



Goodhue-Bellechester Messenger

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Announcements

Save The Date

The Goodhue Gesundheit 4-H club is in the early planning stages of a 90th birthday celebration featuring a noon potluck picnic at Rosie Park on July 24th. All past and current members, parents and leaders are encouraged to attend. The event will coincide with the Historical Society Museum open house from 1-4 pm the same day.

- **Belvidere Happy-Go-Luckies 4-H Club** (usually) meets the first Monday of each month at 7p.m. at St. Peter's Church, rural Goodhue. New members are always welcome! Contact club leader Michelle Benrud at 651-923-5247 for more information.
- **The Goodhue Area Historical Society Museum** is open for the season. June thru August Thursday & Sunday 1 to 4pm. For after hours appointments call Marie 651-923-4302 or 651-301-5731.

Do you have an announcement?
Email:
hometownmessenger@gmail.com

Purple Ribbon Fund Has Its Roots In The 4-H Auction

By Beth Brekke

The Goodhue County Purple Ribbon Fund is a 501(c)(3) organization that was formed using the mission statement "to better the Goodhue County youth". The fund offers monetary awards to graduating seniors that have been in 4-H for at least six years with a goal of expanding the awards to other youth organizations in the future. Although a more inclusive effort was already underway, the recently formed non-profit grew from a long-running effort to help kids with the cost of raising 4-H market animals.

The Goodhue Co. 4-H Livestock Auction was started in 1968 when Jim Bryan, Jim Foss, Don Webster, Gerald Meyer, Morris Nysteun, LaMar Juliar, and Dick Houghton formed the Goodhue County Livestock Auction Committee. *(continued on page 4)*

Rural Roots Salon opens in Goodhue

Hannah Dicke opened a hair salon in the old Doc Sawyer building in February. Hannah grew up on a small farm south of Owatonna where she showed horses and cattle.



(continued on page 3)



Noah Schaefer received a generous premium for his hog at the 2021 Minnesota State Fair thanks to 26 contributors to the Goodhue County Purple Ribbon Fund. Back Row: Derrick Dicke, Kevin Altendorff, Shannon and Matt Schaefer. Front row: Noah, Elih, and Macy Schaefer, and Chase Dohrn feeding the hog.

News From The Historical Museum

By Beth Brekke

The 27th Annual Meeting of the Goodhue Area Historical Society convened on Monday, March 21, 2022 at 7 PM at the Lion's Community Center. Chairman Dave Betcher welcomed one of the largest crowds to ever attend the annual meeting, joking that no one could leave until they paid their membership dues. *(continued on page 5)*



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Hope Breaks Through

Hope, what is hope? According to Miriam Webster, Hope is: desire accompanied by expectation of or belief in fulfillment"

Over this past couple of years, we have all faced challenges of some kind. Some were personal, others were concerning the world we live in and the community we are a part of. For some the feeling of hopelessness and depression were daily companions.

I want to share a couple of stories of hope that came out of the last couple of years. In Beatrice, Nebraska Jorja Boller has been a volunteer at her local nursing home, Good Samaritan Society and she wanted to do something to brighten their days. So, Jorja brought Peanut, her pony, to the window so the residents could see her. Robin Gascon, the director of marketing and resource development at Good Samaritan, said they were "so excited."

"They would see the staff come to the window and they would wave and you could tell right when their eyes saw the pony because they instantly lit up with smiles from ear to ear!" she told Insider's Zoe Ettinger.

There are many stories like these over the last couple of years. At the Zumbro Valley Food shelf and at South Troy, we've been a part of stories of hope as well. One day a single mom came and received clothing and food for her family when she didn't know where else to turn after she saw the banner outside for the food shelf. Another had just lost her job and didn't know how she was going to make ends meets- then she stopped and was able to get food from the food shelf.

We were also able to pray with her and offer her hope. These are only a couple of the stories that we were humbled to be a part of in our community. Each of these acts of kindness brought hope to their recipients. Hope can turn a very dark time to one with a light at the end of the tunnel.

Easter is all about hope. For believers- followers of Jesus- Easter is culmination of all the hopes that God carries for His people. Hope is powerful. The opposite of hope is despair, which can paralyze us, but hope energizes and mobilizes us. Our hope affects those around us, lifting them up and lifting us up as well.

On that very first Easter morning, the disciples were huddled together feeling defeated, afraid, and depressed. They had lost hope. They had believed that Jesus- their friend was going to be the next King of Israel- they thought he was God- or at least sent by God-

But as they had watched his life ebb away 3 days previously, so their hope had ebbed away as well. When 2 followers of Jesus were talking to a stranger (they thought) later, they said, " We had hoped he was the Messiah who had come to rescue Israel. This all happened three days ago." Luke 24:21.

It really should be no surprise that on that first Easter morning- it was the women that felt they had to go to the tomb first thing and rightly prepare the body for burial. They felt that Jesus was hurriedly wrapped and placed in Joseph of Arimathea's grave so they needed to go and take care of it—they loved Him, and it was the last outpouring of love they could give their friend Jesus.

When they arrived at the cemetery- to the tomb- they discovered that the huge stone covering the opening was gone! Despite their sadness, despite their hopelessness, they brought the spices to the tomb. When they arrived, they didn't know what to think!

The tomb was empty—they were stunned and perplexed. Jesus body was gone! Let that sink in- they went there to put spices on him, rewrap him and prepare him for eternity a gift of love to Jesus through this last act... and their Savior is GONE!

Then 2 men appear in front of them- in dazzling robes. Not what you expect at an empty tomb! When they saw these men- they were terrified- they were experiencing something that they had never seen before! They knew these guys weren't just men-- they were angels- These guys had the

women's attention the ladies fell to the ground. They had an encounter with God's messengers.

I love the angels question to them: "Why would you look for the Living One in a tomb? He is not here, for he has risen!" Why would you be looking for LIVING ONE in this tomb? The tomb is where we look for those other gods- those that aren't real- the statues, those made from wood, stone and crystal- those that neither hear nor speak to us. Muhammad can be found in his grave in Medina, Saudi Arabia, we can visit The cremated remains of what an inscription says is the Buddha, also called Siddhārtha Gautama, have been discovered in a box in Jingchuan County, China, but the grave of Jesus is empty!

The angels ask the women- why are looking for the Living One among the dead—HE is alive—He is real! Jesus had told them several times that this was going to happen. At the time, it was just too crazy to believe. They had no point of reference to turn back too. No one had been dead three days to rise and live again. They saw him brutally beaten, and hung to die on the cross- For Jesus to be alive was IMPOSSIBLE—wasn't it? As the angels reminded them, they remembered, now... Oh - yeah—lightbulb moment- and extreme joy!!! Jesus is alive!

How important is the resurrection to our hope in God? It is what everything hinges on. Without the resurrection we have no living god to believe in. Paul put it succinctly when he said that if our hope in Christ is

only for this life—that is, if the resurrection was a ruse, and we have been fooled into believing in a life-after-death that will never come—then we are "of all people most to be pitied" (1 Cor. 15:19). The resurrection is foundational.

First, the resurrection is proof that Jesus is who He said He is and that He can do what He said He can do.

Second, the resurrection is our confidence that death will not be the end for us. The last enemy that shall be destroyed is death (1 Cor. 15:26), but that's only true if our God has truly defeated it already.

Finally, the resurrection gives us confidence that our King is still alive and involved.

The women at the tomb, and the disciples later-- Their hope wasn't in a dead god that taught a good way to live. Their hope wasn't in a prophet or an earthly King. Their hope was built on the Living One, Jesus Christ- the Risen Savior. They went beyond their fears and believed. They knew that Jesus was alive forever more- they knew that He would be with them to the end of the age, this Hope filled these followers of Christ and they in turn were able to turn the world upside down with the Good News that Jesus is Alive- Hope was born that first Easter Sunday! This same Hope is available to us today too.

Jesus broke through the barriers of death and the grave. He broke through the chains of sin and the pain of this world. Jesus is the hope for you now and for you in the future.

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211 4th St. N., Goodhue • 923-4472
Parish Office Hours, Mon.: 9:00AM - 2:00PM
(Holy Trinity Parish Office has sacramental records for St. Mary, Bellechester, and St. Columbkil, Belle Creek, since merger in 2013).
Sat.: 4:45PM - 5:20PM Confession, 5:30PM Holy Mass (Sunday vigil)
Tues.: 8:00AM Holy Mass
Wed.: 8:00AM Holy Mass, 9:00AM - 2:00PM Eucharistic Adoration
Rosary said 25 minutes before Holy Mass
All are WELCOME! But receiving Holy Communion are for those who are of age and practicing the Catholic faith.
We practice because we are not yet perfect!

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Father Thomas McCabe • www.holytrinitygoodhue.org
221 Chester Avenue • 923-4472
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Sun.: 8:15AM - 8:35AM Confession, 8:45AM, Holy Mass
Mon.: 8:00AM Holy Mass, 6:30PM - 9:00PM Eucharistic Adoration
Rosary said 25 minutes before Holy Mass
All are WELCOME! But receiving Holy Communion are for those who are of age and practicing the Catholic faith.
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ST. COLUMBKILL CATHOLIC CHURCH

Father Thomas McCabe • www.holytrinitygoodhue.org
County Road 47, Goodhue • 923-4472
(Holy Trinity Parish Office has sacramental records for St. Mary, Bellechester, and St. Columbkil, Belle Creek, since merger in 2013).
Sun.: 10:30AM Holy Mass
Thurs.: 8:00AM Eucharistic Adoration/Confession, 9:00AM Holy Mass
Rosary said 25 minutes before Holy Mass
All are WELCOME! But receiving Holy Communion are for those who are of age and practicing the Catholic faith.
We practice because we are not yet perfect!

GRACE EV. LUTHERAN CHURCH (WELS)

Pastor Martin Weigand
39774 Co. 4 Blvd., Goodhue • 651-923-4624
gracelutheranchurch@gmail.com • www.gracestpeters.org
Sunday Morning Worship 8:30a.m. with communion on the second and fourth Sunday of each month.
Sunday School at 9:30a.m., Sunday Bible Study at 9:45a.m., Confirmation Class 5:45 on Wednesday at St Peter's, 8:30a.m. Quilting and Bible Study on Wednesday at St Peter's, and 10:30a.m. Midweek Bible Study on Thursday at St Peter's.

AREA CHURCH DIRECTORY Lord, King, and Savior

Scripture Reading — Isaiah 32:1-8
Each one will be like a shelter from the wind and a refuge from the storm, like streams of water in the desert. — Isaiah 32:2

How amazing parents are! They sacrifice so much for their children and are eager to provide opportunities for them. A key preoccupation of seafarers during their visits to ports around the world is to buy books, toys, and clothes to bring back for their children. Parents show love and protection in so many ways for their children, and God does the same for us.

