @ 5:00
- \bullet Wabasha County Residents open book Board of Equalization meeting will be open from April 10 thru May 12, M-F 8:00 4:00 at the Wabasha County Courthouse, Assessor's office.

Minutes. Motion carried 4-0.

CEDA update was given by Cailin Richard. Motion by O'Reilly and seconded by Schmit to adjourn the EDA meeting. Motion carried 4-0.

Respectfully submitted, Jill Buxengard, City Clerk

City of Goodhue Council Meeting Minutes March 22, 2023, 5 pm

Present Mayor Buck, Council Persons O'Reilly, Schmit, and Thuman. Also present were Jason Mandelkow, Cailin Richard, Selene O'Reilly, Carolyn Ryan, Treyben Kehren, and Chief Josh Smith.

Motion by Schmidt and seconded by O'Reilly to amend the agenda. Replacing City Engineer with Farmers Market. Motion carried 4-0.

Motion by O'Reilly and seconded by Thuman to approve the March 8, 2023, city council minutes. Motion carried 4-0

Billboard update- Surveying will be done of the area, additional information to come.

Motion by Thuman and seconded by O'Reilly to approve the Volksfest Fire Works Permit. Motion carried 4-0.

Motion by Schmit and seconded by O'Reilly to approve Resolution 5.23, rescinding the unrecord resolution vacating trail easement across certain property owned by AG Partners. was Motion carried 4-0.

Motion by Thuman and seconded by O'Reilly to approve the Trail Easement Agreement. Motion carried 4-0.

Motion by Thuman and seconded by O'Reilly to approve the 58/9 Roundabout Limited Use Permit. Motion carried 4-0.

Motion by Schmit and seconded by Thuman to approve the use of the Farmers Market signs, canopies and other items from the city run Farmers Market to the group of citizens that would like to handle the Farmers Market in the future. Motion carried 4-0.

Motion by O'Reilly and seconded by Schmit to table the review of the updated Zoning and Subdivision Ordinance. Motion carried 4-0.

Motion by O'Reilly and seconded by Thuman to approve the purchase of a new Air Compressor. Motion carried 4-0.

Motion by Schmit and seconded by Thuman to amend the Council Meeting Calendar. The 2nd Wednesday of each month will be a work meeting. Working on the city budget, city ordinances, etc. The meeting will not be live streamed, the public is still invited to attend these meetings, no action will be taken at this meeting. The 4th Wednesday of each month will be a regular EDA and Regular City Council meetings. These will be live streamed, and the public is welcome to attend, council action can/will be voted on at this meeting. Motion carried 4-0.

Motion by Schmit and seconded by O'Reilly to approve the bills, motion carried 4-0.

Motion by Thuman and seconded by Schmit to adjourn the meeting. Motion carried 4-0

Respectfully submitted, Jill Buxengard-Clerk



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Changes in Latitudes, Changes in Attitudes

St. Patrick's Day in **Tennessee**



By Terry Campbell

This column is written by Messenger editor and Minnesota native Terry Campbell. Terry now splits his time between Minnesota when its warm here and Tennessee when it's cold here.

We live a short distance from Erin Tennessee. This is a small town established in the mid 1800's by Irish immigrants. In the 1840's the Irish potato blight had destroyed the main food source on the Emerald Island and a quarter of the citizens of that country fled the starvation by getting on ships and sailing to America. One out of four perished on the four-week trip by sea, but it is estimated that upwards of two million Irish arrived in this country by the mid 1800's. Because the majority of the Irish had no money they were sold as indentured servants to finance the trip and treated as poorly as slaves. Many settled in eastern seacoast towns like Boston, while others traveled farther inland. They were not welcomed in the USA and met with a great deal of hostility where they settled. Poverty was rampant among the Irish immigrants as many businesses posting jobs would state "Irish need

In the 1850's a number of Irish had settled in Tennessee and named their town Erin, after a town in their homeland because the rivers and foggy hills reminded them of where they grew up. Most of them were railroad workers completing the line from Louisville, Kentucky to Memphis, Tennessee. The railroad was finished just two days before the Civil War began. Many Irish men joined the Confederate Army to fight against the Union forces. Their ill treatment by northerners made them sympathetic to the southern cause. Nathan Bedford's Third Cavalry was all Irish soldiers and the Second Tennessee Volunteer Infantry were called the Irish Regiment.

