



# Goodhue-Bellechester Messenger

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## Announcements

• **Belvidere Happy-Go-Luckies 4-H Club** (usually) meets the first Monday of each month at 7p.m. at St. Peter's Church, rural Goodhue. New members are always welcome! Contact club leader Michelle Benrud at 651-923-5247 for more information.

• **The Goodhue Area Historical Society Museum** is open June through August, Thursday & Sunday 1:00 to 4:00p.m. Available special hours by appointment. Marie Strusz 651-923-4302 or Roy Buck 651-923-4388.

• **Goodhue County Health & Human Services Immunization Schedule**, located at 426 West Avenue, Red Wing, MN. January through July 1st, Tuesday 1-4pm; August through December, every Tuesday 2-4pm. Clinics are walk-in. No appointment needed. For other times, call for an appointment 651-385-3200 or 1-800-950-2142.

• **Community Library:** The Goodhue School Library, in conjunction with SELCO and Goodhue County is open to the public Wednesday mornings 9a.m.-Noon and Wednesday evenings 4:00-7:00p.m. School year hours are Wednesday evenings 3:30-7:30p.m. Remember - the library is equipped with inter-library loan service, which means if the library does not have a book you want, that book can be there in two days.

• **The Mazeppa Area Food Shelf, serving Mazeppa, Bellechester, and Zumbro Falls Area is open the second Thursday of the month from 9:30-11 am and 3:30 - 5:30pm, and the fourth Thursday from 3:30 - 5:30pm.** Food drop off locations are First State Bank of Red Wing, Mazeppa Branch, and Entry way to Mazeppa City Hall.

## Goodhue Welcomes New Police Officer

Nickolas Sievers started his full time position as a Goodhue Police Officer a month ago. Sievers is a Lake City native where he grew up as the oldest with his three sisters and one brother. He graduated from Lake City High School in 2014. His parents own Sievers Painting and Repair and Nickolas has worked at the family business most of his life.

Nickolas graduated from RCTC with an associates degree in Law Enforcement. He was employed by the Goodhue County Jail in Red Wing for the last year and a half and worked part-time as a police officer in Lake City for four years.

Nickolas enjoys hunting and playing soccer and doing projects around the house. In his spare time he likes to spend time with family and is engaged to be married next year.

Nickolas likes working in a small town where you get to know the people. He plans to stay in the community and looks forward to being here a long time.

Sievers is the second full time officer in Goodhue and the city council has just



Nickolas Sievers

approved adding a third full time officer after the new year. A third officer would allow more patrol coverage and would be

paid for by off setting on-call pay for the existing officers and reducing the need to contract coverage for Volksfest.

## Where to go locally for Christmas activities

Goodhue is hosting a Christkindmarkt on Saturday, December 5th from noon to 6pm. This will recreate a German Outdoor Christmas Market and is held on Second Street, which will be closed for the festivities on that day. There will be music, German food and beverages, baked goods for sale and over thirty arti-

sans, crafters and vendors will be offering unique gift items for sale. There will be horse drawn wagon rides around town as well.

Christmas in Kenyon is planned for Saturday, December 5th this year. There will be a do it yourself photo booth, virtual Santa visits, a scavenger hunt, coloring contest, cookie and holiday treat sale at the Gunderson House, an online auction, a virtual Christmas concert and variety show and a tree lighting ceremony.

West Concord is hosting Christmas celebration on Saturday, December 5th with pic-

tures with Santa and Mrs. Claus at Centennial Park from 10am to noon. A Toys for Tots collection will be handled by the fire department at the same time at the park. Horse drawn wagon rides will be held on Main Street from 10am to noon as well as Christmas on the Farm at the barn at the east end of Main Street with food trucks, treats with the animals and a photo booth. The West Concord City Council will host a box lunch at the municipal liquor store parking lot for \$10 each from 11am to 2pm.

*(continued on page 5)*

## Happy Holidays!

*May this season bring you many happy moments, safe and joyful reunions, and enough cheer to last all year!*

*Thank you for your trust in me, and I look forward to helping you with your insurance needs 2021.*



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Ali Peters

215 N. 2nd Street  
Goodhue, MN  
651-923-4433

alison@mnfuia.com



## SEASON'S GREETINGS!

We couldn't pick better customers and friends, and we're so grateful to be a part of this wonderful community.

**Thank you, and Merry Christmas!**

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## Christmas isn't Cancelled!!! Focus on Community



By Pastor Colleen Hoelt

What are some things that make a great neighbor? This year more than ever; it will and is important for us to be good neighbors. To focus on our communities. Many of us are staying close to home this year for the holidays. Our calendars are aren't filling up with Christmas parties, sports, and school concerts, that usually typify a normal Christmas season. Even the church calendar is a little more subdued. Normally our schedules are so full we struggle to even enjoy the season. With everything around us cancelled- it is a great time to remember that Christmas is not and will never be cancelled, because Christmas doesn't depend on activities, but on a person, the person of Jesus Christ. He came to earth to be the ultimate 'good neighbor.' He was willing to come from heaven-down to earth and become like the beings that He had created. He went from creator of the universe to become one of the created! He became a neighbor, a part of the community. He became one of us beginning as a baby. Isaiah wrote about his coming in chapters 7:14, "All right then, the Lord himself will give you the sign. Look! The virgin will conceive a child! She will give birth to a son and will call him Immanuel (which means 'God is with us'). God would send us a child- born of a virgin- and this 'baby' would be God himself- he would be "God with us!" God wrote Himself into the story of our lives. For all humankind God became one of us and He continues even now to be 'God with us.' He became the central character of our world and history. Now the one that created us and has given us life is with us in the

midst of our lives and stays with us until our life in Him is completed His way, in His time for His glory. He chose to become a part of the entire world's history to become man and live within a community.

We are called to Love God and to Love our neighbors. To love and be a part of our communities. For 2020 we've had to stay closer to home and slow our lives down. Our calendars aren't as full, and we have a lot more time in our homes- at least most of us. For those that are in the health profession, many of them are working more and longer hours. And many in other essential services continue as well. But the rest of us have less activities on our schedule than previous Christmas seasons. There are those that want to tell us that Christmas is cancelled this year and that couldn't be further from the truth. This Christmas may be the one that brings us home to experience a Christmas filled with the true meaning of Christmas. What does it look like to love our neighbors? What does it look like during this pandemic to love others more than we love ourselves? Christmas is not Cancelled! Christmas is a time for us to focus on our communities more- to be good neighbors. Christmas is a time for us to live out our faith and be ready to share the reason for our faith. Jesus came to give us hope. Jesus came to be "with Us." With you, with me. He calls us as believers to share ourselves with others—to point people to Him. We do that by loving Him, and Loving People. Here are 10 ideas to Love our neighbors:

- **Check in.** If you have elderly or mobil-

ity-challenged neighbors, give them a to find out if they're doing okay or if they need any help.

