



# Goodhue-Bellechester Messenger

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## Announcements

• **Belvidere Happy-Go-Luckies 4-H Club** (usually) meets the first Monday of each month at 7p.m. at St. Peter's Church, rural Goodhue. New members are always welcome! Contact club leader Michelle Benrud at 651-923-5247 for more information.

• **The Goodhue Area Historical Society Museum** is open for the season. June thru August Thursday & Sunday 1 to 4pm. For after hours appointments call Marie 651-923-4302 or 651-301-5731.

• **Goodhue County Health & Human Services Immunization Schedule**, located at 426 West Avenue, Red Wing, MN. January through July 1st, Tuesday 1-4pm; August through December, every Tuesday 2-4pm. 651-385-3200 or 1-800-950-2142.

• **Community Library:** The Goodhue School Library, in conjunction with SELCO and Goodhue County is open to the public Wednesday mornings 9a.m.-Noon and Wednesday evenings 4:00-7:00p.m. School year hours are Wednesday evenings 3:30-7:30p.m. Remember - the library is equipped with inter-library loan service, which means if the library does not have a book you want, that book can be there in two days.

• **The Mazeppa Area Food Shelf, serving Mazeppa, Bellechester, and Zumbro Falls Area is open the second Thursday of the month from 9:30-11 am and 3:30 - 5:30pm, and the fourth Thursday from 3:30 - 5:30pm.** Food drop off locations are First State Bank of Red Wing, Mazeppa Branch, and Entry way to Mazeppa City Hall.

## 2021 Goodhue County Breakfast on the Farm Dairy Drive-Through Event

The Goodhue County dairy farmers, the Goodhue County American Dairy Association, and 1250 KCUE Radio will be showcasing dairy farming and wholesome products at their annual Breakfast on the Farm Dairy Drive-Through Experience held Friday, June 25th. The purpose of the Breakfast on the Farm event is to share with the public how the dairy industry works and contributes to the local economy and way of life. Events like these provide visitors the opportunity to get a first-hand look at where their wholesome and nutritious dairy products come from, and how dairy farmers care for their cows and land.

This year's breakfast will be hosted by the Lexvold Dairy in rural Goodhue. Brent and Wendy Lexvold currently milk approximately 400 cows, raise young stock, and farm 420 acres of corn and hay to provide



Lexvold Dairy: Brent, Wendy, Cody, Chelsea, and Jenna

feed for their cattle. Originally started almost 60 years ago by Lyle and Loretta

Lexvold, the third generation of the Lexvold family is currently actively part of their dairy operation.

Guests at the Lexvold Dairy will be able to drive through the family's operation, seeing first-hand the facilities and how the family and their employees work to produce milk used in wholesome dairy products. There will also be opportunities to interact with local FFA members, various volunteers from agricultural agencies, the Goodhue County Dairy Princesses, and agricultural related business professionals. The 67th Princess Kay of the Milky Way, Brenna Connelly, will also be on hand as the goodwill ambassador for Minnesota's dairy industry. Visitors will have the opportunity to get a look at the farm's milking parlor in action, various calf and cow housing facilities, and some of the farming equipment used.

(continued on page 3)

## Goodhue Council Discusses Garbage Hauler Contract

The city of Goodhue lost their garbage hauler when Countryside Disposal sold out to Waste management on May 1st. Waste Management representatives have approached the city council to assume the Countryside contract and are willing to honor the existing rates which will be in effect through the end of 2024. The mayor commented that he would like to see bids for the contract but at this time there are few refuse haulers left and the contract with Countryside Disposal was lower than other rates in the area.

The JayCees approached the council about Volksfest since the restrictions which led to cancelling Volksfest, have now been lifted. It was determined that scheduling a band and security at this short of notice would not be possible.

The council will look into a camper ordinance that is consistent citywide. Currently it is based on neighborhood covenants and there is no ordinance for the city.

The council approved a raffle for the Goodhue-Bellechester Rail Riders for an August 7th event. The prizes include a Ranger and \$1,500 in cash.

The Goodhue Police Department has started a "Safe Ride" program to allow bar patrons to leave their vehicles on Main Street overnight. There is no parking allowed on Main Street from 2 to 6am and those who got a ride home from the bar would face a parking ticket.

(continued on page 9)

## Retirement Reception for Marilyn Jonas

Marilyn Jonas is retiring from teaching at St. John's, rural Goodhue. She has taught over 50 years, most of that time at St. John's.

There will be snacks and fellowship in her honor after the 9:00a.m. church service on Sunday, June 13th at St. John's Church 36620 Co. 4 Blvd, Goodhue



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## Stand Firm



By Pastor Colleen Hoeft

When we think of something strong and immovable, we don't think of jello, do we? Jello wiggles: it's soft, it's squishy- but we don't think of it as something firm- a foundational material. We wouldn't use gelatin to set the walls in our basements- we would use cement. Cement sets up solid and unmovable. That's why we use it for foundations, for holding our posts in, for setting up our swing sets or our basketball poles- we want something that is going to hold and to stay firm.

It's important for believers to have a solid foundation for their faith as well. It is impossible to grow our faith and become the person that God has created us to be if our faith is wiggly- or wavering. Paul said "thanks be to God! He gives us the victory through our Lord Jesus Christ. 58 Therefore, my dear brothers and sisters, stand firm. Let nothing move you. Always give yourselves fully to the work of the Lord because you know that your labor in the Lord is not in vain." 1 Corinthians 15:57-58.

Paul says, THANKS be to GOD- He gives us victory!!! Victory- who doesn't want to be victorious. What does Jesus

gives us victory over? Jesus defeated death. Jesus died on the cross- laid in the tomb for 3 days and He rose victorious out of the grave! That's power!!! That's a miracle! That's Jesus! Paul has corrected, disciplined, encouraged, loved, and he has come to the end of his letter. He wants to leave them encouraged, empowered, and hopeful for the future. Thanks be to God!" Jesus gives us victory through His mercy and grace. He gives us victory over death and over sin. Jesus didn't leave us with 'Jello' type promises, he gives us cement to build our lives on. The unswerving, unchanging, unwavering truth of Jesus Christ- HIS Word and we hold it here in our hands!

The prophet Elijah challenged the people of Israel, "How long will you waver between two opinions?" You can find this story in 1 Kings chapter 18. The definition of waver is: a) shake with a quivering motion. b) become unsteady or unreliable. c) be undecided between two opinions or courses of action. Kind of sounds like a date night, "honey where would you like to go, oh I don't care- where would you like to go? I don't care- you pick. I really don't care either you pick! That can go on for a while. We're so busy trying to please someone else that we are missing the importance of making a choice and sticking to it. In choosing a restaurant- probably not a big deal- but in regard to our faith: it can have eternal implications. We can't be wishy washy about our faith and our life. Alexander Hamilton said, "Those who stand for nothing fall for anything." The

people of Israel were worshiping an idol by the name of Baal- Elijah challenged the people- and Paul challenges you and me: it's time to choose!