In Isaiah 32, God shares a wonderful announcement. This comes in the midst of warnings to God's people, who have turned away from him to rely on the power of other nations (see Isaiah 28-31). But even though the people have been unfaithful, Isaiah reminds them that God has promised a kingdom of righteousness.

Today we know that the King who "will reign in righteousness" is Jesus, and leaders who follow his ways will rule with justice. This means that everyone—young and old, men and women, parents and children—all will be able to flourish and learn and grow in peace.

God's kingdom is a refuge from the storms and troubles of life. The Savior, Jesus, has given us new life and promises it "to the full" (John 10:10). We need not fear or dread the future. Families and communities can thrive. And our King invites us to welcome others in from the storm.

Prayer
Lord, King, and Savior, you are our refuge and strength. You care for us with love and compassion. Help us to care for and love others as you have done for us. Amen.

ST. JOHN'S EV. LUTHERAN (WELS)

Pastor Randall Kuznicki
Minneola Twp. Co. Rd. 7, rural Zumbrota
Sunday Worship 10:00 a.m.; Communion 3rd Sunday
Sunday School and Bible Studies (Adult & Teen) 11:00a.m.

ST. PETER'S LUTHERAN CHURCH, MISSOURI SYNOD

Pastor Steven Frentz
28961 365th St., Goodhue
651-923-4438
Email: stpeter@sleepyeyetel.net
10:30a.m. Worship

Email your church announcements, schedule to the Messenger at: hometovmmessenger@gmail.com

MINNEOLA LUTHERAN CHURCH

Pastor Hannah Bergstrom de Leon
www.minneolalutheranchurch.com
13628 Cty. 50 Blvd., Goodhue • 824-2685
9:30am Sunday School
10:30 am Sunday Worship
Wednesdays- 6:00pm Confirmation at Lands
Communion on alternating Sundays

Holy Week:
April 10th - Palm Sunday - Worship at 10:30am w/ communion
April 14th - Maunday Thursday - Maunday Thursday/Good Friday Service 7pm
April 17th - 8am-9am Easter Breakfast - served by Youth Board - Pancakes, Sausage, fruit and beverages; free will offering
April 17th - 9:30am Easter Day Worship w/ communion

ST. JOHN'S EV. LUTHERAN CHURCH (WELS)

Pastor Robbin Robbert
36620 Co. 4 Blvd., Goodhue • 651-923-4773
Sunday 9:00am Worship
Communion offered on the 2nd & 4th Sundays.

ST. LUKE'S LUTHERAN CHURCH (ELCA)

Pastor Eric Hanson
PO Box 276, 308 1st Ave., Goodhue
Email: office@stlukegoodhue.org • 651-923-4695
Sunday School 8:30a.m.; Sunday Worship 9:30a.m.
Wednesday Night Worship 6:45p.m.

*Check our website for changes: www.stlukegoodhue.org
4/14: 6:45pm Maundy Thursday worship; 4/15: 6:45pm Good Friday worship; 4/17: Easter Sunday 7AM outdoor worship at Zion Church and 9:30AM worship at St. Luke Church.

ST. PETER'S EV. LUTHERAN CHURCH (WELS)

Pastor Martin Weigand
702 West Third Ave., Goodhue, MN • 715-441-5086
Sunday Morning Worship 10:45a.m. with communion on the second and fourth Sunday of each month.
Sunday School at 9:30a.m. at Grace.
Sunday Bible Study at 9:30a.m., Confirmation Class 5:45p.m. on Wednesday, 8:30a.m. Quilting and Bible Study on Wednesday, and 10:30a.m. Midweek Bible Class on Thursday.



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Therese Marie Bien

Therese Marie Bien, age 92, formerly a longtime resident of Goodhue, died on Saturday, January 8, 2022 at Fairview Southdale Hospital in Edina.



Therese was born on January 22, 1929 in Goodhue, MN, the daughter of Vincent G. and Agnes R. (Guenther) O'Reilly. She graduated from Goodhue High School and went on to Minnesota School of Business.

She married Vaughn Bien on September 15, 1949 at St. Columbkil Catholic Church. They raised seven children together. She was a mother, homemaker, sold Avon, and book-keeper for the Goodhue Elevator and later for the Sleepy Eye Telephone Company. Therese was very active in the Goodhue Community. She not only supported her husband's works, but also worked the blood mobiles, active in the Lioness Club, Holy Trinity Church, ladies aid, and a strong advocate for the swimming pool. At one time, she was a Boy Scout leader and a Girl Scout leader. Somewhere she found the energy to also go to her kids' activities.

She and Vaughn loved to travel in the U.S. and overseas (Ireland being her favorite) and winter in Florida. She loved playing any type of card game. She enjoyed baking pies, bread, and Christmas cookies along with loving spending time with her children, grandchildren, and great grandchildren. In her 80s, she rode on a tube behind a boat on the lake with family help. This was quite a feat since she was petrified of the water. She was just working on her bucket list.

She is survived by her brother, Larry (Jerry Osborne) O'Reilly of Anaheim, CA; sister-in-law, Carol Bien of Hastings; her children, Kathy Johnson, Cherie (Richard "Dick") Bien-Coffman of Eagan, Kerry (Pat) Bien of Goodhue, Vaughn, Jr. "Bud" (Bernadette) Bien of Burnsville, Tim (Denise) Bien of Shakopee, and John (Andrea) Bien of Savage; grandchildren, Jody, Jeremiah, Kellie, Sean, Vaughn III "David", Megan (Scott) Roehl, Tommy, Amber, Brody, and Olivia; great grandchildren, Alissa, Alex, JJ, Devon, Liam, and Kyler; step grandchildren, Jennifer (Ryan) Korte, Tiffany (Greg) Blaszer, Dan (Sarah) Deters, and Joe (Laura) Deters; step great grandchildren, Abbie, Ella, Ezra, Jacob,

and Thomas; and nieces and nephews.

She was preceded in death by her parents; husband, Vaughn on May 17, 2021; son, Thomas "Tommy"; grandson, Joel; and brothers, Gerald "Lefty" O'Reilly, Donald O'Reilly, and James O'Reilly.

We would also like to express our gratitude to Cannon Rivers Senior Living, Regents AL, and the care team at Fairview Southdale for their wonderful care.

Visitation was held on Monday, March 21 from 4-7 pm at St. Columbkil Catholic Church, Belle Creek. A Mass of Christian Burial was held on Tuesday, March 22 at 11 am, with visitation from 10-11 am, at Holy Trinity Catholic Church, Goodhue. Interment was at St. Columbkil-Holy Trinity Cemetery. The mass was live-streamed and the link is available at www.LundbergFuneral.com under Therese's obituary.

Arrangements by Lundberg Funeral Home, Cannon Falls. www.LundbergFuneral.com.

Evans Josephson

F. Evans Josephson, 88, died at his home on Sunday, February 27, 2022, of multiple myeloma (cancer in his bone marrow). He was born August 20, 1933 to Emil and Florence (Jackson)



Josephson in Red Wing, MN. He

was baptized, confirmed, and will be buried at his life-long church home, Vasa Lutheran, Vasa, MN.

Evans married Norlene (Lawson) at Holden Lutheran Church (Kenyon, MN) in 1963. Until his cancer diagnosis, Evans and Norlene lived on their farm near White Rock, where they raised their children. Norlene taught school and Evans farmed. Through the years, he also worked hauling milk to the local Vasa and Belle Creek Creameries, and later hauling livestock for Elmer Pagel. Evans was very proud of his Swedish heritage, loved to read, and enjoyed coffee with friends and family, or a good farm auction. Before marrying and starting a family, Evans had served honorably in the U.S. Army, stationed in the U.S. from 1954-1956. He was always proud of the military service of the generations of his family and community.

Evans and Norlene moved from their farm to Cannon Rivers Senior Living in Cannon Falls following Evans' cancer diagnosis and treatments. It was a huge change for Evans but he quickly came to enjoy the good friends and conveniences there. Evans' fam-

ily is very grateful to the staff at Cannon Rivers Senior Living, Mayo Health System, and Moments Hospice for the excellent, compassionate care they provided him. It allowed him and his family to enjoy his strong independence until the final few days of his life.

Evans is survived by his wife of 58 years, Norlene of Cannon Falls; two sons, Jim (and Theresa) of White Rock, and Dan (and Allison) of Cannon Falls; and one daughter, Sue (and Gary) Duden of Nerstrand; six grandchildren, Krystal (and Quinton) McBride, Katie (and Alec) Hervey, Karen (and Matt) Berg, Amanda (and Trevor) Hodgman, Brady Chicos (and Ellen Kurtz), and Dylan Tupa (and Cierra Swenson); and three great-grandchildren, Paycen and Sienna Hodgman, and Oscar Berg.

Evans was preceded in death by parents Emil and Florence Josephson, and all of his siblings, Ardyce, Willard, Wendell, Wesley and Joyce.

Evans chose to be cremated, and his memorial service was held on Monday, March 7 at 11:00 am, with visitation from 10-11 am, at Vasa Lutheran Church. Pastor Maureen Hagen officiated. This service was live-streamed and available to watch at www.LundbergFuneral.com under Evans' obituary. Honorary urn bearers were his grandchildren. Memorials are preferred to the Vasa Lutheran Church or the Vasa Museum. Interment with military honors will be held at a later date at the church cemetery.

Arrangements by Lundberg Funeral Home in Cannon Falls. www.LundbergFuneral.com

Mary Carpenter

Mary Carpenter, age 76 of Cannon Falls, MN, died on Tuesday evening, March 1, 2022, at Cannon Rivers Senior Living.



Mary Ann Cray was born on June 7, 1945 in rural Cannon Falls, the daughter of Archie and Blanche (VanGuilder) Cray. Her mother died when she was an infant, and she was raised by Bill and Bea (VanGuilder) Tharalson until her father took her to California when she was 4. She returned to Minnesota when she was 13 to live with her sister, Laura Groth and attended Cannon Falls High School. She met James "Jim"

Carpenter on a blind date and married him when she was 15. She quit school and the following year their first child, Tammy was born. Tragically, Tammy died as an infant, but they were blessed with 5 more children over the next decade.

Mary worked at Kid Duds and as a waitress at several local restaurants. She attended night school for 2 years to earn her high school diploma in 1976. She became a real estate agent, a career she enjoyed for 10 years. Later on, she worked as a school bus driver, Director of Omnia Family Services in Rochester, and managed the local Super America for several years. A car accident forced her to retire and she and Jim sold antiques at flea markets and Countryside Antiques.

