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APRIL, 2021

Volume 3 • Issue 1

Berne Wood Fired Pizza Announces Season Lineup



The Berne Wood Fired Pizza will return for the tenth year with a full line-up of music and pizza. Their schedule starts Wednesday June 2nd and continues each and every Wednesday through August 25th. This year they will be offering advance registration through Eventbrite, an online event sales platform. You may reserve seating for groups of 2, 4 or 6 people for the evening concert. Walkups will be seated based on availability. Bring your own chairs with you. Take out orders will be filled as well. There are six different varieties of pizza available with prices at \$20 and \$23 cash, exact change please. Pop, water, ice cream and chips are sold on site. You may bring your own beverages in as well.

There are two bands each evening starting at 5pm with the opening act and 6:30pm for the headliner. There is no charge for the concert. There will be a classic car and bike cruise-in on June 9th, July 14th and August 11th. An Artisans Market Night is planned for August 4th. Schedule of bands can be found @bernepizza.org. Volunteers staff the event each week and proceeds are donated to numerous local charities and foundations each year.

New Vice President at CSB

By Kenya Narveson

Bigger is not always better; in the banking industry. Local Banks or “smaller banks” are focused on serving and investing in the businesses, farms, and individuals in the community. Smaller banks have a personal touch. Bankers are able to remember your name, and possibly your spouses and children’s names. Or have a conversation about your favorite hobby. Personalized service keeps small banks thriving. You deserve to know and feel like your money and investments are in good hands. And when you bank locally; you’re investing in your community.

Citizens State Bank of Hayfield has been in business since 1910. The Mantorville location has been in its current location since 1981. The Dodge Center location was acquired in May 2010. Since the beginning, Citizens State Bank of Hayfield has been committed to serving Dodge Center and surrounding communities.

The Dodge Center location recently



Back: Patrick Bell, Teresa Nepstad, Dawn Leppert. Front: Stephanie Murrieta and Shari Arndt

Dodge County Hockey player Makes All-State

By Kenya Narveson

The Dodge County Hockey Program has a star player by the name of Brody Lamb. Brody helped the Wildcats soar into new heights this season. Brody has received many awards along the way; including a First Team All-State forward and the Associated Press 2021 Minnesota boys hockey Player of the Year. He led the state in goals (52), points (87), short-handed goals (10) and points per game (3.62) as a junior.

The Wildcats went to a state tournament two years ago. Last year they earned the No. 1 seed in the Section 1A playoffs, only to be defeated by Mankato East in the semifinals. That inspired Lamb to return to high school hockey for his junior year, in hopes of helping the Wildcats reach another state tournament.

(continued on page 7)



Brody Lamb

acquired a new vice president. Patrick Bell has been the new vice president since the beginning of the year. Patrick has 15 years of banking experience. He also provides the commercial and agricultural lending services. He was born and raised in Southern Minnesota.

Dawn Leppert is the consumer mortgage lender at the Dodge Center location. She has over 20 years in banking and started as a drive up teller. She has served in many different capacities at the bank. If you are considering buying a new home, applying for a mortgage or already have a mortgage; Dawn Leppert has the knowledge and resources to assist you in making the right decision about your consumer mortgage loan.

(continued on page 5)

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Don't Forget This Source of Hope

By Pastor Dave Breederland
Faith Community Church

May will soon be here and often it is accompanied by lots of hope. Hope that spring is finally here and there's no more snow. Hope that school is almost over. Hope that the crops are in the ground. Hope that the Twins will be in first place. Hope that Mother's Day will be special. Hope that this year's walleye fishing will be better than last year's. Hope that the COVID-19 intrusions into life and businesses will end.

We need hope. It is difficult to go through life without hope. At times, we may think that hope is as rare as a weed-free garden. But there is a source of hope that we can count on, the Scriptures. The Apostle Paul wrote: For whatever was

written in former days was written for our instruction, that through endurance and through the encouragement of the Scriptures we might have hope. (Romans 15:4 ESV)

Let's think about that last phrase: through the encouragement of the Scriptures we might have hope. Paul is reminding his original readers that the Old Testament is a source of hope. We find encouragement in them, but only if we read them.

Today we know that encouragement comes in many varieties. It comes in the gentle coaxing of a parent to a child to eat their food. It comes in the loud voice of a coach or a drill sergeant. It comes in the forms of incentives. And there are many more ways.

As we read through the Scriptures, we find a wide-array of individuals and situa-

tions that bring us encouragement leading to hope. We read of those who got second chances after a dismal failure (i.e., King David, Jonah). Other times we find those who disobeyed and suffered loss, some even on the spot (e.g.: Nadab, Abihu, Uzzah) – leading us to hope that we listen to and obey God's instruction. We find encouragement to have hope when we see others expressing heartache (see the Psalms). There are "impossible situations" that people find themselves in that God delivers them (recall the Red Sea crossing, Daniel in the lions' den, and more). There are plenty of positive examples and negative ones too. The Scriptures are replete with a host of personalities and contexts.

But the greatest encouragement of all comes from those Scriptures that tell us of the coming One, the Messiah, the Servant

of the Lord. We get our greatest hope from knowing that help is on the way. Reading the New Testament, we discover that Jesus is the promised One. We read of the depth of Jesus' love, the redeeming power of his death and resurrection, and our own hope of resurrection through our relationship with the risen Jesus. We read of the Apostle Peter, brash and boisterous, but humbled, and finally restored and recommissioned. We have hope that when our lives follow the trajectory of Peter's, Christ can forgive us and put us back into service. We have hope because Jesus is the resurrection and the life (see John 11:25).

Don't allow your 'hope' to be simply wishful thinking. Have hope because of the precedents set in real history in the Scriptures. Have hope because Jesus is risen. He is risen indeed!

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Faith Lutheran Church
308 2nd St. NW, Dodge Center
Intern Pastor Kira Anderson • 507-374-2174
Traditional Worship 8a.m.; Fellowship 9a.m.
Christian Education 9:15a.m.
Contemporary Worship 10a.m.

Grace Lutheran Church
404 Central Avenue N, Dodge Center
Tim Chase • 507-633-2253
Worship 9a.m.; Sunday School 10:30a.m.

Praise Fellowship Church
602 Central Avenue S, Dodge Center
Roger Langworthy • 507-374-6400
Kidz Church 9:15a.m.; Sunday Worship 9:30a.m.

Dodge Center Methodist Church
201 1st St. SE, Dodge Center
Rev. Chad Christensen • 507-374-6885
Worship 8a.m.

