



# Goodhue-Bellechester Messenger

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## Goodhue and Bellechester Debut New Christmas Festivities

By Beth Brekke

Both Goodhue and Bellechester tried something new ahead of the 2021 Christmas holiday. The Goodhue Chamber originally planned a more "Covid friendly" outdoor event for 2020 to replace the festivities traditionally held inside the Lion's Community Center in previous years. Two weeks prior to the planned street fair, it was cancelled due to the Governor's shut down order. The event went on as planned Saturday, December 4th

this year. Dubbed Christkindlmarkt, the German-themed market was modeled after an event attended elsewhere by chamber member and organizer Carolyn Ryan.

A chill in the air and Christmas tunes set the mood as shoppers visited the various vendor booths lining 2nd Street. Sellers of Christmas crafts and decorations, services and other specialty items were bundled in warm Winter coats and some used propane heaters to stay comfortable.

(continued on page 8)

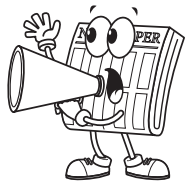
Pictured to the right:

Ron and Megan Gabrielson provided horse-drawn wagon rides for anyone wanting a trip around Goodhue during the Christkindlmarkt held on 2nd Street December 4, 2021. They also provided transportation for Santa during the lighted Christmas parade in Bellechester on December 11th.



### Announcements

**RENEW YOUR  
VOLUNTARY  
SUBSCRIPTION  
TO THE  
MESSENGER!**  
See the insert in this  
months issue.



• **Belvidere Happy-Go-Luckies 4-H Club** (usually) meets the first Monday of each month at 7p.m. at St. Peter's Church, rural Goodhue. New members are always welcome! Contact club leader Michelle Benrud at 651-923-5247 for more information.

• **The Goodhue Area Historical Society Museum** is open for the season. June thru August Thursday & Sunday 1 to 4pm. For after hours appointments call Marie 651-923-4302 or 651-301-5731.

Do you have an announcement?  
Email: [hometownmessenger@gmail.com](mailto:hometownmessenger@gmail.com)



Joel Rustad, Goodhue County Veterans Service Officer, and Aly Kloeckner, Goodhue County 4-H Extension Educator, with the cards created and written for the Holiday Cards for Heroes project.

### Goodhue County 4-H Youth Make a Small Difference in Hundreds of Lives

*Goodhue County 4-H'ers participate in holiday cards for heroes*

Throughout the months of November and December, 4-H members from across Goodhue County participated in a service project called Holiday Cards for Heroes. 4-H members and families were encouraged to write holiday letters to veterans and service members who are spending the holidays at the VA Medical Center this year.

The 4-H program collected over 300 cards and presented them to Goodhue County Veterans Service Officer Joel Rustad. The Veterans Office will facilitate the distribution of the cards to the VA Medical Facility in the Twin Cities.

(continued on page 13)



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## The Faithfulness of God

By Pastor Colleen Hoeft

“Back in the eighteenth century, a young boy was born into a Christian home. For the first six years of his life, he heard the truths of the gospel, and he was loved. Sadly, though, his parents died. The orphaned boy went to live with his relatives. There he was mistreated and abused and ridiculed for his faith in Christ.

The boy couldn't tolerate that situation, and he fled and joined the Royal Navy. In the navy, the boy's life went downhill. He became known as a brawler, was whipped many times, and participated in some of his comrades' being keel-hauled. Finally, while he was still young, he deserted the Royal Navy and fled to Africa, where he attached himself to a Portuguese slave trader. The young man's pattern of life had become so depraved, he couldn't stay out of trouble. As the story goes, he stole the ship's whiskey and got so drunk that he fell overboard. He was close to drowning when one of his shipmates harpooned him and brought him back on board. As a result, the young man had a huge scar in his side for the rest of his life. After that escapade, he couldn't get much lower. Eventually the young man began to reflect on the Scripture verses he had heard as a child and he was marvelously converted. The new life he found is reflected in his own heartfelt

words, familiar to millions now: “Amazing grace! How sweet the sound—That saved a wretch like me! I once was lost but now am found, Was blind but now I see.” John Newton's experience put into words: the ultimate point of Romans 3, “For everyone has sinned; we all fall short of God's glorious standard. 24 Yet God, in his grace, freely makes us right in his sight. He did this through Christ Jesus when he freed us from the penalty for our sins.

The law cannot save us, but God revealed a righteousness that will save us, apart from the law. This is the heart of God's plan of salvation in Jesus Christ. We now have a salvation that is offered apart from the law. We can't earn it and we don't deserve it. It is totally separate from our own doing. Now- instead of a lamb, we bring only ourselves and we will receive forgiveness of our sins. The price of the sacrificial lamb has been paid- once and for all!

Christ died to set us free from the penalty of sins under the first covenant (the law) and to make a way for us to be made right with God. When we have faith in Jesus, we are made right with God. And it's not just true for the people of Israel- the Jewish people but for EVERYONE who believes. Everyone- there is no favoritism. Paul continually reminds the Jewish believers that salvation is not only for them, because Jesus came for all humankind! Every person past, present and future can be made right with God through faith in Jesus Christ.

As believers, when God looks at us, we are now holy- we are now filled with Christ and free of our sin! God declares that we are righteous. It is all about God's grace- undeserved kindness from a holy, just and loving God.

God is holy and pure. This is the starting point for understanding God and his relationship with people and the world. If we don't feel a sense of awe and fear and admiration for the infinite holiness of God which hates evil and all that it does; we will lose sight of who God is and what He has done for us. Paul says our acquittal isn't based on following the law- if it were we would be condemned. Our acquittal is based on our faith. We are made right with God through faith! Ephesians 2:8 puts it this way, “God saved you by his grace when you believed. And you can't take credit for this; it is a gift from God.”

We are saved through faith. This is the truth that rocked Martin Luther's life. Martin Luther came to believe that the Bible is the central source of religious authority, and that salvation is reached through faith and not deeds; which shaped the core of Protestantism. John Newton came to a belief in Jesus Christ through faith- he knew he would never be accepted through his life- he was a notorious slave trader- had lived a terrible life- and yet, he experienced the amazing grace that he received through faith. That he could be forgiven, and he could be righteous in the eyes of God through the

blood of Jesus Christ. Jesus paid it all.

So one might think that since Jesus paid it all- we can live anyway we want and it doesn't matter- Paul answers that with a resounding; NO! “Of course not! It is only by faith that we can truly obey the law.” Romans 3:30. Seems to be a contradiction- but it isn't.

When we have faith in Jesus Christ- our heart is right with Him- the Holy Spirit comes to live within us and to give us His power to live a holy life. God calls us to live like Jesus- who never sinned. On this side of heaven, we won't do it perfectly- but we can live by faith- out of our love for God and our love for people and our obedience to the law will be satisfied. When Jesus was asked about the most important commandments he responded, “You must love the Lord your God with all your heart, all your soul, and all your mind.” 38 This is the first and greatest commandment. 39 A second is equally important: ‘Love your neighbor as yourself.’ 40 The entire law and all the demands of the prophets are based on these two commandments.” Matthew 22:37-40

It is by faith we are saved! It is by faith in Jesus Christ that we are made righteous. When we are filled with Jesus- His blood purifies our lives and we are made right with God.

Begin 2022 right by getting right with God today. Believe on the name of Jesus Christ and You will be saved. Be filled with Jesus. Happy New Year!



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 Mon.: 8:00AM Holy Mass, 6:30PM - 9:00PM Eucharistic Adoration  
 Rosary said 25 minutes before Holy Mass  
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 Thurs.: 8:00AM Eucharistic Adoration/Confession, 9:00AM Holy Mass  
 Rosary said 25 minutes before Holy Mass  
 All are WELCOME! But receiving Holy Communion are for those who are of age and practicing the Catholic faith.  
 We practice because we are not yet perfect!

**GRACE EV. LUTHERAN CHURCH (WELS)**

Pastor Martin Weigand  
 39774 Co. 4 Blvd., Goodhue • 651-923-4624  
 gracelutheranchurch@gmail.com • www.gracestpeters.org  
 Sunday Morning Worship 8:30a.m. with communion on the second and fourth Sunday of each month.  
 Sunday School at 9:30a.m., Sunday Bible Study at 9:45a.m., Confirmation Class 5:45 on Wednesday at St Peter's, 8:30a.m. Quilting and Bible Study on Wednesday at St Peter's, and 10:30a.m. Midweek Bible Study on Thursday at St Peter's.

**AREA CHURCH DIRECTORY**  
 'Hours and Days and Years and Ages'

*Scripture Reading — Psalm 103:13-18*  
*From everlasting to everlasting the Lord's love is with those who fear him. . . . — Psalm 103:17*

As we enter the new year, we often reflect on the past year. One thing I experience with the passing of each year is that I often look back and wonder, “Where did the time go?”

As we reflect on the past year and the fleeting passage of time, we are reminded that no matter how fast time seems to go by, God is still faithful. As Psalm 103 says, “From everlasting to everlasting the Lord's love is with those who fear him.” As quickly as the time comes and goes, there is one thing that never changes: the Lord's great love for us.

In the hymn “Hours and Days and Years and Ages” we sing about time passing away swiftly. Yet God is still our God, and he is ever faithful. No matter what we have faced in the past year—and no matter what we will face in the year ahead—God remains and will be our faithful, loving God.

What a comforting thought: God's love remains with us from “everlasting to everlasting.” That is a really long time, for eternity!

God's love for us in Jesus Christ never changes. As stanza 3 of the hymn says, “When life's dangers overwhelm us, you will ever be our stay;/ through your Son you are our Father, always changeless, come what may.”

Thank you, Lord!  
*Prayer: Dear God, as we come to the end of another year, we thank you for showing us your love “from everlasting to everlasting.” Amen.*

**ST. PETER'S LUTHERAN CHURCH, MISSOURI SYNOD**

Pastor Steven Frentz  
 28961 365th St., Goodhue  
 651-923-4438  
 Email: stpeter@sleepyeyetel.net  
 10:30a.m. Worship

*Email your church announcements,  
 schedule to the Messenger at:  
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Pastor Hannah Bergstrom de Leon  
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 13628 Cty. 50 Blvd., Goodhue • 824-2685  
 In-person and live-stream on the 2nd and 4th Sunday at 10:30a.m. Live-stream only worship on the 1st and 3rd. Always check our website, www.minneolalutheranchurch.com or Facebook page for latest updates and live-stream links.

**ST. JOHN'S EV. LUTHERAN CHURCH (WELS)**

Pastor Robbin Robbert  
 36620 Co. 4 Blvd., Goodhue • 651-923-4773  
 Sunday 9:00am Worship  
 Communion offered on the 2nd & 4th Sundays.

**ST. LUKE'S LUTHERAN CHURCH (ELCA)**

Pastor Eric Hanson  
 PO Box 276, 308 1st Ave., Goodhue  
 Email: office@stlukegoodhue.org • 651-923-4695  
 Sunday School 8:30a.m.; Sunday Worship 9:30a.m.  
 Wednesday Night Worship 6:45p.m.  
 \*Check our website for changes: www.stlukegoodhue.org

**ST. PETER'S EV. LUTHERAN CHURCH (WELS)**

Pastor Martin Weigand  
 702 West Third Ave., Goodhue, MN • 715-441-5086  
 Sunday Morning Worship 10:45a.m. with communion on the second and fourth Sunday of each month.  
 Sunday School at 9:30a.m. at Grace.  
 Sunday Bible Study at 9:30a.m., Confirmation Class 5:45p.m. on Wednesday, 8:30a.m. Quilting and Bible Study on Wednesday, and 10:30a.m. Midweek Bible Class on Thursday.