We admire people that have stood firm despite terrible opposition: Dietrich Bonhoeffer stood firm in his faith. His is a story of faith, of conviction, of standing firm in his beliefs- and was willing to die for those beliefs too. Dietrich Bonhoeffer was a German Lutheran pastor during the Nazi regime. He spoke out against Hitler's policies, especially of the extermination of the Jews. He also worked against Hitler and his Nazi party. Dietrich was arrested and 2 days before the Allies arrived, he was executed for his unwavering faith and his belief that all Hitler stood for was diametrically opposed to the laws of Jesus Christ.

Paul wrote, "Always give yourselves fully to the work of the Lord, because you know that your labor in the Lord is not in vain." We are called to give ourselves fully to the work of the Lord. Deitrich understood that- he gave himself totally and sacrificially to the work that God had called him to do. He was willing to give his all to the work that Christ called him to do.

God's calling is different for each of us- and even during our lifetimes our calling will change or morph into something different. And to us it may seem like a different direction, but all along the way, God uses those circumstances, those learning experiences to prepare us for what He has called us to in the future. Because of the experiences that I have went through in my life, I am better able to relate to people in

similar journeys. The day I laid my all on the altar- was the day that truly began my life- I did become a new creature in Christ- a new person- filled with the Holy Spirit's power to live a new life.

God is calling you. He is calling each of us. He isn't calling all of us to be pastors, or theologians, or teachers, or missionaries, or even to be activists, but He is calling us to be fully devoted followers of Jesus. He is calling us into the workplace, into the schools, into our homes and into our communities. When we walk with Christ- that's what it is—a walk—a life—it isn't a sprint- it's a marathon. We are all called to be fully devoted followers to whatever he has called us- we can become 'marketplace missionaries.' This is a term being used more and more to describe men and women that don't leave their faith at church or on the shelf in their bedroom, but men and women that live their faith in the workplace. They share their faith stories and invite others to join them in following Jesus.

Only God is God, and He alone knows what is best for us. He alone is the path to life, love, and victory. God is calling you. God desires you to fully follow Him. To put aside all the distractions, to lay aside your plans and be totally on board with His plans for you. Will he send you to deepest darkest Africa? maybe or maybe not. He will send you to work; to go and tell, to love Him with all you heart, soul, and mind. If Jesus is Lord of your life "Follow Him" if Baal- is your god- follow him. Time to choose: No More JELLO!

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**HOLY TRINITY  
CATHOLIC CHURCH**

Father Randal Kasel • www.holytrinitygoodhue.org  
211 4th St. N., Goodhue • 923-4472  
Regular Mass Times:  
Wed.: 8AM at Holy Trinity, Goodhue  
Tues.: 8AM at St. Mary, Bellechester  
Sat.: 5:30PM at Holy Trinity, Goodhue  
Sun.: 8:45AM at St. Mary, Bellechester and  
10:30AM at St. Columbkil, Belle Creek

**ST. MARY'S  
CATHOLIC CHURCH**

Father Randal Kasel • www.holytrinitygoodhue.org  
221 Chester Avenue • 923-4305  
Regular Mass Times:  
Wed.: 8AM at Holy Trinity, Goodhue  
Tues.: 8AM at St. Mary, Bellechester  
Sat.: 5:30PM at Holy Trinity, Goodhue  
Sun.: 8:45AM at St. Mary, Bellechester and  
10:30AM at St. Columbkil, Belle Creek

**ST. COLUMBKILL  
CATHOLIC CHURCH**

Father Randal Kasel • www.holytrinitygoodhue.org  
County Road 47, Goodhue  
Regular Mass Times:  
Wed.: 8AM at Holy Trinity, Goodhue  
Tues.: 8AM at St. Mary, Bellechester  
Sat.: 5:30PM at Holy Trinity, Goodhue  
Sun.: 8:45AM at St. Mary, Bellechester and  
10:30AM at St. Columbkil, Belle Creek

**GRACE EV. LUTHERAN  
CHURCH (WELS)**

Pastor Martin Weigand  
39774 Co. 4 Blvd., Goodhue • 651-923-4624  
gracelutheranchurch@gmail.com • www.gracestpeters.org  
Sunday Morning Worship 8:30a.m. with communion  
on the second and fourth Sunday of each month.  
Sunday School at 9:30a.m., Sunday Bible Study at 9:45a.m.,  
Confirmation Class 5:45 on Wednesday at St Peter's.  
8:30a.m. Quilting and Bible Study on Wednesday at St  
Peter's, and 10:30a.m. Midweek Bible Study  
on Thursday at St Peter's.

**AREA CHURCH  
DIRECTORY**

**Seeing and Welcoming**

Scripture Reading — Hebrews 11:1-2, 13-16  
They did not receive the things promised; they only saw  
them and welcomed them from a distance.  
— Hebrews 11:13  
Hebrews 11 gives us a glance in the Bible's rearview  
mirror. The faithful witnesses mentioned in this chapter  
lived long ago, even before Jesus came. And they had this  
in common: they all lived by faith in God's promises. And  
before they died and were taken to live with the Lord,  
"They did not receive the things promised; they only saw  
them and welcomed them from a distance."  
"Seeing from a distance" is how we can describe the  
sights, sounds, and scenes in the book of Revelation.  
Revelation 11 closes with a scene in which all heaven  
rejoices and gives thanks to God because "the kingdom of  
the world has become the kingdom of our Lord and of his  
Messiah." It is a powerful picture of God reigning on earth  
as in heaven. And the promise is that "he will reign for ever  
and ever." Hallelujah!  
With eyes of faith, we can see this "from a distance."  
Close-up in the world around us, though, we often see  
terrible things such as cancer, COVID-19, poverty, racism,  
violence, addiction, and death. And there are times when  
these appalling things make us weep. At such times, faith is  
the Holy Spirit's muscle that enables us to see "from a  
distance."  
Faith also welcomes the future of God's full kingdom  
today. Faith has this power because it is "confidence in  
what we hope for and assurance about what we do not see."  
Prayer: "Our Father in heaven, hallowed be your name,  
your kingdom come, your will be done"—here today—  
"on earth as it is in heaven." Amen.