St. John Baptist De La Salle
20 2nd St. NE, Dodge Center • 507-374-6830
Mass Saturday 5p.m.

Living Water Assembly Church
104 1st St. NW, Dodge Center
Roy Andrews • 507-374-6561
Sunday 10a.m.

Dodge Center SDA Church
410 3rd Ave. SW, Dodge Center • 507-374-6895
Sabbath School 9:15a.m.; Saturday Worship 11a.m.

Anchor of Hope Church, a 7th Day Baptist Congregation
203 E. Main St., Dodge Center
507-374-6755
Saturday 10a.m. Worship; 11:45a.m. Sabbath School

NOTICE
Due to COVID-19 check your church website or Facebook page for updates.

Area Church Directory
In the Middle of the Garden

In the middle of the garden were the tree of life and the tree of the knowledge of good and evil. — Genesis 2:9

In the school where I serve as a campus pastor and as an English teacher, we talk about metaphors and how important they are in a piece of literature. We also pay attention to imagery used by an author to show meaningful threads throughout a narrative.

The Bible is God's Word to us, revealing to us the grand story of creation, salvation in Christ, and life with God and his people forever. The Bible is also a literary masterpiece, filled with imagery and metaphors that carry through in meaningful threads from beginning to end.

For example, of the many trees described in the Bible, the two here in Genesis 2 are prototypes for other trees mentioned later on: trees that indicate life and fruitfulness, and trees that represent potentials for brokenness and disobedience. The tree of life presented abundant life and intimacy with God, while the other tree presented consequences connected with choosing and doing wrong.

The tree of life especially prefigures many stories featuring hope, redemption, promise, and comfort, indicating that even from the beginning, people were not left to live here alone but were given a protected place of abundance and well-being. Emphasis is placed on the loving relationship between God and creation, summed up in the rich image of the tree of life—and later we find this tree again in the new heaven and new earth, where we will live with God forever (Revelation 22:1-2).

Prayer; Lord, thank you for showing us your loving and generous promises in the imagery of the tree of life. Guide us to hope and truly live in you always. Amen.

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David Robert Johnston

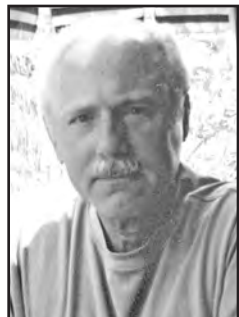
David Robert Johnston, 72, of Rochester, MN, passed away Wednesday, March 10, 2021, due to complications from chronic obstructive pulmonary disease (COPD). He was born April 22, 1948, the only child to Jean (Woodward) and Robert Johnston. He was always surrounded by many cousins, aunts and uncles growing up on the family farm outside of Dodge Center.

Dave attended Dodge Center High School and married Gail Sinclair on August 19, 1967. They had two daughters, Michelle (Troy) Shulze and Jessica (Randy) Robinson, both of Dodge Center, and later divorced. On May 2, 1998, he married Patricia Amundrud, and her children, Eric, Patrick and Amy joined the family.

He was a union welder for various companies, including Donaldson Construction, Northern Pipeline, Rochester Plumbing and Heating, Michels Pipeline, Himec, Mitchels Pipeline and Aconite. He retired in 2010. Dave was a member of the Local 6 Union Hall from 1972-2010, Sons of the American Legion and First Congregational Church.

Dave was a doting son who cared for his parents and a generous person who always worried about his family. He was a wonderful dad and grandpa and enjoyed spending time with family, fishing, NASCAR, football, socializing with friends at the American Legion and playing pull tabs.

In addition to his wife, daughters, their husbands and stepchildren, he is survived by his grandchildren, Ashton (Brett) Franko, Alexa (Dustin) Streff, Mackenzie (Brock) Franko, Madelyn, Isabel and Natalie Robinson, Benjamin and Hope



Amundrud; great-grandchildren, Dakotta, River, Gracelynn and Dalton Streff; Mabel and Oakley Franko.

He was preceded in death by his parents, and stepson, Patrick Amundrud.

A funeral service for David was at 2:00 p.m. on Saturday, March 20, 2021 at Czaplowski Family Funeral Homes, 25 South Street Dodge Center, MN 55927. Visitation was held from 5:00-7:00 p.m. on Friday, March 19, 2021 at Czaplowski Family Funeral Homes, 25 South Street Dodge Center, MN 55927, and one hour prior to the service on Saturday. Inurnment will be held at a later date in Riverside Cemetery in Dodge Center, MN.

To share a special memory or condolence please visit www.czaplowskifuneral-homes.com, Czaplowski Family Funeral Homes, 25 South Street, Dodge Center, MN 55927 (507)374-2155. Blessed be his memory.

Vivian Stoeckel

Charles City, Iowa: A private Celebration of Life Service is Planned for April 14, 2021 at Immaculate Conception Catholic Church Charles City, Iowa with Father Tom Heathershaw officiating. There will be no visitation or burial.

Vivian was born in McIntire, Iowa on November 28, 1943, the daughter of Donald and Julia (Koeings) Belden, and passed away on March 28, 2021 at Mercy One, Mason City Iowa.

She received her education at Queen of Angels School in Austin, Minnesota. Vivian was united in marriage to Harold Stoeckel on July 15, 1961, at Queen of Angels Catholic Church. This union was blessed with on son Jonathan.

Vivian worked for Marshall Johnson Farm in Hayfield, Mn where her favorite chore was driving the combine. When Jon was a baby, Vivian would put Jon in the seat next to her. She cooked at the Dodge Center School for three years. Later she

became a machinist at Truth Hardware in Owatonna, MN where she worked until retirement in 2006. She moved to Charles city in 2010.

She enjoyed working in her flower garden, raising and canning tomatoes, she loved her neighbor children and worked at teaching them to read, and she especially loved her puppies, Snowflake and Ellie.

Vivian is survived by her husband Harold of 59 years, son Jonathan, Pompano Beach, Florida; two brothers: Joe (Liz) Belden Fernandina Beach FL; Jim (Laurie) Belden, Dodge Center, MN; four sisters: Rosemary Brown, Austin, MN; Elizabeth Thomas, Charles City, IA; Deb (Byron) Gardner, Andover, MN; Judy Viers, Greene, IA; many nieces, nephews and friends.

She was preceded in death by her parents; three sisters: Sharon, Millie and Donna; one brother Donald.