So, we jump forward a century and in 1963 the city of Erin held their first St. Patrick's Day celebration. There is a parade, a king and queen are crowned and lots of food is served along with a carnival on Main Street. The town swells by 10,000 people that weekend as people come to party. And March in Tennessee is fairly balmy compared to Minnesota.

My wife is Irish and she suggested we drive over for some authentic Irish food. I am always ready to eat and there was a live band playing on stage in the town square, so a great day was certain. There were forty food stands with something for everyone. We found a Boston themed food truck and I started with clam chowder. I wanted Lobster so my next entre was a buttered bun with Lobster. It looked like a Lobster hot dog. Imagine my surprise when the vendor told me it was \$28.00. That was the most expensive hot dog I have ever eaten.

Here is a little more history on St. Patrick's Day. Patrick was a British bloke born in England around 386 AD and kidnapped by pirates at the age of 16 and sold into slavery in Ireland. He escaped to France in 408 and became an ordained minister in 432. The Irish were a very violent, pagan people and Patrick felt led to return to the island as a missionary and convert them to Christianity. His work there continued until his death on March 17th of 461. So, the Irish patron saint, St. Patrick, is British and not Irish at all. Probably explains all the fightin' and drinkin' the Irish are known for.

We drove up to Nashville the next day to pick up a kitchen table and chairs for our house. On the way back we stopped at Outback for a steak. The hostess showed us to a table and my wife headed to the lady's room to freshen up. The waitress was Abby, a young and cheerful girl who showed up to take the drink order. I asked for ice water but told her I wasn't sure what my wife wanted as she was in the restroom but if Abby wanted, she could go and ask her. This is where my practical joke blew up in my face. Abby just walked through the door marked "Sheila's" and asked her. My wife came out and told me that the waitress showed up while she was washing her hands and asked what she wanted to drink. In retrospect it was kind of funny. And I had a steak and lobster with a baked potato and steamed broccoli for \$24.99. Sure beats a \$28.00 lobster hot dog.

A Minnesotan: **Egg Hunt**



By RosaLin Alcoser

No matter when Easter Sunday falls in the year there is one constand that we here in Minnesota can nearly always rely on, and that is that there will probably be either snow or mud.

As a child I can recall many Easters and hunting for Easter eggs both inside and outside. Generally as a rule if there's snow on the ground all egg hunting is done indoors, however, I don't recall mud ever stopping an outdoor egg hunt.

What I really can remember is doing the Easter Egg Hunt at church but I also can only remember doing it one year. I do it more than one time, probably but I don't recall ever hunting eggs more than once at church as a kid. Mainly due to the fact that I am not counting the many times I have helped with the egg hunt as a teenager and as an adult.

The egg hunt that I remember happened when I was about 6 or 7 years old. It must have been a late Easter that year or just unusually nice that year; because I remember it being fairly dry outside and little to no snow. Either that or I was young enough to not remember the snow and mud.

I can recall running around with other children looking for eggs, getting candy out of them at the end, and not being allowed to find the golden prize egg since I was the pastor's kid. I did find it first however I could not pick it up and tried to point it out to literally anyone else.

The thing that I really remember about the egg hunt actually happened before the hunt even began. What really sticks in my memory is how my older sister hid the eggs for the toddlers and per-schoolers.

She would have been about 11 or 12 years old at the time and had been sent to hide the super easy to find eggs.

I can recall watching my sister climb part way up the hill in the field by the church where she had been sent to hide the eggs and dump the whole basket full down the hill. Causing the plastic eggs to roll down the hill into the field.

Once the eggs stopped rolling she pronounced her task done and went back into the building. To this day I feel that this was the best way that I have ever seen Easter Eggs be hidden.