**ST. PETER'S LUTHERAN  
CHURCH, MISSOURI SYNOD**

Pastor Steven Frentz, 28961 365th St., Goodhue  
651-923-4438 • Email: stpeter@sleepyeyetel.net  
10:30a.m. Worship

**NOTICE**

*Due to COVID-19 check your church website or  
Facebook page for updates.*  
Email your church announcements, schedule to the Messenger at:  
hometownmessenger@gmail.com

**MINNEOLA  
LUTHERAN CHURCH**

Pastor Hannah Bergstrom de Leon  
www.minneolalutheranchurch.com  
13628 Cty. 50 Blvd., Goodhue • 824-2685  
In-person and live-stream on the 2nd and 4th Sunday at  
10:30a.m. Live-stream only worship on the 1st and 3rd.  
Always check our website,  
www.minneolalutheranchurch.com  
or Facebook page for latest updates and live-stream links.

**ST. JOHN'S EV. LUTHERAN  
CHURCH (WELS)**

Pastor Kurt Hagen  
36620 Co. 4 Blvd., Goodhue • 651-923-4773  
9:00a.m. Sunday School  
10:15a.m. Bible Class & Sunday School

**ST. LUKE'S LUTHERAN  
CHURCH (ELCA)**

Pastor Eric Hanson  
PO Box 276, 308 1st Ave., Goodhue  
Email: office@stlukegoodhue.org • 651-923-4695  
Worship at St. Luke Church every Sunday at 8:30am.  
Worship at Zion Church (18910 360th St. Goodhue)  
every Thursday at 7:00p.m., dress accordingly for outdoor  
weather, bring a chair.

**ST. PETER'S EV. LUTHERAN  
CHURCH (WELS)**

Pastor Martin Weigand  
702 West Third Ave., Goodhue, MN • 715-441-5086  
Sunday Morning Worship 10:45a.m. with  
communion on the second and fourth Sunday of each  
month. Sunday School at 9:30a.m. at Grace.  
Sunday Bible Study at 9:30a.m.,  
Confirmation Class 5:45p.m. on Wednesday,  
8:30a.m. Quilting and Bible Study on  
Wednesday, and 10:30a.m. Midweek Bible Class  
on Thursday.

**ST. JOHN'S EV. LUTHERAN (WELS)**

Pastor Randall Kuznicki  
Minneola Twp. Co. Rd. 7, rural Zumbrota  
Sunday Worship 10:00 a.m.; Communion 3rd Sunday  
Sunday School and Bible Studies (Adult & Teen) 11:00a.m.



## David Edward Franklin

David Edward Franklin, 93, of Goodhue passed away peacefully at the Elysian Care Center of Lake City on Friday morning, May 21, 2021. He was preceded in death by his parents David J. and Theresa



(McNamara) Franklin and his beloved wife Karleen Franklin.

Dave was a lifelong resident of Goodhue. He graduated from Goodhue High School

in 1946, and proudly served in the U.S. Armed Forces in Korea from 1951-1953. Upon his return from the service, he was employed at the Heaney and Gorman store until 1966 when he became a postal clerk. In 1975 he became a rural letter carrier on Route 3 in Goodhue. He retired from the U.S. Postal service on June 9, 1989.

Dave was a proud member of the Goodhue County Rural Letter Carriers Association, the Minnesota Rural Letter Carriers Association, and the National Rural Letter Carriers Association. He served as secretary of the county unit for many years. He was also a member of the National Association of Retired Federal Employees, the Catholic Order of Foresters, The Goodhue Area Historical

Society, and the Goodhue Lions Club. Dave was a lifelong parishioner at Holy Trinity parish in Goodhue.

He is survived by his sister-in-law Catherine (Gerald) Muntfering of St. Cloud, and his brother-in-law Charles (Mary) Wollmering of St. Paul, many cousins, eight nieces and nephews, and several great nieces and nephews all of whom enjoyed spending special time with Dave and Karleen at the "Franklin Inn." Dave will be remembered for his Irish smile, his kindness, and his generosity. It was often said that "Everyone should have an Uncle Dave."

Mass of Christian Burial was at 11:00 AM Friday, May 28th at Holy Trinity Catholic Church, Goodhue. Visitation at the church began at 10:00 AM until the start of Mass. Burial took place immediately after Mass at the St. Columbkil Cemetery with Military Honors, a luncheon followed at the Goodhue Lions Club. This Mass and luncheon also served as Karleen B. Franklin's Memorial due to the fact that her burial took place during Covid restrictions. Memorials are preferred to Holy Trinity Catholic Church.

Arrangements entrusted to Schleicher Funeral Homes, Lake City Chapel, the guest register may be signed at [www.schleicher-funeralhomes.com](http://www.schleicher-funeralhomes.com)

## Vaughn David Bien, Sr.

Vaughn David Bien, Sr., age 92 of Cannon Falls and longtime resident of Goodhue, died peacefully on Monday morning, May 17, 2021 at Cannon Rivers Senior Housing.

Vaughn was born on September 21, 1928 in Arkansas, WI, the youngest son of David and Mary (Brunig) Bien. He graduated from Cannon Falls High School and went on to attend St. Thomas University.

He married Therese O'Reilly on September 15, 1949 at St. Columbkil Catholic Church, and they raised seven children together. He managed the G.O. Miller Telephone Company and later the Sleepy Eye Telephone Company in Goodhue.

Vaughn was very active in Holy Trinity

Catholic Church and was known for his commitment and service to his community. He was a 1964 charter member of the Goodhue Lions Club and held many offices including club president. He also served as District Governor, was the only past Council Chairman serving twice in the MD5M, and was on the Lions Eye Bank board for 20 years. He was inducted into the 2007 Lions Hall of Fame. Vaughn also served as the mayor of Goodhue for 28 years. He served on many committees over the years, including trails, swimming pool, and natural gas pipeline.

He loved to travel in the U.S. and overseas, winter in Florida, collect seashells, wood working, playing cards and Cribbage, gambling, and growing rose bushes.

He is survived by his wife of over 71 years, Therese; children, Kathy Johnson of Shakopee, Cherie (Richard "Dick") Bien-Coffman of Eagan, Kerry (Pat) Bien of Goodhue, Vaughn Jr. "Bud" (Bernadette) Bien of Burnsville, Tim (Denise) Bien of Shakopee, and John (Andrea) Bien of Savage; grandchildren, Jody, Jeremiah, Kellie, Sean, Vaughn III "David", Megan (Scott) Roehl, Tommy, Amber, Brody, and Olivia; great grandchildren, Liam, Kyler, Alissa, Alex, J.J. and Devon; step grandchildren, Jennifer (Ryan) Korte, Tiffany (Greg) Blaszer, Dan (Sarah) Deters and Joe (Laura) Deters; step great grandchildren, Abbie, Ella, Ezra, Jacob and Thomas; sister-in-law, Larry (Jerry) O'Reilly of Anaheim, CA; and nieces and nephews.