- **Donate good winter clothes.** I realize we are already in our winter here in SE MN, but our clothing closet is running short on winter hats and mittens, snow pants and coats. If you are talented in making mittens, hats, or scarves those are great additions to clothing closets and homeless shelters.

- **Feed the hungry.** Spread some warmth by donating hot, nutritious meals to neighbors in your community that may be housebound and unable to get out for supplies. Donate to the local food shelf- Zumbro Valley Food Shelf or Mazeppa, Oronoco or Elgin. Money is always appreciated and there is always a need for volunteers.

- **Clear your snow.** For those of you in town, be mindful that walking on snow and ice can be dangerous, so clear your driveway and sidewalk as soon as you can after a snowfall to keep everyone passing by as safe as possible.

- **Know who to call.** If you see someone who is out in the cold and in need of help, you can get them the care they need much faster when you already know who to call. Keep the number of local homeless outreach programs in your phone so help is always just a quick call away. The Landings (507) 884-0423 and the Salvation Army (507) 288-3663 are great resources for people in need.

- **Stock your car with (blessing bags).** Keep a few Ziplock bags filled with basic hygiene supplies and nutritious

snacks to pass out to those who may need them.

- **Go on a grocery run.** If you're heading out to pick up supplies, call neighbors to find out if there's anything you can pick up for them, so they don't have to venture out in the cold weather.

- **Adopt a family.** Find out if any local organizations have holiday program in support of lower-income families who need a bit of support to celebrate the holidays. Christmas Anonymous in Plainview is taking applications for people to adopt families as well.

Lots of great ways to encourage and to support and help your community. Jesus said he came to bring good news to the poor—we can do that... share the true meaning of Christmas with our neighbors through our actions! Jesus said he came to set the captive free- we can help those that feel confined to their homes but calling them and reminding them that they are not alone, and that we care. We can encourage and pray for those that are stuck and are feeling alone. The first thing we can be a part of to show that , "Christmas Is Not Cancelled!" is to Love our neighbors. To serve and to find ways to bless them this Christmas season "God is with us." Jesus is still with us. Jesus calls us to focus on God, and on others. As we begin this Christmas season, I trust we will not be focusing on all the things that have changed, all the activities we can't do, but instead focus on bringing God's love and joy to our communities.

*God is with us  
Christmas Is Not Cancelled!!!*

### HOLY TRINITY CATHOLIC CHURCH

Father Randal Kasel • www.holytrinitygoodhue.org  
211 4th St. N., Goodhue • 923-4472  
Regular Mass Times:  
Wed.: 8AM at Holy Trinity, Goodhue  
Tues.: 8AM at St. Mary, Bellechester  
Sat.: 5:30PM at Holy Trinity, Goodhue  
Sun.: 8:45AM at St. Mary, Bellechester and 10:30AM at St. Columbkil, Belle Creek

### ST. MARY'S CATHOLIC CHURCH

Father Randal Kasel • www.holytrinitygoodhue.org  
221 Chester Avenue • 923-4305  
Regular Mass Times:  
Wed.: 8AM at Holy Trinity, Goodhue  
Tues.: 8AM at St. Mary, Bellechester  
Sat.: 5:30PM at Holy Trinity, Goodhue  
Sun.: 8:45AM at St. Mary, Bellechester and 10:30AM at St. Columbkil, Belle Creek

### ST. COLUMBKILL CATHOLIC CHURCH

Father Randal Kasel • www.holytrinitygoodhue.org  
County Road 47, Goodhue  
Regular Mass Times:  
Wed.: 8AM at Holy Trinity, Goodhue  
Tues.: 8AM at St. Mary, Bellechester  
Sat.: 5:30PM at Holy Trinity, Goodhue  
Sun.: 8:45AM at St. Mary, Bellechester and 10:30AM at St. Columbkil, Belle Creek

### GRACE EV. LUTHERAN CHURCH (WELS)

Pastor Martin Weigand  
39774 Co. 4 Blvd., Goodhue • 651-923-4624  
gracelutheranchurch@gmail.com • www.gracestpeters.org  
Sunday Morning Worship 8:30a.m. with communion on the second and fourth Sunday of each month.  
Sunday School at 9:30a.m., Sunday Bible Study at 9:45a.m., Confirmation Class 5:45 on Wednesday at St Peter's. 8:30a.m. Quilting and Bible Study on Wednesday at St Peter's, and 10:30a.m. Midweek Bible Study on Thursday at St Peter's.

### AREA CHURCH DIRECTORY

#### The King's Grace

Scripture Reading — Revelation 22:12-21  
Amen. Come, Lord Jesus. The grace of the Lord Jesus be with God's people. Amen. — Revelation 22:21

It has been said that the last pages of our Bible bend around to touch the first pages. They bring full circle the one big story of God's love and salvation of the world. In the beginning, God the King creates the world and proclaims it good, good, very good. "Good" is the most important word describing God and God's world in the beginning.

But much that unfolds later in this story—and in our world—is not good. There is sinful rebellion, guilt, shame, corruption, violence, injustice, and disintegration. The world is broken, and we feel it in the depths of our souls. The world's history books and the daily news proclaim it unceasingly. But unceasing too in the Bible's big story is something that transforms and redeems all this brokenness: grace.

The King's grace is a phrase often used to refer to a king's favor or presence or to simply a king himself. In the Bible, it is finally the King's grace that gets the last word. Grace comes in the person and work of King Jesus. He is the one who is King of kings and Lord of lords. The first chapter of the Bible proclaims, "Good." The last chapter proclaims what is greater still: "Grace." God's big story moves from good to grace.

Whatever we face in terms of struggle, guilt, or sorrow, the King's grace gets the last word. The King's grace is the world's—and our—great hope!

Prayer  
Amen. Come, Lord Jesus. May the grace of our Lord Jesus be with all God's people. Amen.

### ST. PETER'S LUTHERAN CHURCH, MISSOURI SYNOD

Pastor Steven Frenz, 28961 365th St.  
10:30a.m. Worship

### NOTICE

Due to COVID-19 check your church website or Facebook page for updates.

Email your church announcements, schedule to the Messenger at: [hometownmessenger@gmail.com](mailto:hometownmessenger@gmail.com)

### MINNEOLA LUTHERAN CHURCH

Pastor Hannah Bergstrom de Leon  
www.minneolalutheranchurch.com  
13628 Cty. 50 Blvd., Goodhue • 824-2685  
Until further notice, all public activity is suspended.  
Join us at 10:30 am daily as we join in prayer as a community from wherever we are. You are also invited to our weekly live stream services on Wednesday nights at 7:00 pm and Sundays at 10:30 am. Find those services from our website <http://www.minneolalutheranchurch.com> or on Facebook.