Memorials may be directed to the family at P.O. Box 219 Greene, Iowa 50636

Retz Funeral Home, 519 N. First St. Greene in charge of services. 641-823-4457 www.retzfh.com

Janice Elaine (Bradshaw) Bennerotte

Janice Elaine (Bradshaw) Bennerotte, 87, of Dodge Center, passed away peacefully on Tuesday, March 23rd at Fairview Care Center.

Janice was born on January 30th, 1934, the daughter of Ralph and Florence Bradshaw in Pine Island, Mn. She attended grade school in Milton Township and high school in Mantorville, Mn. Janice worked for St. Mary's hospital for several years, Dodge Center Canning Company, Mantorville Liquor Store and managed the Bay City Campground in Bay City, Wi. On January 8, 1951, she married Russell Bennerotte and they had six children together. They were happily married for 60 years. Janice enjoyed hunting, fishing, camping, playing cards and dice, pull tabs, casino trips, gardening and drinking coffee with family and friends.

She is survived by her children; Richard (Pauline Williams) Bennerotte, Mazeppa, Mn, Rhonda (Dave Leth) Rhodes, Mantorville, Mn, Rose (Rick) Phipps,

Panora, Ia, Roland (Marcia) Bennerotte, Wasioja, Mn, Roger (Marlys Benesh), Austin, MN, Roxanne (Steve Sinclair) Bennerotte, Kasson, MN; 15 grandchildren; 41 great grandchildren, 1 great great grandchild and many nieces and nephews.

She was preceded in death by her husband, Russell, her parents, 2 brothers, Dallas and David Bradshaw, niece Susan Bennerotte and many aunts and uncles.

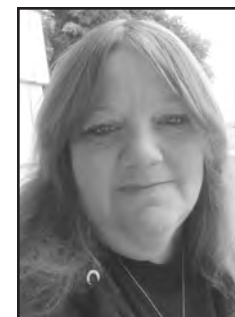
Visitation was held from 11:00 a.m.-1:00p.m. on Friday, March 26, 2021 at Czaplowski Family Funeral Homes, 801 7th St SE in Kasson. A private family service followed. Interment was in Wildwood cemetery in Wasioja, MN.

To share a special memory or condolence please visit www.czaplowskifuneral-homes.com, Czaplowski Family Funeral Homes, 801 7th St SE Kasson, MN 55944 (507)634-6510. Blessed be her memory.

Lhonda Fate (Maddox) Hokanson

Lhonda Fate (Maddox) Hokanson, 54 passed away from natural causes on Saturday February 27, 2021 at the Rochester St. Mary's Hospital where she had been a patient since Tuesday. Lhonda was born Nov.15 1966 in Manatee County, Florida to

Linda Maddox, Her Step dad LeRoy Maddox. She left Florida at a very early age and found her way to Minn. Where she met the love of her life, Greg Hokanson. They got married on August 20, 1999 in Cannon Falls. She was employed by Semcac for 25 years helping people in the food shelf. She loved unicorns, working on computers and spending as much time as possible with her family and friends. She was survived by her husband, Greg, son Michael of Dodge Center, one brother, Lamar of Florida, two stepsons, Tyler of Rush City, Mn, and Travis (Stephanie) Claremont, Mn. And 9 grandkids and numerous friends. She was preceded in death by her mother, and one brother, and one step grandson. There is no services at this time due to covid. Will have a Celebrate of life at a later date.



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Before Memorial Day in 1922, VFW members conducted the first poppy distribution, becoming the first veterans' organization to organize a nationwide distribution. The poppy soon was adopted as the official memorial flower of the Veterans of Foreign Wars of the United States, as it remains today.

In 1923 it was decided that VFW "Buddy"® Poppies would be assembled by disabled and needy veterans who would be paid for their work to provide them with financial assistance. The next year, disabled veterans at the Buddy Poppy factory in Pittsburgh assembled VFW Buddy Poppies. The designation "Buddy Poppy" was adopted at that time.

In February 1924, the name Buddy Poppy was registered with the U.S. Patent Office. A certificate was issued on May 20, 1924, granting the organization all trademark rights in the name of Buddy under the classification of artificial flowers. This trademark is a guarantee that all poppies bearing that name and the VFW label are genuine products of the work of disabled and needy veterans. No other organization, firm or individual can legally use the name Buddy Poppy.

Today, Buddy Poppies are still assembled

In Flanders Fields

*In Flanders fields the poppies blow
Between the crosses row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.*

*We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved and now we lie
In Flanders fields.*

*Take up our quarrel with the foe:
To you, from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow,
In Flanders fields.*

by disabled and needy veterans in VA Hospitals.

The VFW Buddy Poppy program provides compensation to the veterans who assemble the poppies, provides financial assistance in maintaining state and national veterans' rehabilitation and service programs and partially supports the VFW National Home for Children.

The Buddy Poppy was inspired by the poem, "In Flanders Field", written during the First World War by Canadian physician Lieutenant-Colonel John McCrae. He was inspired to write it on May 3, 1915, after presiding over the funeral of friend and fellow soldier Lieutenant Alexis Helmer, who died in the Second Battle of Ypres. According to legend, fellow soldiers retrieved the poem after McCrae, initially dissatisfied with his work, discarded it. "In Flanders Fields" was first published on December 8 of that year in the London magazine Punch.



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Does COVID-19 Vaccination Impact Blood Donation Eligibility?

This spring as COVID-19 vaccines become more available and people resume some of their favorite activities, the American Red Cross is reminding the public that the need for blood remains. Healthy individuals are encouraged to make a blood donation appointment now. But what about

those who've received a COVID-19 vaccine – can they donate?

As long as donors are symptom-free, feeling well and can provide the vaccine manufacturer's name, there's no waiting period required after receiving a COVID-19 vaccine currently authorized in the U.S. Additional blood donation eligibility information is available at [RedCrossBlood.org/Eligibility](https://www.redcrossblood.org/Eligibility).

Three reasons not to wait to donate:

Donors, especially those with type O blood, are needed in May to help ensure blood products are available for patients now and into summer.

Those who come to give blood, platelets or plasma in May will be automatically entered for a chance to win a travel trailer camper that sleeps five, powered by Suburban Propane.*

Plus, those who make it in to give May 1-15 will receive a \$5 Amazon.com Gift Card by email, courtesy of Suburban Propane.**

Schedule an appointment now to give blood and make it a summer full of life for patients. Appointments can be made by downloading the Red Cross Blood Donor App, visiting [RedCrossBlood.org](https://www.RedCrossBlood.org), calling 1-800-RED CROSS (1-800-733-2767) or enabling the Blood Donor Skill on any Alexa Echo device.

