



MAZEPPA and ZUMBRO FALLS

# Mazeppa-Zumbro Falls Messenger™

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## Wabasha County Sheriff Race

The incumbent **Rodney Bartsh** has a challenger for the County sheriff position this fall. Bartsh is a 34-year veteran of law en-

forcement and has been sheriff for the last twenty years in Wabasha County. He grew up on a small dairy farm outside of Plainview, and still lives in the area with his wife Denise. They have two grown children and five grandchildren. Bartsh served as president of the Minnesota Sheriff's Association and is currently the chair of Southern Minnesota Violent Crimes Task Force.

Sheriff Bartsh believes his past experience in law enforcement in Wabasha County makes him the best candidate for the job. He has grown through the years of service and has the understanding and patience to handle the issues facing the department and he knows the citizens of the county. Rodney commented, "my interaction with the people during the campaign tells me I still have their trust."

The big issue facing his department currently is retaining good officers in the department. The Wabasha County pay scale is a below other communities and it is hard to keep good officers when they can make more elsewhere. He believes the commissioners will be working to increase wages to help with this problem in the next year. The drug problem is still an issue in the community with cheap meth being imported from Mexico. He supports the Minnesota Adult and Teen Challenge and is committed to rehabilitation for those who are willing to turn their life around. Another problem is scammers who target the senior citizens with financial cons. Sheriff Bartsh commented that he does not like bullies and he will stand up for and protect those who need protection from con-



Rodney Bartsh



Jason Bade

artists who prey on those who are vulnerable. **Deputy Jason Bade** is running for Wabasha County Sheriff this fall. Jason earned his Associate of Applied Science in Law Enforcement in 1998 from Alexandria Technical and Community College and started his career as a part-time officer for the city of Plainview. He was promoted to full-time with the city of Plainview in 1999 and followed by joining the Wabasha County Sheriff's Office. He also has over thirty-years training police dogs and has worked fourteen years with K-9 units. He is also the Towards

Zero Death coordinator, a training officer and an investigator.

Bade met his future wife, Janelle, while they were in college and they have been married for 23-years. Janelle has worked for the John Deere dealership in Plainview for nineteen years. They have two adult children. Bade has also served on school board and sixteen years on the Plainview Fire Department as well as president of the Fire Relief Association.

(continued on page 4)

### Announcements

• **MAHS FALL SUPPER: SCALLOP POTATOES & HAM, COLE SLAW, DESERT & BEVERAGE. FREE WILL DONATION-THURSDAY- OCT. 13 from 4-7 at the Mazeppa Community Center. COME HUNGRY & LEAVE HAPPY! THANK YOU FOR YOUR SUPPORTING OUR COMMUNITY!**

• **Celebrate Recovery meetings every Sunday night at 5pm at South Troy Church, 56817 Highway 63 Zumbro Falls, MN 55991. Email for questions is: celebraterecoveryouthroy@gmail.comat.**

• **The Mazeppa Area Food Shelf, serving Mazeppa, Bellechester, and Zumbro Falls Area is open the second Thursday of the month from 9:30-11 am and 3:30 - 5:30pm, and the fourth Thursday from 3:30 - 5:30pm. Food drop off locations are First State Bank of Red Wing, Mazeppa Branch, and Entry way to Mazeppa City Hall.**

Do you have an announcement?

Email:

hometownmessenger@gmail.com

**FRIDAY NITE FISH FRY** 5:00 TO 8:00PM **\$14.00**

**3 Pieces Battered Fish with Choice of Potato and Coleslaw**

PLAY BALL! **LEO'S SPORTS BAR**

MAZEPPA • 507-843-4637  
Closed Monday  
Open 5:00p.m. Tuesday-Thursday  
11:30a.m. Friday-Sunday

**VIKINGS GAME DAY SPECIALS**

2 for 1 Drink Specials on All Vikings Touchdowns!

PLAY BALL! **LEO'S SPORTS BAR**

MAZEPPA • 507-843-4637  
Closed Monday; Open 5:00p.m. Tuesday-Thursday  
11:30a.m. Friday-Sunday

**TACO TUESDAYS**  
\$3.00 Hard Shell Tacos  
\$4.00 Soft Shell Tacos  
\$4.00 Chicken Wraps

MAZEPPA LION'S CLUB BAR BINGO RETURNS 1st WEDNESDAY EVENING IN NOVEMBER!

## Pause for Prayer Family Dynasty



By Pastor Colleen Hoeft

A Dynasty is often tied to kings and rulers- and it is also tied to powerful families. Going to the dictionary I discovered that a dynasty: “a succession of people from the same family who play a prominent role in business, politics, or another field.”

I believe we all are a part of a dynasty that our family began many years- centuries ago. Following family trees, and doing genealogies is big business now. People want to discover where they ‘came from.’ I know the basic sequence of events of the Benike family tree when they came to the United States. Many of you know yours as well. And I have to agree that it is fun to know where your family originated from- and what kind of heritage you have. Knowing that my great, great grandpa settled in the Farmington township wilderness in the 1800’s is interesting. The other cool part of that is that my brother is still running that same piece of land even now. It’s been in my family for over 160 years! That’s a dynasty. Now I can’t say that my ancestors or present family play any prominent role in our world- but we have a legacy- we have a family dynasty that is passed down through the generations.

Families pass a long all sorts of things. They pass on the obvious genetics- and DNA structures. They often pass along property, heirlooms and things of value to the future generations. And there’s the broken pieces that can also be passed on to future generations; a predisposition towards addiction or sexual immorality or obesity. There’s good and bad passed down through the generations of our families. Our dynasties...

God set a precedent in the beginning of His calling of the people of Israel- He wanted

them to know they were chosen a part of a royal priesthood- Peter wrote, “But you are a chosen people, a royal priesthood, a holy nation, God’s special possession, that you may declare the praises of him who called you out of darkness into his wonderful light. 10 Once you were not a people, but now you are the people of God; once you had not received mercy, but now you have received mercy.” 1 Peter 2:9-10.

As believers we are all a part of this family- this Dynasty, of believers. And God has set each of us into a human family as well. A place where we can grow, where we can be loved and cared for, and a place where we can learn more about Him. As believers we are a part of a royal priesthood- an amazing dynasty of believers throughout the centuries- some prominent, others well-know, and most quietly living out lives that reflect the holiness of God in their everyday life. For the majority we are called to live out our faith and to pass it on to the next generation. We are called to go and make disciples.

If we want our dynasty to stand for God- we need to begin with the basics. “There’s a famous saying, “The family that prays together stays together.” The author is Fr. Patrick Peyton, a priest who later became famous for promoting the rosary all over the world. When he was a kid in Ireland, his mother would call him and his eight siblings to pray. Then their dad would teach them the rosary. Well, sort of. He didn’t have to teach it. He would just kneel and lead it. By and by, the kids learned it.” One of the reasons that praying together is so powerful is that praying together bonds people together.

Jesus told his disciples in Matthew 18:19-

20, “Again, truly I tell you that if two of you on earth agree about anything they ask for, it will be done for them by my Father in heaven. 20 For where two or three gather in my name, there am I with them.”

When 2 or 3 are together- and pray together- there is a promise that our Father God in heaven will do it. As we agree together- believing God hears us and that God has the power to answer. When families pray together there’s a bond that is formed- there’s excited in seeing the answers together, to seeing the problem through and joy and blessing when we become part of what God is doing.

For many Americans, every day is a day of prayer. According to a 2014 Pew Research Center survey: more than half (55%) of Americans say they pray every day. What is it about prayer that affects relationships that helps families be closer and have greater unity?”

Prayer helps us to get closer to God, to know Him more. When we pray with our families we’ll experience reduced relational tensions and more feelings of closeness and unity. Praying together as a family is a great way to communicate and an intimate way to share our hearts and lives with those that we love.

The study authors — Chelladurai, DolaHITE and Loren D. Marks, all from the School of Family Life at BYU — identified seven positive outcomes when we Pause to Pray:

- Family prayer as a time of family togetherness and interaction.
- Family prayer as a space for social support.

• Family prayer as a means for intergenerational transmission of religion.

• Family prayer involves issues and concerns of individuals and the family.

• Family prayer helps reduce relational tensions

• Family prayer provides feelings of connectedness, unity, and bonding.

• Families struggle to pray together when there is disunity.

If you think that praying with your family is impossible or that it is going to be too difficult; start with baby steps- begin by praying before a meal or with your children before they go to bed. Start in healthy small steps- and don’t give up!

If you want to create your family dynasty- to be strong for generations to come, you need to begin by Pausing for Prayer. You must come to God and seek His will for yourself and for our family. Parents, teachers, leaders- we are called to lead. To Pray for our children and pray over them. We are called to pray for each other. As men and women, boys and girls, Grandpa and Grandma, Dads, and Moms; we are called to pray together. The first step is to begin. Set aside time today to pray for your spouse, your parents, your significant other. Pray for their peace, their faith, their health- God will hear you- God longs to spend time with you and your family.

God is calling you to build your Family Dynasty on the foundation of Prayer. That’s where it all begins. God hears our prayers, and He will answer- He will bless the family that prays together- Lets begin to build our dynasty this week- Praying together.

### TRINITY LINCOLN LUTHERAN CHURCH

Pastor Dan Reich  
507-753-2576 • 35933 Cty. Rd. 17, Lake City, MN  
Sunday Worship at 10:00 a.m.

### ST. PETER AND PAUL CATHOLIC CHURCH

222 1st Ave S., Mazeppa  
843-3885  
Sunday Mass 10:00 a.m.  
Friday Mass Adoration 8:00a.m.  
Mass 9:00a.m.

### ST. PATRICK CATHOLIC CHURCH

Hall 507-753-2424, West Albany  
Sunday Mass 8:00 a.m.  
Wednesday Mass 7:00 p.m.

### ST. JOHNS (BEAR VALLEY) LUTHERAN CHURCH

Pastor Dan Reich • 507-753-2576  
Sunday Worship 8:30 a.m.

### IMMANUEL LUTHERAN CHURCH (POTSDAM)

7134 Highway 246 NE, Elgin, MN  
Sunday worship at 9:30 a.m.  
(Bible class at 8:30 during the school year)

### AREA CHURCH DIRECTORY

#### I Will Come and Eat With You

*“Here I am! I stand at the door and knock. . . I will come in and eat with that person, and they with me.”*  
— Revelation 3:20

During the COVID-19 pandemic, many people struggled even more than usual with loneliness and isolation. Not being able to meet and eat with friends and family weighed heavily on populations worldwide.

For many people and for many different reasons, though, eating alone was a reality long before COVID restrictions came along, and in those cases the lifting of restrictions won’t mean there will suddenly be people to eat with. So Jesus’ words of invitation here may be especially welcome for people who yearn to eat with someone who loves them.

Jesus’ words in this passage echo some of the lines in another book of the Bible, which is associated with tender, intimate love: the Song of Songs. In Song of Songs 5:2, the woman says, “Listen! My beloved is knocking.” And her beloved says: “Open to me. . .”

Both the scene in Song of Songs and this scene in Revelation are very tender, and the word for “love” here is phileo, referring to love that is affectionate, as warmhearted as a close friend, and as near to one’s heart as a lover. It makes sense, then, that the great feast that culminates the entire story of God’s love for his people is the wedding supper of the Lamb, our Savior, Jesus Christ.

Listen, he stands at the door and knocks. Will you open the door and let Jesus in?