### ST. JOHN'S EV. LUTHERAN CHURCH (WELS)

Pastor Kurt Hagen  
36620 Co. 4 Blvd., Goodhue • 651-923-4773  
9:00a.m. Sunday School  
10:15a.m. Bible Class & Sunday School

### ST. LUKE'S LUTHERAN CHURCH (ELCA)

Pastor Eric Hanson  
PO Box 276, 308 1st Ave., Goodhue  
Email: [stluke@sleepeyenet.net](mailto:stluke@sleepeyenet.net) • 651-923-4695  
8:30a.m. Worship at church and 9:45a.m. drive-in Worship in the Lion's Community Center parking lot

### ST. PETER'S EV. LUTHERAN CHURCH (WELS)

Pastor Martin Weigand  
702 West Third Ave., Goodhue, MN • 715-441-5086  
Sunday Morning Worship 10:45a.m. with communion on the second and fourth Sunday of each month. Sunday School at 9:30a.m. at Grace.  
Sunday Bible Study at 9:30a.m., Confirmation Class 5:45p.m. on Wednesday, 8:30a.m. Quilting and Bible Study on Wednesday, and 10:30a.m. Midweek Bible Class on Thursday.

### ST. JOHN'S EV. LUTHERAN (WELS)

Pastor Randall Kuznicki  
Minneola Twp. Co. Rd. 7, rural Zumbrota  
Sunday Worship 10:00 a.m.; Communion 3rd Sunday  
Sunday School and Bible Studies (Adult & Teen) 11:00a.m.

**Goodhue-Bellechester Messenger**

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## Norbert Edwin Holst

Norbert Edwin Holst was born on June 15, 1925 to LeRoy and Elsa Holst. He grew up on a farm and attended a one-room schoolhouse south of Lake City. He graduated from Lake City High School in 1943. Norbert married Donna Mae Heitmann on September 11, 1946 at the Bear Valley Lutheran Church parsonage. For the next few years, they lived in Oak Center; Zumbro Falls; Modena, WI; Austin; Lake City; Goodhue as Norbert did various jobs to support his family. Norbert and Donna have three children: Norbert Gene, Duane Lee, Debra Mae. Norbert and Donna moved from Goodhue to Rochester in 1954 and lived there until they moved in 1971 to Pueblo West, Colorado. In the Fall of 1979, they moved to Green Valley, Arizona. In August 2002 they returned to Lake City. Norbert was a salesman for many years selling radio and TV supplies to TV dealers when they lived in Minnesota, Colorado, and Arizona. He also was a maintenance man for Green Valley Recreation. He liked to fix all kinds of things. Norbert was a member of Bethany Lutheran Church of Lake City. He enjoyed being with his church family. Norbert and Donna enjoyed dancing, riding their motorcycle, and traveling with their RV trailer.

Norbert passed from this life and entered his eternal home to be with his Lord on November 10 at the Lake City Care Center. He was preceded in death by his parents, brother Arleigh, brother Carl, sister Gloria, wife Donna, son Gene, and granddaughter Nikki. Survivors are son Duane (Marcia) of Lake City, daughter Debra Smith (Dick) of Green Valley, Arizona, five grandchildren and six great grandchildren, sister, Gladys Johnson, of Old Hickory, TN., brother, Gary Holst, of Idaho Falls, ID.

There was a private graveside service for family only. Memorials may be given to Bethany Lutheran Church. Online condolences may be sent to the family at [www.mahnfamilyfuneralhome.com](http://www.mahnfamilyfuneralhome.com)

## Michel Harlan Dodes

Michel Harlan Dodes, 60, of Red Wing, lost his battle with cancer on November 6, 2020 at the Mayo Clinic Methodist Hospital in Rochester. In his final hours his wish of being with his children was fulfilled.

Mitch was born April 13, 1960 in St. Paul, Minn. to Harlan and Sharon (Stave) Dodes. He moved to Red Wing in 1981. Growing up, Mitch excelled in hockey and enjoyed working on vehicles with his father, Harley. They owned and operated Dodes Radiator & Welding together, just down the road from the family home. On June 30, 1978, Mitch married his 1st wife, Nancy (Noonan) and together they had 1



son, Jason. On August, 19th 1989, he married his second wife, Ramona (Stark) and together they had two children, Vanessa and Michael which they raised in Goodhue along with lots of beloved family pets. On July 19, 1997 Mitch married Julie Thimmesch and together they moved to Savannah, Georgia where he worked for Lay-Z-Boy and enjoyed spending time with his beloved dogs. Mitch enjoyed Demolition Derbies and he even had a Tasmanian devil glued to his hood as a good luck charm from his daughter. Mitch was a kind and genuine man. He enjoyed dirt bikes, motorcycles and any other vehicle he could get his hands on. If it wasn't running, he knew exactly how to fix it and he enjoyed being in his shop. He was also a huge sports fan and had a love for football. He also had a passion for animals and always had his dogs by his side. He moved back to Red Wing to help his father and resided in his childhood home with his partner Julie and his two dogs, Sanford and Hannah until his health deteriorated. Mitch was diagnosed with Metastatic Small Cell Lung Cancer in October of this year that had spread throughout his body. He underwent radiation treatments with plans to follow up on chemotherapy. Unfortunately, his body failed before he could continue treatment. He is loved and will be missed.

He is survived by his children; Jason, Vanessa and Michael; 11 grandchildren, Breanna, Austin, Blake, Asher, Jackson, Carter, Landon, Brielle, Emmitt, Liam and Leighton; 1 great-grandson, Trey; his partner, Julie and her two sons; as well as aunts, uncles and his cousins.

He was preceded in death by his parents. A celebration of life will be held for Mitch at a later date. Arrangements with the Mahn Family Funeral Home, Bodelson-Mahn Chapel. Online condolences may be left for the family at [www.mahnfamilyfuneralhome.com](http://www.mahnfamilyfuneralhome.com)

## Roger Woodrow Heise

Roger Woodrow Heise, age 89, of Goodhue, passed away peacefully on Sunday, November 15, 2020 at Mayo Clinic Hospital, St. Mary's Campus in Rochester, Minnesota.

Roger W. Heise was born in Red Wing, MN on September 20, 1931 to William and Emma (Dose) Heise, and grew up in rural Lake City, MN. He graduated from Lake City High School in 1949. Roger was drafted by the US Army to serve in the Korean Conflict in October of 1952. He served as Captain of the Motor Pool for the 1st Forward Observation Battalion. He was honorably discharged in September of 1954.

On February 12th 1955 he married Janice Jean Thomforde of Goodhue. They farmed together most of their married life in rural Goodhue. In 1986 they moved off the farm and into Goodhue. They love to travel together, touring 47 of the 50 states, Canada, South America & Europe. Roger enjoyed fishing and doing SUDOKU puzzles.



zles.