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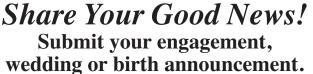
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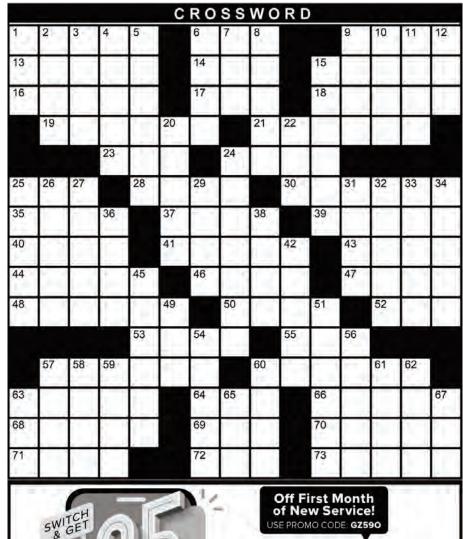




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THEME: COLORS

ACROSS

1. Partner of pains

6. "Raiders of the Lost 9. Opposite of flows

13. Flesh of fish

14. Grazing area15. Soft palate hanger

16. Boatload

17. Wood-shaping tool

18. Old episode 19. *Alice of "Color Purple" fame 21. *Fruit and color

23. Long reef dweller

24. Sound of pain 25. Math class total

28. Excessively abundant 30. *"Royal" color

35. Arrival times, acr.

37. *Color quality

39. Shininess 40. White House "sub"

41. Spritelike 43. Cupid's counterpart

44. Serengeti grazer 46. *Feeling blue

47. Hokkaido native

48. *Color wheel inventor

50. Walk with a hitch

52. "Malcolm X" (1992) movie director 53. Stare open-mouthed

55. Napoleon of "Animal Farm," e.g. 57. *Between blue and violet

60. *____phobia, intense fear of colors 63. Opposite of cathode

64. North American country 66. Run ____ of the law

68. Geography class book 69. Local area network

70. It's firma

71. Has divine power

72. Banned insecticide, acr. 73. German surrealist Max

"General Hospital" network Crop of a bird

3. Zeus' sister and wife4. Two under par on a golf hole

5. Meat-cooking contraption

6. Winalike

*Predominant color of Mars

8. Type of membranophone 9. Like never-losing Steven

10. Town

11. *Primary color
12. ___ Juan, Puerto Rico
15. 7th planet from the sun

20. Chosen few

. Nicki Minaj's genre

24. Not womenfolk 25. *Number of colors in a rainbow

26. Of service

27. Colorful parrot

*The LumiËre brothers' colorful creation

"Cheers" actress Perlman

32. Jeopardy 33. Sergio of Spaghetti Westerns fame

34. Follow as a consequence

36. Email folder

38. Cone-shaped quarters

42. Naiad or maenad

Motherless calves 49. Old horse

51. Long John Silver, e.g. 54. Modified "will" 56. Bottom-ranking employee

57. Opposite of "out of"
58. Hall of Fame Steelers' coach

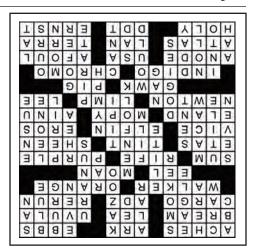
59. June 6, 1944 60. "____ Buy Me Love" 61. Between dawn and noon

62. Yours and mine 63. Expression of pleasure

65. Melancholy

67. Latissimus dorsi, for short

3 9 6 L 9 6 8 2 3 7 7 G 3 9 8 6 t 3 9 7 L 9 7 8 6 L 9 3 6 2 8 t 9 7 8 9 6 9 3 t 8 3 9 t 1 9 6 L 7 7 9 9 8 3 1 6 3 G 6 7 8 L t 1 9 **SUDOKU ANSWERS**



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Minnesota DNR

DNR Announces 2022 Deer Season Preliminary Harvest Results, CWD Management Findings

Hunters harvested about 170,000 deer during the 2022 deer hunting season, a lower total harvest than in recent years. Total harvest was down 7% compared to the 2021 season and 10% less than the five-year average deer harvest for Minnesota.

"Lower deer numbers in northern Minnesota and poor weather during opening weekend in some parts of the state likely contributed to lower firearms A season harvest," said Barb Keller, DNR big game program leader. "Hunters struggled with rain and wind in some parts of the state during early November, but weather was better during later seasons including firearms B and muzzle-loader seasons."