Health insights for donors

The Red Cross is testing blood, platelet and plasma donations for COVID-19 antibodies. The test may indicate if the donor's immune system has produced antibodies to this coronavirus, regardless of whether they developed symptoms. Testing may also identify the presence of antibodies developed after receiving a COVID-19 vaccine.

Plasma from routine blood and platelet donations that test positive for high levels of antibodies may be used as convalescent plasma to meet potential future needs of COVID-19 patients. Convalescent plasma is a type of blood product collected from COVID-19 survivors who have antibodies that may help patients who are actively fighting the virus.

The Red Cross is not testing donors to diagnose illness, referred to as a diagnostic test. To protect the health and safety of Red Cross staff and donors, it is important that individuals who do not feel well or believe they may be ill with COVID-19 postpone donation.

At a time when health information has

never been more important, the Red Cross is also screening all blood, platelet and plasma donations from self-identified African American donors for the sickle cell trait. This additional screening will provide Black donors with an additional health insight and help the Red Cross identify compatible blood types more quickly to help patients with sickle cell disease. Blood transfusion is an essential treatment for those with sickle cell disease, and blood donations from individuals of the same race, ethnicity and blood type have a unique ability to help patients fighting sickle cell disease.

Donors can expect to receive antibody test and sickle cell trait screening results, if applicable, within one to two weeks through the Red Cross Blood Donor App and the online donor portal at [RedCrossBlood.org](https://www.RedCrossBlood.org).

Each Red Cross blood drive and donation center follows the highest standards of safety and infection control, and additional precautions – including temperature checks, social distancing and face masks for donors and staff – have been implemented to help protect the health of all those in attendance. Donors are asked to schedule an appointment prior to arriving at the drive and are required to wear a face mask while at the drive, in alignment with Centers for Disease Control and Prevention public guidance.

Upcoming blood donation opportunities in Dodge County Kasson

5/7/2021: 10 a.m. - 4 p.m., Anytime Fitness, 110 W. Main St.

New Vice President at CSB

(continued from page 1)

Citizens State Bank of Hayfield is a small bank with mega bank services such as: wire transfers, automatic transfers for loan payments, fax services, night depository at all locations, notary public, photocopies, money orders, and checkbook balancing assistance. You can have access to your account 24/7 by downloading Citizens State Bank of Hayfield app on your mobile device or by using their telephone service.

At Citizens State Bank of Hayfield in Dodge Center you can expect to get the

same services of the mega bank, but with lower cost associated with fees. Your money will help grow the local economy. Small businesses help create jobs and most small businesses rely on local banks. Most importantly decisions are made locally by people who are in the community and understand the needs of their customers and community. Personalized service goes a long way with your money. The staff at Citizens State Bank of Dodge Center want to assist you and the community with all of your banking needs.



Garden Thyme Craft Show

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DIRECTIONS FROM KENYON: Go north on Hwy. 56 for 7 miles, then turn west on County 49 Blvd. Go 1/2 mile. Our cabin is right before Vang Lutheran Church.

FROM NORTHFIELD: Go east on Hwy. 246 to Dennison, continue east out of Dennison 3 miles, take a right on Hwy. 56 south for 2 long miles. Take a right heading west on Cty. 49 Blvd., go 1/2 mile. Our cabin is right before Vang Lutheran Church.

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Triton High School's Production of Adrift Concluded April 10th

Triton High School's production of Adrift in New York concluded April 10th after four successful performances. The melodra-

ma has been performed at Triton before, although never in the midst of a global pandemic. And while things looked different this year, such as some actors wearing masks and a smaller, socially-distanced audience, the show was still enjoyed by all. "We could have only 100 people in the audience," said director Anne Schreiber, "but surprisingly, the auditorium felt full, and the audience seemed to enjoy 'booing' the villain and cheering for the hero!" Two of the four performances, in fact, were sold out. Schreiber added, "The students performed so well; they really gave it their all, and I'm so proud of them!" Since most of the cast were in 7th-11th grade, look to see many of these students on the Triton stage next year.



The hero (Weston Haugen) and heroine (Talia Kelley) are reunited once again



The villain, Desmond (August Kozesik), arrives at the scene through unexpected means.



The hero, Jack Merriwell (Weston Haugen), smashes a bottle over the head of Monty Moran (Wyatt Haugen) as Julianne Auer looks on.



The characters investigate some crucial evidence in a murder case. (From L-R: Jude Gosse, Talia Kelley, Katie Courteau, Maddie Jarrett, Weston Haugen, Ashtyne Avery, Liam Dostal)



Francis Desmond (August Kozesik) tries to get the heroine Nellie (Talia Kelley) to come with him; Danielle Fogery (Julianne Auer) possibly objects.

Cobra Communications



Craig Schlichting
Superintendent

This spring has brought numerous things to celebrate. The first thing I would like to mention is the Teacher Achievement Award that was presented to Ms. Rebecca Goossens. She was awarded a \$15,000 check as the recipient winner. We are excited to see her being recognized for all of the great work that she does here at Triton. She is also the lead of the Triton BPA which recently had a number of students that did very well in the state competition. Our Broadcast News Team of Kailey Ellingson, Mariel Faber and Natalie Robinson were the State Champions. We also had the second in state Broadcast News Team with Talia Kelley, Kaitlyn Krupa and Lydia Stanton. We also had Makena Jensen place in the top ten at the state competition for Interview Skills. This program has consistently produced amazing results and achievement for our Triton students. This is definitely a program to be proud of as a Cobra!

Since I am talking about programs to be proud of this month, I must mention my recent visit to the high school band classroom. Mr. Elijah Gray is in his first year leading the band program and has created an atmosphere of pride. I was able to stop into his classroom the other day to check in on a rehearsal and was so proud of what was and is happening in that classroom. He has started a new tradition of having the students stand at the end of their rehearsal to play the school song. I can honestly say, I was moved by that experience and the energy that was in the classroom. The students were playing the school song and genuinely excited and cheering, it was a very cool experience that I was able to record and post on my Twitter feed. I told Mr. Gray that I would be looking forward to stopping in more often for the mini pepfest that was taking place in his classroom.

Ms. Cassidy Breer presented the FCCLA (Family, Career and Community Leaders of America) Program to the school board in April. This is a newer program to Triton since Ms. Breer started it a couple of years ago. She has volunteered her time to get this program off the ground and going. I have asked the board to approve a new paid position on our extra-curricular contract to solidify this program for the future. The students have already been competing and being recognized for their accomplishments. Not only do they perform community service as an organization, but they also partner with local business and industry for their projects and competitions. I am excited to see what the future has in store for this amazing program.