Over the years, Roger served on the Belvidere Town Board as a Supervisor, the Goodhue Elevator Board, the DHIA Board and the Zumbrota Ambulance Board. He was also a member of the Lake City VFW. Roger served on the church council and was an active member at St. Peters Evangelical Lutheran Church in Goodhue.

He is survived by two sons, Mark (Tina) Heise of Goodhue, Kent (Colleen Spars) Heise of Farmington, MN; three daughters, Merri (John) Ramboldt of Goodhue, Holly (John) Springer of St. Peter, MN, and Kristen Heise of Red Wing, MN; eight grandchildren; three step-grandchildren; six great-grandchildren; many nieces and nephews and his dear family friend Doris Tiedemann of Zumbrota.

He was preceded in death by his beloved wife Janice in 2009; parents William and Emma, sisters; Violet Heitman, Janice Cords, Georgine Goetting, Ann Viles and brother; William Heise Jr.

Funeral service was held on Saturday, November 21, 2020 at 2pm at St. Peters Evangelical Lutheran Church in Goodhue, MN, visitation started at 1pm. Pastor Martin Weigand officiated. Burial followed at the St. John's Cemetery in Lake City, MN, with military honors. Live streaming was available at [www.gracestpeters.org](http://www.gracestpeters.org).

Pallbearers; Steve Heise, James Heise, Ron Meincke, Tom Goetting, John Ramboldt & John Springer.

## Sandra Kay Sandberg

Sandra Kay Sandberg, 80, of Red Wing, died Friday, November 27, 2020 at St. Crispin Living Community. She was born February 26, 1940, in Red Wing, to Alfred and Gertrude (Matthews) Stemann. She graduated from



Goodhue High School in 1958. On September 14, 1963, she was united in marriage to Kenneth Sandberg and they lived in Red Wing. She worked at Haven Homes and the Red Wing Health Center as a housekeeper. Ken died on October 12, 2014. Sandra was a member of St. John's Lutheran Church and she enjoyed singing.

She is survived by her children, Lisa Sandberg Mendes of Belle Plaine and Becky Sandberg of Oakdale; 3 grandchildren, Ashley and Alexandria Sandberg and Harley Anderson; 5 great-grandchildren, Emma, Jaxson, Jaiden, Jayda, Lane and Lincoln; 1 sister, Diane (Dennis) Johnson of Cannon Falls; brother-in-law, Paul Betcher of Goodhue and nieces and nephews. She was preceded in death by her parents; husband and a sister, Linda Betcher.

Private family graveside service were held at Oakwood Cemetery. Rev. Peter Sternberg officiated. Memorials are pre-



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ferred to the American Cancer Society. Arrangements handled by Mahn Family Funeral Home. Online condolences may be sent to the family at [www.mahnfamilyfuneralhome.com](http://www.mahnfamilyfuneralhome.com)

## Randal David Luhman

Randal David Luhman was born on June 22, 1951 in Red Wing, the son of Ray and Mildred (Vieths) Luhman. He grew up and attended school in Goodhue. As a young man, Randal joined the United States Marine Corps and served in Vietnam from 1969 - 1970.



Following his discharge, Randal returned to the area and began farming and raising a family. He also worked at Hearth and Home Technologies in Lake City. Randal was a member of St. John's Lutheran Church in Goodhue. He was a proud veteran and a member of the American Legion in Bellechester and the VFW in Zumbrota. He enjoyed spending time with his family, playing cards, shop projects, four-wheeling, watching westerns and especially dancing. He will be remembered by family and friends for his easy-going nature, his good company, and his kind heart.

Survivors include his children Billie Jo Luhman (Cory Hinrichs), Lori (Chuck) Majerus, Luke (Leslie) Luhman, Dwight (Emily) Luhman, and Wade (Dyana) Luhman, 16 grandchildren, 2 great grandchildren, sister Barbara (Wally) Milow; brothers Dean (Marcia) Luhman, Allan (Sherry) Luhman, and Jonathan (Lora) Luhman; as well as nieces, nephews, and other relatives.

Randal was preceded in death by his parents, his brothers Darwin, Curtis, Larris, Raymond, and Arlan; and his sisters Suzanne and Mary Lori.

A walk-through visitation will be held on Friday, Dec. 4th from 10-12:00 pm at Lundberg Funeral Home, 5839 Hwy 19 Blvd, Cannon Falls 55009. There will be a committal service at the Zumbrota Cemetery with military honors also on Dec. 4, at 2:00 pm. Masks and social distancing will be required at both.



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## Goodhue gets win over Randolph 28-6!

The Goodhue Football team scored four touchdowns to win the last game of their shortened season with a 28-6 victory over the Randolph Rockets.

Scoring for the Wildcats were Malakye Parker with a 4 yard touchdown run, Maddox O'Reilly on a 1 yard run, Adam Poncelet caught a 22 yard touchdown pass from Will

Opsahl, and Baxter O'Reilly capped the Wildcat scoring with a 5 yard touchdown run. Kasen Bigalk

kicked 2 extra points and Tyson Christianson scored on a 2 point conversion. The Wildcat Football team finishes with a 4-2 record

for the shortened season. Malakye Parker lead all rushers with 146 yards on 16 carries. Adam Poncelet had 2 catches for 37 yards to lead the receivers.

Defensively, the Wildcats held the Rockets to 86 yards passing and 113 yards rushing. Leading the defense with tackles were Tyson Christianson with 9 tackles,

Dayne Wojcik 6 tackles, Blake Carlson 7 tackles, and Sam Peterson with 9 tackles.



Photo by Athena Reed

Score	Quarter	Scoring Play	Score
7	1	Malakye Parker 4 YD TD Run (Kasen Bigalk Kick)	7-0
15	2	Maddox O'Reilly 1 YD TD Run (Kasen Bigalk Kick)	15-0
20	3	Adam Poncelet 22 YD TD Pass From Will Opsahl (Kasen Bigalk Kick)	20-0
28	4	Baxter O'Reilly 5 YD TD Run (Tyson Christianson Run)	28-0
28-6	4	Adam Wojcik 20 YD TD Pass From Jason Wooding (Will Opsahl Kick)	28-6



Photo by Athena Reed

## The Wildcats defeat Faribault Bethlehem Academy 20-0!

The Wildcats took control of the football game behind the running of Malakye Parker who rushed for 112 yards and scored one touchdown.

Quarterback Will Opsahl threw for 89 yards and connected with wide receiver Cameron Mandelkow for a five yard touchdown pass. Baxter O'Reilly scored the 2nd touchdown.

with a 1 yard run, then Parker scored on a 45 yard run in the 4th quarter to seal the game. Place kicker Kason Bigalk added 2 extra points on kicks.

Overall, the Wildcat running backs totaled 212 yards on the ground. Defensively, the Wildcats gave up 18 yards passing and 27 yards rushing.