*Lord Jesus, I hear you at the door, knocking. Thank you! Lord, please come in and eat with me. Amen.*

### PRESBYTERIAN CHURCH OF ORONO

10:00a.m. Worship  
20 - 3rd St. SW, Oronoco, MN  
507-367-4711 • www.oronocochurch.org

### UNITED METHODIST CHURCH

Pastor Dave Neil  
180 2nd Ave NE, Mazeppa • 843-4962  
Sunday Service 10:30 a.m.

### ZUMBRO COMMUNITY CHURCH

Dave Mohler  
58354 Cty. Rd. 7, Zumbro Falls  
Sunday Service 10:30 a.m.; Sunday Evening 6:30 p.m.  
Wednesday Evening 7:00 p.m.

### SOUTH TROY WESLEYAN CHURCH

Pastor Colleen Hoeft  
56187 Hwy. 63, Zumbro Falls  
www.southtroywesleyan.org • 507-259-1442  
Wednesdays Supper at 6pm.  
We have a small group Bible Study meeting on  
Monday nights at 7:30pm at the church  
Sundays 10:30am in-person & livestream

### ST. JOHN’S LUTHERAN CHURCH

80 3rd Ave. S., Hammond, MN  
Sunday worship at 11:00 a.m.  
(Bible class at 12 noon during the school year)

### ST. JOHN’S MAZEPPA

Pastor Al Horn • 507-843-5302  
Sunday School 9:45 a.m.  
Sunday Worship 10:45 a.m.  
Wednesday Night Bible Study 7:00 p.m.

Email your church announcements, schedule, etc. to the  
Mazeppa Zumbro Falls Messenger at:  
hometownmessenger@gmail.com



## Mazeppa-Zumbro Falls Messenger

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## Paula Blakstad

Funeral services for Paula Blakstad were held Monday, September 12th at 11:00 AM at Minneola Lutheran Church, 13638 County 50 Blvd., rural Goodhue. The Reverend Hannah Bergstrom de Leon officiated. Burial followed the service in the church cemetery. The visitation was Sunday, September 11th from 2:00 – 4:00 PM at Mahn Family Funeral Home, Larson Chapel, in Zumbrota. The visitation continued one hour prior to the service at the church on Monday. Mrs. Blakstad, 69, died Thursday September 8, 2022 at her home surrounded by her family and loved ones. She had been under hospice care.

Paula Mae Ramthun was born January 7, 1953 in Lake City, Minnesota, the daughter of Robert and Raeburn (Banick) Ramthun. Raised in Mazeppa, she was a graduate of the Mazeppa Public Schools. Paula had a 43 year career with Mayo Clinic in Rochester. She married Greg Blakstad on June 7, 1975 in Mazeppa, and the couple enjoyed 47 years of marriage. Following retirement, she enjoyed spending time with her grandchildren, and she loved teaching them about her favorite pastime, floral gardening.

She is survived by her husband Greg Blakstad of Zumbrota; two sons Corey (Mandi McBride) Blakstad of Zumbrota, and Sean (Meghann) Blakstad of Holmen, Wisconsin; eight grandchildren, Mia, Lexi, and Liliana Blakstad, Isaac Sorensen, Marissa and Isabel McBride, Maximus and Lucas Todd; a brother Keith Ramthun; and two sisters, Janice (Keith) Jones, and Rita Brown.

She was preceded in death by her parents; a brother Kenneth Ramthun; and a sister Roberta Heitman.

## Romeo Clarence Cyr

Romeo Clarence Cyr, 82, of Red Wing, embraced by God, passed away Thursday, September 8, 2022 surrounded by his loving wife and children, at his home. He was born in Red Lake Falls, to Florence (Violette) and Romeo Cyr. He graduated from Hibbing

High School and earned his undergraduate degree and a master's degree in Agriculture Education from the University of Minnesota. It was during college, that he met the love of his life, Mary Ann Cummins, at a Catholic Mixer. They were united in marriage at the Church of St. Joseph and this year marked their 60th anniversary.

Romeo taught farm management classes for many years in Mazeppa, Goodhue, and Red Wing. He was very active in his community serving on the Red Wing City Council for several years, was Mayor of Red Wing for 10 years and was also a Soil and Water Com-

missioner for Goodhue County. Together, he and Mary Ann served as the Federation President Couple of the Christian Family Movement of the Dioceses of St. Paul. He was also on the board of the Benedictine Foundation, the Benedictine Care Center and Coordinator of the Befriender Ministry. Romeo was an active member of the Church of St. Joseph and his faith was an important part of his life.

He loved to travel with his family and one of his favorite trips was a 10-week houseboat trip down the Mississippi River. After their children were grown, he and Mary Ann continued to travel worldwide, enjoying their time exploring new places. He also enjoyed cruises, camping, biking, racquetball and running marathons, having participated in four over his lifetime.

Romeo's love of family is what will be remembered most about him. You could just feel it being in his presence. Those who loved him were blessed to have been apart of his life and his legacy.

He is survived by his wife, Mary Ann; son Edward (Mary) and their children, Ethan (Kyra), Olivia (Adam), Patrick, Molly, and Teagan; son, Richard (Nancy) and their children, Matthew (Emma) and Paul (fiance, Courtney); daughter, Valerie (Mick) Scofield and their children, Andrew (Sarah), Nathan and Erin; daughter, Tammy (Doug) Basten and their children, Alec and Tyer; daughter, Debbie (Jeff) Habig and their children, Lindsey and Jonas; two great-grandchildren, Waylon and Mabel; brother, James (Geraldine); nephews, Henry (Chrissy) and Bruce (Jenny); and niece, Dorene (Brad).

Romeo is preceded in death by his parents.

Mass of Resurrection was at 11 a.m., Tuesday, September 13, 2022 at the Church of St. Joseph in Red Wing. Father Brandon Theisen officiated. Visitation was 5-7 p.m., Monday, September 12, 2022 at the Mahn Family Funeral Home, Bodelson Mahn Chapel and one hour prior to the service at church. Memorials are preferred to the St. Crispin Foundation, the Church of St. Joseph or the donor's choice. Online condolences may be left for the family at [www.mahnfamilyfuneralhome.com](http://www.mahnfamilyfuneralhome.com)



## Trunk or Treat

### October 30

### 1:00pm-3:00pm

Come in costume!  
Bring a food donation  
for the Zumbro Valley  
Food Shelf

**Chili Cook-off at 11:30am**

Come and eat and stay for the trick or treating after!  
Drawings, food, inflatable & fun for the entire family!  
For more information call Pastor Colleen  
at 507-259-1442.  
[southtroywesleyan.org](http://southtroywesleyan.org)

## South Troy Church

56817 Hwy. 63, Zumbro Falls

## South Troy Church Students Filling Backpacks for Food for the PEM School District



## Wabasha County Sheriff Race

(continued from page 1)

Law enforcement has been in Bade's family, as his grandfather was a part-time police officer and his father was a full time police officer, serving part of his career with the Plainview Police Department as a K-9 officer. Bade has also coached youth sports teams and served as a youth firearms safety instructor.

Bade believes staff retention is a big issue for the Wabasha County Sheriff's Department. The sheriff office, jail and dispatch center have struggled with employee turnover and it costs the tax payers each time they have to train new officers and staff.

Jason Bade believes he will bring consistency, accountability and efficiency to the department as sheriff. Fiscal responsibility is important to deliver the service the local taxpayers are funding. Bade will work to use all available resources, equipment and workforce assistance for maximum budget effectiveness.



He also has positive relationships with the commissioners, the County Attorney's Office, area police departments and county and state departments.

## Messenger Renaissance Festival Drawing Winners



The Meyer Family were the winners of the Renaissance festival tickets. We had a great time with our grandsons at the Renaissance!

## MISSY'S MESSAGE



MISSY PAPERFUS

### OCTOBER IS NATIONAL BREAST CANCER MONTH

October is National Breast Cancer Awareness Month. About 25 plus years ago, my mom had breast cancer. She was off work for about six weeks. They say everything happens for a reason. She had a lumpectomy and radiation. I remember this being in the winter. After her surgery, she was able to



spend half her sick leave in Arizona with my grandparents who wintered there. A couple short years later, my grandma (her mom) tragically died in a car crash. My mom got to spend extra time with my grandma not knowing what the future had in store. I imagine they relaxed and most importantly did their favorite thing and went shopping!

I always get my yearly mammogram. Started earlier because my mom had the history of breast cancer. I have learned from her experience and my own. Do not jump to conclusions and keep in mind that clinic processes change. I had a 3D mammogram a few years ago, and the doctor saw something on there. I had my mammogram late in the day, so I had to come back the next day to do it again. In the end, I was just fine. There was nothing, but I remember sitting thinking to myself, this could be the last normal day of my life.

This summer, I had a close family member that found a lump. I asked if she had a mammogram before. She had not. I said just keep calm and do not over think anything until you hear back. A few weeks went by. We had talked numerous times, but nothing mentioned about the results. I asked what she found out. It was just fatty tissue. Thank goodness! So, all you ladies out there. Do not be afraid. Get your mammogram!

As each year goes by, more and more people I know are diagnosed with cancer. I don't want to live in fear, but understand the importance of paying attention to details, warning signs and symptoms, and to go with your gut feeling. If you think something is wrong, go ahead and have it checked out. Sometimes we all need a little reminder. It's important to take care of yourself first, so you can take care of your family. I am 48 and overdue for my first colonoscopy. I finally scheduled it for October.

### Memo from MotoProz...

Haydays was the weekend after Labor Day and Arctic Cat announced their new Catalyst snowmobile platform. The all-new Arctic Cat snowmobile will be released for 2024 with a 600 motor. For more details, check it out on the Arctic Cat website or stop in to MotoProz.

Missy and her husband Mike own MotoProz in Mazeppa.

## Missy's Managing the Manor

A monthly read with tips and tricks (that work for me) on my quest to becoming more organized while decluttering.

### 1 week house cleanup!



By  
Missy Papenfus

Last month, I decided to try something different and picked a few areas to concentrate on, speed cleaning on a focused task. Our room usually is the catch all and the living room is where we fold the laundry. It is a lot easier doing laundry for 2 rather than 3 since our son Monty moved out. I decluttered a few more items off the kitchen counter. I tossed some old toiletries at our cabin that never got used in two years, so time to go. I cleaned off my desk at work. Slowly but surely keep clicking along.

Stay tuned for next month's topic (another new concept to test):  
Using an extra closet to help declutter! There's so much to do, so little time.  
Bye for now!

## Top 3 Things to Do for HEALTH



By Shauna Burshem, D.C.

I would like to present to you my top 3 healthy living tips that I have personally found to be essential for every single living person on our entire planet. If the population would adhere to the advice offered below, I am quite certain that health care costs in our country would plummet. The number one health tip is increasing the serum levels of vitamin D3 in our bodies. This could prevent chronic diseases that claim nearly one million lives worldwide each year. Vitamin D3 can significantly lower your risk of a variety of cancers, including bladder, colorectal, and breast cancer. There appears to be a causal relationship between vitamin D3 levels and death; this relationship is strongest when it comes to death from cancer. In addition, D3 is a potent immune sys-

tem enhancer and has been shown to prevent and reduce severity of the flu and common cold. D3 is the sunshine vitamin and is the reason why there is a flu season in the winter time, not the summer season. Healthy sun exposure creates vitamin D3 in the body. Scientists suggest that the optimal D3 supplement dosage during the winter months is 35 units per pound of body weight (ex. 150 lb. person would need just over 5000 units a day).