He was preceded in death by his parents; son, Thomas "Tom" Bien; grandson, Joel Bien; and brothers, Wayne and Robert "Bob" Bien.

A visitation was held at Holy Trinity Catholic Church in Goodhue on Monday, May 24 from 4-7 pm. Mass of Christian Burial was on Tuesday, May 25 at 11 am, with visitation from 10-11 am, at Holy Trinity. Interment followed at St. Columbkil/Holy Trinity Catholic Church, Belle Creek. Active urn bearer was granddaughter, Kellie Bien. Honorary urn bearers were the remaining grandchildren.

Memorials are preferred to MN Lions Eye Bank, Goodhue Swimming Pool, or donor's choice.

Current CDC guidance for face coverings indoors was recommended.

## 2021 Goodhue County Breakfast on the Farm Dairy Drive-Through Event

(continued from page 1)

Each area will be staffed by volunteers who will explain milking practices, farm safety, cow care, and answer other questions in regards to modern farming.

While a slightly different event than previous years, visitors will still have the opportunity to name a calf, receive dairy goody bags, play farm bingo, and take pictures with the Goodhue County Dairy Princesses. A highlight of the event is always the nutritious and delicious dairy treats.

The Goodhue County Breakfast Dairy Drive-Through Experience runs from 7:00-11:00 am. The Goodhue County Breakfast on the Farm committee is led by local dairy producers and sponsored by KCUE Radio of Red Wing and other local businesses.. KCUE will be producing their morning broadcast live on the farm sharing information and talking with the many contributors to the dairy industry. Goodhue County's dairy farmers look forward to celebrating June Dairy Month with you on the farm!

**GOODHUE COUNTY**

**DRIVE THRU DAIRY EXPERIENCE!**

**JUNE DAIRY MONTH**

**ALL ARE WELCOME**

**Friday, June 25<sup>th</sup>, 7-11 AM**

**Lexvold Dairy**

34645 190th Ave - Goodhue, MN 55027

**Everyone is welcome**

**family, neighbors and community members!**

*(At the end of drive thru- petting zoo, pictures with a princess and see the milking parlor)*

Meet Princess Kay of the Milky Way, Brenna Connelly and our Goodhue County Dairy Princesses  
KCUE Live Radio Broadcast 6-11AM

Elsworth Battered Fried Cheese Curds	Free dairy goody bags for the kids
Farm Animals	Free dairy goody bags for adults too!
Lexvold Dairy Bingo	Tractor and Farm Equipment Display
Name a Calf Contest	

**Sponsored By: Goodhue County Dairy Farmers, KCUE Radio and local Businesses**

**Join our Host Family Farm**

**- Lexvold Dairy -**

**to celebrate June Dairy Month!**

Directions from Goodhue:

At the intersection of Highway 58 and Co. 9, go west to County 5, then turn north on Co 5. Go approx. 3 miles, turning left (west) on 350th Str. At first intersection (190th Ave) take a right. Farm is located on the left.

Lexvold Dairy, Bros. Wilety, Cody, Chelbnd, & Jenna

The Goodhue County Drive Thru Dairy Experience is a "fun" yet "educational" event to explain how milk is produced and to educate consumers and community on the positive impact the dairy industry has in Goodhue County and MN.

They want to say "Thank you" for being our neighbor and supporting our family farm.

Questions? Call Kristin Schrimpf 651-380-8293 or Ann Jurek 651-764-5087



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Vaughn was very active in Holy Trinity

We're Hiring!

CUSTODIAN

at St. Luke Lutheran Church  
308 1st Ave. Goodhue, MN

Job requirements can be found on our website at [stlukegoodhue.org](http://stlukegoodhue.org)

Send your resumes or inquiries to:  
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Share your engagement,  
birthday,  
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Email:  
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## The Future of Farmland



**Tim Penny**  
So. MN Initiative Foundation

Many of the farmers that I know in southern Minnesota work on the same land that their parents, grandparents or even great-grandparents farmed. Because of this, the farm is more than a parcel of land to grow crops or raise animals – it is a living piece of family history. At the same time, we are faced with the reality that the average farmer is close to retirement age, and that not everyone has an heir to transfer the land to when the time comes. Fortunately, Southern Minnesota Initiative Foundation (SMIF) has a program that can help farmers safeguard the legacy of their land while simultaneously giving back to their communities.

SMIF's Acres for Good program allows farmers to donate their land as a charitable gift. What makes this model unique is that rather than liquidate the asset as most charities do, SMIF retains the land and keeps it in production by a rental arrangement. This allows retiring farmers the peace of mind that their land will continue to be farmed. The landowner receives a tax deduction and bypasses capital gains tax while still being able to maintain a stable revenue source for life.

As the name suggests, the Acres for Good program is also a way to do good things for your community. The income stream from the land is used to support southern Minnesota communities well into the future. With more than \$7 billion of wealth in SMIF's region expected to transfer by 2030, this program can help retain that wealth locally while creating a unique



opportunity for farmers to make a long-lasting impact on rural Minnesota

Farmers will choose how they want to allocate their gift of land. It can go toward one of SMIF's 30 community foundations which invest in their communities through grants and programs. For a region-wide reach, farmers can allocate their land toward SMIF's general endowment, or SMIF's specific funds which support youth and entrepreneurs in the region. Farmers can even set up a Donor Advised Fund to allocate resources to their specific interests and values such as their place of worship, alma mater or local charity. We will work with farmers to make the process as simple as possible.

If you know a farmer who is thinking about estate planning, please let them know that there is a way their land can remain active farmland and provide them with a steady revenue stream, while in the long-term also benefitting the communities and causes they care about most. This is gifting with a purpose at its best – and SMIF is here to help.

To learn more about the Acres for Good program visit [smifoundation.org/acresfor-good](http://smifoundation.org/acresfor-good) or contact Alissa Oeltjenbruns, Philanthropy Officer, at 507-214-7023 or

[alissao@smifoundation.org](mailto:alissao@smifoundation.org).

As always, I welcome your comments and questions. You can reach me at [timp@smifoundation.org](mailto:timp@smifoundation.org) or 507-455-3215.



### YOUR HARD WORK OUR ADMIRATION

We thank dairy farmers during National Dairy Month for helping to supply nourishment to the world. We're honored to protect your hard work by keeping our promise to supply the insurance coverage you need. Trust in Tomorrow.™

Adam Dicke and Jerry Tipcke  
[www.Vothinsurance.com](http://www.Vothinsurance.com)  
109 N Broadway  
Goodhue, MN 55027  
Phone: 651-923-4048  
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\$3199.00

### Toro 75750 TimeCutter

- 23hp Kawasaki V-twin 726cc engine
- 50" Iron Forged steel deck
- Easy height of cut adjustment
- 3 gallon fuel tank



502 Huseth St., Kenyon  
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## Don't Let Incompetence Become Your Titanic



By Harvey Mackay

The Titanic was state-of-the art. No expense had been spared to make sure that it would be unsinkable. The officers were unconcerned by their inability to get accurate information on possible hazards which might lie in its course.