Score	Quarter	Scoring Play	Score
7	1	Cameron Mandelkow 5 YD TD Pass From Will Opsahl (Kasen Bigalk Kick)	7-0
14	2	Baxter O'Reilly 1 YD TD Run (Kasen Bigalk Kick)	14-0
20	4	Malakye Parker 45 YD TD Run (Kasen Bigalk Kick)	20-0



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## Scream to Beat Stress!



By Shauna Burshem, D.C.

I am sure I am not the only one who has heard this before. Many various unverified sources over the years have told me that people who hold their anger, tension and stress on the inside of their body are heart attacks waiting to happen. And the people who vent (ok, scream and yell) suffer the least from stress-born illnesses like heart disease. While there is no substantiated truth to these statements, it is a known fact that stress, in addition to diet and other unhealthy choices, is a leading factor in heart disease.

Stress is the body's reaction to any change in your life that requires a correction or a response. The body reacts to the change in your life with physical, mental, and emotional responses. Stress is a normal part of life. You can experience stress from your environment, your body, and your thoughts. Stress is a feeling of emotional or physical tension. It can come from any event or thought that makes you feel frustrated, angry, or nervous. Common effects of negative stress in the body include headaches, digestive issues, sleep disorders, muscle aches and pain, fatigue and chest pain and or palpitations.

Stress reduction techniques are methods people use to help cope with overwhelm-



ing stress in the body. Techniques such as meditation, deep breathing and exercise are the most common ways of helping the body calm down and relieve stress. In addition to these stress reduction methods, there is a new method of stress reduction that ties into my lead in sentence concerning holding in your stress, anger and or frustration.

In my effort to help the people who do not have the inborn talent to vent and release their stress, it has come to my attention that screaming is a very good stress and tension releaser. I don't mean screaming at another person (even though that can feel good). I mean screaming or yelling at the top of your lungs in private. The screaming releases a lot of pent up stress and anxiety and the oxygen used screaming leads to a post scream, euphoric calm. If you embarrass easily and don't want anyone to hear you, scream into a pillow. While screaming may be good for relieving stress, it is not for everyone. If you have a health condition that screaming could affect, don't do it. For everyone else, just shout it out!  
A A A A A A A A A A A A R -  
RRRRRRRRRRGGGGGGGGHHHHH-  
HHH!!!!!!

*Thought for the Week: I think I've discovered the secret of life - you just hang around until you get used to it.*

~ Charles Schulz

## Pregnancy News from Your Chiropractor:

A study performed by the American Medical Association found that women who were seen by an obstetrically trained chiropractor and had pregnancy specific chiropractic care during their third trimester of pregnancy were more comfortable and had less discomfort during delivery. In addition, the need for painkillers during labor was also reduced by half in several patients. According to the American Pregnancy Association, There are no known contraindications to chiropractic care throughout pregnancy. The American Pregnancy Association goes on to list specific benefits of chiropractic care during pregnancy. These benefits include: maintaining a healthier pregnancy, controlling symptoms of nausea, reducing the time of labor and delivery, relieving back, neck or joint pain and preventing a potential cesarean delivery. In addition, obstetrically trained chiropractors balance the pelvis and relax the supported abdominal ligaments that hold and support the uterus and baby, reducing uterine constraint.



## Chiropractic Thought for the Week:

Tie a rope around your waist. Give the other end to a friend and have him or her pull on it. The odds are that the taught rope will move your body and pull you out of your standing still position. When a muscle undergoes stress or suffers an injury, the muscle tightens up and pulls taught. The spinal muscles are attached to your body's moveable spinal bones. When a spinal muscle goes taught from stress or injury, it pulls the spinal bone out of position causing a subluxated vertebra. You then get an ache or pain. Over time the muscle will adapt to the wrong position of the bone and there no longer will be pain. The area just becomes weaker and more unstable until your body is ready to give you a much bigger pain. Chiropractic adjustments correct the spinal bone position and relax the muscle tension.

## Where to go locally for Christmas activities

(continued from page 1)

The liquor store will be serving Bloody Mary's, Irish Coffee, Hot Coffee and Hot Chocolate from 11am to 3pm with a fire pit

for S' mores and fun activities for the kids along with live music inside and out. A virtual silent auction took place from December 1st until 3:30pm and on December 5th. Baskets may be picked up in front of city hall from 3:30 to 5pm. You may view and bid on the silent auction items at [citywestconcord.betterworld.org/auctions/christmas](http://citywestconcord.betterworld.org/auctions/christmas). Wescon Lanes will be offering dinner specials and free bowling from 5 to 7:30pm.

HAVE A VERY

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SHAUNA BURSHEM, D.C.

# MISSY'S MESSAGE

**MISSY PAPERFUS**

September 17th I had a hysterectomy, and I am happy to finally be feeling back to my healthy old self. I can lift things without a problem. A couple weeks ago while we were working at MotoProz, Monty asked me if I felt like I had muscles today so I could help lift up a snowmobile while he put the skis on. "Yes, yes I have muscles again!" It is fun to be able to work with Monty, and I am glad he asks me for help. Now that I can actually help him!

My blood pressure was creeping up after my surgery, I feel in part because I was only able to walk for exercise during my recovery period. The other part, I feel, is that I am stressed because I do not know exactly what my future holds with regard to me working at Mayo Clinic. The past few weeks, I have been consistent at working out and my blood pressure seems to have gone back down to normal.

It is hard to buckle down with a healthy eating plan when you are stressed. I am focusing on one day at a time. Patience is not one of my good qualities. Patience is not a word often used in the Papenfus vocabulary. Time will tell. We had a lot of great things happen in 2020, and I am looking forward to starting fresh in 2021.

*Memo from MotoProz...*

Happy holidays from our family to yours! Let us help with holiday shopping! Give us a call 507-843-2855. We are happy to take orders over the phone, mail out your order, and we offer curbside pickup! The place to go is MotoProz!

Missy and her husband Mike own MotoProz in Mazeppa.

## Support Local Businesses this Holiday Season



**Tim Penny**  
So. MN Initiative Foundation

At SMIF, we know that small businesses are the backbone of our communities and local economy, and for many of them, this is a critical time to help keep them afloat. In addition to safely shopping at retailers that are still open, we know that many people will be buying gifts online. While online shopping has historically been an easy way to purchase items that are not available locally, this year it will be important to find ways to use that platform to purchase gifts from local places. Buying gift cards from places like restaurants, breweries and fitness or yoga studios that are currently closed to the public is a great way to support them during this time. Many local retailers also have gift cards, online stores and curbside pickup as an option this year for those who would prefer to shop from home.

Local foods businesses are another dynamic sector that rely on the holiday shopping season as an important source of income.