The next two health tips involve weight gain. Obesity is the leading cause of overall ill health and disease in the United States. By paying attention to the following health tips, the general population would lose weight, thus improving health and lowering health care costs. Research shows that the artificial sweetener aspartame (as in Nutra Sweet) worsens insulin sensitivity to a greater degree than sugar. Artificial sweeteners promote weight gain by tricking your body into thinking it will receive sugar (calories); when the sugar doesn't arrive, carb cravings can result, making you even hungrier. Artificial sweeteners likely also cause weight gain by disrupting your intestinal microflora, thereby raising your risk of both obesity and diabetes. In addition, aspartame is a neurotoxin and can lead to the same symptoms of multiple sclerosis. Popular artificial sweeteners to avoid are Nutra Sweet (aspartame), Sucralose and Splenda.

The last tip for promoting health involves exercise and boosting the metabolism for weight loss. Interval cardio training has been shown to be the most effective form of cardio training for the entire body. Not only is it the most effective way of increasing the body's metabolism (the ability to burn calories at rest), interval training increases heart and lung volume, improving cardiovascular health more than typical endurance training like distance running, distance biking or distance swimming. The whole idea of interval training is that you do an exercise that gets the heart pumping for 20-40 seconds non-stop. You then take a 10-15 second rest break and repeat. Beginning trainers would do this for only 6 minutes a day. As endurance improves 12-20 minutes is all that is needed for optimal benefits. Researchers in Japan have found that 5 minutes of high intensity interval training is the equivalent of jogging / biking/

swimming for 40 minutes. So not only is interval training better for you, it saves you time! Example exercises include running, swimming and biking (run, swim or bike hard for 20-40 seconds than rest 10 and re-

peat). Skipping rope, jumping jacks and or a combination of calisthenics could also be performed in this style of training. In summary, these three health tips could have a major impact on your personal health and wellbeing as well as the having an impact on the ever increasing health care costs in our country. The only problem is the old horse adage about leading the horse to water!!

Chiropractic Info: Chiropractic care is on the front lines of battling opioid addiction. Inadequate pain management coupled with the epidemic of prescription opioid overuse and abuse has taken a severe toll on the lives of tens of thousands of people in the United States. According to the Centers for Disease Control and Prevention (CDC), as many as one in four patients who receive prescription opioids long term for non-cancer pain in primary care settings struggles with addiction. Every day, more than 1,000 people are treated in the ER for misusing prescription opioids. Beyond the risks of addiction and overdose, prescription drugs that numb pain may convince a patient that a musculoskeletal condition is less severe than it is or that it has healed. This misunderstanding can lead to overexertion, a delay in the healing process or even permanent injury. Chiropractic and other non-drug approaches to pain management can be an important first line of defense against pain and addiction resulting from the overuse of prescription opioid pain medications. Chiropractic is a 100% natural drug free healthcare profession that has an impressive history of caring for patients with musculoskeletal pain. In addition, chiropractic's holistic approach to health care by improving neural impulse flow from the spine improves function and performance in the entire body, promoting overall health and wellness.



## A Monthly Moment at MotoProz

By Missy Papenfus

If you are in the market for a trailer, we have the best selection we have ever had at MotoProz. We sell Triton trailers and also carry Karavan trailers. We have snowmobile trailers, enclosed trailers, and utility trailers. Come take a look in person or online at MotoProz.com. Now is also the best time to check out our used snowmobiles too.

**ARCTIC CAT**  
SHARE OUR PASSION.™

**2022 Arctic Cat Alterra 600**

- 600 Class Engine
- Dash Mounted Garmin GPS
- 1,050-lb Towing Capacity
- 100-lb Front Rack and 200-lb Rear Rack
- Electronic Power Steering

**2022 Arctic Cat Alterra 450**

- 500 Class Engine
- 10-inch Ground Clearance
- 1,050-lb Towing Capacity
- 75-lb Front Rack and 150-lb Rear Rack
- Double A-Arm Front & Rear Suspension

WARNING: Arctic Cat vehicles can be hazardous to operate. For your safety, all riders should always wear a seat belt (Side-by-Sides), helmet, eye protection, and protective clothing. Riding and alcohol/drugs don't mix. Passengers must be able to place both feet flat on the floor while keeping their back against the back of the seat and able to reach an available hand hold (outboard passenger only). Arctic Cat recommends that all operators take a safety training course. For safety and training information, please see your dealer or call 1-800-887-2887 (ATVs) or visit www.RCHVA.org (Side-by-Sides). Arctic Cat vehicles are for operators age 16 years and older with a valid driver's license. ©2022 Textron Specialized Vehicles Inc.

**THE PLACE TO GO IS MOTOPROZ!**



Mike, Missy, and Monty Papenfus Owners and Maisy their Mascot



339 1st Ave. N. • Mazeppa, MN • 507-843-2855 • www.MotoProz.com



*Re-Elect*

# RODNEY BARTSH

WABASHA COUNTY SHERIFF  
DEDICATION • EXPERIENCE • COMMITMENT

If you would like to show your support with a sign, call or text (507) 512-0595.

Paid and prepared by the Rodney Bartsh for Sheriff Committee. 21927 East County Road 8 Plainview, MN 55964

# Sponsor a Blue Jacket for an FFA Member in Need

By Minnesota FFA Foundation



You can make a difference in the life of a young person by sponsoring a Blue Jacket for an FFA member in need. Give an FFA member the gift of their chance to start FFA through the Blue Jackets-Bright Futures program.

Your sponsorship will provide an official FFA jacket and a scarf/tie to member.

Jackets are awarded to students based on their application and financial need.

Join others as we develop leaders through FFA!

### The Why

**Clemenson shares her Blue Jacket Story: What does the Blue Jacket mean to Clemenson?**

"The blue jacket means many things to me. One thing that the blue jacket represents to me is the countless opportunities which can be found within FFA. There is often a place for everyone and something for them to succeed in. There are opportunities for students

to grow career and leadership skills. FFA members can make connections and develop friendships that will last a lifetime. Another symbol of the blue jacket to me is the tradition that it tells the story of. There is a history that goes along with FFA, and the jacket can be used to tell that story. The history of agriculture and agricultural education is one that is very important. This jacket can help keep this tradition going into the future. The blue jacket also represents and means family to me. Those who wear the blue jacket usually become like a second family to most. The people in the jackets are usually there for you in times of need, they will lift you up if you fall, and support you always. Lastly the blue jacket represents hopes and dreams to me. Whether it is a goal or dream within FFA or one that you develop for the future while wearing the blue jacket, someone within the jacket will help you find a way to accomplish that goal. The blue jacket means and represents so much to me!"

**How do you think your experience in FFA will impact your future plans?**

"My times and experiences in FFA have already impacted me and I expect them to continue to impact my future plans. My time in FFA has taught me that I want to stay connected to agriculture and the agricultural industry, by pursuing a career in Ag. It has also helped display many of the endless opportunities that lay ahead within the agricultural industry."

**What would you like to say to the sponsor of your jacket?**

"I would like to thank the sponsor of my jacket for helping to provide countless opportunities. In the blue jacket I have been able to grow my personal skills such as public speaking, leadership, organization, and teamwork. The blue jacket has also helped me to develop many connections with people whom I wouldn't otherwise meet. Some of my best friends now, were people that I met while in the blue jacket. Many of my favorite and most unforgettable memories were made while wearing the blue jacket. So, I would like to express my gratitude and appreciation to those who sponsored my jacket. Thank you for helping to provide me with my best memories, important connections, and endless opportunities. FFA is a tradition that is bettering



NATALIE CLEMENSON

Zumbrota-Mazeppa FFA Vice-President, Region VIII FFA Assistant Officer

students and building the leaders of tomorrow. The blue jacket helps many kids' dreams come true, including a few of my own."

**What do you feel has been the most rewarding experience in your blue jacket?**

"There are many experiences within my blue jacket that have been rewarding, all in different ways. One would be the feeling after you are able to help someone and serve those around you. Whether it is a younger FFA member at a contest or meeting or someone in the community, it is a great experience when you are able to serve and help those around you.

(continued on page 7)

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## Sponsor a Blue Jacket for an FFA Member in Need

(continued from page 6)

Another experience that has been rewarding is at the MN FFA State Convention in April of 2022 when my team placed 1st in the dairy evaluation CDE contest, and I placed 1st individually. We all had been practicing and preparing a lot for this contest, so it was very exciting when we were standing on

stage and heard the results. In addition to this, being chosen to serve on the Region officer team was another great experience. This has given me many great friends and teammates to work with, I am able to connect with members from across the region and serve at another level. I am very grateful for all these experiences! These are just some of the rewarding times that I have had in my blue jacket!"

**Durand is PROUD to support the program:**

"When I think of the trajectory my life has taken because of my involvement in the FFA organization, I'm one-hundred percent sold on investing in the future of agriculture and the reinvesting in the FFA organization. I hope to see my three daughters don the



**MS. AMY DURAND**  
Agribusiness Instructor - South Central College



jacket someday. I may have even told the new FFA Advisor in my town, that she isn't allowed to move to another school until my kids have had her as an advisor. Supporting the MN FFA Foundation's Blue Jackets Bright Futures program is important to me because of the windows of information and doors of opportunity the FFA organization unlocks for youth of America.

The value of the Blue FFA Jacket is priceless. During my time wearing the jacket, I began the education that led me to a career in the industry of agriculture. When my role in FFA transitioned to being an FFA Advisor, I helped students into their FFA jacket and put them on their own journey of opportunity and education. Now I'm active in our Belle Plaine Area FFA Alumni & Friends organi-

zation to make sure Belle Plaine keeps agricultural education in our school and FFA as an organization in our community."

**How can you sponsor a jacket?**

For just \$90, you can gift an FFA member in Minnesota the gift of a lifetime...

Many easy ways to donate:

1. Credit Card Payment on Minnesota FFA Foundation website
2. Through VENMO using our handle @mnffaoundation
3. Mail a check to:  
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**Thank you to donors who have already donated a jacket!**

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# SMIF Announces Second Prosperity Initiative Cohort of 2022

By Southern Minnesota Initiative Foundation

Southern Minnesota Initiative Foundation (SMIF) is pleased to announce the members of the second Prosperity Initiative cohort of 2022, a program which provides free coaching and training to minority entrepreneurs. Four entrepreneurs have joined the program.

Prosperity Initiative clients commit to a six-month period of working directly with an experienced business coach. Additionally, clients connect monthly with other entrepreneurs participating in the program through peer network meetings to discuss challenges and successes. All resources are free for participating businesses.

When the Prosperity Initiative was created in 2016, its mission was to help remove barriers to success for entrepreneurs who identify as Black, Indigenous or People of Color (BIPOC). This is the first year that the program has expanded its eligibility to also include entrepreneurs who identify as women, veterans, low-income and/or a person with disabilities. More than 90 clients have graduated from the program.

SMIF is pleased to welcome the following entrepreneurs to the program:

Akeem Pendleton; New Identity Barber-



shop. A barbershop that caters to custom hair and beard grooming needs (Mankato).

Amanda Brees; Amanda Brees Ministries. Offers yoga therapy, meditation, attachment education and therapies for adult survivors of familial trauma (Plainview).

Atiq Bhatt; Midwest Building & Equipment. Manufactures and sells portable storage buildings, custom trailers and modular homes (Mankato).