**ST. JOHN'S EV. LUTHERAN (WELS)**

Pastor Randall Kuznicki  
 Minneola Twp. Co. Rd. 7, rural Zumbrota  
 Sunday Worship 10:00 a.m.; Communion 3rd Sunday  
 Sunday School and Bible Studies (Adult & Teen) 11:00a.m.

## Verdell E. Yotter

Verdell E. Yotter, 92, passed away at the Mayo Clinic Health Hospital in Lake City on November 29, 2021.



Verdell was born on May 16, 1929 to Lawrence & Frieda (Hoef) Brinkman. Verdell was raised on the family farm with her 6 siblings in Belvidere Township and loved to tell stories of their growing up together. Verdell was baptized, confirmed at St. Peters Lutheran Church. Verdell also attended grade school at St. Peters Lutheran Church until the 8th grade. Verdell then attended Goodhue High School and after graduation soon started a job as a hat maker and often told how she made .32 cents an hour.

She married Louis Yotter on September 20, 1950 at St. Peter's Lutheran Church in Belvidere. They farmed in the Pepin Hill area from 1950 to 1952, then farmed in Florence Township. Louis died in 1987.

Verdell loved to cook, bake and can and found the perfect job in her semi-retired years by working in the Home EC department as an aid helping the teenagers learn the basics of cooking and sewing. Later she worked as a prep cook at the Chickadee Cottage and was very proud of her work there. The last 2 years Verdell resided at High Street House where she enjoyed the staff and many friends she had made. She always had a book or a word search book close by. Verdell loved to play her accordion and loved music of all types. She also loved a good game of cards or bingo and a good visit. She followed her fathers advise "A German Shepard is the only true dog".

Verdell is survived by her son, Bruce (Rose) of Kasson; daughter, Leah of Minneapolis; grandchildren, Troy, Alisha, Amanda, Shawn, Cheyanne and Josh.

She is preceded in death by her husband Louis, her son Kevin, and siblings, Vernon and Lester Gerken, Delmar Brinkman, Ethel Bollum, Eva Yotter and Phyllis Thomforde.

Memorial Service was held on Monday, December 6, 2021, 11 am at Mahn Family Funeral Home, Anderson - Peterson Chapel in Lake City. Pastor Steve Frenz presided. Visitation was one hour before the service at the funeral home. Burial was at St. John's Cemetery in Lake City. On-Line Condolences may be placed at [www.mahnfamilyfuneralhome.com](http://www.mahnfamilyfuneralhome.com). Memorials preferred to the Mayo Hospice and the Belvidere 4-H Club "Happy Go Lucky 4-H".

## Jerry Lars Holm



Jerry Lars Holm, 65, of Red Wing, died on Friday, December 10, 2021, at Mayo Clinic Hospital, Methodist Campus in Rochester. He was born in Red

Wing on December 10, 1956, to Wilfred and Janice (Larson) Holm. He graduated in 1975 from Red Wing High School and attended Red Wing Technical College for Truck Driving. He spent his lifelong career working for Holm Brothers Construction. He was united in marriage to Denise Carlson on September 12, 1981, at Immanuel Lutheran Church in Hay Creek. He was a member of Immanuel Lutheran Church and the 49ers Union. His passions were hunting, fishing, and sports. In his younger years, he was a three sport athlete in high school and he played baseball for the Red Wing Scarletts. He also enjoyed being with his family and especially attending his grandchildren's events.

He is survived by his wife, Denise; two sons, Ryan (Michelle) Holm of Goodhue and Kevin (Elyse) Holm of Jackson, MN; five grandchildren, Carson, Hayden, Bree, Bryleigh, and Jaceson Holm; siblings, Jill Mehrkens of Wacouta, Tom (Dr. Angela Medina) Holm of Vadnais Heights, and Jack (Lynn) Holm of Red Wing; many nieces, nephews, and cousins; mother-in-law, Vera Carlson; brothers and sisters-in-law, Dean (Diane) Carlson of Red Wing, James (Cindy) Carlson of Red Wing, and Bruce (Jennifer) Carlson of Red Wing.

He was preceded in death by his parents; one nephew, Jacob Carlson; and father-in-law, Russell Carlson.

Memorial service was at 11 a.m. on Thursday, December 16, 2021, at Immanuel Lutheran Church in Hay Creek. Reverend Lowell Sorenson officiated. Visitation was two hours prior to the service at the church. Masks were encouraged. Burial was at Oakwood Cemetery in Red Wing. Memorials are preferred to the Red Wing Baseball Association or an organization of the donor's choice. Online condolences may be left for the family at [www.mahnfamilyfuneralhome.com](http://www.mahnfamilyfuneralhome.com).

## Joshua Scott Budensiek

Joshua Scott Budensiek, 34, of Goodhue, died peacefully surrounded by his loved ones on Thursday, December 9, 2021, at Mayo Clinic Hospital, St. Marys Campus in Rochester. He was born on June 2, 1987 in Cannon Falls to



Todd and Virginia (Elwood) Budensiek. He graduated from Goodhue Public School in 2006. He worked for Ag Partners in Goodhue, Gerkens Feed & Grain in Zumbrota, and many local farmers. He was married on August 22, 2015 to Brooke Keller. They were blessed with three beautiful children; Remie (5), Finley (3), and Braeden (3 months). They lived in Goodhue and recently moved across town into their forever home. Josh enjoyed going to derbies, smoking meats, woodworking, gardening, football, and was an all-around handyman. He was a hard worker and had a great work

ethic. He was a member of St. Luke Lutheran Church and a former member of the Goodhue Jaycees and 4-H. Josh was a great friend with a big heart and smile that will never be forgotten. Most of all, he enjoyed spending time with his family and friends.

He is survived by his wife, Brooke Lynn Budensiek of Goodhue; children, Remie Lynn, Finley Mae, and Braeden Todd Budensiek; parents, Todd and Virginia Budensiek of Red Wing; brother, Aaron (Angela) Budensiek of Pine Island; mother-in-law, Joan (Doug) Scholljegerdes of Owatonna; father-in-law, Duane (Laurie) Keller of Rochester; brothers and sisters-in-law, Devin (Amber) Koch of Owatonna, John (Katie) Keller of Rochester, Chrysta Koch of Blooming Prairie, and Kathy Keller of Rochester; grandparents; and many nieces, nephews, aunts, and uncles.

He was preceded in death by his paternal grandparents, Roger and Jan Budensiek, and maternal grandfather, Dan Prokosch.

In lieu of flowers, memorials are preferred to the family.

Funeral service was at 11 a.m. on Friday, December 17, 2021, at St. Luke Lutheran Church in Goodhue. Reverend Eric Hanson officiated. The funeral service was livestreamed on the St. Luke Lutheran Church Facebook page. Visitation was from 4 until 7 p.m. on Thursday, December 16, 2021, at the church and one hour prior to the funeral service on Friday. Burial was at Zion Cemetery in rural Goodhue. Online condolences may be left for the family at [www.mahnfamilyfuneralhome.com](http://www.mahnfamilyfuneralhome.com).

## David Mark Hedeem

David Mark Hedeem, age 66 of White Rock, died peacefully on Thursday, December 9, 2021 at St. Mary's Hospital in Rochester, Minnesota surrounded by his loved ones.



David was born in Red Wing, Minnesota and was the son of Steven and Joyce (Banitt) Hedeem. He graduated from Cannon Falls High School. After high school he attended Yamaha School in Milwaukee, WI which is where he developed his love for working on small engines. He worked various jobs including Triangle Auto and Cannon Equipment. David also farmed on the side.

David was united in marriage on June 4, 1977 to Helen Illa. He was an active outdoorsman and enjoyed hunting and fishing. His greatest enjoyment was spending time with family and friends, both human and animals. In his younger years, on Memorial Day and Labor Day he spent time camping and sharing stories around the circle of wisdom. David could often be found attending his grandkids sporting events or taking them hunting or fishing. He was an avid sports fan and enjoyed watching the Vikings, Twins, Nascar, and Moto-Cross Racing.

David was preceded in death by his parents,

Steven and Joyce (Banitt) Hedeem; brothers, Tom and John Hedeem; mother-in-law, Sylvia (Sturm) Illa and brother-in-law Dale Illa.

David is survived by his wife Helen (Illa) Hedeem; two sons, Jason (Luci) Hedeem and Michael (fiance Angie) Hedeem; honorary son Jesse Peters; grandchildren, Tanner, Jaxson, Sylvia Hedeem, and Collin Metling; brothers Dan (Shirley) Hedeem and Jim (Sue) Hedeem; sisters-in-law, Julie Hedeem, Diane Illa, and Sheryl (Joe) Baillargeon; brother-in-law, Gary (Sharon) Illa; many nieces and nephews.

A Celebration of Life will be held at the farm next spring.

## Max Gallimore

Max Gallimore, 80, of Zumbrota, MN, passed away Saturday, December 25, 2021 at Pine Have Care Center in Pine Island. Max Duane Gallimore was born December 20, 1941 in Red Wing, MN to Clifford and Maude (Hall) Gallimore. He grew up in Mazeppa and graduated from Mazeppa High School in 1959. He was united in marriage to Evelyn Kapauf on December 20, 1963.



Max enjoyed fishing, camping, hunting, word searches, keeping up on the Twins and Vikings schedules/results and loved visits from his grandchildren. Max held a variety of jobs through the years ending with the Interstate Rehabilitation Center, from which he retired in 2002.

Max is survived by his wife, Evelyn; children, Joyce (Tom) Ramboldt of Goodhue, MN, Duane (Brandi Richardson) Gallimore of Lake City, MN, Daniel Gallimore of Mazeppa, MN, Jennifer (Karl) Poston of Pine Island, MN and Stacey Gallimore of Rochester, MN; grandchildren, Thomas (Johanna) Ramboldt, Benjamin Ramboldt, Tonya Milliken, Nina Gallimore; sister, Diane (Richard) Pencille; many nieces and nephews.

Max was preceded in death by his parents; siblings, Geraldine Gallimore and Gerald Gallimore.

The funeral service will be 11:00 a.m. Saturday January 15, 2022 at Mahn Family Funeral Home - Larson Chapel in Zumbrota, with Pastor Dave Mohler officiating. Visitation will be one hour prior to the service at the funeral home. Burial will be at the Mazeppa Cemetery. Online condolences are welcome and may be shared at [mahnfamilyfuneralhome.com](http://mahnfamilyfuneralhome.com).