Mary enjoyed many creative hobbies: sewing, macramé, crocheting, card making, and could create elaborate wedding cakes. She and Jim enjoyed life in the country, raising their children, gardening, and caring for their many animals and pets. They hunted, fished, rode horses and motorcycles, and traveled when they could. She was an active member of the Episcopal Church of the Redeemer and loved spending time with her numerous grandchildren and great-grandchildren.

Mary was preceded in death by her husband of 55 years, Jim; daughter, Tammy; sister, Laura Groth; and brother, Willis Kells.

She is survived by her children, Kristine Carpenter of California, John (Debbie) of Cannon Falls, Donna (Paul Seguin) Carpenter of Cannon Falls, Kathy Carpenter of Minneapolis, and Shawn (Wendy) of Randolph; and 15 grandchildren and 12 great-grandchildren.

A visitation was held on Sunday, March 6 from 2-5 pm at Lundberg Funeral Home, Cannon Falls. A memorial service was held on Monday, March 7 at 3 pm at the Episcopal Church of the Redeemer in Cannon Falls, with visitation from 2-3 pm at the Guild Hall. Masks were required at the visitation in the Guild Hall and service in the church. Honorary urn bearers were her grandchildren, Justin, Danielle, Arielle, Bobbi, Tiffany, Arline, John, Carol, Michael, Beth, Brent, Dan, Allyssa, Trace, and Sorcha.

This service was live-streamed and the link is available at www.LundbergFuneral.com under Mary's obituary.

A celebration of life and interment will be held in June at Cherry Valley Cemetery.

Arrangements by Lundberg Funeral Home, Cannon Falls. www.LundbergFuneral.com

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Rural Roots Salon opens in Goodhue

(continued from page 1)

She graduated from the Minnesota School of Cosmetology in 2014 and worked in Rochester at a couple different salons before making the move to her own shop in Goodhue.

Hannah and her husband Alan have two sons and they farm just outside of Goodhue. She is happy to work near home and provide the local community with her salon services.

Rural Roots Salon offers all hair cutting services, women's, men's and children's as well as updos. She is qualified in all color techniques and specializes in hand painted custom colors and blondes. This month she will be adding hand tied hair extensions. She also carries Davines products for retail as well as uses the Davines color line.

Hannah brings her high quality services to Goodhue and looks forward to working with all her customers in the community. You can find her at 207 North Second Street, book an appointment online at her website ruralroots.glossgenius.com or call/text at 507-676-5918.

Purple Ribbon Fund Has Its Roots In The 4-H Auction

(continued from page 1)

Carl Bang, who later became a long-time fairboard member, was the first person to go through the auction with his champion market lamb. It was held outside in front of the sheep barn using wooden fence panels and wooden bleachers.

Auctioneer Don Webster conducted the sale. His sons would take over and continued working the sale until just a few years ago when the Houghton family of auctioneers took over. All auction expenses are donated by the auctioneers or the livestock committee.

There were about 50 animals bought by local supporters and businesses at that first sale. It has evolved into a much larger sale, sometimes exceeding 225 animals. In the early days some animals were available for actual purchase and butchering if they were not going to the state fair. Now it is a premium only auction and the 4-Her retains ownership of the animal. Any member who receives a blue or red ribbon on their market animal is eligible to be in the county auction.

The auction day begins with a buyers' breakfast which is cooked, served, and donated by 4-H. Usually there is some fun that goes on during the 3-hour-long auction in the show arena. Marty Kehren from the Goodhue Lions Club tries to buy the Chicken entries for their Chicken Barbeque the next day and the Pork Producers make him pay dearly.

If any organization, business, or individual would like to participate in the local auction, any amount of money works. Auction committee members canvas local towns and businesses for donations. Mark and Noah Erickson take care of the Zumbrota area, Brandon Schafer does Goodhue/Bellechester, Mark Flom covers Kenyon and Cannon Falls, Kevin Altendorf and Bob Eppen do Red Wing and the surrounding area. Call any one of these people to support the auction and get your name on the big billboard in the show



Lucas Erickson's market lamb was chosen for the 2021 Minnesota State Fair livestock auction and received a premium raised in part by the Goodhue County Purple Ribbon Fund. Pictured with Lucas are Kevin Altendorf, Derrick Dicke, Morgan Berg, and Beth and Will Erickson.

arena for the year.

All money bid goes to Goodhue County 4-H kids. The auction proceeds are split, with the exhibitor keeping 80% and the other 20% going into the 4-H General Fund to defray the cost of State Fair trips for non-livestock exhibitors. The Purple Ribbon Fund originated from a desire to increase this funding and the premiums received by the Goodhue County 4-Hers lucky enough to participate in the State Fair livestock auction. Animals need to earn a purple ribbon at the State Fair and then, only the top few of each species are selected, so it is a very elite group which usually includes 3 or 4 local youth.

To raise this additional funding, organizers started auctioning off gift baskets following the regular county livestock auction. The baskets are donated by the previous year's entrants in the Minnesota State Fair Livestock Auction. Additional donations and funding ideas are being sought by board members and volunteers Derrick Dicke,

Betty Dicke, Brandon Schafer, Noah Erickson, Andy Mann and Bob Eppen. Donations may be sent to: Goodhue Co. Purple Ribbon Fund, 34890 165th Ave. Way, Goodhue, MN

55027. For more information or to pledge a donation, call Bob Eppen at (651) 380-0494.



YOUR ALERTNESS OUR COMMUNITY

During planting season, farmers do their part to feed the world, so please slow down and do your part to keep them safe. Remember to share the road. Trust in Tomorrow.®

Brandon Haidar and Jerry Tipcke
www.Vothinsurance.com
109 N Broadway
Goodhue, MN 55027
Phone: 651-923-4048
agent@vothinsurance.com



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JESUS LOVES YOU

All children 3 years old through 4th Grade are invited to Grace Lutheran Church - 39774 County Blvd, Goodhue On Saturday, April 16, 2022 from 9:00a.m. - 11:30a.m.

For an Easter Party!!

There will be children's devotions, singing, crafts, snacks, and an Egg Hunt.

COME JOIN THE FUN!

Questions? Call Shelley Poncelet 651-212-3219

To register to come go to gracespeters.org and choose Easter for kids April 16th on the tool bar.



News From The Historical Museum

(continued from page 1)

A presentation on sports in Goodhue during the 1960's and '70's was given by Tim McNamara following the business portion of the evening.

Reports were given by various board members highlighting the groups many activities. Recent projects included new roofing due to storm damage, new landscaping and new reception area furniture. Recent in memoriam donations were recognized. While the historical society's auction has always been the main fundraiser for the group (bringing in more than \$10,000.00 in 2021), new ideas are being sought.

The museum is always accepting items for the military display. Photos and information on any area person who has served in any branch of the military at any time are welcome. The Historical Society is also working with individuals planning a Hero's Memorial to be placed on museum property. A designer's rendition of the memorial was available for viewing at the meeting. The money for this project was donated by the Dick Bandid estate.

Some things that are currently on display, or will be over the Summer, include a restored 1938 Farmall F20 tractor donated by Chuck Johnson and a Model A car on loan from Bob Eppen. A unique recent addition is a cement fence post. These posts were hand-made by farmers and seemed to be especially popular in the Featherstone area.

Betcher introduced Sherri Salmans, a South-



Sherri Salmans, a California native with a Goodhue connection, donated this playbill thought to be from 1910. A popular show at the time, it was to feature local talent at the Anderson Hall in town.

ern California native with a Goodhue connection. Her grandmother, Pearl Davis, lived in Goodhue and sparked Sherri's interest in the town. She has made occasional visits since 1995 and says she likes collecting Goodhue things. She presented 2 items from her collection as a donation to the historical museum. The first item is a framed playbill advertising a show to be held at Anderson Hall on December 9th. No year was given but is thought to be 1910. The second item is a postcard dated 1-25-1919 addressed to Corporal Fred Vieths sent from his wife, Frieda. Although Frieda died in 1984, many will remember her operating Vieths' Store in downtown Goodhue.

A unanimous ballot was cast to re-elect Dave Betcher, Marie Strusz and Ron Fredrickson to the board of directors that also includes Elroy Rusch, Dan O'Connor, Don Gadiant, Karen O'Reilly, Diane Opsahl and Barry Holst. They would like to thank all volunteers and invite anyone to participate in the annual Spring cleaning and painting days May 18th and 19th. There will be an open house held on July 24th featuring a demonstration on the museum's loom.

The business meeting adjourned and gave way to the featured speaker.

(See related article to the right.)

A Look Back At Goodhue Wildcat Sports



1973 Goodhue graduate Tim McNamara was the keynote speaker at the Goodhue County History Museum's annual meeting held March 21st. He shared his extensive knowledge of the history of Goodhue Wildcat sports in the 1960's--70's

By Beth Brekke

Although he now lives in Farmington, Tim McNamara still considers Goodhue home. He was feeling pretty good about the sports presentation he had prepared for the annual meeting of the history museum on March 21st until that morning when he read from Luke chapter 4. He took pause at Verse 24 that warned him that he may not be accepted in his home town.

He continued with a disclaimer that his presentation may not be all-inclusive nor 100% accurate. Laughter from the crowd assured the 1973 graduate that they were a willing audience.

Starting out with football, McNamara showed slides of interesting facts about the teams and pictures mainly taken from old yearbooks. The 1961 team scored a total of 183 points compared to the 8 combined season points of all opposing teams. The 1962 team likewise dominated their opponents 243:26. Conferences, divisions and classes changed throughout the years. Football playoffs started in 1972 with 4 teams in each of 5 classes. The current class system was created in 1997. The present football field was first used in 1961. Lights were added as a stipulation of being accepted into the Wasioja Conference which Goodhue joined because the Centennial Conference had no wrestling program.

Goodhue started a wrestling program with the 1964-65 season. Early uniforms consisted of a tank top and shorts worn over tights. A more modern uniform with "Goodhue" written lengthwise down the front came in 1971 at the request of Coach Bill Sutter. He said anyone could be a Wildcat but Goodhue made them special. The program was wildly successful under Sutter's coaching beginning in 1969.

Coach Sutter himself won many awards. He also coached the boys cross country team that originated in 1974.

In 1972 a lawsuit against the St. Cloud School and enactment of Title IX across the country changed girls' sports everywhere. The law says that students cannot be denied participation in any school program solely based on their sex. Goodhue native and US Federal Appellate Court Judge Gerald Heaney upheld the ruling on appeal. Previous to this time, Goodhue had a Girls' Athletic Association whose activities included trampoline and badminton. The Girls' Recreation Association was created later, adding skiing and a "play day" which included roller-skating, bowling and a mother-daughter tea. Girls were also allowed to be cheerleaders.