Jamie West; Baby Morgan. A baby blanket retailer (Rochester).

"We welcome these entrepreneurs into the

program and look forward to seeing how their businesses grow over the next six months," said Pam Bishop, vice president of economic development at SMIF.

Applications for the Prosperity Initiative are now being accepted on a rolling basis. Early stage and established entrepreneurs are encouraged to reach out to Christopher Mazziotto, director of business development, at christopherm@smifoundation.org or 507-214-7018. Visit smifoundation.org/prosperity for more information.

The Prosperity Initiative is supported, in part, by State of Minnesota through a grant from the Department of Employment and Economic Development. Partners in this program include Community Economic Development Associates (CEDA), Collider Foundation, Hispanic Advocacy and Community Empowerment through Research (HACER), Region Nine Development Commission, Merchants Bank – Winona and Minnesota Council of Churches – Tapestry Project.

## Vang Lutheran Church ANNUAL LUTEFISK AND NORWEGIAN MEATBALL SUPPER

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Wednesday, October 12th

Tickets are \$20.00



Meal Includes:

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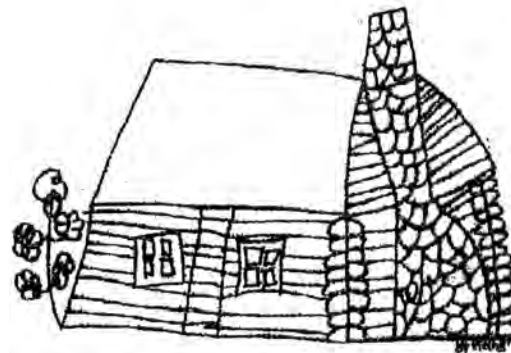
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# Harvest Thyme Craft Show

Saturdays: October 1, 8, 15, 22, 29

Sundays: October 2, 9, 16, 23, 30

Hours: 10:00a.m. to 5:00p.m.



Place:

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## JENSEN AUCTIONS

### Jensen Auctions Fall Schedule

**October Auctions**

- Kent Boxrucker Estate Auction Sale #2 Live ONLY: October 1st

**November Auctions**

- Bonnie Russell Auction Online ONLY: Online Bidding ends November 4th (find the on-line bidding link on [auctionsgo.com](http://auctionsgo.com))

View our auctions at [auctionsgo.com](http://auctionsgo.com) or on facebook

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## PARCEL 1

79 Deeded Acres of Bare Crop Land, N1/2 of NW1/4 Section 6, Kalmar Township, Olmsted County, MN

*** Area: 79 Deeded Acres	*** Crop Productivity Index: 85 CPI Average
*** PID# 750621054830, Zoned Ag 2A	*** Very Good Soils
*** Real Estate Taxes For 2022: \$1,714.00	*** To Be Sold 79 x Money Bid
*** Tillable Acres: Approx. 52 +/- Acres	*** Seller Will Allow 1031 Buyer Language Into The Purchase Agreement

Terms: \$30,000 down the day of auction per parcel, which is non-refundable if buyer(s) fails to close and pay sellers in full. The balance is due and payable in full to the sellers on or before November 23, 2022. All real estate is selling in as-is condition with no warranties or guarantees expressed or implied by the sellers or any of their agents. All real estate sells with no contingencies whatsoever. All real estate taxes due in the year of 2022 shall be paid by the seller. All bidders and buyers must have their finances in order prior to auction date. There is a 3% buyers premium that applies to this Real Estate Auction. This 3% will be added above the final bid price to equal full purchase contract price. Broker: Maring Auction & Realty Inc., Lic# 40241191



## PARCEL 2

72 +/- Acres of Bare Crop Land, S1/2 of NW1/4 Section 6, Kalmar Township, Olmsted County, MN

*** Area: 72 +/- Acres	*** Crop Productivity Index: 91.4 CPI Average
*** PID# 750623054381, Zoned Ag 2A	*** Very Good Soils
*** Real Estate Taxes For 2022 To Be Determined After Property Split of Building Site	*** To Be Sold 72 x Money Bid
*** Tillable Acres: Approx. 65 +/- Acres	*** Seller Will Allow 1031 Buyer Language Into The Purchase Agreement

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## LAND AUCTION

LIVE & ONLINE

### 64.5 ACRES +/- NOV 2 10:00 AM

FREEBORN COUNTY, MN  
AUCTION LOCATION: SERVICEMEN'S CLUB, 210 4TH ST NE, BLOOMING PRAIRIE, MN



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**October 9, 2022 ... 3:00 PM CDT**  
**Inver Grove Heights, MN**  
 4 BEDROOM HOME ON 3 ACRES IN INVER GROVE HEIGHTS FOR THE BRETOL ESTATE  
 4 Bedroom 2.5 Bath Rambler Style Home Sitting On 3.33 Acres Within The City of Inver Grove Heights With 40'X60' Pole Shed, 2 Car Attached Garage, 2,804sq Ft. Home, Must See Property, Online Only Bidding

**October 9, 2022 ... 3:00 PM CDT**  
**Inver Grove Heights, MN**  
 VEHICLES, LAWN & GARDEN, POWER TOOLS FROM THE BRETOL ESTATE  
 Vehicles, Electrical Contractor Supplies, Power & Hand Tools, Lawn Mowers, Lawn & Garden Items, Ford 8n, Furniture, Household Items, Pallet Racking, Vintage Arcade Games

**October 14, 2022 ... 10:00 AM CDT**  
**Mantorville, MN**  
 150 ACRES OF PRIME CROP LAND IN OLMSTED CO. MN FOR PAT & LINDA OVEREND  
 150 Acres Of Prime Crop Land In Section 6 Of Kalmar Township, Olmsted County Mn, Selling In 2 Separate Parcels, High Cpi Rating, Very Good Land, Located at 7406 County Rd 5 NW, Mantorville, MN

**October 22, 2022 .9:30 AM CDT**  
**Mazeppa, MN**  
 LIVE AND ONLINE 17 IHC & FARMALL TRACTOR FOR DENNIS & KARNE HEIMER  
 17 IHC & Farmall Tractors, 966, 666, Super MTA, Super M, Super H, Super A, M, H, A, B, C, 130, Cub Lo-Boy, IH Cub Cadet 612, 782, 782D, 1282, (1) Cadillac 1978 Eldorado, 97 Mustang, Chevy El Camino, Vehicles, Lawn & Garden, Tools, Farm Antiques

**November 13, 2022**  
**Bidding Begins: .... Nov. 5, 2022**  
**Starts Closing:..... Nov. 13, 2022**  
**Kenyon, MN**  
 ONLINE ONLY DOUBLE ESTATE AUCTION FROM HÖMMEDAHL AND GRESH  
 New Holland T1030 Compact Tractor W/Mower Deck, Farmall 350, Arctic Cat F6, ZL440 & Ext.Snowmobiles, Motorcycle, Trailer, Shop Power & Hand Tools, Furniture, Antiques, Toys, Collectibles, Household Items

**November 14, 2022**  
**Bidding Begins: .... Nov. 5, 2022**  
**Starts Closing:..... Nov. 14, 2022**  
**Dennison, MN**  
 ONLINE ONLY 4.94 ACRE BUILDING SITE IN RICE CO. MN FOR JAMES W. TRACY TRUST  
 4.94 Acre Building Site, Rural Dennison, MN, Rice County, 40'X120' & 32'X48' Sheds, Build Your Dream Home On This Acreage, Rice County Approved Split and Septic Area

**Nov. 19, 2022.....9:00 AM CDT**  
**Le Center, MN**  
 LIVE & ONLINE FARM ESTATE AUCTION FOR THE ORVAL LOWE ESTATE  
 Case IH 7240 MFWD, John Deere 2950 MFWD, Oliver 1950 MFWD, Oliver 1650, Super 770 & 77, White 2-105, Versatile T60, (2) IH Landem Trucks, Livestock Machinery, Planting & Tillage, (2) Ford F150 Trucks, Power & Hand Tools

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12. Old U of M Items
13. Old Beer Signs or Items
14. Old 1960-1970's Hot Wheel Cars
15. Old Pocket Watches
16. Jadeite Glassware
17. 1920-1940's Paper Items for Advertising
18. Old Town Tokens
19. Old Advertising Items from Jordan, Belle Plaine
20. Old Barn Lanterns
21. Old cast Iron Pans - Griswold, Wagner
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**PUBLIC AUCTION**  
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Directions: From I-35, take exit 32 at Hope, head east on 93rd street for a half mile, first driveway on the left/north side of the road.

**TRACTORS:** Case Tractor with Loader, Toro LX487, Toro Time Cutter HD - 60" deck, Toro Power Clean 21", Toro Wheel Horse w/tiller

**EQUIPMENT:** Toro Power MDX Snowblower HD 928 OAE, Toro Blower, (2) Wheel Snowblower Trailer, (2) Wheel Trailer, (2) Small Wagons, Eagle Valley Golf Cart, Strongway Wagon, Big Red Mule Wagon

**MISCELLANEOUS:** Jiffy Ice Auger, Home Light Chain Saw, Steel Wheel Cart, DeWalt Chop Saw, Shop Smith Work Station, Craftsman 12" Band Saw, Work Bench, Ridged Wet/Dry Vac, Very Old Anvil, Grinder, Old Trunk, T -Posts, Electric Fence Posts, Round Table & Chairs, (4) Wood Rockers, Drop Leaf Table, Ornate Table, Reclining Leather Sofa, End Tables, Old Library Table, Heavy Duty Shelving, Bedroom Set, 3.5 Cu Ft Freezer Chest, Kitchenware, Large Arrangement of Tools, Misc Tools and much more!

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**UPCOMING 2022 AUCTIONS**

**Saturday Oct. 29, 2022 • 10:00 A.M.**  
 71 ACRES FARM LAND  
 FREEBORN COUNTY, MN  
 BANCROFT TOWNSHIP,  
 SECTION 15  
 Very good soils, 85.9 CPI Rating  
**Jeanne Darby - ETAL**  
 Clarks Grove, MN

**LIVE LAND 8.32 ACRES +/- AUCTION**  
 SEC 11 IN OAKLAND TWP  
 FREEBORN COUNTY, MN

**OCT 9 2:00 PM**

**AUCTION LOCATION: ON SITE**  
 20466 890TH AVENUE, OAKLAND, MN

8.32 Acres with a 4 bedroom home with a large 25' x 20' Living Room, 10' x 11' Kitchen, 18' x 11' Family Room & 2 Full Bath.

Great Location! The land is on a black top road just south of Oakland, MN. There is a pasture for horses or other farm animals.

Sheds are 21' x 39' & 31' x 66 all on 8.32 acres of land


**OPEN HOUSE: Wednesday, Sept. 21, 2022 from 5 - 6:30 pm**

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**Bidding Opens:** Saturday, October 1, 2022, at 8:00 a.m.  
BIDDING STARTS CLOSING  
**Sunday, October 9, 2022 • 3:00 p.m.**  
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**Ranch Style 4 Bedroom, 2.5 Bath, 2804 Finished Square Feet, Nice Shop/Shed on 3.33 Acres**



\*\*\* Property Address: 8365 Courthouse Blvd, Inver Grove Heights, MN 55077  
\*\*\* PID # 20.01700.07.020 Zoned Residential  
\*\*\* 2022 Taxes: \$ 5,054.00  
\*\*\* Area: 3.33 Acres of Land

\*\*\* Ranch Style Single Story Home, 4 Bedroom, 2.5 Bath, 2804 Sq. Ft., 2 Car Attached Garage, 40'x60' Cement Floor Shed/Shop  
\*\*\* Private Septic System, Conforming  
\*\*\* Good Cased Well

**REAL ESTATE INSPECTION DATES:**  
Saturday, October 1, 2022, 10:00 a.m. - 12:00 Noon & Wednesday, October 5, 2022, 4:00 p.m. - 6:00 p.m.