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Goodhue-Bellechester Messenger

## Goodhue takes the team title at the Lakeville Invite!

### Lakeville North Panther Invite

- 1 Goodhue 196.0
- 2 Lakeville North 164.5
- 3 Baldwin-Woodville 143.0
- 4 Park 129.0
- 5 Byron 117.0
- 6 Rosemount 113.0
- 7 Chaska-Chan Stormhawks 90.0
- 8 Lakeville South 69.5
- 9 South Saint Paul 66.0
- 10 Eagan 27.5
- 11 St. Paul Johnson 11.0

### Lakeville North Panther Invite Results for Goodhue

#### 120

#### Ryan Bortz (2-1) placed 2nd and scored 19.0 team points.

Quarterfinal - Ryan Bortz (Goodhue) 2-1 won by major decision over Cole Braasch (Baldwin-Woodville) 2-1 (MD 9-0)

Semifinal - Ryan Bortz (Goodhue) 2-1 won by fall over Sai Yang (St. Paul Johnson) 1-2 (Fall 4:38)

1st Place Match - Zach Silvis (Park) 3-0 won by major decision over Ryan Bortz (Goodhue) 2-1 (MD 13-5)

#### 126

#### Lucas Bortz (4-0) placed 1st and scored 29.0 team points.

Champ. Round 1 - Lucas Bortz (Goodhue) 4-0 won by fall over John Paul Lorentz (Byron) 0-2 (Fall 3:00)

Quarterfinal - Lucas Bortz (Goodhue) 4-0 won by fall over Joey Chilton (Park) 10-7 (Fall 2:57)

Semifinal - Lucas Bortz (Goodhue) 4-0 won by fall over Ryan Remiger (Lakeville South) 2-2 (Fall 5:00)

1st Place Match - Lucas Bortz (Goodhue) 4-0 won by major decision over Andrew Schwab (South Saint Paul) 24-10 (MD 14-1)

#### 126

#### Hayden Holm (1-2) place is unknown.

Champ. Round 1 - Hunter Bonte (Baldwin-Woodville) 4-1 won by fall over Hayden Holm (Goodhue) 1-2 (Fall 5:32)

Cons. Round 1 - Hayden Holm (Goodhue) 1-2 received a bye () (Bye)

Cons. Round 2 - Hayden Holm (Goodhue) 1-2 won by decision over Thomas Krueger (Eagan) 0-2 (Dec 7-0)

Cons. Semi - Joey Chilton (Park) 10-7 won by decision over Hayden Holm (Goodhue) 1-2 (Dec 5-0)

#### 132

#### Jeremiah Bien (2-2) place is unknown and scored 5.0 team points.

Champ. Round 1 - Jeremiah Bien (Goodhue) 2-2 won by fall over Ayunva Mihigo (Park) 0-2 (Fall 1:19)

Quarterfinal - Tyler Fink (Baldwin-Woodville) 2-1 won by tech fall over Jeremiah Bien (Goodhue) 2-2 (TF-1.5 4:59 (16-1))

Cons. Round 2 - Jeremiah Bien (Goodhue) 2-2 won by decision over Brayden Lorentzen (Byron) 0-2 (Dec 7-3)

Cons. Semi - Garrett Guthrie (Baldwin-Woodville) 2-2 won by decision over Jeremiah Bien (Goodhue) 2-2 (Dec 5-1)

#### 138

#### Ethan Breuer (2-2) placed 6th and scored 8.0 team points.

Champ. Round 1 - Riley Forar (Lakeville North) 3-1 won by decision over Ethan Breuer (Goodhue) 2-2 (Dec 7-0)

Cons. Round 1 - Ethan Breuer (Goodhue) 2-2 received a bye () (Bye)

Cons. Round 2 - Ethan Breuer (Goodhue) 2-2 won by fall over Nixon Stroud (South Saint Paul) 11-10 (Fall 2:21)

Cons. Semi - Ethan Breuer (Goodhue) 2-2 won by decision over Graceson Bosch (Chaska-Chan Stormhawks) 1-2 (Dec 8-4)

5th Place Match - Taden Holldorf (Baldwin-Woodville) 3-1 won in sudden victory - 1 over Ethan Breuer (Goodhue) 2-2 (SV-1 6-4)

#### 145

#### Nathan Beck (1-2) place is unknown.

Champ. Round 1 - Jayden Joa (Baldwin-Woodville) 1-2 won in sudden victory - 1 over Nathan Beck (Goodhue) 1-2 (SV-1 11-6)

Cons. Round 1 - Nathan Beck (Goodhue) 1-2 received a bye () (Bye)

Cons. Round 2 - Nathan Beck (Goodhue) 1-2 won by decision over Dylan Richardson (Park) 0-2 (Dec 7-3)

Cons. Semi - Cole Maddio (Lakeville North) 1-2 won by decision over Nathan Beck



photos by Amber Lohman

(Goodhue) 1-2 (Dec 3-1)

#### 145

#### Beau Jaeger (2-1) placed 2nd and scored 22.0 team points.

Champ. Round 1 - Beau Jaeger (Goodhue) 2-1 received a bye () (Bye)

Quarterfinal - Beau Jaeger (Goodhue) 2-1 won by fall over Cole Maddio (Lakeville North) 1-2 (Fall 2:51)

Semifinal - Beau Jaeger (Goodhue) 2-1 won by fall over Konner Werk (Rosemount) 2-1 (Fall 4:41)

1st Place Match - Maxwell Petersen (Byron) 3-0 won by fall over Beau Jaeger (Goodhue) 2-1 (Fall 2:00)

#### 152

#### Maddox O'Reilly (2-1) placed 2nd and scored 22.0 team points.

Champ. Round 1 - Maddox O'Reilly (Goodhue) 2-1 received a bye () (Bye)

Quarterfinal - Maddox O'Reilly (Goodhue) 2-1 won by fall over Russell Gillette (Chaska-Chan Stormhawks) 4-1 (Fall 5:10)

Semifinal - Maddox O'Reilly (Goodhue) 2-1 won by fall over Hunter Gartmann (Baldwin-Woodville) 2-2 (Fall 3:03)

1st Place Match - Zach Hanson (Lakeville North) 3-0 won by tech fall over Maddox O'Reilly (Goodhue) 2-1 (TF-1.5 4:55 (19-4))

#### 160

#### Jeremiah O'Reilly (3-1) placed 2nd.

Champ. Round 1 - Jeremiah O'Reilly (Goodhue) 3-1 won by fall over Will Lechko (South Saint Paul) 0-2 (Fall 2:24)

Quarterfinal - Jeremiah O'Reilly (Goodhue) 3-1 won by decision over Austin Kalina (Eagan) 1-2 (Dec 4-3)

Semifinal - Jeremiah O'Reilly (Goodhue) 3-1 won by fall over Joey Khoury (Rosemount) 1-2 (Fall 5:13)

1st Place Match - Makae O'Reilly (Goodhue) 3-0 won by injury default over Jeremiah O'Reilly (Goodhue) 3-1 (Inj. 0:00)

#### 160

#### Makae O'Reilly (3-0) placed 1st and scored 27.0 team points.

Champ. Round 1 - Makae O'Reilly (Goodhue) 3-0 received a bye () (Bye)

Quarterfinal - Makae O'Reilly (Goodhue) 3-0 won by fall over Callen Krull (Chaska-Chan Stormhawks) 1-2 (Fall 5:33)

Semifinal - Makae O'Reilly (Goodhue) 3-0 won by major decision over Kley Krause (Lakeville North) 2-1 (MD 15-2)

1st Place Match - Makae O'Reilly (Goodhue) 3-0 won by injury default over Jeremiah O'Reilly (Goodhue) 3-1 (Inj. 0:00)

#### 170

#### Grant Reed (3-1) placed 5th.

Champ. Round 1 - Blake Krause (Lakeville North) 3-1 won by decision over Grant Reed (Goodhue) 3-1 (Dec 10-5)

Cons. Round 1 - Grant Reed (Goodhue) 3-1 received a bye () (Bye)

Cons. Round 2 - Grant Reed (Goodhue) 3-1 won by decision over Carson Turner (Chaska-Chan Stormhawks) 1-2 (Dec 10-6)

Cons. Semi - Grant Reed (Goodhue) 3-1 won by fall over Jacob Grudzinski (Rosemount) 0-2 (Fall 1:47)

5th Place Match - Grant Reed (Goodhue) 3-1 won by fall over Logan Gordon (Baldwin-Woodville) 1-2 (Fall 0:48)

(continued on page 5)

## Goodhue takes the team title at the Lakeville Invite!

(continued from page 4)

**170**

**Kade Altendorf (2-1) placed 2nd and scored 20.0 team points.**

Champ. Round 1 - Kade Altendorf (Goodhue) 2-1 received a bye () (Bye)

Quarterfinal - Kade Altendorf (Goodhue) 2-1 won by decision over Carson Turner (Chaska-Chan Stormhawks) 1-2 (Dec 5-2)

Semifinal - Kade Altendorf (Goodhue) 2-1 won by fall over Sam Bremner (South Saint Paul) 1-3 (Fall 2:56)

1st Place Match - Peyton Hermann (Lakeville South) 23-7 won by tech fall over Kade Altendorf (Goodhue) 2-1 (TF-1.5 4:00 (16-0))

**182**

**Carsyn O'Reilly (2-1) placed 3rd and scored 16.0 team points.**

Champ. Round 1 - Carsyn O'Reilly (Goodhue) 2-1 received a bye () (Bye)

Quarterfinal - Carsyn O'Reilly (Goodhue) 2-1 won by fall over Osmin Chavez (South Saint Paul) 0-2 (Fall 1:34)

Semifinal - William Wharton (Byron) 3-0 won by decision over Carsyn O'Reilly (Goodhue) 2-1 (Dec 6-2)

3rd Place Match - Carsyn O'Reilly (Goodhue) 2-1 won by major decision over Parker Hall (Lakeville South) 1-2 (MD 10-1)

**195**

**Mason Taxdahl (2-1) placed 5th and scored 10.0 team points.**

Quarterfinal - Beau Lorentzen (Byron) 2-1 won by decision over Mason Taxdahl (Goodhue) 2-1 (Dec 7-3)

Cons. Semi - Mason Taxdahl (Goodhue) 2-1 won by fall over Lah Ku Shee (St. Paul Johnson) 0-2 (Fall 2:23)

5th Place Match - Mason Taxdahl (Goodhue) 2-1 won by fall over Alex Carr (Park) 16-18 (Fall 1:29)