The ship had two lookouts on its masts, but they had no binoculars. The crew could see far enough ahead to react to danger, but unbelievably they had no way to get that information to the captain if they did see a problem approaching.

And we all know what happened. The

unsinkable ocean liner went to her death, along with most of her passengers on her maiden voyage – the victim of a disastrous collision with an iceberg.

Disasters like this can happen in business also if we aren't careful to make sure vital intelligence doesn't get swallowed up by internal bureaucracy and inattention to detail.

Most of you have probably heard of the Peter Principle, a management concept developed by Dr. Laurence Peter. It observes people in a hierarchy rise to a level of incompetence. They don't start out as incompetent, but rather are promoted until they reach a level of respective incompetence.

An obvious solution to the Peter Principle is for companies to provide training for employees before they receive a promotion to ensure they are qualified for the job for which they are being promoted.

For example, I've seen many outstanding sales representatives promoted to sales manager when they don't have any experience developing business plans, setting sales quotas and sales plans, analyzing data, mentoring a sales force, hiring and firing and so on.

Besides a lack of training, there are numerous other factors resulting in incompetence in the workplace, such as sheer laziness, poor communication and lack of people skills.

People are lazy for a variety of reasons from Covid fatigue to reliance on technolo-



gy. People become sloppy in checking their work and thus make multiple mistakes. They show up late for work and often don't look professional when they do. Waiting until the last minute to get assignments done can also be a sign of laziness.

The most basic yet crucial leadership skill is communication, yet many people struggle with giving clear instructions. To make communication really work, we have to make sure the people we're talking with understand what we are saying as well as we do. Communication requires both effective sending and receiving. To avoid a breakdown in communications, break down your message so that everyone can understand it.

From time to time, it's a good idea to re-evaluate your performance in these fundamental areas: speaking, listening, writing, leading meetings and resolving conflict. Talk is cheap, but misunderstandings can be costly.

Communication ranks high among top people skills, but incompetent people also lack social skills like patience, politeness, sympathy and teamwork.

They are often rude, overbearing, hot-headed, tactless and have trouble getting along with others.

Many companies have had to reduce costs, which puts a heavy burden on otherwise competent employees by spreading them too thin. Where possible, managers should consider outsourcing or hiring contractors to take away some of the burden. Those costs will be money well-spent.

Other companies hire people and expect

too much, too soon. Hiring is much more than filling an open position. Not everyone hits the ground running. People grow at various speeds. Help them prove their competence by setting clear, achievable goals. If they fail, the fault may lie more in the hiring process than the employees' lack of skills.

Incompetence in one area doesn't necessarily carry over. We all have strengths and weaknesses. The balance between the two often determines the perception of competence. Build on your strengths but don't ignore your weaknesses.

Let's face it, everyone has had an incompetent moment or two or three in their lifetime. That includes me. When I was starting my envelope manufacturing company many years ago, I worked many long, long days. One night when I got home late again, my very pregnant wife Carol Ann, told me that the light in the hallway wasn't working. I flipped the switch and sure enough, no light. I thought there was a short in the switch or something, so I called our electrician.

He fixed the problem early the next morning, handed me the bill and said, "This is the first time I've ever made a house call to change a light bulb!"

Mackay's Moral: The time to right the ship is before incompetence becomes impossible.

*Reprinted with permission from nationally syndicated columnist Harvey Mackay, author of the New York Times #1 bestseller "Swim With The Sharks Without Being Eaten Alive."*





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## Dicamba Users Urged to Follow New Labels Requirements and Cutoff Date

*Products must not be applied to soybeans after June 30*

The Minnesota Department of Agriculture (MDA) urges pesticide applicators to take special care while applying dicamba products this growing season. To prevent off-target movement, the U.S. Environmental Protection Agency has made substantial changes to the 2021 dicamba labels specifically related to application cutoff date, buffer distances, and record keeping requirements, and the MDA is reminding users that the label is the law.

For the 2021 growing season, applicators may use the three dicamba products, XtendiMax, Engenia, and Tavium, on dicamba tolerant soybeans until June 30. The federal label prohibits applications of these three dicamba products after June 30 to dicamba-tolerant soybeans. Regardless of cutoff date, applications are prohibited after V4 growth stage for Tavium and after R1 stage for XtendiMax. Additionally, the labels require a 240-foot downwind buffer and prohibits applications if the wind is blowing towards an adjacent sensitive crop. Sensitive crops include, but are not limited to, non-dicamba-tolerant soybeans, sugar beets, tomatoes, fruiting vegetables, fruit trees, cucurbits, grapes, beans, flowers, ornamentals, peas, potatoes, sunflower, and other broadleaf plant crops.

Only Certified Applicators can legally purchase and use these formulations of dicamba because they are classified as "Restricted Use Pesticides" (RUP). The label has extensive and detailed requirements for recordkeeping, and the applicator must create these records within 72 hours of the application. The MDA expects all users of these dicamba products to have fully completed records in accordance with the federal label requirements. Enforcement will be taken for any violations of the product label.

The following guidelines and resources can help applicators prevent off-target movement while applying dicamba:

Do not apply XtendiMax, Engenia, or Tavium on soybeans if you have not attended the auxin/dicamba mandatory training offered by dicamba registrants Bayer, BASF, or Syngenta.

To help applicators, the MDA has developed a video presentation as part of the mandatory dicamba training. This video is not a substitute for the required training.

Applicators must consult applicable sensitive crop registries, such as DriftWatch, to identify any commercial specialty or certified organic crops that may be located near the application site. Applicators are also required to survey the site for neighboring non-target sensitive crops BEFORE spraying. Be sure to consult with your neighbors before spraying dicamba products.

If the wind is blowing in the direction of a sensitive crop DO NOT spray until the wind has changed direction. Spraying is forbidden in these circumstances, even with a

buffer.

DO NOT spray during a temperature inversion; only spray between one hour after sunrise and two hours before sunset.

Visit the MDA website for frequently asked questions about dicamba.

Finally, remember that avoiding spray drift at the application site is the responsibility of the applicator. The spray system and weather-related factors determine the potential for spray drift. The applicator is responsible for considering these factors when making application decisions to avoid spray drift onto non-target areas.