Please reach out to me with any questions that you may have regarding our school

district. You can email me at schlich@triton.k12.mn.us or you can call me at 507-418-7530 to reach me at the district office. I would be happy to set up a time to meet with you or your organization. I believe that communication is an important aspect

of my job responsibility, and I welcome the opportunity to learn from your perspective. GO COBRAS!

#WeAreTriton

4-H Club Pancake Breakfast



Eden Progressive Gophers 4-H club held a pancake breakfast Sunday April 11th. The event was at the West Concord American Legion and the members and parents served customers who drove up for their plate of pancakes, scrambled eggs, sausages and juice from 8 am to noon.

TRITON CLASS OF 2021



SENIOR SPOTLIGHT

Daegan Dostal is a senior at Triton High School. His parents are Rod and Gena Dostal and he is a brother to Braedon, Sabryn, Landon and Ameryn. He likes playing Football, cross country, volleyball and track and field.

After school he likes working out.

His favorite food is Plaza Morena Chicken sandwich. His favorite band is Dire Straights.

After graduation he plans to attend Winona State University.



DAEGAN DOSTAL

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Dodge County Hockey player Makes All-State

(continued from page 1)

They believed they could go to state again and they did. Going 19-4-1 and beating Mankato West 4-3 for the Section 1A championship on March 24 at Dodge County Ice Arena in Kasson.

"I think he'll look back as he gets older at what he's done for the entire program and for Dodge County hockey, both boys and girls, the younger kids, too," Dodge County boys hockey head coach Nick Worden said. "He probably doesn't fully see it yet, but he will down the road. Not at all to diminish the success of our other good hockey players, but when you have a player like Brody... he has injected another level of excitement."

Hockey roots run deep in the Lamb family. Jeff, His father starred in town at Mayo and eventually moved into professional ranks. Brody has committed to play college hockey at the University of Minnesota.

Currently, the Golden Gophers rank Number 1 in both polls. Lamb feels good about his college choice.

"I can't do it by myself. My linemates

Matt Donovan, Gavin Giesler and Brendon Wolesky for some of the year, they help me a lot and just shooting pucks in the driveway when I was younger I would say got my shot good," Brody Lamb said. "Vision on the ice helps, too."

PLAYER OF THE YEAR

Brody Lamb, Dodge County
FIRST TEAM

Forward — Brody Lamb, junior,
Dodge County

Forward — Kyle Kukkonen, senior, Maple Grove

Forward — Carter Batchelder, senior,
Eden Prairie

Defense — Jack Peart, senior,
Grand Rapids

Defense — Joe Palodichuk, senior,
Hill-Murray

Goalie — Jack Wieneke, senior,
Maple Grove

SECOND TEAM

Forward — Zam Plante, sophomore,
Hermantown

Forward — Luke Levandowski, senior,
Rosemount

Forward — Layten Liffbrig, senior,
Mankato East/Loyola

Defense — Henry Nelson, senior,
Maple Grove

Defense — Luke Mittelstadt, senior, Eden Prairie

Goalie — Alex Timmons, senior,
Gentry Academy

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Kenyon Native Named Goodhue County Citizen of the Year

Ray Sands of rural Kenyon, was named Goodhue County Citizen of the year this winter. Ninety-year old Sands started his musical journey eight decades ago when as a nine year old he received an accordion as a gift from his parents. Soon after he was playing music with the family and he knew he always wanted to be a musician. One of Sands favorite band leaders is Lawrence Welk. He recalls seeing him many years ago at the Prom Ballroom in St. Paul, where he watched him from the front row and decided right there to be a band leader. He was also a farmer, milking his cows and running his land until he was eighty years old.

The Polka Dots were formed in 1949 to play a concert to raise funds for a new community hospital in Zumbrota. They continued to play together and recorded their first album in 1953. The band has played continuously since that time, but Ray is the only original member left. Sands remembers the original band members as all great guys. They drove to many venues to per-

form over the years and recalls one night traveling to Hersey, Wisconsin. "Coming into town and we see a streetlight. Turns out it was a Hiawatha Train going 85 mph. The car stopped just inches from it. It took the boys a while to calm down before playing. On the way back out of town we stopped to check the railroad crossing out," Sands relates. "Blown over by the wind and laying in the grass was the black and white crossing sign. We could just imagine the headlines – Entire Orchestra Killed by Train."

Some of the highlights for the band include being invited to play at the International Polka Festival in Kitzbuhel, Austria. One hundred and fifty friends and fans accompanied the band. A few years later, the band and its fans toured Scandinavia. Another highlight was performing a concert at the John F. Kennedy Center for the Performing Arts in Washington DC representing the state of Minnesota in 1997.

In November of 2000, Ray Sands and the Polka Dots were inducted into the Minnesota Music Hall of Fame. One of his most notable appearances was in October of 2010 when he did a show with Garrison Keillor at the State Theater in Zumbrota. The following January 23rd the band performed at the Rochester Mayo Civic Center with Keillor's Prairie Home Companion along with "Sweet Dreams" a girl's trio from Kenyon, Wanamingo and Goodhue. This show appeared on over 700 stations to

4.3 million viewers worldwide.

Ray wrote "The Polka Dots Waltz" and "How Soon?". His wife Sue composed "Bryan's Polka" for their grandson. His favorite song is the Ping Pong Polka, which was popular in the early 1950's. "Flyswatter" is a unique tune that was recorded by the California alternative rock band, The Eels. They asked Sue to arrange it "polka style" and was performed by The Eels on the Late Night Show with David Letterman.

Sands said he and the band's music was featured in a 2016 film called "His

Neighbor Phil," about a woman with Alzheimer's disease. The movie features Stephanie Zimbalist and Daniel Roebuck. Sands said the first sound of the movie is from the group's old-time hit song "The Ping Pong Polka." He said the reason the band was asked to participate in the movie was because of music's known effect on people with Alzheimer's.

Ray says "we only played four gigs in 2020. So, you get out of practice. I picked up the accordion to play and my fingers were rusty. We have some shows to do this year, but it is getting close to the end."



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Is Diabetes a Problem in Pets?

"Diabetes mellitus is one of the most common hormonal diseases of dogs and cats," said Dr. Gal. "Treatment of diabetes requires the owner to give daily injections of insulin to the diabetic pet, to switch the pet to a 'diabetes-friendly' diet, and to make frequent visits to the veterinarian to make sure the diabetes is in control."