Terms of Real Estate: \$20,000 Down the day of auction, which is non-refundable if buyer fails to close. Balance is due to the sellers on or before November 29, 2022, at which time the buyer shall receive a clear marketable warranty deed and possession. Said real estate is selling with no contingencies whatsoever. All real estate sells in as-is condition with any and all faults. All real estate taxes shall be prorated to date of closing. All standard MN real estate disclosures will be filled out by seller. All bidders/buyers must have their finances in order prior to auction closing date, October 9, 2022. This real estate auction shall have a 5% buyer's fee which will be added to the final bid price, to equal full purchase contract price. Maring Auction and Realty Inc. is representing the sellers in this transaction. Broker: Maring Auction & Realty Inc., Lic# 40241191

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Pro-Tec 10" Compound Miter Saw; Enco 14" Bench Band Saw; Sears 3/4 hp grinder; Porter Cable 6 Gal Compressor; Hausfeld 80 Gal Vertical 5hp Compressor; 3 Ton Floor Jack; (5) Hyd Bottle Jacks; Sears Battery Charger; Crown 27" Pallet Jack; Greenlee 12" Hook Type Cable Sheave; Generac 3500XL Power Generator; Several Sections of Commercial Pallet Racking; Urban Gorilla Tools 16" Laser Level with Tripod Stand, New; DeWalt 18V Trim Saw; Sears 10" Radial Arm Saw; Snap-On 2000 PSI Pressure Washer; Werner Fiberglass Ladders: 6', 8', 10', 12', 24'; Ridged Pipe Threader; Cordless Angle Grinder; (5) Greenlee Screw Type Reel Stands; 12" Dove Tail Jig; Many Cordless Tools; Many Spools of New Electrical Wire; Electrical Breakers, Switches, and Conduit; Commercial Light Fixtures; (4) Knack Job Boxes

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**PERSONAL PROPERTY INSPECTION DATE:**  
Friday, October 7, 2022, from 10:00 a.m. - 4:00 p.m.

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## Minnesota Horse Feed Maker Turns to Forgotten Crop as an Ingredient and Investment

*Mary Hartman's Kasson, Minn.-based StableFeed firm is bringing back a forgotten perennial crop – sainfoin – to create healthy horse feed as well as a new niche in the U.S. agriculture market.*

Courtesy of Post Bulletin

KASSON, Minn. — When researching for her healthy horse feed, Mary Hartman found a key ingredient and a new commodity in a mostly forgotten crop that hasn't been broadly grown in the U.S. since the 1890s.

“My introduction to sainfoin came from researching the equine microbiome. I read an article by a UK researcher who mentioned sainfoin as an outstanding forage for horses that they love to eat. I had never heard of it,” said Hartman. “It's a really ancient forage legume. It used to be grown specifically for horses and sheep. George Washington and Thomas Jefferson grew it. They tried to get it to go here. It turned out that alfalfa was easier to grow in rich soils, so it was passed over.”

Sainfoin is a perennial crop with purple flowers that is harvested and baled like alfalfa. After discovering a handful of growers started raising sainfoin in Montana in the 1970s, Hartman tracked them down and started buying up sainfoin to use in her StableFeed products.

“The Montana producers are excited, because there wasn't a market for sainfoin. They just grew a few fields for themselves. Why would you grow a lot of something when there's no market?” she said. “Now, I've created a market for it.”

Thanks to Hartman, sainfoin is now being harvested in southeastern Minnesota for the first time in modern memory. Kory Weis, a Pine Island area farmer, planted a patch of sainfoin for Hartman and they are experimenting with the best ways to grow and harvest it.

### Good for horses

“We are the only commercial providers of sainfoin into the market in North America. I'm going to move 190 tons of sainfoin into the market this year. Some of that may go to South Korea, where they have requested 40 tons,” she said.

Selling straight sainfoin pellets is a growing market for Hartman. However, it is also important for her growing business, because sainfoin is also the base ingredient in all five of her feed blends for horses with specific health issues.

After starting in 2017 making chia horse biscuits in Rochester basements and garages, Hartman's healthy horse treats and feed company has grown and evolved into a popular

name in the equine market.

StableFeed outgrew spaces in Rochester, so Hartman and her seven employees are now based in a 3,200-square-foot facility in Kasson.

“The rent is higher in Rochester than Kasson. This facility is perfect, and there is more space that I could grow into,” she said looking at the warehouse full of bags of her products awaiting shipment.

Each of the five horse feeds feature sainfoin pellets “garnished” with carrots, dandelions, spirulina, prickly pear, burdock, bee pollen and other ingredients that horses used to consume while foraging.

StableFeed also still sells the original five types of chia biscuits that launched the company. Most of her business direct sales via her website.

While her high-end, specialty feeds are not cheap, Hartman points out that they are less expensive than calling a vet to treat a horse struggling with gut issues or other health problems.

When she developed the feeds, Hartman worked closely with Minnesota's Agricultural Utilization Research Institute. AURI is a state-funded nonprofit that spurs economic development by helping entrepreneurs develop and launch new products.

Alan Doering, a senior scientist who manages AURI's Coproducts Utilization Laboratory in Waseca, Minnesota, has worked with the development of a lot of animal feeds. However, Hartman brought several novel ingredients to the table, including sainfoin.

“I actually farm and we grow alfalfa. ... I had no idea what sainfoin was. The interesting thing about sainfoin is that it is a legume. It's high in protein like alfalfa. Unlike alfalfa, it's non-bloating. So it is safe for horses,” said Doering.

### Good for the land

He sees a lot of promise in sainfoin as a crop in Minnesota.

“I think the big opportunity for sainfoin in Minnesota would be planting it on marginal land. Whether it's river bottom or whether it's hilly land that is higher in sandy soils, this is an ideal crop to produce protein,” said Doering.

Alfalfa production is on the decline in Minnesota with low commodity prices and less dairies operating in the state. This could provide a useful alternative to alfalfa for some farmers, he added.

As a perennial, sainfoin can help farmers who are concerned about erosion.

“It is basically a living cover crop on your soil throughout the winter,” Doering said. “And yet, it's not a cover crop, because you're harvesting it. It's a living cover. It'll come up, year after year.”

Weis, the farmer who is growing sainfoin for Hartman in the Pine Island area, said it stands out from other local crops.

“When everything else is brown in the fall, after everything freezes before we get snow, this stuff was just as green as could be right up until the snow covered it up. And it starts earlier in the spring. It was greening up just as soon as the days started getting warm. We get some sunlight and it takes off growing,” said Weis.

He added that the purple flowers are also very popular with bees. During peak pollinating time, visitors can hear the buzzing be-



Charles Ellwood, with StableFeed, works with sainfoin horse feed

Photo by Post Bulletin

fore the sainfoin field comes into view, according to Weis.

### A bright future

Looking ahead, Hartman expects to grow and sell more sainfoin. She is optimistic that more and more stables and individual owners will start using her feeds and biscuits after they see the difference the products make in a horse's health and appearance.

She would like to build a new facility to

turn sainfoin into pellets to ramp up production and closely control the quality of the pellets.

Of course, sainfoin will be a key part of the future growth of StableFeed.

“I really think this is a plant that's time has come. I think that this is a plant that could play a really big role in the ag sector, both in the short term and the long term,” said Hartman.



From left, Deb Maiers, Miya Charles, both with StableFeed, and Mary Hartman, owner of StableFeed, work with a chia product in Kasson. Photo by Post Bulletin

## The rural landscape has changed and old ways aren't coming back, so how do we hold on to what we have?

Courtesy of AgWeek

*AgWeek reflects on the way things used to be -- both good and bad -- and how rural areas can hold on to the things and people that still make them special.*

A ride along to purchase five Holstein bull calves from a dairy producer in southeastern Minnesota was welcome on a glorious late afternoon when the rolling hills best showed their beauty.

It is a strong dairy area, in contrast to the prairie that the calf buyer and I call home. Silos and barns — to an extent relics of a bygone time — remain in sharp contrast to the large dairy we stopped at. Truckloads of fresh-chopped alfalfa were being transported to the edge of a large pile, where it was packed tight by a four-wheel-drive tractor.

Along the way we talked about how vital dairy used to be across Minnesota. Local stores sold milking equipment and other supplies, and small towns were crowded with cars on weekend nights when checks were cashed, and families came to eat and be entertained.

West Concord — a town of less than 1,000 in the 1950s and now — once had a couple of tractor and car dealers, a clothing store, two hardware stores, two banks, a railroad line, and more. A mural painted on a building's

side depicts Mainstreet circa the 1950s.

It's a shame, I said, that those days are no more.

"You can say it's a shame," the pickup driver said, "but they are never going to come back."

There are many reasons why that is so.

Ease of transportation, technology, cost of living, efficiency of scale, and an unending exodus of people to metropolitan areas are among the reasons.

Writings dating to the 1980s reveal that I railed against the loss of family farms (a category that remains difficult to define), consolidation in the meatpacking and dairy industries, and the foolishness of federal farm policy that failed in its stated mission to protect family farmers.

Keeping family farmers on the land has been the goal since President Franklin Roosevelt's New Deal initiated the farm program framework in the Great Depression. Supply management through land banks and Conservation Reserve Program sign ups have been tried with mixed success ever since the government moved away from parity pricing formulas.

History suggests that the dominance of diversified farms blossomed only briefly. The driver raised a valid point when he said that we tend to remember the good times more than the bad.

Cultivating row crops four times followed by whacking weeds, sick calves in pneumonia-filled barns, picking frozen silage from silo walls, and dealing with untiled fields was no one's idea of fun.

Maybe a more reasonable goal is to hang on to what we have. It will not be easy. The public school closed in the early 1990s, and a start-up school that followed several years later folded. Three churches, hurt by declining attendance, have closed. The lone restaurant closed during the pandemic and won't reopen in its wake. The American Legion, housed in a building constructed in the early 20th century, struggles for members.

The pickup driver asked and answered his



**A pair of stave silos offer a hint at the dairy farming that once went on at the Don and Sylvia Colby farm near Milnor, North Dakota. Mychal Wilmes says the old ways of rural life and farming weren't all good, but there is good in the rural lifestyle to hold onto.**

*Photo courtesy of AgWeek*

own question.

"Would your children want to move back here? No, they wouldn't, because there is nothing to do here."

Well, that is not 100% true. There is much to be said for raising a family away from the busyness of a big city, the community that remains strong in its commitment to schools and other institutions.

The movement away from rural areas is a worldwide phenomenon unmatched in his-

tory. The slums of Third World nations are crowded with now-landless people. Europe and the United States are far better equipped to handle the migration as rural residents move for better opportunities.

Thomas Jefferson wrote centuries ago that the strength of American democracy is found in its millions of family farmers. It remains true to this day, which may explain why countless surveys find that support for family farmers remains strong.

## Organic Certification Cost Share Program Increases Affordability of Certification Rebates

Minnesota organic farmers and processors can apply for a rebate of up to 50% of the cost of their organic certification. The Minnesota Department of Agriculture (MDA) is accepting applications for the Minnesota Organic Certification Cost Share Program from now until November 1, 2022.