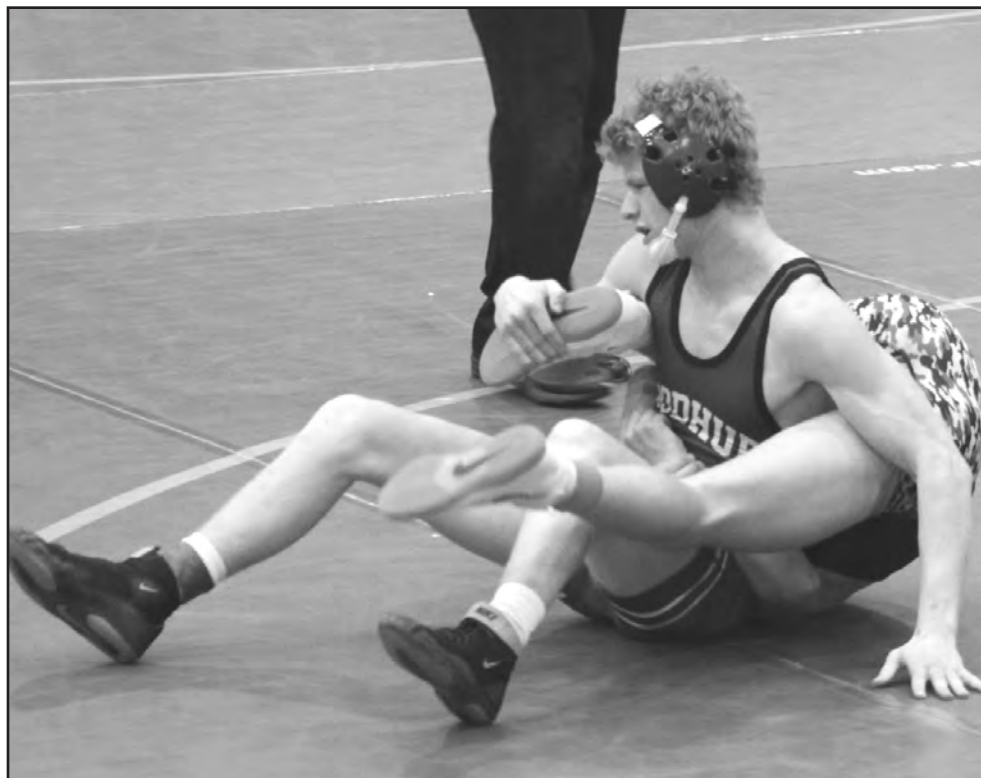
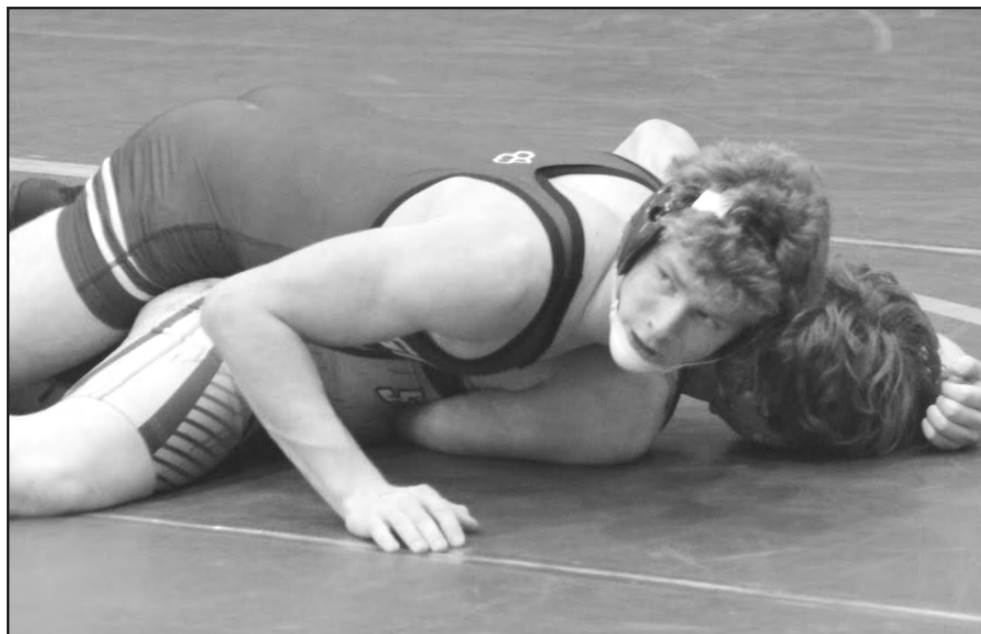
**220**

**Cody Lohman (3-0) placed 1st and scored 18.0 team points.**

Round 1 - Cody Lohman (Goodhue) 3-0 won by fall over Dylan Hanson (Baldwin-Woodville) 0-3 (Fall 0:14)

Round 2 - Cody Lohman (Goodhue) 3-0 won by fall over Quinlan Taflin (Rosemount) 1-2 (Fall 5:30)

Round 3 - Cody Lohman (Goodhue) 3-0 won by decision over Micheal Anderson (Lakeville North) 2-1 (Dec 2-1)



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## Bi-State Classic Results for Goodhue

### 113

#### Ryan Bortz (14-3) placed 2nd and scored 38.0 team points.

Champ. Round 1 - Ryan Bortz (Goodhue) 14-3 received a bye () (Bye)  
 Champ. Round 2 - Ryan Bortz (Goodhue) 14-3 won by decision over Cameron Finch (Tomah) 16-5 (Dec 9-4)  
 Champ. Round 3 - Ryan Bortz (Goodhue) 14-3 won by decision over Braxton Lange (Caledonia/Houston) 10-6 (Dec 7-1)  
 Quarterfinal - Ryan Bortz (Goodhue) 14-3 won by decision over Thaddeus Sigmund (Medford) 15-3 (Dec 2-0)  
 Semifinal - Ryan Bortz (Goodhue) 14-3 won by fall over Elliott Biba (Iowa-Grant/Highland) 15-2 (Fall 3:43)  
 1st Place Match - Reid Spurley (Dodgeville) 16-0 won by decision over Ryan Bortz (Goodhue) 14-3 (Dec 1-0)

### 120

#### Lucas Bortz (18-1) placed 3rd and scored 35.0 team points.

Champ. Round 1 - Lucas Bortz (Goodhue) 18-1 received a bye () (Bye)  
 Champ. Round 2 - Lucas Bortz (Goodhue) 18-1 won by fall over JJ Poarch (Mount Horeb/Barneveld) 7-5 (Fall 5:47)  
 Champ. Round 3 - Lucas Bortz (Goodhue) 18-1 won by decision over Devon Lietzau (Sparta) 8-3 (Dec 7-2)  
 Quarterfinal - Lucas Bortz (Goodhue) 18-1 won in sudden victory - 1 over Graeson Pankratz (Oconto Falls) 11-5 (SV-1 6-4)  
 Semifinal - Treyton Ackman (Spencer/Columbus Catholic) 18-0 won by decision over Lucas Bortz (Goodhue) 18-1 (Dec 7-3)  
 Cons. Semi - Lucas Bortz (Goodhue) 18-1 won by fall over Danny Heiser (Evansville) 19-3 (Fall 0:52)  
 3rd Place Match - Lucas Bortz (Goodhue) 18-1 won by decision over Chance Suddeth (Stoughton) 20-5 (Dec 3-2)

### 126

#### Jeremiah Bien (13-6) place is unknown and scored 10.0 team points.

Champ. Round 1 - Jeremiah Bien (Goodhue) 13-6 won by fall over Thomas Sprosty (North Crawford/Seneca) 5-10 (Fall 2:17)  
 Champ. Round 2 - Jeremiah Bien (Goodhue) 13-6 won by fall over Jordan Zibrowski (Lewiston-Altura/Rushford-Peterson) 10-5 (Fall 1:06)  
 Champ. Round 3 - Chase Beckett (Portage) 18-3 won by fall over Jeremiah Bien (Goodhue) 13-6 (Fall 3:34)  
 Cons. Round 4 - Jeremiah Bien (Goodhue) 13-6 won by major decision over Caleb Pollack (Tomah) 9-5 (MD 13-1)  
 Cons. Round 5 - Carter Spensley (Belmont/Platteville) 14-6 won by fall over Jeremiah Bien (Goodhue) 13-6 (Fall 2:27)

### 132

#### Ethan Breuer (12-5) place is unknown and scored 9.0 team points.

Champ. Round 1 - Peyton Erickson (Hastings) 7-7 won by decision over Ethan Breuer (Goodhue) 12-5 (Dec 6-3)  
 Cons. Round 1 - Ethan Breuer (Goodhue) 12-5 received a bye () (Bye)  
 Cons. Round 2 - Ethan Breuer (Goodhue) 12-5 won by fall over Ryan Frewerd (Pulaski) 10-5 (Fall 2:55)  
 Cons. Round 3 - Ethan Breuer (Goodhue) 12-5 won by fall over Dane Spencer (Waunakee) 5-4 (Fall 3:49)  
 Cons. Round 4 - Walker Hargrove (Middleton) 11-4 won by fall over Ethan Breuer (Goodhue) 12-5 (Fall 2:00)

### 138

#### Beau Jaeger (11-5) place is unknown and scored 11.0 team points.

Champ. Round 1 - Beau Jaeger (Goodhue) 11-5 received a bye () (Bye)  
 Champ. Round 2 - Beau Jaeger (Goodhue) 11-5 won by fall over Benny Bemis (Tomah) 16-5 (Fall 3:45)  
 Champ. Round 3 - Max Ronsman (Luxemburg-Casco) 25-3 won by fall over Beau Jaeger (Goodhue) 11-5 (Fall 3:16)  
 Cons. Round 4 - Beau Jaeger (Goodhue) 11-5 won by fall over Creed Peterson (Hastings) 9-6 (Fall 2:57)  
 Cons. Round 5 - Isaac Blocker (Caledonia/Houston) 17-3 won by major decision over Beau Jaeger (Goodhue) 11-5 (MD 12-4)

### 145

#### Maddox O'Reilly (10-4) place is unknown and scored 4.0 team points.

Champ. Round 1 - Maddox O'Reilly (Goodhue) 10-4 received a bye () (Bye)  
 Champ. Round 2 - Brandon Grabowski (Port Washington) 12-10 won by decision over Maddox O'Reilly (Goodhue) 10-4 (Dec 3-2)  
 Cons. Round 2 - Maddox O'Reilly (Goodhue) 10-4 won by fall over Emmett Brooks (Sparta) 4-4 (Fall 1:31)  
 Cons. Round 3 - Maddox O'Reilly (Goodhue) 10-4 won by decision over Treyton Starkey (Iowa-Grant/Highland) 12-6 (Dec 7-0)  
 Cons. Round 4 - Landon Radtke (River Valley) 20-3 won by decision over Maddox O'Reilly (Goodhue) 10-4 (Dec 3-1)

### 152

#### Makae O'Reilly (13-4) placed 8th and scored 23.0 team points.

Champ. Round 1 - Makae O'Reilly (Goodhue) 13-4 won by fall over Hunter Osorio (Hills-

boro) 2-8 (Fall 1:19)

Champ. Round 2 - Makae O'Reilly (Goodhue) 13-4 won by decision over Colby Lull (Lancaster) 9-7 (Dec 7-0)  
 Champ. Round 3 - Makae O'Reilly (Goodhue) 13-4 won by fall over Hunter Joniaux (Luxemburg-Casco) 20-8 (Fall 5:30)  
 Quarterfinal - Zane Licht (Lodi) 20-1 won by tech fall over Makae O'Reilly (Goodhue) 13-4 (TF-1.5 5:47 (18-2))  
 Cons. Round 6 - Makae O'Reilly (Goodhue) 13-4 won by fall over Carter Kallies (Bay Port) 12-6 (Fall 2:17)  
 Cons. Round 7 - Ashton Miess (Riverdale) 21-2 won in sudden victory - 1 over Makae O'Reilly (Goodhue) 13-4 (SV-1 4-2)  
 7th Place Match - Dylan Ellefson (La Crosse Logan/Central) 21-2 won by decision over Makae O'Reilly (Goodhue) 13-4 (Dec 3-0)

### 160

#### Jeremiah O'Reilly (8-4) place is unknown and scored 3.0 team points.

Champ. Round 1 - Jeremiah O'Reilly (Goodhue) 8-4 received a bye () (Bye)  
 Champ. Round 2 - Mason Lane (Lodi) 13-7 won by decision over Jeremiah O'Reilly (Goodhue) 8-4 (Dec 9-4)  
 Cons. Round 2 - Jeremiah O'Reilly (Goodhue) 8-4 won by forfeit over Forfeit Forfeit (South Saint Paul) 0-2 (For.)  
 Cons. Round 3 - Sulley Ferguson (Chatfield) 7-5 won by decision over Jeremiah O'Reilly (Goodhue) 8-4 (Dec 3-0)

### 170

#### Kade Altendorf (4-3) place is unknown and scored 5.0 team points.

Champ. Round 1 - Gavin Kirsch (Stratford) 16-3 won by fall over Kade Altendorf (Goodhue) 4-3 (Fall 5:58)  
 Cons. Round 1 - Kade Altendorf (Goodhue) 4-3 won by major decision over Hector Rosalez (Sheboygan Falls) 5-8 (MD 14-4)  
 Cons. Round 2 - Kade Altendorf (Goodhue) 4-3 won by fall over Jaydon Bomkamp (Iowa-Grant/Highland) 5-7 (Fall 2:54)  
 Cons. Round 3 - Oliver Stevenson (Orono) 6-7 won by fall over Kade Altendorf (Goodhue) 4-3 (Fall 1:51)