This holiday season looks different for everyone in a lot of ways. When it comes to holiday shopping, please consider shopping local. These entrepreneurs are our friends and neighbors and we give thanks to them as they continue to contribute to the vibrancy of our region during this difficult time.

As always, I welcome your comments and questions. You can reach me at [timp@smifoundation.org](mailto:timp@smifoundation.org) or 507-455-3215.

This time of year is traditionally a time of giving. Minnesotans in particular are known for their charitable contributions – a fact that was solidified recently during Give to the Max Day when Minnesotans set a record by giving more than \$30 million to local schools and nonprofits. In addition to November being a charitable time of year, it is also the launch of the holiday shopping season. At Southern Minnesota Initiative Foundation (SMIF) we know that Minnesotans will extend their generosity by supporting local businesses during this particularly difficult year.



**Here Comes Santa Claus...  
Here Comes Santa Claus**  
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## Stir Up a Recipe for Success



By Harvey Mackay

A sixth-grade girl was running for the post of secretary of her elementary school class. A major part of her campaign was a speech to be given to her classmates, but she had no idea what to say. So she asked her mother for ideas.

"Well, you love to cook," her mom said. "Why don't you look in a cookbook?"

It was the stupidest idea she'd ever heard, but, desperate, the young girl followed her mother's advice. Then, flipping through the pages, it hit her: Why not write a recipe for what would make a good class secretary? Two cups of good handwriting, one cup of dependability, and so on.

Jan Bolick, now a management coach, won the election. But she also learned to look in unusual places for creative solu-

tions. As it turns out, creativity is part of the "recipe" for attaining success.

What is success? The answer might depend on whom you ask and the particular stage of their own journey. Yet no matter your age, occupation or dream for the future, achieving success comes down to a few basic factors that will likely shape your future.

**Know what you want.** Build your dream, craft your vision, write down your goals and then create a plan. Whether you ask for advice or not, never let someone talk you out of something that you have your heart set on doing. As I always say, believe in yourself even when no one else does.

**Search for creative approaches.** Sticking to the old formula will produce old results. If you can find a new or better way to build the proverbial mousetrap, more power to you. Even little tweaks and bright ideas can make the difference.

**Avoid comparisons.** You have goals and aspirations that have little to do with what your friends, neighbors or colleagues are doing. Focus on what you are trying to accomplish and your plan for making that happen.

**Cultivate patience.** Worthwhile success takes time. If you're in a rush, you'll cut corners and ignore warning signs. Take a step-by-step approach that's focused on long-term results. Go for quick wins only when they're realistic and valuable.

**Cut out negative self-talk.** Perfection

often gets in the way of achievement. Successful people stick to a path of continual growth and self-improvement so they are constantly working to become a smarter, better version of themselves.

**Admit your mistakes.** Failure/mistakes are not fatal. When they happen, learn from them. Figure out what went wrong, if you can. Then pick yourself up, get back on your feet and keep moving forward.

**Don't go it alone.** Network. Get involved with a group or professional organization of individuals in your field. Include people at all stages of their careers.

Stay connected through social media channels, and make an effort to meet in person regularly. Don't take these relationships for granted.

*Mackay's Moral: Success is the difference between jumping on the bandwagon and leading the band.*

*Reprinted with permission from nationally syndicated columnist Harvey Mackay, author of the New York Times #1 bestseller "Swim With The Sharks Without Being Eaten Alive."*

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**Virtual Santa Visits** - Check out "Christmas in Kenyon" FB Page for Details

**Gunderson House Cookie Sale** - Pre-Order for Pick Up Only, 9am - 12pm

- \* **Scavenger Hunt** - Check out "Christmas in Kenyon" FB Page for Details
- \* **Holiday Coloring Contest** - contact D&S Banner Sign & Print
- \* **Light Up Kenyon** - Community Outdoor Holiday Decorating & Lighting
- Tree Lighting Ceremony** - Check out "Christmas in Kenyon" FB Page
- Letters to Santa** - Drop off Letters at the Kenyon Post Office starting Nov. 27

\* There will be Prize Drawings for these designated events

*Let's Celebrate the Christmas Season*

We are planning a Covid Safe Event. But in order to make this happen we need everyone's cooperation. Follow the Covid Safety Guidelines:

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- \*Cover your Cough
- \*If Sick...Stay home
- \*Keep a 6' Distance
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- \*Stay Safe - Stay Healthy

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Check out *Christmas in Kenyon* & *Kenyon Area Business Association* Facebook pages to get specific details for each event.





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## Impaired Driving Kills the Holiday Spirit. Drive Sober. Drive Smart

*Extra DWI Patrols During the Holidays now through December 31*

The holidays will look a lot different in 2020. Many people will be staying home, celebrating with immediate family. The holidays often involve drinking during a family dinner, and sometimes people lose track of how many drinks they've consumed. This can often lead to a person unknowingly driving under the influence.

To help keep families together this holiday season, area Sheriff's Offices along with the local Police Departments will be participating with law enforcement statewide in an extra DWI enforcement and awareness campaign running on weekends beginning Nov. 25 through Dec. 31.

### Planning Ahead

Motorists need to plan ahead for sober rides, regardless of where they are drinking.

- During 2015 – 2019, 28 people died in drunk driving-related crashes during the holiday DWI extra enforcement period.

- Of the various holiday time periods throughout 2019, Thanksgiving and July 4th tied for the highest percentage of drunk driving-related fatalities.

- Nearly one out of every four deaths (22%) on Minnesota roads is drunk driving-related.

- In the last five years (2015 – 2019), there were 413 drunk driving-related traffic deaths in Minnesota, with 89 people killed in 2019 alone.

- Alcohol-related crashes not only take lives, they change them forever. An average of 357 life-changing injuries (2015-2019) are caused by alcohol-related crashes each year.

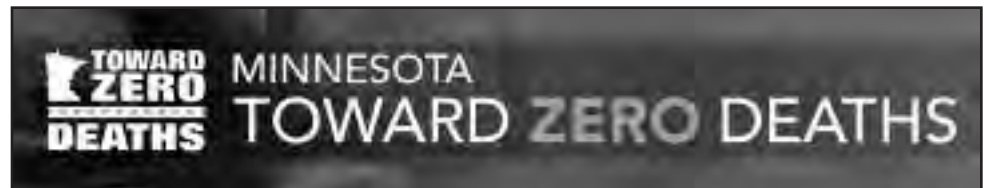
“People need to plan ahead for a sober ride before they begin drinking,” said Wabasha County Sheriff Rodney Bartsh. “Unfortunately, too many people assume they will only have a few drinks and will be ok to drive home. The false feeling that you are ok to get behind the wheel can lead to a lifetime of regret. Always plan for a sober ride, whether you are at an establishment or drinking at home or a friend's house.”