Girls' sports started in 1973 with volleyball led by Coach Ed Stern and basketball having Coach Retzlaff who was also known as "Sarge". The 1974-75 season saw the start of girls' track with 7 participants and softball began in 1979.

A self-described "uniform geek", Tim McNamara pointed out many interesting details of the players' jerseys, helmets and even socks shown in the photos of each sport. Early slides looked as far back as baseball and boys track in 1959 and the Centennial Conference champion basketball team of 1960. He noted that the 1970-71 team was unique in having 5 Lodermeier boys playing (Dick, Al, Willie, Larry and Roy). The team holds the record for the most points scored in a game with 102, which actually happened twice in '71. A few photos even showed McNamara in action--which proved he did not spend all of his time on the bench, which he described as "the best seat in the house".

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Goodhue Places 3 wrestlers at the Minnesota State Wrestling Tournament!

*Ryan Bortz places 2nd and Lucas Bortz places 3rd at 120 LBS!
Maddox O'Reilly places 5th at 138 LBS!*

MSHSL State Championships Results for Goodhue

113A
Ryan Bortz (36-6) placed 2nd and scored 0.0 team points.

Champ. Round 1 - Ryan Bortz (Goodhue) 36-6 won by major decision over Issac Guzman (Canby) 13-16 (MD 11-1)

Quarterfinal - Ryan Bortz (Goodhue) 36-6 won by decision over Zach Remer (Mille Lacs Raiders) 44-3 (Dec 2-0)

Semifinal - Ryan Bortz (Goodhue) 36-6 won by decision over Donovan Schmid (Blackduck/Cass Lake-Bena/Kelliher Bears) 39-2 (Dec 1-0)

1st Place Match - Nolan Ambrose (Jackson County Central) 52-0 won by decision over Ryan Bortz (Goodhue) 36-6 (Dec 6-3)

120A
Lucas Bortz (47-5) placed 3rd and scored 0.0 team points.

Champ. Round 1 - Lucas Bortz (Goodhue) 47-5 won by decision over Zack Chen (Trinity School At Rivers Ridge) 21-5 (Dec 5-1)

Quarterfinal - Devin Carter (Tracy-Milroy-BalatonWestbrook-Walnut Grove) 46-7 won by major decision over Lucas Bortz (Goodhue) 47-5 (MD 9-1)

Cons. Round 1 - Lucas Bortz (Goodhue) 47-5 won by fall over Zach Hendrickson (United North Central Warriors) 19-17 (Fall 3:36)

Cons. Round 2 - Lucas Bortz (Goodhue) 47-5 won by decision over Gavin Albers (LPGE-Browerville Wolves) 43-4 (Dec 5-3)

Cons. Semi - Lucas Bortz (Goodhue) 47-5 won by decision over Teagyn Ludwig (Eden

Valley-Watkins) 34-15 (Dec 4-2)
3rd Place Match - Lucas Bortz (Goodhue) 47-5 won by decision over Masyn Patrick (Holdingford) 35-9 (Dec 7-5)
138A

Maddox O'Reilly (39-9) placed 5th and scored 0.0 team points.

Champ. Round 1 - Maddox O'Reilly (Goodhue) 39-9 won by decision over Zach Thompson (Fosston/Bagley) 31-10 (Dec 7-1)

Quarterfinal - Maddox O'Reilly (Goodhue) 39-9 won by fall over Lucas Jurek (Kimball Area) 41-14 (Fall 3:05)

Semifinal - Christian Pater (Blackduck/Cass Lake-Bena/Kelliher Bears) 32-3 won by decision over Maddox O'Reilly (Goodhue) 39-9 (Dec 9-3)

Cons. Semi - Thomas Freking (Jackson County Central) 45-11 won by decision over Maddox O'Reilly (Goodhue) 39-9 (Dec 5-1)

5th Place Match - Maddox O'Reilly (Goodhue) 39-9 won by decision over Lucas Jurek (Kimball Area) 41-14 (Dec 1-0)

160A
Makae O'Reilly (38-12) place is unknown and scored 0.0 team points.

Champ. Round 1 - Makae O'Reilly (Goodhue) 38-12 won by fall over Ashton Danner (West Central Area/Ashby/Brandon-Evanville) 31-12 (Fall 1:26)

Quarterfinal - Coy Gunderson (Kerkhoven-Murdock-Sunburg) 47-4 won by major decision over Makae O'Reilly (Goodhue) 38-12 (MD 13-3)

Cons. Round 1 - Makae O'Reilly (Goodhue) 38-12 won by decision over Rhett Hudoba (Ogilvie) 37-15 (Dec 3-2)

Cons. Round 2 - Eion Ness (United North Central Warriors) 46-9 won by decision over Makae O'Reilly (Goodhue) 38-12 (Dec 3-1)

220A
Cody Lohman (29-10) place is unknown and scored 0.0 team points.

Champ. Round 1 - Jaxon Behm (Atwater-Cosmos-Grove City) 41-5 won by decision over Cody Lohman (Goodhue) 29-10 (Dec 4-2)

Cons. Round 1 - Cameron Wieneke (Adrian Area) 30-12 won by fall over Cody Lohman (Goodhue) 29-10 (Fall 4:47)

285A
Caleb Kurtti (24-9) place is unknown and scored 0.0 team points.

Champ. Round 1 - Keegan Kuball (Wem/jwp) 37-4 won by fall over Caleb Kurtti (Goodhue) 24-9 (Fall 4:48)

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Win More Friends With Your Ears Than Your Mouth



By Harvey Mackay

Listening is in danger of becoming a lost art. This dated anonymous anecdote just about sums it up.

When I ask you to listen to me and you start giving advice, you have not done what I asked.

When I ask you to listen to me and you begin to tell me why I shouldn't feel that way, you are trampling on my feelings.

When I ask you to listen to me and you feel you have to do something to solve my problems, you have failed me, strange as that may

seem.

All I ask is that you listen. Not talk or do, just hear me. Advice is cheap: 50 cents will get you both Dear Abby and Dr. Spock in the same newspaper. And I can do for myself, I'm not helpless. Maybe discourage and faltering, but not helpless.

When you do something for me that I can and need to do for myself, you contribute to my fear and weakness. But when you accept as a simple fact that I do feel what I feel, no matter how irrational, then I quit trying to convince you and can get about the business of understanding what's behind this irrational feeling.

And when that's clear, the answers are obvious, and I don't need advice. So, please listen and just hear me, and if you want to talk, wait a minute for your turn, and I will listen to you.

Listening is just as important to business. When Charles Wang's family arrived in America, they had only two suitcases. Wang, now a multi-billionaire, said his company grew because they listened to their clients. While most computer companies sell people what they need, Wang decided to ask customers what they wanted.

Sam Walton, founder of Walmart, said: "The key to success is to get out into the store and listen to what the associates have to say. It's terribly important for everyone to get involved. Our best ideas come from clerks and stockboys."

Walton once took his corporate plane to Mt. Pleasant, TX, and told the pilot to pick him up 100 miles or so down the road. He jumped in a Walmart truck and rode the rest of the way to "chat with the driver." I suspect he let the driver do most of the talking.

Norman Brinker, the former chairman of the restaurant chain Chili's, said responsive communication is the key to good relations with both employees and shareholders. It pays huge dividends. Almost 80 percent of Chili's menu came from suggestions made by unit managers.

Too many salespeople talk when they should listen. Ben Feldman was the first salesperson to crack the \$25 million mark in a calendar year. And then doubled that figure. He was New York Life's leading sales rep for more than two decades, and he did this in the small town of East Liverpool, Ohio. When asked his secret, he said:

Work hard.

Think big.

Listen very well.

The Healthline website shares these tips for learning active listening:

Give people your full attention. Concentrate on their words to the exclusion of everything else. Don't plan your response while they're still speaking, and don't use a pause to steer the conversation around to another topic.

Use positive body language. Your body communicates just as much as your words do, if not more. Make sure you're fully facing the other person. Relax your body but lean in slightly to show interest in what they're saying. Make eye contact. Nod to show you're listening and you understand.



Don't interrupt. You may be tempted to jump in with an idea or solution. Restrain the impulse. Instead, wait to start talking before asking questions or offering your point of view.

The story is told of Franklin Roosevelt, who often endured long receiving lines at the White House. He complained that no one really paid any attention to what was said. One day, during a reception, he decided to try an experiment. To each person who passed down the line and shook his hand, he murmured, "I murdered my grandmother this morning." The guests responded with phrases like, "Marvelous! Keep up the good work. We are proud of you. God bless you, sir." It was not until the end of the line, while greeting the ambassador from Bolivia, that his words were actually heard. Nonplussed, the ambassador leaned over and whispered, "I'm sure she had it coming."

Mackay's Moral: If you want people to listen to you, you must listen to them.

Reprinted with permission from nationally syndicated columnist Harvey Mackay, author of the New York Times #1 bestseller "Swim With The Sharks Without Being Eaten Alive."

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Make a Difference in Southern Minnesota



Tim Penny
So. MN Initiative Foundation

One of my proudest moments as a congressman was voting to support the creation of the national AmeriCorps program 27 years ago. Little did I know at the time how central this program would become to our culture of volunteerism and giving back to our communities. Even more surprising, and delightful, to me is the fact that I am now president of an

organization that has stewarded AmeriCorps programs for the full 27 years. At Southern Minnesota Initiative Foundation (SMIF) we place people in service roles across our 20-county region through two AmeriCorps programs.

AmeriCorps, a federal agency, brings people together to tackle the country's most pressing challenges, through national service and volunteering. AmeriCorps members and AmeriCorps Seniors volunteers serve with organizations dedicated to the improvement of communities. These programs help make service to others a cornerstone of our national culture and engages more than 75,000 Americans each year in intensive service to meet critical needs in community. SMIF has placed more than 600 AmeriCorps members throughout southern Minnesota over the past 27 years.

SMIF is the host organization for a program that focuses on early childhood development called AmeriCorps LEAP (Learning Early Achieves Potential) Initiative. We place up to 20 members in early childhood settings across our region. Members work one-on-one and in small groups with young children, ages three to five, building social and emotional proficiencies to prepare for kindergarten success. We are currently accepting full- and half-time applications for the 2022 - 2023 school year for this program.