### 182

#### Carsyn O'Reilly (12-6) placed 12th and scored 10.0 team points.

Champ. Round 1 - Carsyn O'Reilly (Goodhue) 12-6 received a bye () (Bye)  
 Champ. Round 2 - Trent Gibbons (Pulaski) 17-3 won by fall over Carsyn O'Reilly (Goodhue) 12-6 (Fall 1:55)  
 Cons. Round 2 - Carsyn O'Reilly (Goodhue) 12-6 won by fall over Xavier Herritz (Hillsboro) 4-7 (Fall 2:57)  
 Cons. Round 3 - Carsyn O'Reilly (Goodhue) 12-6 won by major decision over Cooper Johnston (Cuba City/Benton/Southwestern) 9-9 (MD 8-0)  
 Cons. Round 4 - Carsyn O'Reilly (Goodhue) 12-6 won by decision over Will Nihart (South Saint Paul) 15-4 (Dec 3-0)  
 Cons. Round 5 - Carsyn O'Reilly (Goodhue) 12-6 won by major decision over Tyler Kryzer (Lewiston-Altura/Rushford-Peterson) 6-4 (MD 12-2)  
 Cons. Round 6 - Riley Klar (Aquinas) 11-4 won by decision over Carsyn O'Reilly (Goodhue) 12-6 (Dec 3-1)  
 Cons. Round 7 - Blake Thiry (Prairie du Chien) 15-3 won by fall over Carsyn O'Reilly (Goodhue) 12-6 (Fall 3:29)  
 11th Place Match - Jericho Cooper (Hastings) 11-5 won by decision over Carsyn O'Reilly (Goodhue) 12-6 (Dec 8-5)

### 195

#### Cody Lohman (15-4) placed 10th and scored 21.0 team points.

Champ. Round 1 - Cody Lohman (Goodhue) 15-4 received a bye () (Bye)  
 Champ. Round 2 - Cody Lohman (Goodhue) 15-4 won by fall over Cody Anderson (Zumbrota-Mazeppa) 6-4 (Fall 1:48)  
 Champ. Round 3 - Ayden Goetzinger (Caledonia/Houston) 13-5 won by decision over Cody Lohman (Goodhue) 15-4 (Dec 7-3)  
 Cons. Round 4 - Cody Lohman (Goodhue) 15-4 won by fall over Ethan Ruskell (Chatfield) 7-5 (Fall 2:05)  
 Cons. Round 5 - Cody Lohman (Goodhue) 15-4 won by forfeit over Ethan Dupont (Eastview) 10-2 (For.)  
 Cons. Round 6 - Jed Scallon (Ithaca/Weston) 19-4 won by decision over Cody Lohman (Goodhue) 15-4 (Dec 6-3)  
 Cons. Round 7 - Cody Lohman (Goodhue) 15-4 won by decision over Justice Vaaler (Gale-Ett.-Trempealeau/Melrose-Mind.) 11-4 (Dec 6-0)  
 9th Place Match - Jack Callen (Portage) 18-4 won in sudden victory - 1 over Cody Lohman (Goodhue) 15-4 (SV-1 8-3)

### 220

#### Mason Taxdahl (7-6) place is unknown and scored 4.0 team points.

Champ. Round 1 - Mason Taxdahl (Goodhue) 7-6 won by fall over Jack MacEachern (Prairie du Chien) 1-7 (Fall 1:03)  
 Champ. Round 2 - Paxton Hanke (Lancaster) 12-3 won by medical forfeit over Mason Taxdahl (Goodhue) 7-6 (M. For.)  
 Cons. Round 2 - Hayden Brueggeman (Sparta) 9-2 won by medical forfeit over Mason Taxdahl (Goodhue) 7-6 (M. For.)

## Ellsworth Triangular

Dec. 21, 2021

Goodhue 52 Ellsworth, WI 15

- 106: Lucas Erickson (GOOD) over Noah Walker (ELLS) (Dec 10-5)
- 113: Carson Wright (ELLS) over (GOOD) (For.)
- 120: Ryan Bortz (GOOD) over (ELLS) (For.)
- 126: Lucas Bortz (GOOD) over William Penn (ELLS) (Dec 11-4)
- 132: Jeremiah Bien (GOOD) over Michael Holst (ELLS) (Fall 1:18)
- 138: Ethan Breuer (GOOD) over (ELLS) (For.)
- 145: Beau Jaeger (GOOD) over Kehan O'Neil (ELLS) (Fall 1:21)
- 152: Maddox O'Reilly (GOOD) over John Gillespie (ELLS) (MD 16-4)
- 160: Makae O'Reilly (GOOD) over Ivan Veenendall (ELLS) (Dec 8-2)
- 170: Anthony Madsen (ELLS) over Grant Reed (GOOD) (Dec 7-4)
- 182: Carsyn O'Reilly (GOOD) over Ethan Veenendall (ELLS) (Fall 1:03)
- 195: Louis Jahnke (ELLS) over Mason Taxdahl (GOOD) (Fall 1:30)
- 220: Cody Lohman (GOOD) over Ryan Matzek (ELLS) (Dec 5-0)
- 285: Caleb Kurtti (GOOD) over Owen Bee (ELLS) (Fall 1:38)

Dec. 21, 2021

Goodhue 78 Somerset, WI 0

- 106: Lucas Erickson (GOOD) over (SOME) (For.)
- 113: Double Forfeit
- 120: Ryan Bortz (GOOD) over (SOME) (For.)
- 126: Lucas Bortz (GOOD) over (SOME) (For.)
- 132: Jeremiah Bien (GOOD) over Kohen Bonnell (SOME) (Fall 0:21)
- 138: Ethan Breuer (GOOD) over (SOME) (For.)
- 145: Beau Jaeger (GOOD) over Landon Wilson (SOME) (Fall 0:31)
- 152: Maddox O'Reilly (GOOD) over (SOME) (For.)
- 160: Makae O'Reilly (GOOD) over Alex Lange (SOME) (Fall 1:56)
- 170: Jeremiah O'Reilly (GOOD) over Ethan Osborn (SOME) (Fall 0:39)
- 182: Carsyn O'Reilly (GOOD) over (SOME) (For.)
- 195: Mason Taxdahl (GOOD) over Austin Mitchell (SOME) (Fall 1:04)
- 220: Cody Lohman (GOOD) over Anthony Carrico (SOME) (Fall 1:08)
- 285: Caleb Kurtti (GOOD) over Matheo Ngbemeneh (SOME) (Fall 4:18)

## Goodhue Football Awards 2021



Blake Carlson, MVP Most Valuable Player  
Grant Reed, MIP Most Improved Player



All District  
Maddox O'Reilly, Makae O'Reilly, Will Opsahl, Malakye Parker, Adam Poncelet,  
Blake Carlson

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## Goodhue and Bellechester Debut New Christmas Festivities

(continued from page 1)

Saint Nicholas and some of his special helpers visited the main tent that showcased a large, decorated tree. German food and beers sold by the Lion's club and JayCee's were also available inside the tent.

The clip-clop of horse hooves and jingle of sleigh bells signaled the arrival of Ron and Megan Gabrielson, who provided horse drawn wagon rides around town. The Gabrielsons live in Bear Valley East of Mazeppa and have 4 horses, 2 for riding and 2 for the hitch. Originally from Litchfield, MN, Ron started working his first team with his dad. His current team of horses are 14 and 15 years old. He says he doesn't ride for pleasure as much as he used to but is part of

the Goodhue County Sheriff's Posse.

The Gabrielsons also appeared in the first-ever lighted Christmas parade held in Bellechester the evening of December 11th. Santa hitched a ride for the parade and others were able to enjoy the experience afterward.

The parade and socializing that followed was the second event sponsored by the newly established Bellechester Lion's Club. (The first was a family fun day held last Summer).

In addition to the horse hitch, the 5 pm parade included 5 fire trucks and 16 other entries including ATV's, wagons, cars, and a dirt bike. Generators and inverters powered the creative lighting features. There was a \$10 entry fee with prizes award to the top 3 entries. Placing 3rd and receiving \$25 was "The Dairy Van" entered by Erica Huneke of the BC Cattle Co. 2nd Award of \$50 went to Jason Zemke for his "Polar Bear and Christmas Tree" float. Tim Flynn place 1st riding his dirt bike dressed in a puffy "Rudolph" costume. He said it was a cold ride with the air coming into a port that puffs up the costume but was rewarded with a Timberwolves package that included a basketball and 4 tickets to a game.

Attendees warmed up in the Legion after the parade with hot chocolate and holiday



Lana Huemann (right) welcomes folks to her table in front of the Workout 24/7 building she and her husband own. The fitness center will be popular in January as we all try to drop those holiday pounds. Lana is also part of the Ben Olsen Real Estate team. She and her sister, Jodi Hanson (left) offer hot cider and soup to visitors while promoting both businesses.

treats. Santa accepted letters and wishes from the children and the Lion's collected donations for the food shelf and Toys for Tots.

Both towns' events were well attended and very successful.



Julie Thermos sold hand-made crafts from her booth at the market. She says crafting is her stress relief. She bought her tent in 2020 in preparation for the event that was originally planned but cancelled due to Covid lockdowns.



This Polar Bear represented Ted and Lora Keller's Dairy near Bellechester. The bear was lit with a power inverter connected to a port inside the pickup.



Isla Dennis of Stillwater got to visit with Santa and Rudolph inside the American Legion. Tim Flynn won first prize in the parade for riding a motor bike in his Rudolph costume.

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Bidding Begins: ... Dec. 31, 2021  
Starts Closing: ... Jan. 9, 2022  
Kenyon, MN  
ONLINE ONLY CLEAN TRIPLE ESTATE AUCTION  
MG Convertible Car, Fish-N-Ski Boat, Wood Working Tools, Power Tools, Antique & Modern Furniture, Glassware, Fireking, Hummels, Farm Primitives, Commercial Kitchen Equipment

**January 16, 2022**  
Bidding Begins: ... Jan. 8, 2022  
Starts Closing: ... Jan. 16, 2022  
Kenyon, MN  
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**Dispose of Holiday Greens and Christmas Trees Correctly to Protect Minnesota's Trees and Forests**

Pests of concern include elongate hemlock scale, a small insect established in the eastern U.S. where many decorative Fraser firs are grown. Feeding damage from this invasive insect can cause the needles of hemlocks, firs, and spruces to yellow and prematurely drop. Also, boxwood blight and Oriental bittersweet, sometimes found on wreaths and centerpieces, can endanger native trees and other landscaping. The Minnesota Department of Agriculture (MDA) has more information on these threats.

To protect our environment, the State of Minnesota is asking residents to properly dispose of greenery and trees after the holiday season.

Use a curbside tree collection or bring trees to a designated drop-off site. Check with your waste hauler, city, or county to see what services are offered in your area. The Minnesota Pollution Control Agency has a map of yard waste compost locations; contact locations directly to see if they accept trees and greenery.

Do not toss trees and greenery into backyard woods or your residential compost pile, which will propagate the infestation.

The last resort would be to burn the greens. Always check with local ordinances first and follow them.

If you suspect your greenery or tree may be infested with an invasive insect or disease, contact the MDA's Arrest the Pest line at 1-888-545-6684, [arrest.the.pest@state.mn.us](mailto:arrest.the.pest@state.mn.us), or through the online reporting form.

**Goodhue County 4-H Youth Make a Small Difference in Hundreds of Lives** (continued from page 1)

This project was an opportunity to instill the idea in our 4-H members that service can come in many shapes and sizes – a small service project like creating and signing cards for our service members will now impact over 300 lives in a small but meaningful way this Holiday Season.