### The Choice is Yours

The decision to get behind the wheel after drinking is costing too many people their lives. The choice to drive drunk has contributed to 28 deaths on Minnesota roads from the day before Thanksgiving through Dec.30 (2012-2017).

### DWI Consequences

- Loss of license for up to a year, thousands of dollars in costs and possible jail time.



- Repeat DWI offenders, as well as first-time offenders arrested at 0.16 and above alcohol-concentration level, must use ignition interlock in order to regain legal driving privileges or face at least one year without a driver's license.

- First-time offenders arrested at 0.16 and above are required to use interlock for one year.

- Offenders with three or more offenses are required to use interlock for three to six years, or they will never regain driving privileges.

### A DWI is no Holiday

- Plan for a safe ride — designate a sober driver, use a safe, alternative transportation option, or stay at the location of the celebration

- With bars and restaurants closed due to COVID-19, many people will decide to drink at home. The same rules apply, make sure you designated a sober driver or crash on a couch, not in a vehicle, if you're leaving family gatherings.

- Speak up – Offer to be a designated driver or be available to pick up a loved one anytime, anywhere. If you see an impaired person about to get behind the wheel, get them a safe ride home.

- Buckle up — the best defense against a drunk driver.

- Report drunk driving — call 911 when witnessing impaired driving behavior. Be prepared to provide location, license plate number and observed dangerous behavior.

### Definitions

- Driving While Impaired (DWI) is a violation for driving under the influence of alcohol or drugs.

- Alcohol-related: any evidence of alcohol detected in a driver, pedestrian or bicyclist.

- Impaired-related: any driver, pedestrian or bicyclist with a blood alcohol concentration (BAC) of .08 or above.

- Drunk-driving-related: any driver with a blood alcohol concentration (BAC) of .08 or above.

*The Southeast Minnesota Toward Zero Deaths program brings area law enforcement, public health educators, engineers and emergency medical and trauma services together to reduce the number of traffic fatalities and severe injuries to zero in southeast Minnesota. The 11-county area encompasses: Dodge, Fillmore, Freeborn, Goodhue, Houston, Mower, Olmsted, Rice, Steele, Wabasha and Winona counties.*

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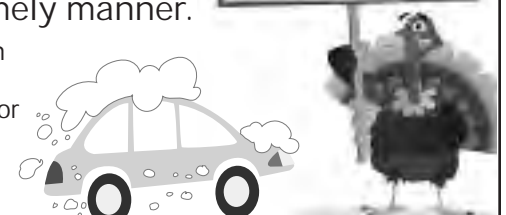
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## Talking the Holidays During a Pandemic with U of M



By **Mary Jo Kreitzer**

Founder and director of the Earl E. Bakken Center for Spirituality & Healing and a professor in the School of Nursing at the University of Minnesota

This year, the holidays will look different due to the COVID-19 pandemic. Mary Jo Kreitzer with the University of Minnesota talks about how people can cope, create new traditions and more.

*Q: How will the holidays look different this year?*

Dr. Kreitzer: It is safe to say that none of us have ever experienced major holidays during a pandemic and it is likely that the

holidays this year will look very different! In addition to not having large gatherings of family and friends, there won't be the usual run of parties, concerts and plays. Many will opt to participate in religious services virtually.

*Q: What can people do to cope with these changes?*

Dr. Kreitzer: I think that the mindset we enter the holidays with can make all the difference. Rather than focus on our losses and what we cannot do, a different approach is to focus on the opportunity to create new memories and traditions. If you are gathering with a small group or only your immediate family, ask people what is important to them. Getting input is so valuable. It shares the burden (and joy) of planning. Instead of trying to recreate what happens year after year, create new experiences. Who knows? Something new you do this year just might become a lasting tradition.

For people who are alone at the holidays and for families that are dispersed geographically, our newly developed Zoom skills will come in handy. I have heard of families and small groups that still plan on eating together or opening gifts together via technology. If you and your family are yearning for a concert or to see a holiday tradition such as "The Christmas Carol," look online! So many of our local theater and choral groups are creating special performances that can be accessed online.

*Q: What should people say to loved ones who don't want to take any safety precau-*

*tions in gathering?*

Dr. Kreitzer: Each of us is responsible for setting boundaries that we are comfortable with and I encourage people to not be hesitant to stick to those boundaries even if it makes people uncomfortable. The advice from the health care experts is very clear. Avoid gatherings, particularly indoor gatherings, practice physical distancing, wear masks and wash hands frequently. In Minnesota, the recent increase in Covid-19 cases

is tied to small, everyday gatherings. Many people are experiencing pandemic fatigue and this is not the time to let our guard down. Unfortunately, family gatherings are just as unsafe as any other social gathering at this time. The pandemic in most areas of the country is at a stage of uncontrollable community spread. Traveling distances and getting together with people who may or may not have been taking safety precautions seriously is risky.

*Q: How do you politely say "no" to a social gathering?*

Dr. Kreitzer: A lengthy explanation is unnecessary. You can be polite as well as short and sweet — thanking the person for the invitation and noting that you are avoiding in-person gatherings due to COVID-19 right now.



*Q: As the founder and director, what are some resources from the Earl E. Bakken Center for Spirituality & Healing that can help people adapt to the holidays this year?*

Dr. Kreitzer: The Bakken Center's website Taking Charge of Your Health and Wellbeing is a great source of information on ways to improve the wellbeing of you and your family! There are also some great articles on Healthy Holiday Tips, Mindful Eating, Mindful Holiday Giving and When the Holidays Aren't Joyful.

Mary Jo Kreitzer is the founder and director of the Earl E. Bakken Center for Spirituality & Healing and a professor in the School of Nursing at the University of Minnesota. Her areas of expertise include mindfulness-based stress reduction, integrative therapies and healing practices and optimal healing environments.

Dear Goodhue County community members,

Our communities have seen a rapid rise in individuals testing positive for COVID-19. During this unprecedented time, we remain deeply committed to the health and well-being of our residents, employees, and communities. We need everyone to continue to take the fight against COVID-19 seriously. Together we can do our part to help slow the spread in our community.

### Goodhue County COVID Positivity Rate

As of November 11, 2020, we have reached over 1,000 positive COVID-19 cases in Goodhue County. Goodhue County also currently has a COVID positivity rate of greater than 5%. This means the virus is spreading rapidly in our community. The positivity rate shows the percent of COVID-19 tests that were positive in Goodhue County residents over the last two weeks of data collection.

COVID positivity rates in Goodhue County have steadily increased in the past few weeks:

- The week of October 4- October 10: 2.6%
- The week of October 11- October 17: 4.4%
- The week of October 18- October 24: 6.7%

### Seniors and Long Term Care Facilities

Higher rates of virus transmission in the community increase the risk for all members of our community, but especially for those at high risk for severe illness and death. Our seniors living in our community and in long-term care (LTC) facilities are among our most vulnerable. Despite the aggressive action to limit infections taken by LTC facilities, as cases in our community continue to rise the residents and staff in these facilities are put at serious risk. Goodhue County Commissioners urge you to help protect our most vulnerable community members.