### Background

Since dicamba was first registered for use on dicamba-tolerant soybeans in the 2017 growing season, the MDA has fielded complaints each year of alleged off-site movement onto neighboring property. The annual totals of complaints are:

- 2020: 124 reports
- 2019: 22 reports
- 2018: 53 reports
- 2017: 253 reports

An application cutoff date has been in effect in the state each growing season since 2018.

Pesticide product registrations are renewed on an annual basis in Minnesota.

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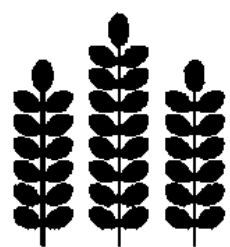
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## Top Minnesota Dairy Farms Honored for Superior Cow Care

Top Minnesota Dairy Farms Honored for Superior Cow Care Herds with lowest somatic cell count are recognized St. Paul, MN: Minnesota Agriculture

Commissioner Thom Petersen today released the annual list of top Minnesota dairy herds with low somatic cell counts (SCC). Somatic cell count is a key indicator of milk quality – a lower SCC count is better for cheese production and a longer shelf life for bottled milk. In honor of June Dairy Month, 96 Minnesota dairy farms are being recognized for superior herd management skills by achieving an average SCC of under 100,000.

“I’m honored to be able to recognize these 96 dairies for their high level of excellence,” said Commissioner Petersen. “These dairy farmers work hard 365 days a year to produce high quality, wholesome dairy products for all of us to enjoy, and I thank

them for their contributions to feed Minnesota and the world.”

Although somatic cells occur naturally and are not a food safety concern, dairy farmers monitor them because they can be used as a measure of the health of their cows. Processors also pay a premium for milk with low counts. A farmer whose herd has a very low count can receive a significantly higher price per hundredweight compared to a farmer whose herd average is high.

The Minnesota Department of Agriculture (MDA) and University of Minnesota dairy experts have worked with the state’s dairy farmers to lower somatic cell counts. When the initiative began in 2003, the 100 herds

honored that year included those with SCC averages as high as 144,000, compared to the current goal of obtaining a SCC under 100,000.

The SCC list of Minnesota dairy farms is online at <http://www.mda.state.mn.us/lowscc>

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## Bellechester City Council Meeting Minutes

### Board of Equalization Meeting

Goodhue County ~ 5:00 - 5:30

Wabasha County ~ 5:30-6:00

April 13, 2021 @ 5:00 PM

Regular City Council Meeting and Board of Equalization Meeting was called to order by Mayor Jody Gordon at 5:04 p.m.

Goodhue County Board of Equalization called to order at 5:04.

Wabasha County Board of Equalization Meeting called to order at 5:27.

Pledge to the flag.

Roll call was taken: The council in attendance: Mayor Jody Gordon, Council people Jered Buxengard, Rich Majerus, Mark Gerken, Kyle Blattner as well as Lisa Redepinning and City Engineer Matt Mohs. Treasurer Kyle McKeown, was absent.

Minutes of March, 2021 meeting were reviewed and motion was made by Rich Majerus with a second by Mark Gerken to approve the minutes. Motion carried.

Bills were reviewed and a motion by Mark Gerken with a second by Rich Majerus to approve and pay the bills as presented. Motion carried.

Old Business:

- Portable Generator – update progress. Electricians are here, main box was in, tank will be plumbed and set.

- Sewer Grant – update progress - Matt Mohs indicated some more paperwork needs to be done. There will be another grant opportunity coming this summer that Matt will let us know more information when it come available. Could be upwards of \$600,000 available in this grant. He will be continuing to work on this Small Cities Grant and with Rural Development.

- ADA bathroom for Community Center/Raffle – update progress. Work has started on the bathrooms and continues. \$250 from Bank as a donation as well as ticket sales and individual donation have been coming in. Any additional money will go towards updating current bathrooms.

New business:

- Playground Maintenance – inquired if funds were available for pea gravel to control mud at current. Lions indicated they may want to help clean up and may do some light maintenance if needed. Jody will let them know and let us know what they are thinking.

- Dust Control Ag Partners – Ag Partners will be contacted to inquire on what can be done to control the dust issue that is occurring.

- Porta Potty at Ball Field – council's decision was to not put a porta potty at the ball

field this summer. The one outside of the Tavern is available for use.

- Lawn Mowing/Mowing ball field and road ditches/hay baling at waste treatment pond – we will be looking for a mowing/weed whipping position for this summer. If you are interested in doing this for the summer, please contact a council member and we will discuss at next meeting. Since the mowing season has already started, Jered will do this until that time. Dan Poncellet inquired about doing baling for us. We will contact him about doing this for us.

- Citizen Complaint - 1 noisy ATV. The complainant will be spoken to by council.

Clerk Report – Garbage Bill – We received \$1620.53 in and paid \$1578.26 out for March. Liquor Licenses – were received and forwarded to Legion and Tavern. Tavern Street Repair Bill – is paid in full.

Treasurer Report – List was reviewed.

Water/Wastewater/Facility Report – Leak will be fixed next week. New pressure pump was put in at the north pump house. Discharge will be occurring soon. Maintenance schedule was discussed and needs to be made up.

Mayor Concerns: There was a break in at Ag Partners.

Council Concerns: Speed of Ag Partners vehicles was discussed as well as the missing Bellechester sign.

Adjourn

With no citizens present from Goodhue County, Goodhue County portion of Board of Equalization was adjourned at 5:30.

With no citizens present from Wabasha County, Wabasha County portion of Board of Equalization was adjourned at 5:56.

Motion was made by Rich Majerus with a second by Jered Buxengard to adjourn the

meeting. Motion carried. Meeting was adjourned at 6:06 pm. Next meeting is May 19 @ 6:00 p.m. at the Bellechester Community Center.

Submitted by Lisa Redepinning – City Clerk

- Yard Cleanup – Please take the time to clean up anything stored on your property. Please be mindful that other people may not enjoy your lawn storage – please help to make our city tidy.

- Fee Change for Utility Bills – Shut off fee was eliminated with a single reconnect fee of \$100, a 10% interest fee after 90 days and returned check fee of \$25.

- Burn Pile – Please remember that burn pile is for brush and leaves only. We can get fined for all other items left here. The burn pile is for Bellechester City residents only. If you witness any dumping of unauthorized items or non city resident use, please call us.

- Recycling - Please recycle whenever you can. There is a recycling bin located on the north end of town by GB Feed and Supply. By recycling, this will keep our garbage rates from rising.

- Power Outages – If you have power outage in your home, please check Xcel's website for an update on current outages and contact them directly as they provide the power for Bellechester.