Goodhue County 4-H and the Veterans Office would like to thank each of the 4-H members and clubs who participated in this project.

With more than 200 screened adult volunteers, 600+ 4-H members and 19 4-H clubs across the county, Goodhue County is ranked one of the largest 4-H programs in Minnesota.

To find out more information about 4-H, or to locate a 4-H club in your area, please visit the 4-H website at [extension.umn.edu/local/goodhue](http://extension.umn.edu/local/goodhue), or contact the Goodhue County 4-H Extension Educator, Aly Kloeckner, at the Goodhue County Extension Office at (651) 385-3100 or [schw1348@umn.edu](mailto:schw1348@umn.edu)

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## Omicron Variant, What You Need to Know



By Shauna Burshem, D.C.

This month I would like to address the Omicron variant of the coronavirus. As you are aware, unless you have been living under a rock, the news outlets are non-stop reporting on this variant and from what I have seen, the stories tend to lean towards sensationalized reporting. The one thing that I can say concerning news reporting is that in the last year or so it has definitely taken a large swing away from science based factual reporting to a more politically and financially driven style of "talking points" that are seen on all of the news channels.

That being said, let me share with you what I have researched and learned about the Omicron variant. The Associated Press participates in an ongoing effort to fact check misinformation concerning the coronavirus. One of the factually true statements published on their website says that viruses constantly mutate as they copy themselves. Some mutations may not make meaningful changes, while others can give the virus new characteristics. Early scientific theories suggest that as viruses evolve, they would become more contagious and less lethal so that they can keep spreading and basically stay alive. Viruses want to live. Evolving to a less lethal variant ensures the viruses survival. Even though this is accepted by the scientific community, it is also accepted by the scientific community that this is not always the case and some viruses can become more dangerous. Examples of this include the bird flu which was not initially harmful to humans, but became resistant to medical treatment and the deadly Ebola virus. According to Troy Day, a professor of mathematics and biology at Queen's University in Canada, who has studied the ways infectious diseases, including coronavirus evolve, viruses becoming more transmissible and less lethal are absolutely what's best for the pathogen."

How does this apply to what we are dealing

with right now in the surge of the Omicron variant? The Washington Post recently reported on a press meeting with Ryan Noach, the chief executive of Discovery Health (private health insurance company in South Africa). In a nod to natural immunity, Noach went on to say that the disease is less severe in South Africa because 70% of the population have already been exposed to the coronavirus. He also stated that most infections are described as mild with recovery within 3 days. The most common symptoms were scratchy throat, nasal congestion and body aches. He then said there was less evidence of respiratory infections.

Wendy Burgers of the University of Capetown, S.A. presented research last week at a World Health Organization (WHO) symposium that shows the body's own natural T-cell immune response is strong against the Omicron variant.

Bloomberg news reports on 12/17/21 that South Africa is reporting a much lower hospitalization admission rate with the Omicron variant. In a timetable comparison of Omicron to the Delta variant, Omicron hospitalization is 1.7% while at the same point when Delta emerged the hospital admission rate was 19%. The South African Health Minister Joe Phaahla presented evidence that the Omicron strain is milder and Michelle Groome, head of Health Surveillance for the S.A. National Institute of Communicable diseases says that "We are really seeing very small increases in the number of deaths." Statistics were showing an increase of the average covid-19 death by 1 or 2 in the time period sampled compared to prior weeks.

With all that being said, there are concerns. The major Omicron concern is the rapid spread rate. The virus spreads fast. Even though symptoms are mild, if you think of this virus as flu like, the concerns with the yearly flu always point to the elderly. The flu on average kills about 30,000 people per year with one record year of around 60,000 people. The flu virus mutates and evolves every year. The flu vaccine is always based on the previous year's strain and this is why some studies point to the flu vaccine's effectiveness at 30-40%. As with the flu, people with comorbidities such as immune system disorders, cancer, asthma etc. and the elderly will be more at risk for severe illness with Omicron (as well as Delta and the original Covid-

19). If you are in these categories, it would be wise to take the same precautions you would take during flu season. Also, these pre-existing condition or categories might want you to consider wearing your mask in public and social distancing.

Please remember that being vaccinated for covid-19 is NOT protection from catching the virus. This fact has been misrepresented constantly in the press. This misrepresentation has caused a lot of the general public to think that they are protected from viral spread. The vaccine was designed to protect people from having a covid-19 infection turn into a severe case and while at the same time decreasing the hospitalization rate. That being said, the other concern with the Omicron variant is the stress on the health care system. The rapid spread and burst of infection will result in more people going to the doctor, urgent care or a trip to the ER. Again, think of this as a flu season. Most people when sick with the flu, make a visit to their doctor. With the spread rate much higher than the flu, Omicron may double to triple the amount of people heading to the doctor for their symptoms. This will also affect covid-19 case statistics as every doctor visit will include a coronavirus test. Cases of the virus will naturally increase with increased testing.

What should we do to protect ourselves? Number one, do not be scared. The news will scare the heck out of you. As with the yearly flu season, we have to learn how to live a nor-

mal fear free life and exist with the virus. How we do that is to take the time and effort to naturally ensure your own immune system is given all it needs to function normally and be healthy. Monitor your vitamin D levels and supplement with vitamin D in the winter time. Take enough vitamin D to be healthy. Research points to 35 units per pound of bodyweight. Daily Elderberry has antiviral properties. Your medicine cabinet should include zinc and quercetin, a multivitamin and vitamin C. Eat whole organic foods. Processed food, especially foods high in sugar, lower immune system response. Wash your hands regularly. Exercise daily (it increases immune system performance), get plenty of sleep 7-8 hours a night, anything less decreases immune system function. If you do happen to catch the coronavirus (any variant) follow the I-Math+ protocol as advocated by the Front Line Critical Care Doctors Association. These doctors have developed medical treatments that literally ensure increased survival rates to this virus. If your doctor or hospital is not familiar with these protocols go to their website [www.covid19criticalcare.com](http://www.covid19criticalcare.com) and print out the protocols. There are protocols for prevention, early treatment and severe cases. Lastly, make regular visits to the chiropractor and massage therapist. Both approaches to holistic health care have medically researched and published papers that show an increase in immune response.

## MISSY'S MESSAGE



MISSY PAPENFUS

### HAPPY NEW YEAR! NONNEGOTIABLES

Trying to stay on track with a healthier lifestyle can be trickier this time of year. Not wait for the new year to "reset" to better habits. Try a new approach. Set some "nonnegotiables" for yourself.

- Drinking water. I shoot for 8 glasses daily. Its not always doable; I just try my best to get as close to that as I can. Reducing that goal to 7 1/2 glasses seems to work for me. It is almost the same, why is it so much easier to get in 7 1/2 glasses versus 8? Some days I only get

5 or 6.

- Exercising first thing in the morning. I try to do some sort of exercise. I schedule in my exercise ahead, so I have a plan and move to plan B when needed. Taking a walk with a friend, if she can't come, I hop on my treadmill. Last week when the weather was bad, I was scheduled for an early morning exercise class on zoom. The teacher never showed up, so I moved to plan B and hopped on my treadmill. If I am late and can't make the live zoom class, I catch a prerecorded exercise class. This morning I was late getting up, but I jumped on our small indoor trampoline for 20 minutes. I also walk to the post office very day I work at MotoProz. That is a nonnegotiable! Something is much better than nothing. I have 6,000 steps for the day so far and it is almost noon on Saturday. I should have plenty time to get in a few more steps closer to my goal of 10,000 steps a day.

Make your own nonnegotiables. Do what works best for you!

#### Memo from MotoProz...

Let it snow! New and used snowmobiles (along with vehicles/trailers for that matter) have been hard to come by lately. If you are looking to trade, be prepared and know what you want. In this market, there is no time for debate or by the time you think about it, the machine is gone. Try to think ahead now. Are you in the market for a new snowmobile? A ZR 120 or ZR 200 for your kids? Decide now, and snow check. You put money down in the spring and you pay the balance and pick it up when it comes in. The market prices of used machines, with some planning ahead, you can get a new one for used price which includes a warranty. If you have any questions, don't hesitate to give us a call 507-843-2855.

Missy and her husband Mike own MotoProz in Mazeppa.

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## Never Stop Getting Better



By Harvey Mackay

Do you know what makes someone worthy of the title “greatest of all time” or GOAT?

It’s so much more than natural talent, excellent coaching, or dumb luck.

No, it’s the constant effort to improve. Even those at the top of their game must keep getting better no matter how many victories they have amassed.

And this isn’t just confined to sports. The “GOAT” designation can be applied to every kind of occupation.

One example that comes to mind quickly is Tom Brady, superstar quarterback of the Tampa Bay Buccaneers, formerly of the New England Patriots. He was recently interviewed in the “Wall Street Journal Magazine”

and talked about how he strives to get better every day.

In particular, he was asked “What’s one thing you have too much of?” Brady answered: “I have too many people who tell me too many nice things. I feel like I need more critical evaluation of certain things. So many people want to try and please me. A lot of people don’t want to let me down. But it’s nice to get a real straight, truthful answer.”

Too many people surround themselves with what I call “Yes” people. What I’m referring to are people who kiss up to you and tell you the things you want to hear. When I ask people for advice on something, I always preface it with, “Don’t tell me what I want to hear.”

Like Brady, I realize that the only way to get better is with honest feedback. The amazing thing about Tom Brady is that he is already the GOAT and yet he wants to get better. He knows that if you want to be great you have to continue to improve.

Look at the greats in all sports, from Michael Jordan in basketball to Serena Williams in tennis and Wayne Gretzky in hockey, they all tried to improve every day and season. Jordan picked something to work on during each off-season to be better the following year, be it rebounding, three-point shooting or defense. How many times have you heard an athlete say they are just focused on getting better every day?



It’s much the same in business. Look at Warren Buffet, investment genius and one of the world’s richest people. At age 91 he is still trying to get better every day. He has no intention of slowing down.

As Will Rogers said, “Even if you are on the right track, you’ll get run over if you just sit there.” Complacency is death. Even if you’re doing the right thing, if you’re not moving forward and getting better, you’ll get run over. The competition will overtake you.

Elon Musk is another shining example. From electric cars to outer space, Musk just keeps reaching further and further – and now his SpaceX company has been ranked as the second most valuable private company in the world.

Lifestyle maven Martha Stewart offered this philosophy, “You should never accept what can be offered to you if you feel it can be improved.” She has plenty of experience with improving all sorts of everyday items.

You don’t have to look far to find examples of people who have achieved success and outperformed even their seemingly impossible ambitions. Somehow, they find the inspiration or the courage to take the next step. They may not become the GOAT, but they don’t quit just because they’ve had a little success. Half the fun is in the pursuit of

greatness.

Every day is a chance to be better than the day before. We can always make room in our lives to get better, whether that means improving our health, our finances or our personal relationships. Even if we think things are perfect, there’s likely an area or two where we could put in a little extra work. That’s not to say that self-improvement is always easy: It’s not.

We didn’t invent this concept. I daresay humanity would still be living as in prehistoric times had our ancestors not tried constantly to improve their lot. Chinese philosopher Confucius, who lived during the 6th century BCE, offered this wisdom: “The will to win, the desire to succeed, the urge to reach your full potential . . . these are the keys that will unlock the door to personal excellence.”

A hundred years ago, who would have imagined the innovations in communication, transportation, medicine and so many other parts of our lives. A hundred years from now, who knows?

Mackay’s Moral: If it ain’t broke, you can still fix it.