Organic certification is a third-party verification system. It assures consumers the organic products they buy are produced in accordance with federal organic regulations. Organic operations must follow National Organic Standards and are monitored through review of their records and on-site inspections at least once a year.

"The yearly cost of certification can range from a few hundred to several thousand dollars," Assistant Commissioner Patrice Bailey said. "This program provides some relief and goes a long way to make organic certification more affordable."

Funds for the cost share program are available first-come, first-served and come from a cooperative agreement with the United States

Department of Agriculture's (USDA) Farm Service Agency (FSA).

Operations that received certification (or had ongoing certification) between October 1, 2021 and September 30, 2022 are eligible for reimbursement of up to 50% of certification-related expenses, with a maximum of \$500 per category (crop, livestock, processing/handling, wild harvest). MDA also offers a similar cost share program for transitioning a farm to organic.

To qualify, applicants must be certified organic by a USDA-accredited certifying agency. New this year will be an online application process. Certified organic farmers or processors can obtain all the program details and necessary materials on the MDA's website or by calling 651-201-6134. Applicants that do not wish to apply with MDA may apply through their local FSA Office.

Additional funding for up to 25% of allowable certification costs is available through FSA. That application deadline is October 31, 2022.

## Meat, Poultry, Egg, and Milk Processing Grant Available

**Apply by October 27, 2022 for grant to boost livestock product sales**

Minnesota livestock product processors seeking to start up, modernize, or expand their businesses are encouraged to apply for the Agricultural Growth, Research, and Innovation (AGRI) Meat, Poultry, Egg, and Milk Processing Grant program.

The Minnesota Department of Agriculture (MDA) anticipates awarding up to \$1.4 million using a competitive review process. The maximum equipment award is \$150,000, and the minimum award is \$1,000.

The intent of the program is to increase sales of Minnesota-raised livestock products by investing in equipment and physical improvements that support processing, capacity, market diversification, and market access.

"Meat processing demand continues to increase, and capacity has to keep pace for a healthy market to exist," Minnesota Agriculture Commissioner Thom Petersen said. "This grant helps processors become more agile and resilient, expanding access to products."

Applicants must:

Intend to or be engaged with livestock slaughter or processing, including meat, poultry, egg, and/or milk.

Be an individual (including farmers), business, agricultural cooperative, non-profit, educational institution, or a local unit of government (including Tribal Governments).

Currently reside in Minnesota and be authorized to conduct business in Minnesota. Grantees are responsible for at least 50% of the total cost for the first \$50,000 and 75% of the total cost for every dollar after as a cash match. Funding for the AGRI Meat, Poultry, Egg, and Milk Processing Grant will be awarded in one round.

Grant applications will be accepted until 4 p.m. Thursday, Oct. 27, 2022. Funding will be awarded in early 2023.

If a grant application is not selected during the AGRI Meat, Poultry, Egg, and Milk Processing Grant, it will be considered for the AGRI Value-Added Grant that is expected to open in winter 2023.

Proposals must be submitted through our online application system.

For more information, visit the AGRI Meat, Poultry, Egg, and Milk Processing Grant webpage.



## Expanded Grants Bring Locally Grown Food to Schools

*Nearly \$4.25 million available to support Farm to School programs throughout MN*

Minnesota school districts aiming to increase their purchase of fresh, locally grown, nutritious foods in school meal programs can apply for one of two grant opportunities through the Minnesota Department of Agriculture (MDA). Applications are also being accepted for equipment purchases that support Farm to School initiatives.

Through the MDA's Local Food for Schools Cooperative Agreement with the United States Department of Agriculture (USDA), school districts across Minnesota will receive nearly \$3.5 million for purchasing Minnesota-grown and -raised foods used in the National School Lunch and School Breakfast Programs. School districts may apply for one of the following two USDA-funded grants:

**Farm to School First Bite Mini-Grant:** Grants are intended for school districts that have little to no experience with Farm to School programing.

**Farm to School Full Tray Grant:** Grants are intended for school districts that have some Farm to School experience.

"We're excited that this additional funding will let us strengthen our already robust Farm to School partnerships with Minnesota schools," said Minnesota Agriculture Commissioner Thom Petersen. "These grants will help to strengthen our state's local and regional markets, support small and emerging farmers, and ensure our kids are eating the freshest, most nutritious food our state can offer."

This year, applicants for both the First Bite and Full Tray grants may also apply for up to \$35,000 for equipment purchases. Nearly \$750,000 is available for equipment grants and will be supported through the MDA's Agricultural Growth, Research, and Innovation (AGRI) program. School districts must match the equipment portion of their grant on a 1:1 basis. Equipment grants are only available to school districts that apply for a First Bite or Full Tray grant.

The First Bite grant is intended to be an intentional learning process for the applicant. Recipients will not be eligible for the First Bite grant again. School districts may apply for a minimum of \$2,500 and a maximum of \$10,000. There is no match required.

Full Tray grants will be awarded to school districts that have experience purchasing Minnesota-grown and -raised products but want to expand their Farm to School programs. Applicants may apply for up to \$100,000 based on the district size. There is no match required.

All Farm to School grant applications must be submitted by 4 p.m. Thursday, November 17, 2022.



Funding for Farm to School local food grants is made available through the USDA Local Foods for Schools Cooperative Agreement with support from the Cargill Foundation. Funding for Farm to School equipment grants is made available through the AGRI

program, which administers grants to farmers, agribusinesses, schools, and more throughout the state of Minnesota. The AGRI Program exists to advance Minnesota's agricultural and renewable energy sectors.



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*\*Opinions expressed in Letters to the Editor are not necessarily those of The Messenger*

To the Editor:

## WABASHA GOVERNMENT NEEDS NEW LEADERSHIP AND ACCOUNTABILITY

My husband and I have a home on the river in Wabasha. We have had a very negative experience working with Wabasha County government and their dysfunctional practices. We went through all the steps with variances, permits, after the fact variances, land use permits, etc. for landscaping and to restore and maintain the riverbank—it was all a bunch of bait and switch to extort more money out of us. You may think this is just a disgruntled whiner that didn't get her way—but that doesn't explain all the other folks that have had similar issues and treatment from Wabasha County government! The list is long. I encourage you to do a FOIA request and look at how much revenue Wabasha has generated from extorting money out of its own taxpayers. The Wabasha taxpayer should question how much money is being spent in the local court system with all the people that have sued county government or visa versa. Why is the taxpayer the enemy? Government too often forgets that it is tasked with serving the people, not itself. I have never in all my life been treated the way we have been treated by Wabasha government staff and commissioners. Because of our experience, I decided to

dig further into the history of Wabasha government practices. I found some interesting facts; as well as discovered more questions that need answers.

The Wabasha county jail is not at capacity, in fact, there are not many prisoners in it at all. This is costing the county a lot of money. My husband and I are from Winona; and Winona has been transporting their inmates to Caledonia. You have to ask yourself why that is when Wabasha is closer and an easier route! The surrounding counties are housing their own inmates or at other available jails, but not Wabasha. Why is that? I uncovered a very interesting answer. Wabasha leaders need to be held accountable. The current leader of the law enforcement system needs to build relationships, not tear them down. I encourage you to dig into the dynamics of the jail situation, because you will realize that you should not vote for the incumbent sheriff.

Then I dug a bit further and found a lot of articles on a former county commissioner, Deb Roschen. I called and interviewed her so that I would have both sides of the issues to formulate an informed decision. Deb was trying to be an ambassador for clean government with accountability and transparency. It is clear to me that she went up against the "good ol' boys" and was victim of character assassination. I applaud her strength and her fight for what was right. When you are in a

small town, the players can control what is printed in the local paper. The players can control the other players with the mentality "I will scratch your back, if you scratch mine". The accountability and transparency of Wabasha government has not improved. The good old boys are protecting their turf.

Which brings me to the current county commissioners. Did you know that Mr. Brian Goihl asked a member of the Board of Adjustments to resign and he appointed someone of his choosing to the position? The BOA member that resigned hadn't been in the position long and he was a good person. Commissioner Goihl should have been removed from his position for this type of behavior. And then we must ask the question, why did he do this? So he could better control/contain the outcomes on BOA decisions?

Why was there a closed meeting to discuss a simple variance request for a business? This should have been done in an open meeting. Smells fishy to me. Commissioner Cheryl Keys is a pawn and a mere fill-in for the Lake City spot on the board. She was made the chair to make her feel important and keep her busy and out of the other commissioner's agendas. Cheryl is a career Lake City public service person—you have to wonder about the career politicians. Commissioner Wobbe has a backbone and he has been trying to use it, but he doesn't have any help or support from others on the board. He is trying to

make a difference. Commissioner Walkes has served in other capacities for Wabasha government which gives him a good background to be a commissioner. He sees and understands the dynamics going on.

Since the dysfunction of Wabasha government remains the same as years ago, it is imperative that the elected positions be replaced with new people and not the incumbents. I encourage Wabasha taxpayers to get involved and ask questions, find the answers, push some buttons, be the difference. The bottom line is that Wabasha government is detrimental to economic growth and development. You have campgrounds, garbage collectors, farmers, retired citizens, and down-right good people having many obstacles in their way to get things done. They are all taxpayers that want to improve their properties and businesses and make Wabasha even better.

Please vote this November for change. Wabasha deserves better. Rick Powers for county commissioner. Matt Stinson for county attorney. Jason Bade for county sheriff. These candidates deserve your vote, they will make a positive difference and be the change that is needed in Wabasha County government.

Stacey Mounce Arnold

## Historical Happenings

Compiled by  
Helen Reiland

**THE MAZEPPA JOURNAL, Editor and Publisher: Barbara and Reider Tommeraas**  
**FRIDAY, MARCH 11, 1955**

### DANCING CLASSES TO BE HELD AT LEGION CLUBROOMS

Dancing classes, given by Mrs. G. M. Graif of Zumbrota, will be held at the Legion clubrooms beginning next week, rather than Hotel Mazeppa. See the advertisement on Page Two for further details.

### Obituaries

#### FRANK H. TUPPER

Frank H. Tupper of South Mazeppa passed away at 4:30 p.m. March 2 at the home of his son, Donald in Rochester. He was 78 years of age and had been ill for several years.

The son of Ezra and Emma Witter Tupper, he was born Sept. 15, 1876 in Pine Island Township. He attended District 54 in Wabasha County, and Mary 28, 1902, was married to Elizabeth M. Hoffman at Mazeppa. He moved to the home farm at the age of two, and followed the occupation of farming all his life. In his later years he resided with his son Kenneth on the home farm.

Surviving, in addition to his wife, are six children; Ezra of Minneapolis, Kenneth and Mrs. John Frank of Mazeppa, and Donald, Gordon and Jerry of Rochester.

This entire area was saddened by the death of Mr. Tupper. For many years he had been one of the most prominent in farming and community affairs in South Mazeppa. He loved people and it always a joy to visit with him. His family is offered the deepest sympathy in its great loss.

#### LECIL ARNOLD

Lecil Arnold of Maple Plain, Minn., died unexpectedly February 28 in Arizona, en route home a trip to California.

A son of Charles and Nettie Arnold, he was born at Alexandria, Minn. Aug 18, 1894, and moved to Mazeppa when a boy. He lived here for many years.