Maintaining control of the diabetes means giving the right dose of insulin to keep the pet's glucose levels in a safe range to avoid hypoglycemia, or low levels of glucose in the blood. The time, stress, and expense of having a diabetic pet takes a toll on the owner.

"A recent study reported that 20 percent of dogs and cats were euthanized within a year of their diagnosis with diabetes due to the impact that the intensive management of diabetes has on the perceived quality of life of both the pet and the owner," Dr. Gal noted.

Finding a treatment that could reduce diabetic pets' dependence on insulin shots could help more of these pets live longer.

The gastrointestinal microbiome has been defined as "a highly diverse community of microorganisms, primarily bacteria, that inhabit the intestinal tract." There are trillions of bacteria living the intestinal tract of mammals, far more than the number of cells that make up the individual's entire body.

"The gut microbiome has recently been recognized as functioning like a hormonal organ (e.g., the thyroid and pancreas) because it produces hormone-like molecules that affect dog and cat tissues," Dr. Gal said. "Several types of intestinal bacteria produce short-chain fatty acids (SCFAs) by fermentation of dietary fiber. SCFAs influence energy levels, the immune system, and the health of the intestine.

"Recent studies have indicated a strong link between lower levels of SCFAs made by bacteria in the gut and diseases such as pre-diabetes and diabetes in people. Cats with diabetes have also been found to have fewer SCFA-producing bacteria in their gut microbiomes."

It is thought that SCFAs may impact diabetes by producing a substance called glucagon-like peptide 1 (GLP-1), which makes the pancreas more responsive to blood glucose levels.

"Transplantation of feces from a healthy donor into the intestine of a sick patient have been done successfully in people, laboratory rodents, and dogs," explained Dr. Gal. "The procedure was shown to improve insulin sensitivity in obese humans with diabetes. In a recent study from New Zealand, fecal transplantation from healthy dog donors resulted in enriched 'good bacteria' for up to 30 days in dogs with acute intestinal inflammation and hemorrhage after a single fecal transplantation."

Dr. Gal believes that fecal transplantation has the ability to reshape the microbiome ecology of pets.

"We are on the verge of a new era in veterinary (and human) medicine where we can substantially improve the clinical control of diabetes in dogs and people by manipulating gut microbiota," he said.

"Cats develop diabetes through a different pathway from dogs. I believe fecal transplantation has a high potential to induce remission in cats with diabetes, working through the relationship of GLP-1 to pancreatic insulin to substantially improve glucose tolerance and insulin sensitivity."

"Currently, it is not known whether transplanting intestinal microbiota from healthy donors to diabetic patients will re-establish 'good bacteria' that make SCFAs, decrease the 'bad bacteria' associated with diabetes, and lead to better control of blood glucose levels," said Dr. Gal.



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DODGE CENTER COUNCIL MINUTES March 22, 2021

A regular meeting of the City Council of the City of Dodge Center, Minnesota was held on Monday, March 22, 2021 at 6:00 p.m. Community Center Room and Tele-Meeting, City Hall, Dodge Center, Minnesota.

Council members present: Mayor Bill Ketchum, Cathy Skogen, Matt Maas

Council members absent: Gary Trelstad, Paul Blaisdell

City staff and others present: Joshua Tetzlaff, City Administrator; Tina Kozisek, Administrative Clerk; Angie Jarrett, Ambulance Director; Bryce Lange, Community Development Specialist; Ingvild Herfindahl, Library Director; Charlie Dappen, PeopleService; Dave Kenworthy, Fire Chief; Marianne Sobek, Finance/Analyst Clerk; Deputy Clements; Jason Boyton, Smith Schafer & Associates.

Meeting Called to Order

Meeting called to order by Mayor Bill Ketchum at 6:00 p.m.

Adopt Agenda

Motion made by Skogen, seconded by Maas, to approve the Agenda. Motion carried unanimously.

Public Participation

None.

2020 Audit Report

Jason Boyton of Smith Schafer & Associates reviewed the results of the 2020 audit.

Approval of Minutes

Motion made by Skogen, seconded by Maas, to approve minutes of the March 8, 2021 City Council Meeting, the February 9, 2021 HRA Meeting, the January 14, 2021 and the February 11, 2021 Library Board Meetings. Motion carried unanimously.

A correction was made to the October 20, 2020 Park Board Meeting. The minutes listed Tom Johnston as calling the meeting to order, but Mr. Johnston was absent. The meeting was called to order by Rich West.

Motion made by Skogen, seconded by Maas, to approve the minutes of the October 20, 2020 Park Board Meeting as amended. Motion carried unanimously.

Approve Payment of Bills

Motion made by Maas, seconded by Skogen, to approve payment of bills as presented. Motion carried unanimously.

Staff Reports

Community Development Specialist Bryce Lange presented a proclamation des-

ignating April 30, 2021 as Arbor Day in Dodge Center. This proclamation is one of the requirements to maintain Dodge Center's Tree City status. He is also requesting approval to submit the 2021 Tree City application.

Motion made by Maas, seconded by Skogen, to approve the Arbor Day Proclamation designating April 30, 2021 as Arbor Day and to allow submission of our application for 2021 Tree City status. Motion carried unanimously.

Cheryl Gillard has chosen to step down from the Park Board leaving a vacancy. Chris Pluto has shown interest in being on the Park Board. Lange requests Council approval to appoint Chris Pluto to the Park Board.

Motion made by Skogen, seconded by Maas, to approve appointing Chris Pluto to the Park Board. Motion carried unanimously.

Recently there was a house fire at 201 4th Ave. SE, leaving the home uninhabitable. A request has been made to place a temporary dwelling on the property for a period of 6-8 months, until the home can be rebuilt. The temporary dwelling would be a trailer that would be temporarily hooked into water, sewer, and electricity.

City Code does not allow for this type of dwelling to be placed on the property without an Interim Use Permit. In the interest of time, and due to the extenuating circumstances, staff is requesting that Council approve placement of the trailer for no more than 9 months. If it is approved, the request will be taken through the proper channels with the Planning & Zoning Commission.

Motion made by Skogen, seconded by Maas to approve placement of a temporary dwelling at 201 4th Ave. SE for no longer than 9 months. Motion carried unanimously.

Ambulance Director Angie Jarrett shared with Council that they had 9 crew members participated in the Polar Plunge in Rochester over the weekend. Call volumes continue to increase.