*Reprinted with permission from nationally syndicated columnist Harvey Mackay, author of the New York Times #1 bestseller "Swim With The Sharks Without Being Eaten Alive."*

**fw**

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## The Work of Live Well Goodhue County is Contributing to Lower Childhood Obesity Rates in Minnesota

*National report finds Minnesota has some of the lowest childhood obesity rates in the nation*

By Goodhue County Health & Human Services

The work of Live Well Goodhue County is contributing to lower childhood obesity rates in Minnesota due to its focus on healthier eating and opportunities for increased physical activity.

A report prepared by the Robert Wood Johnson Foundation, which came out within the last month, found that while one in six young people nationwide have obesity, the rates in Minnesota are much lower. Minnesota ranks 43 out of 50 states and the District of Columbia in childhood obesity rates.

“The findings of this report make clear that one of the key reasons for Minnesota’s lower childhood obesity rates is the ongoing work in the state to provide opportunities for children and youth to eat healthier and be more physically active. That is exactly some of the work we are engaged in,” states Megan Roschen, Live Well Goodhue County Coordinator. Some of those local projects include safe routes to school, which makes it easier and safer for kids to walk and bike to school, active recess and active classroom opportunities, community gardens, and programs such as Power of Produce (PoP) which provides support for local farmers markets.

“It has been an absolute pleasure working with Megan and Live Well Goodhue County. When we partner school and local resources together it gives us more opportunities to introduce kids to exciting ways to move and be healthy,” says Tom Horner, Wellness/Mental Health Coordinator at Pine Island School District. “One example is the active recess grant we received at Pine Island, which includes fitness and agility equipment to promote kids having more options to stay active at recess. My passion is to inspire others to live happy and healthy lives, and every child deserves these positive experiences at a young age.”

“We are so grateful for our partnership with Live Well Goodhue County on our Power of Produce program,” states Sara George, Market Manger from the Red Wing Farmers Market. “We are empowering children to make healthy eating choices from a young age by providing the \$2 tokens for them each time they come to the market. But even better is that these children want to come to the market, they are begging their parents to go each



week. It is creating a snowball effect, where the parents are then meeting the local farmers and having conversations around healthy eating habits. This benefits the farmers, the children, the individual families and then impacts the well-being of the community as well as our local volunteers who simply love seeing the faces of children attending the market bounce with excitement. This has been a win-win for our market.”

The Robert Wood Johnson report also found that other contributing factors to Minnesota’s lower childhood obesity rates include physical education being required in the schools, nutrition program standards and healthy food financing.

According to the U.S. Centers for Disease Control and Prevention, children who have obesity are more likely to have high blood pressure and high cholesterol, which are risk factors for cardiovascular disease; increased risk of impaired glucose tolerance, insulin resistance, and type 2 diabetes; breathing problems, such as asthma and sleep apnea; and joint problems, as well as other potential ailments and diseases.

“While, when compared to much of the rest of the nation Minnesota’s childhood obesity rates are positive, they are still too high, especially among certain populations. We need to continue to do everything in our power to work to drive down those rates and thereby help to improve the health of our youth,” says Kris Igo, director of the Minnesota Department of Health’s Office of Statewide Health Improvement, which oversees SHIP.

The findings of the Robert Wood Johnson Foundation’s State of Childhood Obesity report came from the 2019-2020 National Survey of Children’s Health, along with analysis conducted by the Health Resources and Services Administration’s Maternal and Child Health Bureau. A full copy of the report, which includes the Minnesota findings, can be found online at <https://stateofchildhoodobesity.org/2021report/>



By Jim Miller

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**Dear Savvy Senior:**

*I'm interested in tracking down some old friends I've lost touch with over the years but could use some help. What websites can you recommend that can help me find them?*

**Tracking Tom**

Dear Tom: Thanks to the Internet, tracking down long[1]lost friends from many years ago is relatively easy to do and, in most cases, it won't cost you a cent. Here are some tips and online tools to help you get started.

**Remembering the Details**

Before you begin your search, a good first step is to jot down any information you can remember or find out about the people you're trying to locate. Things like their full name (maiden and married), age or birth date, last known address or phone number, old e-mail address, names of family members, etc. Knowing details can help you turn up clues while you search. **Social Media and Search Engines**

After you compile your information, a good place to start your search is at social media sites like Facebook, LinkedIn, Twitter and Instagram. And search engines like Google and Yahoo. When using search engines, type in the name of the person you're searching for in quotation marks, for example, "John Smith." You can narrow your search by adding other criteria like their nickname or middle name, the city or state they may live in, or even their occupation.

**People Search Sites**

If your initial search comes up empty, you can also use people searches like AnyWho.com, Intelius.com or WhitePages.com. These sites will provide a list of potential matches from across the U.S. Because many people share the same name, these sites will also supply details to help identify the right person, perhaps including their age, prior hometowns, names of relatives, colleges attended or employer. While these sites are free to use at a basic level, they charge a small fee for providing certain details like the persons contact information. WhitePages, however, sometimes provides home phone numbers for free. Niche Finding Sites Here are a few other niche people-finding websites to help you with your search. To look for old high school classmates, try Classmates.com. This site has contact information only for people who have registered with it. But even if your friend hasn't registered, it could provide contact info for another classmate who remains in touch with your friend. Another option is to check out your high school alumni website. Not every school has its own site, but some do, and you can look for it by going to any search engine and typing in the name of the school with the city and state it's located in. You can also search at AlumniClass.com, a huge hosting site for thousands of high schools across the U.S. If you're looking for old college friends, look for an alumni directory on the school's website. You might be able to access your friend's contact info by completing an online registration. Or, try calling or emailing your alumni relations department and ask them to pass on your contact info to your friend.

If you're looking for someone you served with in the military, Military.com offers a free "Buddy Finder" service that has a database of more than 20 million records – visit [Military.com/buddy-finder](http://Military.com/buddy-finder). You can also search for free at [Gsearch.com](http://Gsearch.com), [TogetherWeServed.com](http://TogetherWeServed.com) and [VetFriends.com](http://VetFriends.com). If you can't find any current information about the person you're searching for, it could be that he or she is dead.

To find out if that's the case, use obituary databases such as [Tributes.com](http://Tributes.com) and [Legacy.com](http://Legacy.com), which has a newspaper obituary search tool from hundreds of U.S. newspapers.



## Bellechester City Council Meeting Agenda

### November 17 @ 6:00PM

Regular City Council Meeting was called to order by Mayor Jody Gordon at 6:01 p.m. Pledge to the flag.

Roll call was taken: The council in attendance: Mayor Jody Gordon, Council people, Rich Majerus, Kyle Blattner, Jered Buxengard, Mark Gerken, as well as Lisa Redepenning. Goodhue County Sheriff Marty Kelly as well as Goodhue County Deputy Sheriff Mychal Johnson was also present. Treasurer Kyle McKeown and City Engineer Matt Mohs were absent.

Minutes of October, 2021 meeting were reviewed and motion was made by Rich Majerus with a second by Mark Gerken to approve the minutes. Motion carried.

Bills were reviewed and a motion by Mark Gerken with a second by Kyle Blattner to approve and pay the bills as presented. Motion carried.

#### Old Business:

- Sewer Grant – update progress. – update on what Matt Mohs sent this week on easement progress/update on Small City Assist application.
- Burn Pile Fee Structure & Camera update – discussion on what was found. DNR will fine us \$275 for non brush items in our brush only pile. This amount does not include county or court fees. Further review and dis-

ussion will occur. Signs are up for both recycle bins and brush piles.

#### New business:

• Goodhue County Sherriff's Office Law Enforcement Service Agreement for 2021 – discuss and approve. Goodhue County Sheriff Marty Kelly presented the agreement to council and answered questions. He introduced the new Commander of patrol division – Mike Johnson. Motion was made by Jered Buxengard with 2nd by Rich Majerus to approve the agreement with Goodhue County for law enforcement needs for 2022 for the city. Motion carried.

• Special Assessments – approve and certify to county. Motion was made by Rich Majerus with a 2nd by Kyle Blattner to approve the assessments as defined. Motion carried.

• Agreement for State Building Code Administration with County – discuss and approve.

Motion was by Mark Gerken with a 2nd by Rich Majerus to approve the State Building Code Administration Agreement with Goodhue County. Motion carried.

• Approval Final Levy for 2022 – review and approve. Motion was made by Mark Gerken with a 2nd by Jered Buxengard to approve the final levy of \$60,000 for 2022. Motion carried.

• Snow plowing for 2021-2022 Season – discuss and confirm. Kehren will return to

provide services to us for snow plowing. Motion by Rich Majerus with a 2nd by Kyle Blattner to approve Marty Kehren for snow plowing/snow removal services for the city. Motion carried.

• Goodhue/Bellechester Messenger – Discuss possible donation to newspaper. Motion was made by Jered Buxengard with a 2nd by Rich Majerus for a donation of \$200.00 to go to Goodhue/Bellechester Messenger. Motion carried.

**Engineer Report** – none.

**Clerk Report – Special Assessments** – Current list will be distributed at meeting. 1 resident has contacted us to arrange a payment schedule. Old Bar Property Offer - This item was discussed at the most recent Wabasha County Board meeting. The offer of \$500 was rejected by the Board.

**Snow Plow Billing** – I have a letter drafted to go along with the check that we need to receive the billing by 6/1 of each year. Private I & I Ordinance – In the packet is the sample ordinance from the League of MN Cities that we can modify for our use. DNR Fees – The fees quoted from DNR on burning unapproved items in brush pile would be \$275; this does not include court fees and county fees. Census Bureau - I have not received a response to my email about the 7 vacant housing units that they identified as being in city limits. I have followed up on this

**Illegal Dumping in Brush Pile** – I inquired with Goodhue County to see how we would proceed if the identified individual is unknown to us and this is their response:

Unfortunately, we can't release information to you from license plates. I would recom-

mend calling in and reporting it to Dispatch and have a Deputy do a report. Then the suspect information would be in the report and some of it would be public information. Then you could work with the Deputy regarding that case on the type of action you would like done. I verified if there was a cost to creating reports for this and they indicated there would be no charge for us doing a report since we have a contract with them. They would cover the cost.

**Treasurer Report** – None.

**Water/Wastewater/Facility Report** – Water concerns in town was discussed.

**Mayor Concerns:** Lions lighted parade on December 11. See website for details.

**Council Concerns:** Old bar property was discussed. Council discussed offering Wabasha County \$1000 for the old bar property. Motion was made by Rich Majerus with a 2nd by Jered Buxengard to counter offer Wabasha County \$1000 for this property. Motion carried.

Motion was made by Rich Majerus with a second by Kyle Blattner to adjourn the meeting. Motion carried. Meeting was adjourned at 6:58 pm. Next meeting is November 17th @ 6:00 p.m. at the Bellechester Community Center.

Submitted by Lisa Redepenning – City Clerk

- Reminder - No motor vehicle shall be left parked on any street(s) or public way in the City, from Nov. 1 thru April 1 the hours of 2am until 6am.
- Yard Cleanup – Please take the time to clean up anything stored on your property. Please help to make our city tidy.



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**City of Goodhue  
Council Meeting Minutes  
October 27, 2021 @ 6:00 pm**

Members present: Mayor Kerry Bien, Patrice O'Reilly via Zoom, Terry Anderson Buck, Jason Thuman & Wayne Hahn. Also present were Richard Gorman, Laural Seither, Nick Sievers, Mitch Breuer, Sue Scanlan & Mitch Massman.

Motion by Hahn, seconded by Thuman to approve the agenda. Motion carried.