SMIF is also the host for the AmeriCorps VISTA program which helps build capacity

for organizations dedicated to providing economic opportunities to citizens in low-income or poverty circumstances. We are proud to work in partnership with Minnesota Farmers Market Association, Renewing the Countryside and Sustainable Farming Association by hosting two VISTAs who are working on a Local Foods Sustainability Project. Maeve Mallozzi-Kelly is in her second year of service, and we recently welcomed Kathleen Rykhuis as the second VISTA working on this project. Together they are creating a much stronger trajectory for building farmers' markets and food producers' capacity across SMIF's region. We are also currently hiring three VISTA members to help spur entrepreneurial activity and create more welcoming communities in the region. These positions are in Red Wing, Blue Earth and here at SMIF.

One of the things that I love about AmeriCorps is that it embraces members from all stages of life. One of our current LEAP members, Katelyn Kruger, is serving in St. Peter at an after-school program called Hikmah and is simultaneously earning her master's degree in nutrition and dietetics. Her experience in the program has influenced her to work more directly with underserved populations in the future. One of our members from last year, Maurya Torgerson, used to own a cosmetology business before she became a parent. Her time in AmeriCorps has been a meaningful stepping-stone as she considers re-entering the workforce and earning a de-

gree in social work.

Many AmeriCorps members are retired professionals looking to give back to their communities. Bruce Boyce served as an AmeriCorps LEAP Initiative member from 2010-2012 after he retired from a 32-year career as the Waseca County Administrator. His experience in LEAP influenced him to begin a second career as a paraprofessional for eight years. He recently shared, "I really believe that all citizens should engage in some form of service to their country and community. In that sense AmeriCorps continued my lifelong pattern of civic engagement."

These positions are paid, and members receive many benefits including an education award which can be used for paying off student loans or furthering their education. Those members who are 55 or older can gift their award to a child or grandchild.

It has been incredible to see the impact that AmeriCorps has had in our country over the past 27 years. Even more so, it has been wonderful to see the direct result that this program has had on the children, nonprofits and communities in our own backyard.

For questions or to apply for LEAP or for VISTA, contact Barbara Gunderson, AmeriCorps Director, at 507-456-0353 or barbarag@smifoundation.org. Learn more about AmeriCorps at AmeriCorps.gov.

As always, I welcome your comments and questions. You can reach me at timp@smifoundation.org or 507-455-3215.



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 Ellendale, MN

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PRESTEGARD FARM
 Owatonna, MN

Sat., June 18, 2022 • 9:30 A.M.
 40+ John Deere Collector Tractors
 Trailer - Collector Tractor Parts
 John Deere Memorabilia - Misc. Items
PHIL BRIGGS - ESTATE
KAREN BRIGGS - OWNER
 Ellendale, MN

Sat., June 25, 2022 - 9:00 A.M.
 JD 4400 - JD 270 skid loader - 11 collector tractors - JD 770 Combine - Old D-8 Cat - Old A.C. grader - Trailers - Misc. Farm Equipment - Outdoor Items
RICHARD E. EPLEY - ESTATE
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PUBLIC AUCTION
TRACTORS • TRUCKS • FARM EQUIPMENT
SAT. APRIL 9, 2022 AT 10 A.M.
 Location: Produce State Bank in Glenville, MN
 300 West Main St, Glenville, MN (Lot behind the bank)

TRACTORS: Make/Model (Serial #), Case IH 656 w/loader (14242), Farmall C, Farmall Super C (194240), Farmall H (112829), Farmall M *restored (263765), Allis Chalmers 7040 (4035301), Farmall W6 *restored (BK3873), Ferguson F20, Allis Chalmers C, 1976 Ford Grain Truck, Bush 600042 Chisel Plow - Yellow (80984), 2x Wagons , Case 1845 Skid Loader (JAF0162484), 2002 36' Flat Trailer, Farm King Snow Blower (20401640), Livestock Trailer, 2x LP Tanks, JD 218 Bean Head (496503), JD Auger Wagon, Quick Hitch, 3x LP Cylinders , Feeder - Stainless, JD 85 Cultivator , Honey Wagons, Disk, Tandem Axel Trailer, Concrete Mixer, 2x Tractor Tires, Antique Misc.

AUCTIONEER'S NOTE: Numerous tractors available to bid on! Be on time, there are no small items.

For questions on the equipment, contact Greg Jensen at 507-383-1067.
TERMS: Cash, Good Check. Nothing is to be removed from the premises until settled for. Any announcement made the day of the sale takes precedence over advertised material. Buyer is responsible for items after purchase. Not responsible for accidents.

OWNER: PRODUCE STATE BANK OF GLENVILLE, MN

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LARGE FARMERS MACHINERY AUCTION
SATURDAY, APRIL 16, 2022, 9:30 A.M.

LOCATION: From Ellendale, MN, 2 miles west on State Hwy. 30, then 1 mile north on Steele Cty. 28 (or SW 72nd Ave.), then 1/2 mile east on SW 138th St. (or 1/2 mi. east of Beaver Lake).

Please Note: PARTIAL LISTING. BE SURE TO VISIT OUR WEB SITE FOR LATE ADDITIONS. Delivery of consignments will be on April 10, 11, 12, 13 from 8:30 a.m. to 6 p.m. Absolutely no consignments on April 14 and 15. Some items subject to change prior to auction. Loading of items day of auction until 4 p.m. *Tracy Holland*

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AUCTION CALENDAR

April 18, 2022
Bidding Begins: ... **April 8, 2022**
Starts Closing: ... **April 18, 2022**
Kenyon, MN

25 Nice Firearms, Hand Guns & Long Guns, 2500 Rounds of Ammo, Riding Lawn Mower, Snowblower, Red Wing Stoneware, Advertising Items, Antique Furniture, Glassware, Clocks, Pocket Watches, and Much More

April 29, 2022..... 9:30 AM CST
Mankato, MN

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Ford Model T Roadster & Coupe Run & Drive, Ford Model TT, Model T Parts, Cub Airplane, Many Airplane Parts, 2019 Dodge Ram 1500 Laramie, Large Amount of Xcellent Power & Hand Tools, Zero Turn Mower

April 30, 2022..... 8:00 AM CST
Dundas, MN

ONLINE ONLY ESTATE AUCTION FOR THE PAUL GULLORD ESTATE
2013 Chevy Equinox, 2016 Tandem Dump Trailer, 22 Excellent Firearms, Browning Gun Safe, Yamaha 750 Grizzel, Hunting & Fishing Equip., Power & Hand Tools, JD Mower, Outside Wood Furnace, Wood Splitter, Cargo Trailer, Duck Decoys

May 21, 2022..... 9:30 AM CST
Northfield, MN

LIVE ONSITE & ONLINE FARM RETIREMENT AUCTION FOR GARY FALKENBERG
John Deere 4955 MFWD, John Deere 730 Diesel, JD 630, IHC 560, John Deere 7000 Planter, JD 8200 Drill, Case IH 200 Field Cultivator, DMI 527 Ripper, (2) IHC Tandem Grain Trucks, Wagons, Farm Support Items



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Apple Cider Vinegar is Good for You!



By Shauna Burslem, D.C.

I have always been a big proponent of apple cider vinegar and have written many times on its health benefits. According to my research on vinegar, it is said to have been discovered around 5000 BC, when unattended grape juice turned into wine and then vinegar. Originally

used as a food preservative, vinegar's medicinal uses soon came to light. Hippocrates used vinegar to manage wounds, while medical practitioners in the 1700s used it to treat everything from poison ivy and croup to stomach aches. Vinegar was even used to treat diabetes. Vinegar, which means "sour wine" in French, can be made from virtually any carbohydrate that can be fermented, including grapes, dates, coconut, potatoes, beets and of course, apples. Additionally, vinegar is made through a long, slow fermentation process, leaving it rich in bioactive components like acetic acid, gallic acid, catechin, epicatechin, caffeic acid, and more, giving it potent antioxidant, antimicrobial, and many other beneficial properties. "Mother" of vinegar, a cobweb-like amino acid-based substance found in unprocessed, unfiltered vinegar, indicates your vinegar is of the best quality. Most manufacturers pasteurize and filter their vinegar to prevent the mother from forming, but the "murky" kind is best, especially if you're planning to consume it. Vinegar is not only useful for cooking, it's useful for health purposes, cleaning, garden care, hygiene, and much more. In fact, a jug of vinegar is easily one of the most economical and versatile remedies around." Here are some of the health conditions that AC vinegar can benefit the most: Diabetes, heart health, weight loss, sinus congestion, sore throat (as a gargle), acid reflux, skin irritations, warts and energy boosting. I recommend taking organic apple cider vinegar with the "mother" daily as a health tonic. 2 tablespoons of vinegar to 6-8 oz of water. Always buy organic AC vinegar with the "Mother" intact.

Thought for the Week: An apple a day is thought to keep the doctor away, but an apple turned to vinegar will really keep the doctor away!

Chiropractic Thought for the Week: An egg is cracked, a spine is adjusted. When the chiropractor adjusts your spine it is not a hazardous random manipulation. Anybody can give a person a squeeze and get the bones to

move with audible noises or "cracks." Chiropractors use a specific analysis to find fixed, misaligned vertebrae called subluxations. The analysis not only finds the joints that are problematic, it also lets the chiropractor know the direction of the alignment and therefore

the specific adjustment needed to correct the body's structural issues that are causing symptoms. Chiropractors use spinal reflexes, muscle testing and motion palpation to figure out the best care for each patient.

Graduating This Spring? Reasons to Consider a Home Healthcare Career

Those graduating in the spring of 2022 and other job seekers should take note -- industry experts say that not only are home healthcare caregivers needed more now than ever before, but this industry offers many rewarding career paths.

"A growing number of families and medical professionals are discovering that home healthcare is a great option -- and not just for seniors. Home healthcare can be used to treat medical needs across a full continuum of care," says Jennifer Sheets, president and chief executive officer of Interim Healthcare Inc., which is actively recruiting caregivers nationwide.

According to Sheets, here are three of the top reasons home healthcare caregivers are in such high demand today:

1. It's a safe alternative: The pandemic shifted the spotlight to home healthcare as a means to keep loved ones safe. What's more, at-home caregivers are supporting hospital burnout by keeping acute care patients at home, allowing hospital staff to focus on the most critical patients.

2. The role of home caregivers has expanded: The scope of care and services that can be delivered at home has greatly expanded. There are more diverse care needs today, requiring a diverse set of caregivers to fill those needs, including ventilator care, speech therapy, palliative care and more.

3. It can fill a necessary gap: The physical, mental and emotional demands of caring for family members can be overwhelming, and with the healthcare worker shortage, family caregivers need additional help at home.