Library Director Ingvild Herfindahl shared input on the Assistant Librarian Position. Sara Osborn has announced that she will be retiring in April. Currently that position is a 32 hour per week part-time position. Herfindahl feels that this position could be best filled with a 40 hour per week, benefitted position. With the increase

in programming the additional hours would be very welcomed, and by making it a benefitted position there would be an increased interest in the position. This request was approved by the Library Board at their last meeting.

Motion made by Skogen, seconded by Maas, to approve advertising for full-time Assistant Librarian. Motion carried unanimously.

Charlie Dappen, PeopleService, reported to Council that there was a bearing that has failed. He would like to hire Crane Engineering to come in and replace the bearing. He has replaced one in the past, but it took several days to complete. Crane Engineering could come in and complete the work in one day for \$2,500.

Motion made by Maas, seconded by Skogen to hire Crane Engineering to replace the bearing at the wastewater plant for \$2,500.

Dappen said the grit pump has not worked for quite a while. He does not have a quote yet, but would like to explore the possibility of hiring Crane Engineering to fix this as well.

Motion made by Maas, seconded by Skogen, to authorize the City Administrator and the Mayor to make the decision of hiring Crane Engineering to fix the grit pump at the wastewater plant when a quote is available. Motion carried unanimously.

When the cold weather hit in February there were pin and paddles lost in the oxidation ditch at the wastewater plant. Dappen said that he could work on it with maintenance and they could try to manufacture something they could attach the paddles to, but it might be time to look into replacing the whole unit.

Administrator's Report

A. Dodge Center Community Development Account

The City has a separate bank account at Citizen's Bank under the name of Dodge Center Community Development Account, which has been used in the past for things such as senior housing and affordable housing. It is also set up as part of a 501C nonprofit. The names on the account are Lee Matson, Gary Head, Susan Blaisdell, and Amy Yochum. Council approval is required by the bank in order to remove those names and add current City staff.

Motion made by Skogen, seconded by Maas to approve removing Lee Matson, Gary Head, Susan Blaisdell, and Amy Yochum from the Dodge Center

Community Development checking account and adding Joshua Tetzlaff and Marianne Sobek to the account. Motion carried unanimously.

B. Wellness Fair Request

The Center Clinic is requesting to hold a wellness fair in town in September. They are currently looking at September 18, 2021, but don't have all the details figured out as of yet. They are hoping to have several booths and would like to close down a portion of Main Street and Central Ave., adjacent to their building. The exact time has not been determined.

Motion made by Maas, seconded by Skogen, to approve the request and leave the barricade placement to staff's discretion. Motion carried unanimously.

C. Wastewater Plant Oxidation

This was discussed during Staff Reports

D. Request to Offer Paramedic Position

On March 16, 2021 interviews were conducted for the full-time paramedic position. There were 3 applicants, 2 were internal and one was external. Staff is recommending offering the position to Amber Rose at a Step 4 on the pay scale.

Motion made by Skogen, seconded by Maas, to approve offering a full-time paramedic position to Amber Rose at a step 4 on the pay scale. Motion carried unanimously.

Staff is also requesting to hire the external applicant as a paid on-call.

Motion made by Skogen, seconded by Maas to hire a paid on-call paramedic. Motion carried unanimously.

E. Assistant Librarian Position

This was discussed during Staff Reports

F. City Council Meeting Location

With the Community Center being open for public use again it is becoming more difficult to set up for the various City meetings that have also been taking place there. With the increased vaccination rates staff would like to move City Council and board meetings back to the City Council chambers beginning April 2021.

Motion made by Skogen, seconded by Maas, to move City Council and other board meetings back to City Council chambers beginning April 2021. Motion carried unanimously.

G. Minnesota Water Agency Response Network Mutual Aid Agreement

This agreement would provide mutual aid to surrounding communities if there would be a disaster that requires aid. This will not cost the City anything and does not require the City to provide aid. Basically, this is just way to lay out the legal groundwork for requesting assistance as well as providing it so that an agreement doesn't need to be constructed on a moment's notice.

Motion made by Skogen, seconded by Maas to approve Resolution 2021-007 A Resolution Authorizing the City of Dodge Center to be a Party to the Minnesota Water Agency Response Network (MnWARN). Motion carried unanimously.

Miscellaneous

None.

Adjournment

Motion made by Maas, seconded by Skogen, to adjourn at 6:54 p.m. Motion carried unanimously.

Respectfully Submitted,
Tina Kozisek, Administrative Clerk

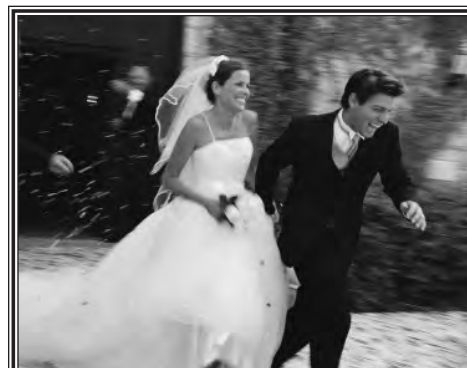
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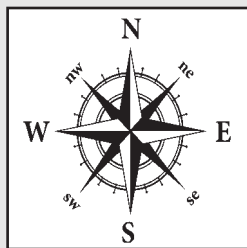
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Changes in Latitudes, Changes in Attitudes



By Terry Campbell

This column is written by Messenger editor and Minnesota native Terry Campbell.

Terry now splits his time between Minnesota when it's warm here and Tennessee when it's cold here.

I am sitting on my front porch this morning with my dog. Eating a granola bar and drinking ice water. The morning sunrise is beautiful. The only sounds I hear are the birds singing in the branches and a distant rooster crowing. Our neighbor has peafowl and the lonesome call of a peacock can be heard from time to time. The daffodils are

smiling at the sun with their cheerful yellow petals everywhere. There is a magnolia tree beside the house and light pink blossoms are opening up in the warm spring releasing a fresh fragrance.

It is a peaceful time of the day. I love to relax here in the morning and again late in the evening and think. I look at nature and I reflect on miracles all around me. It is such a wonderful experience to take in all that is welcoming the creation we live in. Then I think about something from church Sunday morning.

One woman related about her week, and how she was at the hospital with her dying mother. The family was there and they were praying for a miracle. For two days the elderly lady had not opened her eyes or said a word. A nurse came in to check on her mom and the family went out into the hall to visit.

Suddenly they heard her call out and the daughters rushed back into the room. Their mother opened her eyes, looked at them and smiled. "Do you see the angels?" she asked. With that she closed her eyes and then she was gone. Carried by angels from this life to her eternal home. That, I would say is a miracle.