## Bellechester City Board of Equalization Meeting

Wabasha County ~ 5:30-6:00

April 15, 2021 @ 5:30 PM

With no quorum, Wabasha County Deputy County Assessor Jeff Wagner declared the meeting open book at 5:40. No citizens were present during this time.

Submitted by Lisa Redepinning – City Clerk

## Goodhue Council Discusses Garbage Hauler Contract

(continued from page 1)

The Police Department has created a "Safe Ride Pass" which the bar will date for the patron to leave on their dashboard and let the Police Department know that a safe ride home has been exercised and let the vehicle owner avoid a parking ticket for that night.

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## City of Bellechester Residents Yard Cleanup

Please take the time now to clean up anything stored on your property. Please be mindful that other people may not enjoy your lawn storage – please help to make our city tidy.

## City of Goodhue Council Meeting Minutes May 12, 2021 @ 6:30 pm

Members present: Mayor Kerry Bien, Patrice O'Reilly, Terry Anderson Buck & Jason Thuman with Wayne Hahn absent. Also present were Richard Gorman, Melissa Meyers, Ardis Voth, Arland Voth, Treyben Kehren, Ben Ramboldt, Jay Nieson, Josh Smith, Sheila Kylo, Dave Kylo & Al Bryczek, with Michelle Simm via Zoom.

Motion by O'Reilly, seconded by Thuman to approve the agenda. Motion carried.

Motion by Anderson Buck seconded by Thuman to approve the council minutes of April 28, 2021. Motion carried.

Motion by Anderson Buck, seconded by O'Reilly to approve USS Wells Creek Solar LLC and Stehr Farms, Inc conditional use permit. Motion carried.

Motion by Thuman, seconded by Anderson Buck to approve UTV Raffle. Motion carried.

Motion by Anderson Buck, seconded by Thuman to renew Dar's Pub liquor license and to table Corner Bar's license until May 26th. Motion carried 3-1.

Motion by O'Reilly, seconded by Anderson Buck to pay the bills. Motion carried.

Motion by Thuman, seconded by Anderson Buck to adjourn the meeting. Motion carried.

Respectfully submitted,  
Lori Agre, City Clerk



# Changes in Latitudes, Changes in Attitudes Hillbilly Dating



By Terry Campbell

This column is written by Messenger editor and Minnesota native Terry Campbell. Terry now splits his time between Minnesota when it's warm here and Tennessee when it's cold here.

The local newspaper has a personal section in the back of each issue and we often read it just for a good laugh. I do not believe Internet dating has taken hold in this area and the person to person ads in newsprint are sometimes way too funny. They run them for free so anyone can have a chance at romance down here

Our all-time favorite has run a couple times and it is just too much of a gem to not share. Kind of gives you an idea of the type of guys a girl can find down here if they look hard enough.

White male, 5' 11", 170 lbs., looking for a loving lady who still likes sex and don't mind taking it all off and jumping in bed with her man. She should be 70 to 80 years old. I take my ladies on trips and stay in motels, give them \$50 a week in spending money and take them shopping one or more times a week. I am always happy and never get mad. I am a retired cop and have my

own home and a late model van. I know how to enjoy life. My age is 80+ but still young and full of life. Respond to PTP506.

Don't give up ladies. There are still a few good ones out there even though they are

getting up in years. Now whenever we see something that seems too good to be true, we look at each other, chuckle and say, "\$50 a week and a late model van."

## A Minnesotan: Why did the turkey cross the road?



By RosaLin Alcoser

Never did I ever think that while living in the cities I would have to wait through a green light because a turkey was using the crosswalk. I mean actually using the

crosswalk; this turkey looked both ways and everything.

Traditionally I have not had the best of luck with turkey's, or fowle in general, over the course of my life. I have been chased by turkey's, have had them run in front of my car, and have been spooked by turkey's pretending to be flying armadillos.

Now in the case of the turkey posing as a flying armadillo it was a hen roosting in the bushes and she was trying to remain hidden. So of course teenage me saw her out of the corner of my eye and mistook her for an armadillo.

Unfortunately I yelled armadillo, causing her to take off flying which resulted in me yelling flying armadillo! Flying armadillo is a phrase that my sister has not let me forget even though it has been almost 10 years since that happened.

All of these things happened out in the rural never in town, let alone in the Twin Cities. So I'm sure that you can imagine my surprise to see a turkey using the crosswalk in the middle of the city.

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  5. Pharaoh's cobra
  8. \*Zeus' sister and wife, and character in Broadway musical "Xanadu"
  12. Hair-dwelling parasites
  13. QuinceaOera or bat mitzvah, e.g.
  14. Puts money in the bank
  15. Pearl Harbor locale
  16. Flair
  17. Inuit boat
  18. \*Record-holding musical for most awards received by a single production, with The
  20. \*Broadway hit "Jagged Little \_\_\_\_"
  21. \*Comment to the audience
  22. Web address
  23. \_\_\_\_'er \_\_\_\_, at the pump
  26. Private chapel
  30. Keats' poem
  31. Quit
  34. Medley
  35. \_\_\_\_ or do nothing
  37. Right-angle building extension
  38. Razor nick
  39. Like lemon
  40. Make a choice
  42. 1960s teen idol, Bobby \_\_\_\_
  43. Give authority
  45. Bias crime perpetrators
  47. \*Theater, e.g.
  48. Cordial disposition
  50. Surrender
  52. \*Non-musical with record number of Tony nominations
  56. Shredded cabbage dishes
  57. \*Melpomene, e.g.
  58. Just a little
  59. Gold unit
  60. Lodge fellows
  61. "Game of Thrones" bastard
  62. Without purpose
  63. Past tense of "is"
  64. Short-term employee
- DOWN**
1. Hoof sound
  2. Yarn spinner
  3. Canyon sound
  4. Like medieval European society
  5. Was sick
  6. Fixed look
  7. Montblanc and such
  8. \*Musical with record number of Tony nominations
  9. Like most fairytale stepmothers
  10. Madrid's Club de F'bol
  11. Pose a question
  13. Chef's prescription
  14. Toyota sports car model
  19. Shylock's practice
  22. Coffee pot
  23. \*Bob \_\_\_\_, choreographer with most Tony awards
  24. "Break a leg" or "have two left feet," e.g.
  25. Reduce pressure (2 words)
  26. Eye up and down
  27. Mediterranean appetizer
  28. Type of potato masher
  29. Ox connectors
  32. \*Tiresias in "Oedipus Rex," e.g.
  33. Feverish
  36. \*NYC district
  38. Washington, e.g.
  40. Sun's descent
  41. Onion-like herb
  44. Seize by force
  46. Obsolete office position
  48. Spurious wing
  49. \*Comedy and tragedy, on a Tony medallion
  50. Attired
  51. \*James \_\_\_\_ Jones, multiple Tony winner
  52. Old World duck
  53. Like Silver's owner
  54. H or O in H<sub>2</sub>O, e.g.
  55. Make a raucous noise
  56. Mogul equipment

				3		6	1	
	6	1		4				
		8			5	7	3	
							4	
5			7		1			2
	1							
	2	9	4			5		
				9		3	7	
	5	3		7				

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.