Why Home Healthcare?
It is an employees' market when it comes to working in the home healthcare industry and these positions are very desirable for a number of other reasons, especially for new graduates. Here are just a few:

- With on-the-job training available, a helping career such as a home care aide is emotionally rewarding, and home healthcare



PHOTO SOURCE: (c) PIKSEL / iStock via Getty Images Plus

provides that same opportunity to make a difference in other people's lives, albeit in a less hectic, more personal environment. Even for current licensed medical professionals, 74% say they have considered a career shift to home healthcare at one point in their medical career, according to an Interim Healthcare study. The COVID-19 pandemic only intensified these considerations for professionals, many of whom in the same survey say home healthcare would be a way to reconnect with why they got into healthcare in the first place.

- Clients depend on caregivers to manage their health and achieve the best results. They appreciate the help, support, care and connection that comes with home care. Caregivers get one-on-one time with clients so they're able to focus on the care of one individual at a time, and in many cases, they become part of the family.

- The healthcare industry is changing rapidly, which means that home caregivers have continual opportunities to learn new professional skills based on their interests that will help them meet the needs of the industry.

- Careers in home healthcare are dynamic, interesting and meaningful. They're also flexible, giving those in the industry the choice of part-time or full-time work, as well as flexibility in location and availability.

Major providers of home healthcare are actively hiring for those with healthcare experience and those without, including Interim HealthCare which has locally owned and operated franchises nationwide. To learn more about home care careers, visit ihcmadeforthis.com.

"At a time when families are struggling to find at-home care, you can answer that call for help," says Sheets.

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MISSY'S MESSAGE



MISSY PAFENFUS

PRE-TRACKING

It is time to try something new. I have talked about food journaling or food tracking before. If you bite it, you write it. Tracking works, but I hate tracking! I decided to try a different approach, pre-tracking. What is pre-tracking you ask? Make a food plan for the day, each day, and write it down in the morning. Try to stick to it as best you can. I made a commitment to myself to do this for 10 weeks and see where I am at. Why 10 weeks? I found a new food journal I had that is 10 weeks. My last day of the 10 weeks is May 24.

This first month along with the daily pre-tracking, my focus is increasing my water intake and my steps, which should be easier with the warmer weather we've been having lately. Follow along; I will check in and let you know how my progress goes in May and June!

Memo from MotoProz...

The 2023 Arctic Cat snowmobile pre-order period starts Tuesday April 19th.. Find us on Facebook, check out our website at www.MotoProz.com, or give us a call at MotoProz 507-843-2855 and we'll fill you in! Check out our list of up-to-date inventory online at www.MotoProz.com. It looks like 2023 is going to be pre-order only again, so don't miss out!

Missy and her husband Mike own MotoProz in Mazeppa.

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Spring Cleaning: Is Your 'Junk' Worth a Fortune?

(StatePoint) If your family is like most, you have “junk” in your basement, garage or attic, such as sports cards, memorabilia and toys. Before you toss them out during spring cleaning, consider that the prices of sports cards, games and other ephemera are skyrocketing.

How can you determine if your stuff is valuable and, if it is, how can you sell it?

A widely accepted rule for sports cards, memorabilia and toys is that older items are worth more. However, these days even more recent items are also commanding high prices.

“Vintage sports cards from the early periods of a sport are almost always highly collectible, especially of Hall of Famers,” says Al Crisafulli, Auction Director at Love of the Game Auctions, an internet sports and memorabilia auction that helps families sell collectibles.

“But don’t assume sports cards or other memorabilia have to be old to be valuable. Modern cards of such stars as Tom Brady, Mike Trout, LeBron James, Michael Jordan, Derek Jeter and others can sell for lots of money.”

He is offering tips to help determine if your belongings are valuable:

Older Sports Cards

Cards from the 1960s and earlier are collectible, and those from before the 1940s can be extremely valuable. Big-name Hall of Famers like Babe Ruth, Ty Cobb, Lou Gehrig, Honus Wagner, Mickey Mantle and others bring high prices.

With old cards from the 1880s and early 1900s, look for tobacco and candy brands,

such as Old Judge, Piedmont, Sweet Caporal or American Caramel. Really old Sports memorabilia from the 19th and early 20th Century, such as photographs, postcards, bats, gloves and balls are also collectible.

When opting to sell sports items, consider a specialty auction, such as Love of the Game, which has the expertise to professionally research sports items and maintains lists of bidders specializing in this area, to get top dollar. More information is available at loveofthegameauctions.com.

Modern Cards

Prices on recent baseball, basketball and football cards have risen rapidly. The three keys are condition, star power and cards from early in player careers.

Do you have major current stars, like Mike Trout, Patrick Mahomes, Tom Brady and LeBron James? Or do you have greats from the recent past, like Michael Jordan, Kobe Bryant, Magic Johnson, Derek Jeter or Joe Montana?

Check if your cards are denoted as Rookie, Prospect, Draft Pick or other indicators they’re from a player’s first season. And condition is king, as cards that look pack fresh with sharp corners and a well-centered image command highest prices. Additionally, unopened packs and boxes from almost any year can be valuable.

Memorabilia

Do you have old advertising posters depicting sports stars or famous entertainment personalities together with food, tobacco or sporting goods brands. Many original signs, store displays and promotional items are collectible, especially those dating from the early 1900s into the 1960s. But low-quality reproductions aren’t. Look for memorabilia spotlighting sports heroes, superheroes, early Walt Disney characters and Star Wars subjects.

So, while you’re spring cleaning that attic, basement or garage, don’t rush to the garbage. Before throwing out old “junk,” determine if it’s valuable!



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THE SAVVY SENIOR



By Jim Miller

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Dear Savvy Senior,

My 80-year-old mother, who lives alone, has fallen several times over the past year. Are there any extra precautions you recommend that can help her with this?

Worried Daughter

Dear Worried,

Falls are a big concern for many elderly seniors and their families. Each year, more than 1-in-4 older Americans fall, making it the leading cause of both fatal and nonfatal injuries for those age 65 and older. But many falls can be prevented. Depending on what’s causing your mom to fall, here are some different tips that can help prevent it.

ENCOURAGE EXERCISE

Weak leg muscles and poor balance are two of the biggest risk factors that cause seniors to fall. Walking, strength training and tai chi are all good for improving balance and strength, as are a number of balance exercises your mom can do anytime like standing on one foot for 30 seconds then switching to the other foot, and walking heel-to-toe across the room. For additional balance and leg strengthening exercises, see the National Institute on Aging’s (NIA) Exercise and Physical Activity website at NIA.NIH.gov/health/exercise-physical-activity.

REVIEW HER MEDICATIONS

Does your mom take any medicine, or combination of medicines, that make her dizzy, sleepy or lightheaded? If so, make a list or gather up all the drugs she takes – prescriptions and over the counter medications, and contact her doctor or pharmacist for a drug review and adjustment.

GET A VISION TEST

Poor vision can be another contributor to falls, so your mom should get her eyes checked once a year and be sure to update her eyeglasses if needed. Also be aware that if your mom wears bifocal or progressive lenses, they too can cause falls, especially when walking outside or going down steps. These lenses can affect depth perception, so she may want to get a pair of glasses with only her distance prescription for outdoor activities.

FALL-PROOF HER HOME

There are a number of simple household modifications you can do to make your mom’s living area safer. Start by helping her arrange or move the furniture so there are clear pathways to walk through and pick-up items on the floor that could cause her to trip like newspapers, shoes, clothes, electrical or phone cords. If she has throw rugs, remove them or use double-sided tape to secure them. In the bathroom buy some nonskid rugs for the floors and a rubber suction-grip mat or adhesive non-skid tape for the floor of the tub or shower, and have a carpenter install grab bars in and around the tub/shower for support.

Also, make sure the lighting throughout the house is good, purchase some plug-in nightlights for the bathrooms and hallways, and if she has stairs, put handrails on both sides. For more tips, see the NIA Fall-Proofing Your Home web page at NIA.NIH.gov/health/fall-proofing-your-home.

CHOOSE SAFE FOOTWEAR

Going barefoot or wearing slippers or socks at home can also cause falls, as can wearing backless shoes, high heels, and shoes with smooth leather soles. The safest option for your mom is rubber-sole, low-heel shoes.

PURCHASE SOME HELPFUL AIDS

If your mom needs some additional help getting around, get her a cane or walker. Also, to help ensure your mom’s safety, and provide you some peace of mind, consider getting her a medical alert device that comes with a wearable emergency button that would allow her to call for help if she were to fall or need assistance.

Construction Continues on the New Goodhue Senior Living Complex

They are taking reservations for all apartments at this time - Independent Living, Assisted Living, Closer Care and Memory Care. Call Jaybird Management for more information and to reserve your apartment today, the property is filling fast and move-ins will begin late Summer! Call: 651-923-1010 and leave a message for Ericka. More information is also found on the website: www.goodhueliving.com.