Surviving are his wife; one daughter Yvonne of California and two brothers Clarence of California and Lawrence of Rochester.

He was 60 years of age.

Mr. Arnold had many friends in Mazeppa, who were shocked to hear of his sudden death.

#### In The Service

Fort Hood, Texas--Pfc. George D. Meyer, son of Louis H. Meyer of Mazeppa, recently participated in a special Army test exercise at Fort Hood, Texas. Purpose of the exercise was to test combat command experimental formations organized by the 1st Armored Division to adapt to the latest concepts of atomic-age ground warfare.

Pfc. Meyer, a truck driver with Headquarters and Service Co. of the 1st Tank Battalion, entered the Army in December 1953 and completed basic training at Fort Riley, Kansas.

#### Linda Maas Picked For Girls' State

Linda Maas has been chosen as the junior girl to represent Mazeppa at Girls' State this. It was announced this week by the American Legion auxiliary, the sponsoring organization.

#### Chester Twp. Collects \$354.83 In Polio Drive

The sum of \$354.83 was collected in the 1955 "March of Dimes" in Chester Township. Donations were given in the following amounts; one gift of \$50, three of \$10 each, one of \$7 and others ranging from \$5 down to 30 cents. Coin boxes brought \$5.28.

Solicitors were Alfred Heitmann, Willous Heitmann, Mrs. Leonard Klindworth, Mrs. Earl Ehers, Mrs. Florian Reding, Pete Perotti, Geo. Majerus and John Zorn.

#### Mazeppa Township Held Election, Tues.

Warren Grossbach was elected supervisor on a 45-24 vote in Mazeppa township, in Tuesday's election. His opponent was Henry Sommerfield.

Joe Sibley, running for treasurer, was unopposed and was elected on 61 ballots. For assessor, Felix Marx received 18 votes to Winfred Larson's 9, and Jack Cole was elected constable.

A fairly heavy turnout of votes was realized with 69 ballots cast.

#### Nice Going

The Dierkhissings don't know I saw this, but through devious means I secured a copy of The Municipal Liquor Store magazine. Among a page of pictures of those attending the one-day mid-winter meeting Feb. 10 at The Nicollet in Minneapolis was one with the following caption:

"The association's tallest member (and most handsome according the women) Harold Dierkhissing, Mazeppa with his equally handsome wife agree with Calmer Ekker, Mabel and William Decheint, Minneapolis, this was a most successful affair."



**Regular Meeting of the Mazeppa City Council Meeting Minutes**  
**Wednesday, September 14, 2022**

The regular meeting of the Mazeppa City Council was called to order at 6:00 PM by Mayor Chris Hagfors.

Pledge of allegiance was said.

Present: Mayor Chris Hagfors. Council Persons Steve Liffriq, Michael Hammes, Dustin Wiebusch, and Erica Young.

Others Present: City Attorney Luke Lamprecht, John Clemens, City Engineer Matt Mohs,

Wabasha County Sherriff Patrol Sargent Keith Fratzke, Wabasha County Commissioner Brian Goihl, Steve Meerkins, Jeremy Tri, Nate Arendt, Riverbank Project Liaison Luke Lunde from WS Beng and Associates, and City Administrator Clerk Karl Nahrgang.

Present via electronic meeting: Robert Joselyn and Holly Galbus of the News Record.

Motion by Hammes, second by Wiebusch to approve the agenda and the addendum. All in favor, none opposed. Carried.

Motion by Hammes, second by Liffriq to approve the meeting minutes for the August 10, 2022 regular Council meeting. All in favor, none opposed. Carried.

Patrol Sargent Keith Fratzke of the Wabasha County Sherriff's Department presented the Incident Command Report for August. He was asked if some time was spent monitoring Oak Street due to some complaints of speeding vehicles. He said that the Sherriff's Department had focused on the area to slow traffic.

Wabasha County Commissioner Brian Goihl updated the Council on the current state of the County and the expectation of what the County tax levy will be for 2023 and an update on the tax forfeited properties in the City of Mazeppa.

City Administrator Clerk Karl Nahrgang read the Fire Department Report.

No Public Works report was given, but positive comments about the organization and cleaning of the public works maintenance building were directed toward the PW staff.

City Administrator Clerk Karl Nahrgang gave the Municipal Liquor Store report.

City Engineer Matt Mohs updated the Council on the WWTP funding progress and another round of planning grants for run-off

control is available.

Motion by Wiebusch, second by Liffriq to approve a Council working session for October 4, 2022 at 6:00 PM. All in favor, none opposed. Carried.

Motion by Hammes, second by Young to approve 8 hours of engineering at the reduced rate to update the grant application for the run-off control planning grant. All in favor, none opposed. Carried.

Luke Lunde from WS Beng and Associates presented the 60% design plan for permitting for the Riverbank Restoration project. WSB, the City of Mazeppa, and Minnesota Department of Natural Resources officials met to discuss permitting requirements. Planning for early summer 2023 to begin construction. DNR did request some changes to maintain consistent hydraulics in the area so a short bit of bank at the end of the southeast portion will change. The savings from that change will be used for extra vegetation and reforestation.

Administrator Clerk Karl Nahrgang presented the City Hall activities progress report.

Motion by Young, second by Wiebusch to approve building permits: MZ22-27, 710 River Bluff Rd. - re-roof. MZ22-28, 957 River Bluff Rd. - window replacement. MZ22-20, 576 4th Ave. NE Lot 24 - set manufactured home. MZ22-21, 576 4th Ave. NE Lot 21 - set manufactured home.

All in favor, none opposed. Carried.

MB Sveen Properties LLC requested a letter of support for their grant application to the Manufactured Home Community Redevelopment Program.

Motion by Wiebusch, second by Young to approve a letter supporting MB Sveen Properties LLC's grant submission to the Manufactured Home Community Redevelopment Program to aid in improvements to the Manufactured Home Park. All in favor, none opposed. Carried.

Helen Reiland brought up the issue of noise enforcement for noisy vehicles traveling on 1st Ave.

Motion by Wiebusch, second by Liffriq to direct the City Administrator to contact Wabasha County Sherriff's office to develop strategy to combat vehicle noise. All in favor, none opposed. Carried.

Motion by Young, second by Liffriq to do-

nate items recovered from archaeological survey at Herb Vik Park to Mazeppa Area Historical Society. All in favor, none opposed. Carried.

Motion by Wiebusch, second by Young to accept the quote from Westlake Tile LLC for \$43,000 for the Community Center flooring and an additional \$7000 for restroom floors. Four in favor, Hammes opposed. Carried.

Motion by Young, second by Liffriq to table the quotes for the GaGa pit at the park next to the school until it is determined how much of the total is intended to be paid by donations. All in favor, none opposed. Carried.

Motion by Young, second by Wiebusch to approve submitting \$250 application fee, the Application for State deed for Tax Forfeited property, wetland certification, and conditional use declaration to the State of Minnesota though the Wabasha County Auditor Treasurer's office. All in favor, none opposed. Carried.

Motion by Young, second by Hammes to approve the preliminary 2023 budget and tax levy. All in favor, none opposed. Carried.

Motion by Wiebusch, second by Liffriq to approve quote of \$14,986.74 from Dust Outdoor Services for \$14,986.74 for street patches at 4th Ave. NW and Maple St. Cherry St. W, Oak St. and 2nd Ave. NE, 6th Ave. NE and Chestnut St., Cedar St. and 2nd Ave. SE. All in favor, none opposed. Carried.

Motion by Hammes, second by Wiebusch to approve Resolution 2022-37 Accepting a Donation of \$3500 from the Mazeppa Lion's Club for cost associated with Mazeppa Daze and Community Market events. All in favor, none opposed. Carried.

Motion by Wiebusch, second by Young to approve Resolution 2022-38 Accepting a Donation from Mazeppa Fire Relief for the proceeds of the Mazeppa Daze raffle totaling \$27,142.90. All in favor, none opposed. Carried.

Motion by Wiebusch, second by Liffriq to approve Resolution 2022-39 accepting a Donation from the Mazeppa Lion's Club for \$25,500 for Community Center improvements and improvements to the Public Ceme-

tery. All in favor, none opposed. Carried.

Motion by Young, second by Wiebusch to get rid of the old Lion's Park sign and letters. All in favor, none opposed. Carried.

Resolution 2022-40 allowing Liquor License holders in the City of Mazeppa to open at 08:00 on Sunday, October 2, 2022 for the early Vikings game received no motion and no second. To enact this temporary time change would take a change in City ordinance.

Motion by Young, second by Wiebusch to set the Truth-in-Taxation meeting for 6:00 PM, December 14, 2022. All in favor, none opposed. Carried.

Motion by Wiebusch, second by Young to approve Resolution 2022-41 accepting a donation of \$150.00 to assist in the cost of installation of the park basketball court lighting. All in favor, none opposed. Carried.

Resolution 2022-42 Issuing a temporary off-site on-sale liquor license to the Mazeppa Municipal Liquor Store to serve alcohol and do sample tasting at the September 29, 2022 Community Market was not moved and received no second.

Motion by Liffriq, second by Young to pay the bills and claims. All in favor, none opposed. Carried.

City Attorney Luke Lamprecht suggested that a new City zoning map be drawn to include the annexation near Scenic Heights.

Councilperson Young thanked Turbo's LLC, the Mazeppa Lions Club, and Mazeppa Fire Relief on behalf of the City for the generous donations to the City of Mazeppa.

Councilperson Wiebusch commented that poor communication and organization among the Minnesota Department of Transportation, the project engineers, and the project contractors has negatively affected the quality of the work on the Highway 60 project.

Motion by Hammes, Second by Liffriq to adjourn the meeting. All in favor, none opposed. Carried.

Meeting adjourned at 8:29 PM.

Next meeting will be a Council working session 6:00 PM October 4, 2022. Administrator-Clerk

City Hall receives comments from City residents and people from outside the community. We talk to people regularly about how nice the parks look, or the overall quaint look of the community. Residents also know the problem areas. They let us know if a property is in violating nuisance ordinances. Collections in the open of old automotive or agricultural parts, appliances, sheds/buildings that are in a state of disrepair or unlicensed are unsightly and not in compliance with ordinance. Keeping our parks clean, inviting, in good repair (safe), and have seasonal use items in place for public use takes a great deal of work from our Public Works staff and great many hours from park volunteers. The City does this to make going to the park an enjoyable experience for residents and visitors. The City asks its residents to help in making a good impression for visitors and residents alike. Please do your best to keep collections of automotive parts, appliances, and unused equipment cleaned up or in indoor storage. No one likes to live next to an unkempt yard or a collection of non-running vehicles. Please do your best to keep your property clean, and for Mazeppa to continue to be a pleasant place to be.

**Zumbro Falls City Council Minutes - August 10, 2022**

The Zumbro Falls City Council met at City Hall. The meeting was called to order by the mayor at 6PM. Present were Bruce Heitmann, Jason Faas, Paul Bankers, Susan Eischens and Nate Richardson.

Clerk read the minutes from the July meeting with acceptance by a motion from Bankers, seconded Heitmann, all in favor, carried.

Treasurer's report accepted with a motion from Bankers, seconded Heitmann, all in favor, carried.

Nate suggested to council that the City should pay Tim Kennedy for storing the Fire Trucks during the street project. Motion made by Bankers, seconded Heitmann, all in favor, to pay Tim \$500.00 rental fee.

Paul will contact Bob The Bug Man to come and address the mice issue at City Hall.