## Lower Your Dementia Risk



By Shauna Burslem, D.C.

As we grow older, it seems our bodies begin to speak to us a little bit more. This communication gives us clues as to how we are feeling and sometimes how rough aging can be. Aches, pains and internal stuff like digestion, blood pressure, cholesterol all were not a big deal in our 20's and 30's. An old saying goes, we spend the first 40 years of our life trying to attain wealth and the next 40 years spending wealth to attain health.

One of the biggest concerns of aging is brain health. A common worry is dementia. Dementia is a general term for cognitive decline. It is a collective term that describes impairments of memory, communication and thinking. If there is a family history of dementia there may even be more concern and fear that you too will develop dementia as you age.

That being said, a new study has found that a healthy lifestyle can lessen your dementia risk. Scientists found that aging adults with healthy lifestyle habits had less risk of developing dementia. They study found that if you have the genes for dementia, your lifestyle habits cannot change the genetic impact, but choosing to live a healthier life, decreased the excess risk.

Six healthy habits contributed to positive changes in brain function and lessened cognitive decline. 1. Eating whole foods with plenty of fruits and vegetables. 2. Exercising at least 2 1/2 hours per week. 3. Not smoking. 4. Low alcohol consumption. 5. Getting 6-9 hours of sleep per night and 6. Maintaining a healthy body weight.

Scientists believe that a combination of lifestyle habits can support brain health as you age, said Heather Snyder, vice president of medical and scientific relations for the Alzheimer's Association. Beyond exercise and healthy eating, she said, those habits include social interactions and activities that stimulate the mind.

The link between healthy living and brain health has to do with preventing "other" diseases. Healthy habits help prevent diseases that are linked with dementia, such as heart disease and diabetes. But they may also more directly affect brain health.

Exercise, for example, stimulates the release of hormones that "make the brain happy" and chemicals that aid in brain cell communication and growth.

This research should be used to help us change our attitudes towards disease prevention. If we spend the first 40 years of our life trying to attain wealth and the next 40 spending wealth for health, maybe we should focus more on healthy living in the first 40 years and then we can keep more of that wealth we worked so hard to earn.

Covid-19 Update: The CDC has recently released their estimated fatality rate for Covid-19. The numbers are surprising to say the least. It definitely makes one wonder about rational news reporting. Here is the fatality rate per age group for persons contracting Covid-19. Age 0-19 years old: 1 in 33,333. Age 20-49 years: 1 in 5000. Age 50-69 years: 1 in 200. Age 70+: 1 in 18. Here is the CDC estimated survival rate for all those infected with Covid-19, symptomatic and asymptomatic. Age 0-19 years: 99.997%. 20-49 years: 99.98%. 50-69 years 99.5%, 70+: 94.6%. The overall survival rate for people contracting coronavirus ages 0-69 years old is 99%.

Covid-19 Vaccine Update. As per the CDC website, the flu shot is given to about 165 million people per year. The average amount of deaths related to the flu vaccine for the last 3 years is 135 deaths per year. When the coronavirus vaccine reached the same 156 million total vaccinations, there were reported over 3,500 deaths attributed to the vaccine. As of this week, 4,201 people have died in the USA after receiving the vaccine. In Europe over 7000 people have died and there have been 335,000 injury reports. The vaccination rate is much less in Europe compared to the USA.

Here is your informed consent informa-

tion related to the Covid-19 vaccine: Vaccine reactions according to CDC VAERS increased this week, from 192,774 to 227,805 adverse events. Please note, as previously mentioned, only 17% of doctors have used the VAER system. From CDC website: Over 250 million doses of COVID-19 vaccines were administered in the United States from December 14, 2020, through May 23, 2021. During this time, CDC received 4,201 reports of death among people who received a COVID-19 vaccine. CDC and FDA physicians review each case report of death as soon as notified and CDC requests medical records to further assess reports. In addition, 18,528 serious adverse events have been reported, 13,021 requiring hospitalization. Pregnancy adverse reactions as per CDC website: 1,140 adverse reactions, 351 miscarriages.

I post these statistics for one reason only. Vaccine safety awareness. It's not about whether you should get the vaccine

or not, it is about you being aware that a risk exists. The risk may be statistically insignificant to some, but if it happens to you it is 100%. Make choices knowing all the info. These stats are from the CDC website, yet we hear nothing of this on the news. My concern is vaccine safety not anti-vaccine rhetoric. Make vaccines safer. The Covid-19 vaccine has more deaths associated with it in this short time period than any and all vaccines combined over the last 15 year period. This vaccine was given emergency use authorization and had very limited testing. The wide range of immediate side effects are being brought to the medical professions attention every day. Long term effects will not be known for years. Typical vaccine testing protocols are 10 years or more. Not 6 months. This vaccine is being distributed with emergency use authorization and according to the CDC statistics I posted above, the survival rate for Covid-19 age 0-69 is 99%.

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## MISSY'S MESSAGE



MISSY PAPERFUS

### PLAN B!

It is always important when your first plan fails to have a backup plan in place. A lot of times it is not possible to fit everything in a day. I wonder how I did it before, back when I worked another job. Time is just keeps flying by.

I usually walk two mornings a week with my good friend Jenny, who owns Jenny's Greenhouse. This is her busy season, particularly around Mother's Day. She had to take off a few days from our walking. She gets plenty steps working around the greenhouse. Hence, here is when Plan B comes in to play. Just because Jenny cannot walk, does not mean I shouldn't be walking (or doing some sort of exercise). It has been so nice out the past few weeks, I have been continuing to take some short walks in the morning before work. I will watch some videos on my phone while I walk, getting extra steps in.

One day, I walked out to Turbo's Repair to get a part. Another day I walked up to my brother's house after work; we were invited there for supper. Both walks took less than 30 minutes, and I got in many extra steps for the day. I always walk down to the bank, even in the cold winter. I also enjoy walking with my mom when my schedule allows. Sneak in more steps when you can and keep walking!

*Memo from MotoProz....*

We are excited and gearing up for Mazeppa Daze 2021! Save the date July 9,10,11! Get your tickets to support Mazeppa Daze at MotoProz in Mazeppa! The place to go is MotoProz!

Missy and her husband Mike own MotoProz in Mazeppa.