Motion by Anderson Buck, seconded by Thuman to approve the council minutes of October 13, 2021. Motion carried.

Motion by O'Reilly, seconded by Hahn to accept snow quotes from Thomforde Enterprises & Lodermeier Inc. Motion carried.

Motion by Hahn, seconded by Thuman to table utility rate decision. Motion carried.

Motion by Thuman, seconded by Anderson Buck to cancel the second meeting for November & December. Motion carried.

Motion by Thuman, seconded by Hahn to pay the bills. Motion carried.

Motion by Hahn, seconded by O'Reilly to adjourn the meeting. Motion carried.

Respectfully submitted,  
Lori Agre, City Clerk

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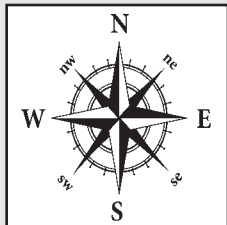
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## Changes in Latitudes, Changes in Attitudes Farmer Seed Corn Dealers



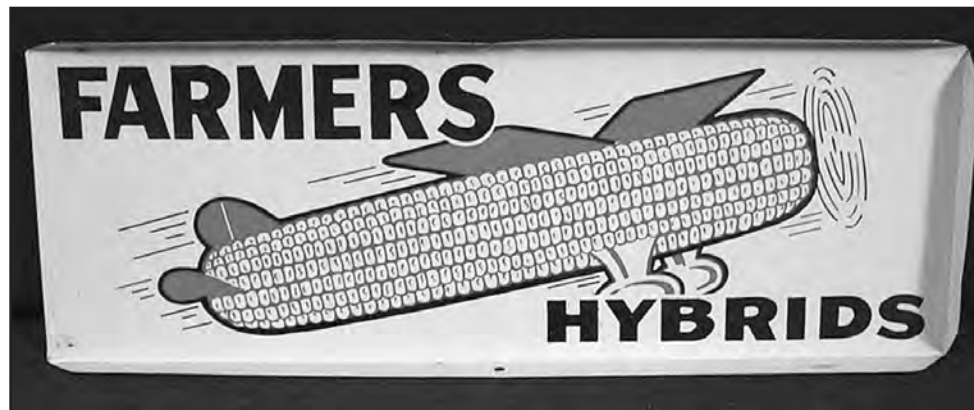
By Terry Campbell

*This column is written by Messenger editor and Minnesota native Terry Campbell. Terry now splits his time between Minnesota when it's warm here and Tennessee when it's cold here.*

Cleaning out some buildings on the farm this fall I came across some metal seed corn company signs. Does anyone else remember when many farmers were also seed corn dealers? It was a common thing in the 1960's. All throughout the country along side the mail box was a tin sign with the seed corn company and often the farmers name below. Dekalb, Pioneer, Blaney, Funks, Mallard, Lowe, Trojan, Crows, Renk, Supercrost, Northrup King and Farmers Hybrid are a few that come to my mind. I can still remember the farmer's names as well who sold each brand.

Each farmer would grow his crops and try to sell his neighbor on the variety that produced the highest corn yield on his farm. Small pocket notebooks were handed out with a few pages of advertising of the companies seed varieties and plenty of ruled pages for record keeping of planting dates, fertilizer rates and anything pertinent that occurred during the summer.

My dad planted a seed plot every year. In the spring, Wally Thompson, the field rep for



Farmers Hybrid would come out and they would measure, mark, plant and record dozens of varieties of seed corn. Four rows of each. Plant to the end of the field and then dump the seed back in the bag and put a different variety in the seed hopper and head back across the field. Neighbor farmers would drop off a partial bag of seed of their brand to be planted as well.

The fun part was in the fall. When harvesting time came and the field day arrived. Wally would show back up with the weigh wagon and the combining commenced. Farmers showed up to watch the results and the yields tallied on a big tagboard chart. Everyone was excited to see how the corn yields were competing. And there was pop, coffee and doughnuts for all as the results unfolded. The farmer seed corn dealer whose variety did the best would be getting orders for that seed variety for the coming year from all his neighbors. Everyone hedged their bets by ordering a few bags each of the top five or more performers. I was a little kid but this seemed as fun as a

day at the fair to me. A couple hours in the middle of a cornfield listening to my neighbor farmers talk farming beats almost anything else hands down. It was a noble profession and I was in the presence of the experts as they passed around their wisdom.

After the harvest was over and the field work done, I could look forward to the seed company meetings in the winter. My dad took me with him and I reveled in the event. It was usually held at a fancy restaurant in the evening and started out with a great meal. Not like the local café or my mom's supper. This was a steak and baked potato, and a couple things I didn't recognize but always delicious. Then came the sales pitch for next year's new varieties and expectations and awards for farmer dealers who sold the most bags of seed corn that year. They passed out pencils, pens, notebooks, stickers and those tin signs that we put out by the mailbox to tell all our neighbors what company my father represented. It made me feel pretty important as a young kid to know my dad was a farmer dealer.

## A Minnesotan: Snow Fall



By RosaLin Alcoser

Being high up though makes the snow fall better in a different way from the ground; don't get me wrong I love to watch the snow fall from home on the ground level. But when you're high up, you don't have any chance of having to go out in the snow for the rest of the day, and looking out over the snowfall the world looks like a snow globe.

During that first really big snow of the season when I looked out my window it reminded me of looking into my mother's snow globe that she would put out at Christmas.

That first snow also reminded me that when you watch a snow plow from high up that all the plows- big and small- look a lot like the robots from Wall-E. Which is tons of fun to watch because not only can you watch the plows go while pretending that they're little animated worker robots, but you can also give them names. I for one like to call the one that does the loop for my building 3X7-J; because why not.

At the end of any day when we don't have to go away, watching the snowfall can be pretty and sometimes fun. It can be even more fun when you get to watch it from a different perspective... and when you're not the one who has to move it after.

It is already a known fact to me that watching it rain from the 11th floor of a high rise apartment can be anti-climatic. However, what I have learned in the last few weeks is that watching it snow from the same height can be extremely pretty.

A couple of weeks ago we got the first really big snow of the year here in the Twin Cities on a Friday afternoon, prompting me to work from home for most of the day. Because just because I can drive through snow and my Subaru can make it through loose sand doesn't mean that I want to do that.



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| Cheryl Gardzinski | Lori Windhorst   |
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| Lauren Piper      |                  |

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  26. Freed
  30. In the past
  31. Small type of drum
  34. \*Wine in Italy
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  37. Chow down
  38. a.k.a. honey badger
  39. Wet nurse
  40. HervÉ Villechaize on "Fantasy Island"
  42. Expression of doubt
  43. Founding Father
  45. City in Japan
  47. Shock and \_\_\_\_
  48. Jawaharlal's last name
  50. \*Driest type of sherry
  52. \*a.k.a. black treacle
  55. Softly-softly, loris' cousin
  56. A Flock of Seagulls' 1982 hit (2 words)
  57. \*Cabbage amount
  59. Alexandre Dumas' "The Black \_\_\_\_"
  60. What seekers do
  61. Consequently
  62. Everything
  63. Temporary craze
  64. Swedish shag rugs
- DOWN**
1. Physique, informally
  2. Pelvic bones
  3. Spill the beans
  4. Certain fir
  5. \*Fusilli or ziti
  6. Same as #39 Across, pl.
  7. Supreme pontiff
  8. Puff
  9. Field worker
  10. Be off base
  12. Capital of Philippines
  13. Be at the helm
  14. \*Ballerina-inspired dessert
  19. All worked up
  22. \*Granola serving
  23. TĒa Leoni's "\_\_\_\_ Secretary"
  24. Old World lizard
  25. Unicellular organism
  26. Stroke on a green
  27. Lithograph, for short
  28. Japan to U.S. in WWII
  29. \*Stuffed grapevine leaf
  32. \*Flageolet or azuki
  33. \*Popular breakfast cereal
  36. \*Type of #34 Across
  38. Lion sounds
  40. One little piggy?
  41. Easily available (2 words)
  44. One clean one?
  46. \*Betty Crocker fruit snack
  48. Waterwheel
  49. Serengeti grazer
  50. Unplayable baseball
  51. It will, contraction
  52. Irk
  53. Like a ghost
  54. Long novel
  55. School support org.
  58. Opposite of don'ts

## Utilizing American Rescue Plan Act (ARPA) Funds for Mental Health Needs in Goodhue County

The COVID-19 pandemic has created and contributed to an immense need for mental health supports and services in our communities. Part of the emergency preparedness role of Goodhue County Health and Human Services (GCHHS) is not only to widely administer the vaccine but to also work with our communities in the recovery process from this pandemic.

Mental Health Survey  
In August, 2021, the Mental Health Coalition of Goodhue County distributed a survey asking our community about their mental health needs and concerns. The Mental Health Coalition strives to create a strengthened and unified framework to improve mental health and reduce duplication in Goodhue County. Their vision is for a Goodhue County that has mentally healthy and thriving kids and adults. 259 people responded to the survey from throughout the county. After the survey, the Mental Health Coalition also conducted and continue to conduct focus groups regarding the mental health needs in our community. Here are a few key points from the

Mental Health Survey:  
• 51% of respondents in Goodhue County report that their mental health has “gotten worse” since March, 2020.  
• 52% report feelings of isolation  
• 62% report feelings of anxiety  
• 44% report feelings of depression  
• People who work with youth, healthcare workers, and parents were most likely to report a decline in their mental health.  
• Survey participants identify a variety of barriers to receiving mental health care, including:

- work and family obligations
- cost
- lack of providers
- too nervous or afraid to seek care
- not knowing where to go

“The last year has been really hard. So many of my friends were isolated they just stayed in their rooms and on social media all day. Online school was horrible for me and so many other kids. I lost all motivation to do anything,” stated an adolescent community member explaining impact of COVID on youth.

*American Rescue Plan Act (ARPA) Funds*  
The American Rescue Plan Act (ARPA) provides relief funds to state, local, and tribal governments that have been negatively impacted by the COVID-19 pandemic. GCHHS is utilizing a portion of the funds that Goodhue County received, and the Goodhue County Board of Commissioners approved on December 14, 2021, to address mental health needs in Goodhue County.

*Mental Health Continuum of Care*  
To best address the complex mental health

needs in our community, a one size fits all approach will not be successful. GCHHS is viewing the mental health needs through the lens of the Mental Health Continuum of Care. The Mental Health Continuum of Care Model recognizes multiple opportunities for addressing mental health and offers many levels of care to align with the needs of community members. Utilizing the feedback of the community, GCHHS is moving forward with a multi-pronged response that includes several types of interventions such as community supports, early intervention, crisis response, health promotion and clinical services.

ARPA funds will be used in a variety of ways to address the mental health needs of our community.

• GCHHS will hire an early intervention mental health social worker in the Adult Services unit at GCHHS.

- The Goodhue County Child and Family Collaborative will implement evidence based and/or innovative mental health projects.
- The Mental Health Coalition of Goodhue County will implement projects in response to community need and requests.
- Promotion and marketing of current available mental health programs and resources.

*About Goodhue Co. Health and Human Services:*

The mission of Goodhue County Health and Human Services is to “Promote, Protect and Strengthen the Health of Individuals, Families, and Communities.” The department has three service divisions: Economic Assistance, Public Health, and Social Services and is accredited by the national Public Health Accreditation Board (PHAB). For more information on Goodhue County Health & Human Services, please visit [www.co.goodhue.mn.us/HHS](http://www.co.goodhue.mn.us/HHS) and [www.facebook.com/gchhs](http://www.facebook.com/gchhs).

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