Stunning stonework at the entry



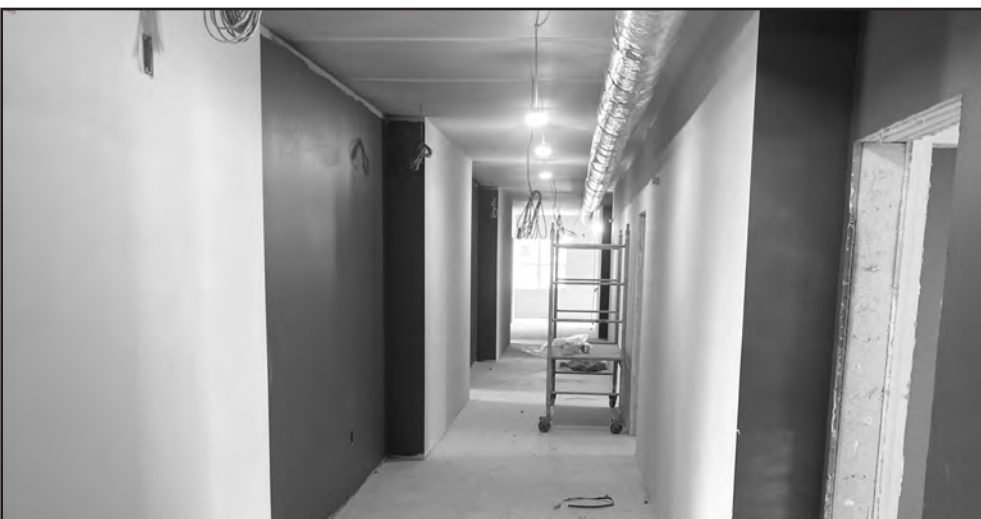
Exterior of building nearly complete



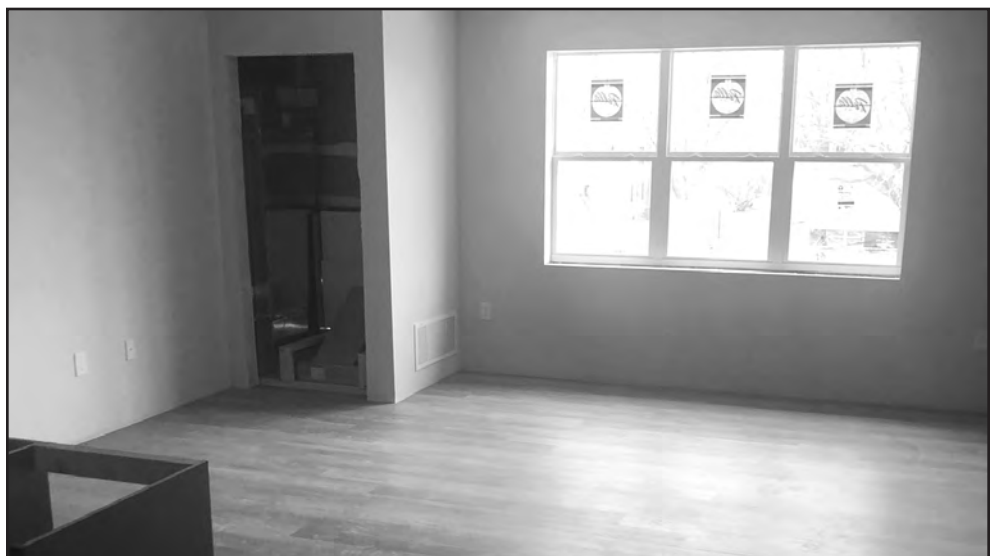
View of back of building. Here will be 2 patios with furniture for residents to enjoy. The Memory Care Patio will also include a walking path.



Beautiful woodwork in kitchens and appliances are being installed!



Painting has begun too - hallways on 2nd and 3rd floors, these are where the Independent, Assisted and Closer Care apartments are located.



Every apartment has a great view!

Housing Issues Affect Community Health

By Maddy Schwartz
Goodhue County Health and Human Services

Six months ago, a Housing Resource Specialist joined the staff at Goodhue County Health and Human Services. While the county department has long helped provide social services and economic assistance, this position is different. Maddy Schwartz, MPH, is tasked with addressing housing as a public health issue. The evidence shows that housing affects health outcomes.

The new position is fully funded by a grant from the Minnesota Department of Human Services called the Community Living Infrastructure Grant. A Housing Resource Specialist is someone who provides technical assistance and consultation on housing and related resources for government staff, community providers, and advocates.

The goals of this Housing Resource Specialist position are aimed at working collaboratively with housing agencies and stakeholders to increase and improve opportunities for those with disabling conditions and housing instability to live successfully in the community. Schwartz will support some of the great community work already being done in the area of housing in Goodhue County.

When the agency applied for the grant funding for a Housing Resource Specialist, the new position was located in the Public Health Division because housing is important to the health of our communities. The places people live, work, and play that affect health outcomes are called social determinants of health. Where everyone has access to high quality housing, housing they can afford, and access to basic necessities in their neighborhood, it increases both community health and economic stability.

First, an individual's health is directly impacted by their living space. Maintaining high

quality living spaces can prevent against exposures to toxins and allergens. Building structural, electrical, mechanical, and other safety concerns can result in injuries. Substandard housing can contribute to the spread of infectious diseases through crowding, infestations, a lack of safe drinking water, and ineffective waste disposal.

Second, lacking housing stability affects an individual's physical and mental health. Even those who face short-term housing instability due to moving frequently, couch surfing, and the effects of falling behind on rent are more likely to face poor health outcomes and stress. Populations facing chronic homelessness have higher rates of physical and mental diseases than the general public and are more likely to die at a younger age than the general population.

Finally, neighborhoods impact health. Healthy People 2030 is a plan of action developed by the United States Department of Health and Human Services to guide efforts to improve health and quality of life. Healthy People 2030 says neighborhoods with access to nutritious foods, spaces that promote active living (like sidewalks, bike trails, and parks), safe water, clean air, and a high-quality education impacts health.

Economic stability is another Social Determinant of Health. High costs of housing can reduce economic stability for residents. The Department of Housing and Urban Development considers housing to be affordable when a family or person spends 30% or less of their annual income on housing. Anyone spending over 30% of their income on housing is considered cost-burdened. Cost-burdened individuals can have difficulties paying for other necessities. The 2020 Comprehensive Housing Needs Analysis for Goodhue County determined an estimated 20% of all owner households and 41% of renter households are considered cost burdened in Goodhue County. For lower-income residents, high housing costs make it difficult to spend money on things that promote health.

Some people in our communities are more likely to face housing instability and barriers to home ownership. This includes people of color and people with disabilities. US Census American Community Survey data and the Wilder Research Minnesota Homeless Study both show people of color are disproportionately affected by homelessness in

Southeast Minnesota. While approximately 40% of homeless individuals in southeast Minnesota were people of color in 2018, this population only made up approximately 10% of the total population. Additionally, the American Community Survey estimates (2013-2017) show that approximately 76% of white households in Goodhue County own, but the ownership rate drops to 41% for all other races.

The 2018 River Valley Continuum of Care Regional Homelessness Needs Assessment lists mental health problems as the most common type of disability reported for all households experiencing homelessness in the region. The Comprehensive Housing Needs Analysis estimates that 45% of renter households in Goodhue County are occupied by a person with a disability. Disabilities represented in this analysis included vision impairments, ambulatory limitations, cognitive disabilities, and independent living limitations. This is compared to 30% of owner households occupied by someone with a disability. As household income increases, the percentage of households with a resident with a disability decreases.

Addressing housing inequities in our communities means that we recognize the benefits of all residents having improved outcomes related to health, education, and employment. When families and individuals have a stable home, our residents can focus

on building our vibrant communities, seek employment and educational advancements, and make healthy decisions. Because housing is a health issue, we hope to expand the ways in which Goodhue County HHS can support community efforts to address housing needs in our county.

Goodhue County Housing Resource Specialist, Maddy Schwartz, can be reached at maddy.schwartz@co.goodhue.mn.us.

To learn more, visit Healthy People 2030 at <https://health.gov/healthypeople> and browse objectives by topic (look for Housing and Homes, and Neighborhood and Built Environment) or view the Comprehensive Housing Needs Analysis for Goodhue County, Minnesota at <https://co.goodhue.mn.us/DocumentCenter/View/20298/Goodhue-County-Housing-Study-2020>.

About Goodhue County Health and Human Services:

The mission of Goodhue County Health and Human Services is to "Promote, Protect and Strengthen the Health of Individuals, Families, and Communities." The department has three service divisions: Economic Assistance, Public Health, and Social Services and is accredited by the national Public Health Accreditation Board (PHAB). For more information on Goodhue County Health & Human Services, please visit www.co.goodhue.mn.us/HHS and www.facebook.com/gchhs.



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Bellechester City Council Meeting Minutes February 16, 2022 @ 6:00PM

Regular City Council Meeting was called to order by Mayor Jody Gordon at 6:01 p.m. Pledge to the flag.

Roll call was taken: The council in attendance: Mayor Jody Gordon, Council people Rich Majerus, Kyle Blattner, Jered Buxengard as well as City Engineer Matt Mohs and City Clerk Lisa Redepening. Treasurer Kyle McKeown and Council member Mark Gerken were absent. Luke from SE Choppers as well as Paul Reding were also present.

Mayor Gordon read the Conflict of Interest statement out loud. With no council member stating conflicts, the public hearing was opened at 6:05.

Matt recapped the project with costs. 1.3 million, which we are requesting \$600,000 of a grant.

Public hearing was open for comments.

Clay tiled lines will be 'sock' lined, as to not have to dig up all lines within the city. Rural Development portion is a loan, with the rest being grants that the city is trying to acquire. Motion was made by Rich Majerus with a 2nd by Jered Buxengard to accept the conflict of interest. Motion carried.

Public Hearing was closed – Mayor Gordon closed the public hearing at 6:10.

Minutes of January, 2022 meeting were reviewed and motion was made by Kyle Blattner with a second by Rich Majerus to approve the minutes. Motion carried.

Bills were reviewed and a motion by Rich Majerus with a second by Jered Buxengard to approve and pay the bills as presented. Motion carried.

Old Business:

- Sewer Grant – update progress. Matt Mohs spoke briefly from Rural Development regarding our grant. Our Preliminary Engineer report was accepted with contingencies that were stated. One of the items they stated is a requirement is water meters. There is a cost for this that is above and beyond our project costs and would be a separate project.

- Old Bar Property – update. The price Wabasha County asks of \$5,000 was rejected by council. This issue is closed.

New business:

- SE Choppers Dance Permit. The permit is for the annual dance that occurred last year. The date is August 20. Motion was made by Kyle Blattner with a 2nd by Rich Majerus to approve the dance permit for SE Choppers on August 20, 2022. Motion carried.

- League of MN Cities Insurance Renewal – review, make any changes and approve. Discussion was made on adding our new generator and verifying the value of the ponds for insurance purposes. When reviewed last time, it was a cost per acre that was quoted by Bolton Menk. It could not be lowered at that time, but we will try to give them justification on possibly lowering it. Motion was made by Jered Buxengard with a 2nd by Rich Majerus to approve and renew the League of MN Cities Insurance Coverage with possible changes that was discussed to be verified. Motion carried.

- Resolution 2022.2 - Support of a Small Cities Development Program Project – approve. Motion was made by Rich Majerus with a 2nd by Kyle Blattner to approve and

support the Small City Development Project. Motion carried.

- Resolution 2022.3 – Resolution to redesignating polling place for 2022. Motion was made by Rich Majerus with a 2nd by Kyle Blattner to approve the resolution to redesignating polling places for 2022. Motion carried.

Engineer Report – Easements are done and will be reviewed.

Clerk Report – Year end is closed out – all reports and files have been uploaded to state and CTAS update is done.

Dog Licenses – have been updated and a few reminders were sent in January for missing information and/or payment.

Utility Billing – will be done in March.

Notices about Board of Equalization on April 16th as well as the meeting date change will be in the mailing.

New Residents FYI – when new residents move into Bellechester, I send a new resident welcome letter with City information including garbage, recycling, building permit, voting and dog licenses. I also send voter registration cards and a utility billing sheet

for the remainder of the time they are in the house until next billing. I notify Kyle to switchover with new name and inform council also.

Street Loan -Payment made on February 1 - FYI - \$ 46,725.00

Treasurer Report – Past due list was discussed.

Water/Wastewater/Facility Report – New Chlorine pump needs to be purchased for failing pump in north pump house. Service work in south pump house on water line and check on cleaning pressure tank.