Application for Offsite Gambling was received from the Zumbro Falls Fire Relief for the November 12 th Gun Raffle Event. A motion to accept was made by Bankers, seconded Heitmann, all in favor, carried.

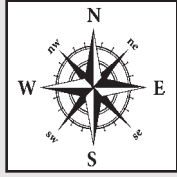
Darla Oelkers contacted Bruce for approval for the Lake City Lakesters Fall Car event to be held in Zumbro Falls on September 17 th . Motion for approval was made by Bankers, seconded Heitmann, all in favor, carried. City will supply construction restroom and Bruce will look for a DJ to be paid by the City.

Discussion on the bids from Rochester Sand and Gravel for street repairs from Hwy 63 to Park Avenue and the rest of Wahleys to Water Street followed. Motion from Bankers, seconded Heitmann, all in favor, carried to move forward on this project.

Motion to adjourn the meeting at 7:16 PM and the clerk to pay bills presented was made by Bankers, seconded Heitmann, all in favor, carried.

Submitted by,  
 Susan Eischens, Clerk

## Changes in Latitudes, Changes in Attitudes The State Fair



By Terry Campbell

*This column is written by Messenger editor and Minnesota native Terry Campbell. Terry now splits his time between Minnesota when it's warm here and Tennessee when it's cold here.*

Not many events were as exciting to me as a kid as the Minnesota State Fair. I anticipated our annual trip all summer long. Were a farm family and the main reason for going was machinery hill. Eighty acres of farm equipment of every imaginable kind. The Minnesota State Fair machinery hill was larger than the entire Iowa State Fair, we were told. At least that helped to fuel our feeling of superiority over our neighbors to the south.

Our State Fair trip was always between the morning and evening chores, so we woke early and worked fast to get on the road by 8am. We also knew that chores would still be waiting when we returned that night.

My dad would park the car in the lot at the top of machinery hill and we would begin to hike along each street admiring the displays. It smelled of fresh sawdust and delicious food everywhere. The Patz company had a barn cleaner running continuously conveying wood shavings that went up the chute and dropped back into the gutter to make another trip. Were amazed because never before had a barn cleaner looked so clean.

My dad knew most of the sales reps at each booth and they were primed to try and sell him the newest and best they had that year. My favorite was the John Deere exhibit. I would check out the riding lawn mowers. The John Deere 140 was the biggest lawn tractor available in the late 1960's, with a

huge 14 horsepower engine. I was in awe and never dreamed I would mow lawn with a 27 hp zero turn when I grew up.

A couple of the farm machinery companies would have a tent set up with bleachers where you could sit and watch a tractor parade while the announcer pointed out all the features of each model. Our blood was green but we still sat there and admired the orange, yellow, red and blue tractors as they chugged through. The dairy building was always on the agenda to visit. There we would get a milk shake and watch as one farmer's daughter had her life size likeness carved in butter. They would even bring out a tray of butter chips served on crackers for us to taste, as the artist shaped the block into a pretty girl's face.

As the day progressed, we would head toward the grandstand to see three levels of merchandise waiting for us to purchase. I still recall one year as we walked down Dan Patch Avenue, one of my dad's friends saw us and headed toward us. His greeting to my father was, "the things you see when you don't have a gun." And then they laughed and talked, leaving this ten-year-old boy contemplating their silly banter.

One of the less pleasant experiences of my life took place in the grandstand one year. There were salesmen pitching their vacuum cleaners, mops, sewing machines and every house hold appliance made. For some reason the guy demonstrating a liquefier caught their attention. He would chuck every inedible food product into this machine and after grinding it into a juice, he would pour some into a tiny Dixie cup and hand it out to the observers. I watched in horror as vegetables and a whole egg went in the top and then was dispensed into sample size portions for unsuspecting kids to consume. My parents bought this contraption and seeing he had a captive audience, the hawker poured us each a large cup of the brew. I could barely choke down the first batch and now I was given a second large helping. As an obedient child I knew that I couldn't refuse food offered with such good intent.

All of the delicious smells of fair food were suddenly drowned out by this unwanted health drink. I mean how many ten-year-old boys have a taste for vegetable juice?

## A Minnesotan: Trick-or-Treat



By RosaLin Alcoser

Trick-or-treat as a kid is the most magical night of the year. Dressing up and going from house to house getting candy was absolutely one of the best nights of the year growing up.

Don't get me wrong I still love Halloween now that I am an adult; a little too much according to my mother. Every year I still dress up in custom, decorate my home and take part in all of the Halloween activities.

As a kid going out trick-or-treating was one of my favorite events of the holiday. But now that I am on the other side of the door handing out the candy a little bit of the magic of trick-or-treat has vanished.

The first Halloween I was out of school, I didn't get the chance to participate in

trick-or-treat on Halloween night because I was traveling and then the second year was the pandemic which frankly was a lost year for us all.

Which means that last Halloween was truly the first one that I was the one on the other side of the door handing out candy and listening for a knock at my door.

Now I live in an apartment building that gives every resident an orange paper sign to tape to the door to let the children in the building know that it's OK to trick-or-treat at that apartment.

I think that night I had made 5 or 6 trick-or-treaters in total for the whole night; mainly the ones who live on my floor and a few who were clearly going to every floor in the building.



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THEME: FINISH THE LYRICS

- ACROSS**
1. Fake deal
  5. Dashboard acronym
  8. Oxen connector
  12. Guesstimate phrase (2 words)
  13. Give a darn
  14. Exhibitionist
  15. It's OTAN in French
  16. Carbon monoxide lacks this
  17. Geometry class prop
  18. \*Lou Reed: "She says, "Hey babe, take a walk on the \_\_\_\_\_"
  20. European "curtain"
  21. Mustangs, e.g.
  22. Campaign pro
  23. Cause of wheezing
  26. Men's Colonial headgear
  30. Fib
  31. \*Bon Jovi: "Take my hand, we'll make it I swear. Woah, livin' on a \_\_\_\_\_"
  34. The only thing to fear?
  35. Small and round, eyes description
  37. Future fish
  38. Alabama civil rights site
  39. Tangelo
  40. Shape clay, e.g.
  42. James Corden's network
  43. Awaited deliverer
  45. Same as lathees
  47. 0 meridian acronym
  48. World-weary
  50. Prefix with legal
  52. \*Aerosmith: "Sing with me, sing for the year. Sing for the \_\_\_\_\_"
  55. Siberian prison
  56. Pakistani language
  57. \*Dionne Warwick: "I think I'm going out of my \_\_\_\_\_"
  59. Rapidly
  60. Cheese app
  61. "Cogito, \_\_\_\_\_ sum"
  62. Diamond's corner
  63. European Economic Community
  64. Whiskey grain, pl.

- DOWN**
1. \*Kansas: "Carry on, my wayward \_\_\_\_\_"
  2. "Stick in one's \_\_\_\_\_"
  3. Italian wine region
  4. Dough
  5. \*The Buggles: "Video killed the \_\_\_\_\_"
  6. Cattle controls
  7. BÉBÉ's mother
  8. \*Elton John: "And it seems to me you lived \_\_\_\_\_"
  9. Capital of Norway
  10. Hiking sandals brand
  11. Mess up
  13. Show's other star
  14. Rap sheet listing
  19. Negative house description
  22. p in #5 Across
  23. Michael Jackson's "Thriller", e.g.
  24. Military blockade
  25. Bluish greens
  26. Banana leftover
  27. \_\_\_\_\_'s, grape jelly brand
  28. Many iambs
  29. \*Guns N' Roses: "Take me down to the paradise city where the \_\_\_\_\_"
  32. Missouri capital tourist attraction
  33. \*ABBA: "Waterloo - knowing my fate is to be with \_\_\_\_\_"
  36. \*Queen: "You got mud on your face, you big \_\_\_\_\_"
  38. Hiding place
  40. Aptitude test acronym
  41. Black Death
  44. Picture
  46. Restraint
  48. Ballet rail
  49. Playful
  50. Immature butterfly
  51. Unfortunately, exclamation
  52. Jiffy's grease
  53. Spooky
  54. Uncontrollable anger
  55. Loquacious person's gift
  58. Not don'ts

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

## Deer vs. Motorcycle

By Wabasha County Public Health

Minnesota's large deer population makes them a safety hazard on the road all year long, but deer-vehicle crashes peak in the autumn months. Although all motorists need to be extra cautious as the weather cools down, deer crashes can be especially dangerous for motorcyclists — a group which accounted for 15 of the 18 vehicle-deer related deaths in the last five years (2016-2020).

Deer are unpredictable — they stop in the middle of the road, they cross and quickly re-cross back, and sometimes even move toward an approaching vehicle. While it is important to plan ahead for unexpected situations, strategy isn't enough if you don't have the skills to execute it. Rider training helps new riders develop skills and earn a license, while returning and experienced riders can sharpen their skills. The skills learned in the training can save your life.

Sadly, motorcyclist traffic fatalities overall are the highest they've been in several years. Through Sept. 26, preliminary figures show 76 motorcyclists have died on Minnesota roads so far this season. At this time in previous years, that compares with 59 deaths last year, 56 in 2020 and 40 in 2019. All the more reason to take rider training, learn the skills to avoid deer crashes and other hazards on the road, and for riders and drivers to work together to make safety a priority for the remainder of the motorcycle season.

### Motorcyclists Safety Tips to Avoid Deer Crashes:

- Avoid night and low-light riding periods. Be especially cautious from 6 - 9 p.m., when deer are most active.
- A rider's best response when encountering a deer is to use both brakes for maximum braking and to keep your eyes and head up to improve your chances of keeping the bike up.
- Use high beams as much as possible at night, especially in deer-active areas.
- Watch for the reflection of deer eyes and for deer silhouettes on the shoulder of the road.

If anything looks slightly suspicious, slow down.

· Slow down in areas known to have a large deer population — such as areas where roads divide agricultural fields from forest land.

· High visibility gear can assist other driver's in seeing you better; whether it's while making an evasive maneuver to avoid a deer or laying on the roadway after impacting a deer.

When deer cross the road, they don't look twice for motorcycles. Stay alert and always wear full protective gear to protect yourself in case of a crash.



## For Sale by Bid 1987 Dodge W250 Brush Truck



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**The City of Nerstrand reserves the right to reject all bids.**

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<p>4WD, 19,731 miles, 2.3L ecoboost, rapid red #22105U</p>	<p><b>SALE</b> <b>\$41,499</b></p>	<p>White, 2.0L flex fuel, four door hatchback, 38,939 miles #22012D</p>	<p><b>Call for Price</b></p>	<p>AWD, red, 2.0L ecoboost turbocharged, 16,556 miles #22124U</p>	<p><b>SALE</b> <b>\$35,357</b></p>	<p>Gray metallic, 5.0L V-8, four door super crew, 166,251 miles #21217U</p>	<p><b>SALE</b> <b>\$16,459</b></p>
	<p><b>2017 FORD EDGE</b></p>		<p><b>2021 FORD F-150</b></p>	<p><b>TAKING A ROAD TRIP?</b></p>		<p><i>At Milo Peterson Ford Co., our highly qualified technicians are here to provide exceptional service in a timely manner.</i></p> <p><i>From oil changes to transmission replacements, we are dedicated to maintaining top tier customer service, for both new and pre-owned car buyers! Allow our staff to demonstrate our commitment to excellence. Call our service department to schedule your maintenance needs. Open Monday thru Friday 7:30am to 5pm.</i></p> 	
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