A Minnesotan: In the Cities



By RosaLin Alcoser

Back in the late fall there were two things that I said I would not be doing ever. The first was change jobs in the middle of the pandemic. The second was move in the winter. So of course I did both this year.

My parents moved in February of 2019 during a polar vortex which they described to be one of the most difficult moves that they have ever moved and they have moved a lot. After hearing all about that move back when it happened I decided that if I moved back north I would never ever move in the winter.

February of this year I moved from northwestern Minnesota to the Twin Cities on one of the coldest weeks of the year. Needless to say while it was not a polar vortex nor was there much snow moving in the dead of winter was not in my original plans for this year.

I definitely did not plan on moving during the pandemic to go from fairly remote, sometimes, news reporting to an in person marketing job. However, over all the moving on one of the coldest weeks of the pandemic went well. Even if it does mean that I now have to be a city person for the foreseeable future.

THE SAVVY SENIOR



By Jim Miller

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Dear Savvy Senior,

My elderly father gets over 100 pieces of junk mail every week, and I just discovered that he's given away nearly \$5,000 over the past few months to many of the solicitors that mail him this junk. Can you offer any tips on how can I stop this?

—Irritated Son

Dear Irritated,

Millions of older Americans get bombarded with unwanted junk mail these days, including "mail fraud" schemes that you and your dad need to be particularly careful of. Here's are some tips that may help.

Mail Fraud Alert

While junk mail comes in many different forms – credit card applications, sweepstakes entries, magazine offers, coupon mailers, donation requests, political fliers, catalogs and more – the most troublesome type is mail fraud, which comes from con artists who are only trying to take your money.

Mail fraud can be tricky to detect because there are many different types of schemes out there that may seem legitimate. Some of the most common mail scams targeting seniors today are phony sweepstakes, foreign lotteries, free prize or vacation scams, fake checks, donation requests from charities or government agencies that don't exist, get-rich chain letters, work-at-home schemes, inheritance and investment scams, and many more.

If your dad is getting any type of junk mail that is asking for money in exchange for free gifts or winnings, or if he's receiving checks that require him to wire money, you need to call the U.S. Postal Inspector Service at 877-876-2455 and report it, and then throw it away.

Unfortunately, once a person gets on these mail fraud lists, also known as "suckers lists," it's very difficult to get off. That's because these criminals regularly trade and sell mailing lists of people who they believe to be susceptible to fraud, and they won't remove a name when you request it.

Knowing this, a good first step to help protect your dad is to alert him to the different kinds of mail fraud and what to watch for. The U.S. Postal Inspection Service can help you with this. They offer a list of the different mail fraud schemes at Postallnspectors.uspis.gov.

Another option is to see if your dad would be willing to let you sort through his mail before he opens it so you can weed out the junk. You may want to have the post office forward his mail directly to you to ensure this.

If your dad feels compelled to donate to certain charities, ask him to let you check them out first to make sure they're legitimate. You can do this at charity watchdog sites like CharityNavigator.org and Give.org.

Reduce Junk Mail

While scam artists aren't likely to take your dad's name off their mailing lists, most legitimate mail-order businesses will. To do this, start with the Direct Marketing Association, which offers a consumer opt-out service at DMAchoice.org. This won't eliminate all his junk mail, but it will reduce it. The opt-out service is \$2 for 10 years if you register online, or \$3 by mail.

Then, to put a stop to the credit card and insurance offers he gets, call the consumer credit reporting industry opt-out service at 888-567-8688, and follow the automated prompts to opt him out for either five years or permanently. Be prepared to give his Social Security number and date of birth. You can also do this online at OptOutPrescreen.com. If you choose the permanent opt-out, you'll have to send a form in the mail.

You should also make sure your dad's home and cell phone numbers are registered with the National Do Not Call Registry to help cut down on telemarketing calls.

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- THEME: THE OSCARS
- ACROSS
1. Hedgehog of video games
 6. And so forth, acronym
 9. *Oscar-nominated black and white movie
 13. Treeless plain
 14. Grazing field
 15. Moses' mountain
 16. Sty sounds
 17. Nelson Mandela's org.
 18. Like beer at a kegger (2 words)
 19. *Posthumous nominee
 21. *Anthony of "The Father"
 23. "What's up, ___?"
 24. Huge pile
 25. Protestant denom.
 28. Feed storage cylinder
 30. Load again
 35. Relating to ear
 37. Flighty one
 39. Proclaimed true without proof
 40. Musician David Lee ____
 41. Ascetic holy Hindu
 43. Eastern European
 44. Plural of #10 Down
 46. 500 sheets
 47. Looking for aliens org.
 48. Kitchen whistler
 50. Wails
 52. Bad-mouth
 53. Medieval torture device
 55. Pied Piper follower
 57. Politburo hat fur
 61. *Daniel of "Judas and the Black Messiah"
 65. Raspberry drupelets
 66. Fuss, to Shakespeare
 68. Void, as in marriage
 69. Defective car
 70. Given name of Jack Kerouac's Paradise
 71. ____ of Honor
 72. Adam and Eve's first residence
 73. Money in Myanmar
 74. Shoemaker without shoes, e.g.
- DOWN
1. Undesirable roommate
 2. Medley
 3. Grannies, in UK
 4. Tattooed
 5. Universe
 6. Panache
 7. *Most 2021 Oscar nominations for one film, #9 Across
 8. Secret storage
 9. Stole fur
 10. One opposed
 11. Indian restaurant staple
 12. U.S. customary unit of force, pl.
 15. Soaked
 20. DNA and RNA
 22. Argonaut's propeller
 24. Shared work surface at an office
 25. *Sasha Baron Cohen's "Subsequent Moviefilm" role
 26. Be sorry for one's wickedness
 27. Pita, in UK
 29. *Like Roberto Benigni's fictional son
 31. Husband to a widow, e.g.
 32. Checked out
 33. Stradivari competitor
 34. **Fences" winner and "Ma Rainey" nominee
 36. Poker ante
 38. **"Nomadland" director
 42. Shadow
 45. *The Trial of the Chicago 7" screenwriter
 49. Greek "t"
 51. Sandwich sausage
 54. Necklace lock
 56. Radio receiver
 57. Nutritious leafy green
 58. Got A+
 59. Ice on a window
 60. Happening soon, old fashioned
 61. Caffeine-containing nut tree
 62. Editing arrow
 63. Chinese monetary unit
 64. Friend in war
 67. *Nominee for Billie Holiday role

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