The number of deer harvested during muzzleloader season was the highest reported since 2007 and was 10% higher than the 2021 season harvest. Archery season harvest was about 1% lower than the 2021 season. Most archery season harvest occurred prior to the firearms season and peaked in late October and early November.

A final deer harvest report was available in March — past season harvest reports are available on the DNR website.

The release of the final 2022 season harvest results coincided with opportunities for public input. The DNR offered walk-in office hours at area wildlife offices across the state. Local wildlife managers were available to talk one-on-one with anyone about deer and other wildlife, hunting and habitat topics, specific topics that the DNR's deer advisory committee should be aware of, or thoughts and feedback about deer population management. Those unable to attend office hours inperson were also able to share their thoughts through an online questionnaire. Written

comments may be submitted to Barb Keller, Fish and Wildlife Division, Minnesota Department of Natural Resources, 500 Lafayette Road, St. Paul, MN 55155. Comments will help inform season-setting decisions this spring for the 2023 fall deer hunting season.

CWD management

Chronic wasting disease remains a serious and persistent threat to Minnesota's deer herd health, but sampling efforts revealed some good news – three consecutive years of disease surveillance in deer permit areas 157, 159, 213, 225 and 273 yielded no detections of the disease in wild deer. Consistent with the DNR's CWD management plan, these zones were established due to the detection of CWD in captive deer facilities. Following these three consecutive years of no detections in wild deer, successful hunters in these DPAs will no longer need to submit samples for testing.

"This is great news for deer and deer hunters," said Erik Hildebrand, wildlife health program supervisor. "We greatly appreciate hunters' help monitoring these areas over the past few years."

CWD was detected in 26 hunter-harvested deer through the 2022 fall seasons. Of these, 73% were from the southeast, a region that continues to see persistent CWD infections in wild deer.

CWD was detected in two hunter-harvested bucks in DPA 184 in the Bemidji area. DPA 184 is part of a CWD surveillance zone established due to the detection of CWD in a captive deer facility and illegal dumping of infected captive deer carcasses on public land. After the discovery of this fall's CWD detections in wild deer, the DNR held a late disease management hunt to learn more about the presence of CWD in the area. An additional 102 deer were harvested by hunters, with no additional CWD detected.

These results, along with the fact the two deer in which CWD was detected were both bucks, led to the DNR's decision to not conduct targeted agency culling in DPA 184 this winter.

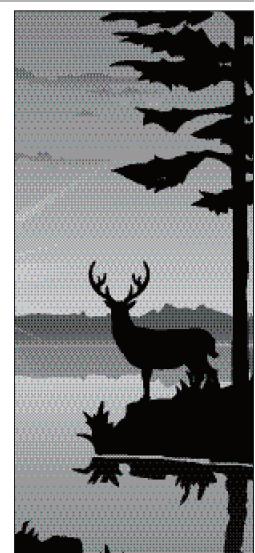
"We use targeted culling in areas within two miles of a known CWD detection in deer, particularly does," Hildebrand said. "We know an adult doe has a smaller home range and a tight social group. If a doe has CWD, the likelihood that her social group also has it is high. When we find a doe with CWD, that serves as anchor point for our culling efforts — we can apply it to very small, specific areas to fight the disease."

Conversely, bucks have larger home ranges and detecting CWD in two bucks does not allow the DNR to establish an effective anchor point for a culling effort.

Culling efforts in the southeast started Jan. 23 and continued through late March. Targeted culling took place in the city of Grand Rapids (part of DPA 679) and the south metro (DPA 605) from Feb. 27 to March 10, focusing on locations where CWD has been detected in the past. All deer culled are processed and the venison is frozen until test results are received. Venison from deer with a not-detected result is distributed to cooperating landowners and those signed up through DNR's Share the Harvest program.

Hunters and conservation partners are critical in helping control CWD and maintaining the health of Minnesota's deer herd. The DNR would like to thank deer hunters, taxidermists, processors, tribal nations (Leech Lake, Red Lake and White Earth), and deer conservation partners (Minnesota Conservation Federation, Minnesota Deer Hunters Association, Bluffland Whitetails and Backcountry Hunters & Anglers) that helped collect or submit samples for testing.

For more information about deer hunting in Minnesota, visit the DNR deer hunting page. CWD information, test results and more can be found at the DNR CWD page.





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