Mayor Concerns: Vehicles in yards in town was discussed.

Council Concerns: Snow plowing timeline was discussed.

Adjourn

Motion was made by Rich Majerus with a second by Kyle Blattner to adjourn the meeting. Motion carried. Meeting was adjourned at 6:55 pm.

Next meeting is February 16th @ 6:00 p.m. at the Bellechester Community Center.

Submitted by Lisa Redepening – City Clerk

- Reminder - No motor vehicle shall be left parked on any street(s) or public way in the City, from Nov. 1 thru April 1 the hours of 2am until 6am.

- April Council meeting will be changed to Tuesday, April 12th @ 5:30

City of Bellechester Notice

Board of Equalization Meeting Reminder – Goodhue Portion of the city will be held on Tuesday, April 12 @ 5:00 at Bellechester Community Center. Wabasha County portion of the city will be held on April 11th @ 9:00 am at the Wabasha County Courthouse. Our regular city council meeting will be moved to April 12th immediately following the Board of Equalization meeting at the Community Center.

City of Bellechester

Are you interested in lawn mowing for the City this season? If so, contact a city council member. We will be approving this position at our Tuesday, April 12th Meeting.

City of Goodhue EDA Meeting Minutes

Feb. 23, 2022 @ 6:00pm

Members present: Mayor Bien, Council members Thuman, O'Reilly, and Hahn. Also Present Reese Sudtelgte, Mitch Massman, Tom and Sara Haugen, Josh Smith, Tony Brecht, Rick and Sharon Buck, Sheila and Dave Kylo, Kath Lund, Larry Sheppard, Bruce and Donna Meyer, Duane Aaland, Jim Molenhauer, Tom Ramboldt, Kyle Haugen, Dr. Evan Gough, Lyn Voth, Jeff Wiskow, Deborah Tutewohl, Justin Roper and Richard Gorman. Absent Terry Anderson-Buck.

Motion by Hahn and second O'Reilly to approve the minutes from the January 26, 2022, meeting. Motion carried 4-0

CEDA Update-Farmers Market new hire is in transition. Looking into options for a community garden location.

Dog Park consideration- looking for ideas for funding. Motion by O'Reilly and seconded Hahn to approve the Resolution for ARPA. Motion carried 4-0

Motion by Hahn and second by O'Reilly to adjourn the meeting.

Motion carried 4-0

City of Goodhue

EDA Meeting Minutes

March 9, 2022 @ 5pm

Members present: Mayor Kerry Bien, Jason Thuman, Patrice O'Reilly, Wayne Hahn. Also present Richard Gorman, Donna and Bruce Meyer, Reese Sudtelgte, Jeff- Street inspector, Duane Aaland, Treyben Kehren and Officer Tony Brecht.

Motion by O'Reilly and seconded by Hahn to approve the agenda. Motion carried

Motion by Hahn and seconded by Thuman to approve the Feb. 23, 2022, minutes.

Motion by O'Reilly and seconded Hahn to approve a resolution to move forward with the Broadway Street and 4th Street projects.

Motion by Thuman and seconded by O'Reilly to approve G B Railriders UTV raffle. Motion carried

Motion by Hahn and seconded by Thuman to approve Jaycees a temporary liquor license for Volksfest. Motion carried.

Motion by Hahn and seconded Thuman to approve Jaycees a permit for fireworks on Friday of Volksfest. Motion carried.

Motion by O'Reilly and seconded by Thuman to approve the road closure of N 6th St. between the school parking lots, on April 8, temporarily for a school event.

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- Knowledge of/access to a computer
- Enjoy small town atmosphere
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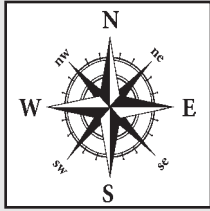
or call Terry at 507-951-7417



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*Changes in Latitudes,
Changes in Attitudes*

**We Sell
Farmland**



By Terry Campbell

This column is written by Messenger editor and Minnesota native Terry Campbell. Terry now splits his time between Minnesota when it's warm here and Tennessee when it's cold here.

I saw an ad in the local paper saying "we sell Farmland". It struck me as such an over simplification. It should have read, "We sell the lifetime hopes and dreams of a farmer." March is the month most farmland is sold. Land transactions are completed before the crop season starts. This last year has seen a 26% increase in the price of farmland over the previous year. Not sure the price of crops and cost of inputs makes that logical.

It may seem like a simple sale, just a business deal for the ever expanding and enlarging farms. But for a farmer, land is their lifeblood. They are intimately attached to it. They raise their crops, livestock, families and

dreams in the land. They care for it and it rewards them with its bounty. It is planted in hope, cultivated in hard work and harvested in thankfulness. Some years the return is meager, some years plentiful.

When I grew up there were small farms everywhere across the county. Little family run businesses that provided a good living and a great lifestyle. No better place to raise a family. The kids went to the local school, the parents patronized the small-town businesses, dads and moms were active in the community in a myriad of ways.

I was blessed to grow up on a small farm and I was fortunate to raise my children on a small farm. My daughters played with barn cats, raised calves, operated machinery and even learned that the little pig they fed daily and named "Porker" went to the butcher shop in the livestock trailer and came back in freezer wrap.

My great grand-father broke this land with a horse and plow. I often thought about him listening to the birds sing as the horses pulled the steel wheeled implements across the field. I covered the same ground in a John Deere diesel powered tractor, while listening to the radio. I had it easier than he ever dreamed.

In the end, one gets old and decides to hang up his farm hat. You smell the dirt being worked in the spring and feel the draw of the land. You smell the fresh scent of corn at harvest and remember the pride of a good harvest. Each year farmland will be sold and change hands. The land is timeless. It will produce another crop. Someone else will farm the land. You doubt that they will take care of it like you did though.

**A Minnesotan:
Seven Dozen
Easter Eggs**



By RosaLin Alcoser

Easter 2004 was my all time favorite Easter of my childhood. I was seven years old that year and it was the Easter of seven dozen Easter eggs.

That year we spent Easter Sunday at my adopted grandparents house. Which is where we had one of the most memorable Easter Egg Hunts of my childhood. It is the most memorable for two reasons. First off it was the most eggs we ever had outside of a church egg hunt and secondly not all the eggs were found on Easter Sunday.

Why seven dozen Easter eggs you might ask? That's simple, my older sister and I dyed three dozen eggs at home, a dozen each and a spare incase some of them broke during the dyeing process. Then two dozen were dyed at my adoptive grand-

parents house then their friend dyed another two dozen and left them at the house for us on Easter Sunday. Which is why there were seven dozen eggs that year.

The best part was not dying the Easter Eggs but Easter Sunday itself. After church we went over to my adopted grandparents house and everyone was there; my mom, sister, grandparents, a set of their parents, and their son.

That year their son was about 25 years-old and he hid the seven dozen eggs while we were at church. This was the only year that I can remember that the eggs were not found and hidden multiple times throughout the afternoon to keep us amused. Because he hid all seven dozen eggs way too hard for children.

They were hidden in places we would never think to look; inside and outside of the house. Up high out of our line of sight and if memory serves me correctly in a couple of places that we were not allowed to be in because we were children.

The eggs were so well hidden that my older sister believes that after spending all day looking we found a good 75-80% of those eggs on Easter Sunday. Then Grandpa was finding the rest well into July of that year, because his son forgot where he hid the ones that we could not find.

I have done dozens of egg hunts in my childhood and helped with many more as a teen and young adult. But the Easter of 2004 where seven dozen Easter Eggs were hidden and not all found will always be my favorite egg hunt of my childhood.

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Recipe Contest

Show your friends and neighbors as well as all the readers your culinary expertise!

Just send us your recipe with the ingredient list and preparation instructions and we will draw 4 recipes each month to run in the Messenger with your name as the submitter.

**E-mail your recipe to
hometownmessenger@gmail.com**

If we use your recipe and print it, you will receive a free certificate. Be sure to include your name and address so we can mail you a gift card if your entry is the winner.

April Winners

Lemon Jello Cake (easy, great Spring Easter dessert!)

Submitted by Tami Peterson

- 1 box of lemon cake mix
- 1 3 oz pkg of lemon jello
- 4 eggs
- 1 cup boiling water
- 3/4 cup corn oil

Dissolve lemon jello in boiling water. Set aside to cool. Place cake mix in a bowl. Add oil and mix well. Add eggs, one at a time, beating well after each addition. Add jello and mix well for 2 minutes. Bake in a greased angel food pan. Bake at 350 for 35-40 minutes.

Broccoli Casserole

Submitted by Cyndie Nosek

- 2 medium onions, chopped
 - 2 stalks celery, chopped
- Saute in 1/4 cup butter, then combine with:

- 1 10.5 ounce can mushroom soup
- 1 4 ounce can mushrooms, undrained
- 2 cups shredded cheddar cheese
- 1/2 teaspoon garlic powder
- 1 teaspoon parsley flakes
- 10 ounce bag frozen broccoli, thawed

Pour into a buttered 2 quart casserole. Top with crumbs:

- 10 Ritz crackers, crushed
 - 1/4 cup melted butter
- Mix well and sprinkle on top of casserole.
Bake at 325 degrees for 30-35 minutes until lightly browned.

Chicken and Bacon Dip

Submitted by Connie Turner

- 1 3oz. cream cheese
- 1/2 cup sour cream
- 1/2 cup mayonnaise
- 1/2 t. chicken bouillon granules
- 2 T. parmesan cheese
- 4 strips of bacon, cooked and crumbled
- 3/4 cup cooked chicken
- 1 tomato chopped
- Swiss cheese

Mix in a bowl cream cheese, sour cream, mayonnaise and bouillon. Refrigerate overnight. Spread on plate, sprinkle with parmesan cheese, bacon, chicken and tomato. Top with Swiss cheese. Serve with tortilla chips. This is everybody's favorite dip.

Soft and Chewy Gingersnaps

Submitted by Shelly Donkers

Preheat oven to 350 degrees.

- 1 cup sugar
- 1/4 cup soft butter
- 1 egg
- 1/4 cup molasses
- 2 cups flour
- 2 tsp soda
- 1/2 tsp salt
- 1/2 tsp cinnamon
- 1/4 tsp ground cloves
- 1/4 tsp ground ginger

Cream sugar and butter. Beat in egg & molasses. Stir in remaining ingredients. Chill dough.

Shape into 1 in. balls. Roll balls in sugar. Place balls 2 in. apart on greased baking sheet. Bake 9-12 min. until edges are set. Allow to cool on baking sheet for a couple of minutes before removing to cooling rack.