Goodhue County Board Chair, Paul Drotos, shared his support for healing and emphasized the importance of community vigilance and mitigation strategies.

"In the days and weeks ahead, we expect to see the number of cases continue to climb even higher. Goodhue County is fortunate to have strong and knowledgeable teams of experts in the medical field, public health sector and emergency preparedness working together. We appreciate the caring and vigilant community members who help to keep our residents safe and healthy," said Commissioner Drotos. "All of us, need to continue to work together on slowing the spread of COVID-19. Not only does our public health depend on it but our economy does too."

### Reducing Community Spread is Critical

Reducing community spread is critical for successfully preventing COVID-19 infections and deaths in LTC facilities and throughout our county. We need you to help protect Goodhue County and reduce community spread. The most effective ways to reduce the spread of the virus are to limit in-person gatherings, wash hands, stay at least 6 feet away from others, and to wear a face mask every time you are around people from outside your household.

## Charlie & Grace Wish you all a Merry Christmas

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## Bellechester City Council Meeting Minutes

### October 14, 2020

Meeting was called to order by Mayor Greg Majerus at 10:10 a.m.

Pledge to the flag.

Roll call was taken: The council in attendance: Mayor Greg Majerus, Council people Doug Majerus, Rich Majerus, Brian Ringeisen, and Mark Gerken as well as Lisa Redepenning. Treasurer Kyle McKeown was absent.

Minutes of September, 2020 meeting were reviewed and motion was made by Rich Majerus with a second Doug Majerus to approve the minutes. Motion carried.

Bills were reviewed and a motion by Brian Ringeisen with a second by Doug Majerus to approve and pay the bills as presented. Motion carried.

Q & A – Representative Barb Haley – could not attend.

Old Business:

- Locker Plant – update progress. Still being worked on by owner.

- Portable Generator – update progress. Cement is poured and landscaping will be done. Trailer work is being done. Generator

will be coming in next few months.

- Sewer Grant – update progress. Paperwork was signed and sent that started the process. We are looking into ADA upgrades to city-owned buildings to be in compliance for getting grants.

- Mowers – update status – we have new mower. Discussion on old mower.

- Dog Fostering/Kennel – discuss. Vaccination records will need to sent to clerk on incoming dogs. An open license was purchased for this.

- Old Bar – was removed. Wabasha County paid for the removal of the bar, as they are currently the owners. Discussion on putting in crushed rock or something to have a base on it in the spring. We will try planting oats on it to keep the soil from eroding.

- COVID money – there may be another round of funding. The current funding that was allocated to Bellechester was split between BCCA and Bellechester Tavern.

New business:

- Special Assessments – discussion. We can work with any resident that contacts the city regarding not being able to pay bills. November meeting assessments will be set.

- Set Public Hearing for SEARCH Grant Process for November 13, 2020 – Resolution #2020.2 Motion was made by Rich Majerus with a 2nd by Mark Gerken to set public hearing and change council date to Friday, November 13th. Motion carried.

- November meeting – discuss date and/or time for both meetings. November meeting will be moved to Friday, November 13th at 10:00.

Clerk Report – Election - Canvassing of Results – we were notified by the county that the state is extending mail in voting mailing time to allow 7 days for them to be received after the mandatory election day timestamp. Therefore, we will need to have a special meeting on November 13th. We need to pick a time. Barb Haley - member of the Minnesota House of Representatives and represents District 21A in southeastern Minnesota. She will be at our meeting for a Q and A with you. Please have questions in mind for the time she will be here. Dog Boarding/Fostering/Kennel – when I posted this question to other clerks, no one seem to have anything specific to fostering and/or boarding. Outhouse at Ball Park – it was removed on 9/25. With the increase of vandalism this year, we will need to consider this next spring, as the monthly fee is \$90/month. Public Hearing on Sewer Project – this is a requirement for the SEARCH grant. I have provided Laurie at USDA everything else so far that is required. 3rd Quarter Utility Mailing – was mailed out on 9/26.

Treasurer Report – Past due report was distributed.

Water/Wastewater/Facility Report – Discharging the ponds is being done right now and flushing of hydrants will occur the weekend of the 23rd.

Mayor Concerns: None

Council Concerns: A resident was concerned about street damage done by forklifts on streets. It will be addressed. Dan Poncelet expressed interest on putting up posting on property he owns and has questions on placement. He will be advised to come to council to discuss this.

Motion was made by Brian Ringeisen with a second by Mark Gerken to adjourn the meeting. Motion carried. Meeting was adjourned at 10:58 pm. Next meeting is November 13 @ 10:00 a.m. at the Bellechester Community Center.

Submitted by Lisa Redepenning – City Clerk

Due to the closure of the bank, utility bills can be dropped off at the black mailbox on the deck at the Treasurer's house (Kyle) at 204 Red Wing Avenue.

- Fee Change for Utility Bills – Shut off fee was eliminated with a single reconnect fee of \$100, a 10% interest fee after 90 days and returned check fee of \$25.

- Burn Pile – Please remember that burn pile is for brush and leaves only. We can get fined for all other items left here. The burn pile is for Bellechester City residents only. If you witness any dumping of unauthorized items or non city resident use, please call us.

- Recycling - Please recycle whenever you can. There is a recycling bin located on the north end of town by GB Feed and Supply. By recycling, this will keep our garbage rates from rising.

## City of Goodhue Council Meeting Minutes October 28, 2020 @ 6:30 pm

Members present: Mayor Kerry Bien, Wayne Hahn, Rick Buck, Tia Schimek & Tom Haugen. Also present were Richard Gorman, Josh Smith, Nick Sievers, Patrice O'Reilly, Steve Voth, Reese Sudtelgte, Kathy Holm, Carolyn Ryan & Sharon Buck with Donna Mack attending remotely.

Motion by Haugen, seconded by Schimek to approve the agenda. Motion carried.

Motion by Hahn, seconded by Buck to approve the October 14, 2020 council minutes. Motion carried.

The depot was discussed. Council assured concerned citizens that they would be kept informed of any depot developments.

Charlie Poncelet delivered individual letters to the council going over his concerns about the TZD (Towards Zero Deaths) program.

Reese Sudtelgte, with ISG gave engineer updates.

New full-time police officer, Nick Sievers, was introduced to the council.

Motion by Haugen, seconded by Hahn to Lion's January 26, 2021 raffle. Motion carried.

Motion by Schimek, seconded by Hahn to accept snow quotes from Lodermeier's Inc & Thomforde Enterprises. Motion carried.

Reminder that the next council meeting is moved to Thursday, November 12th at 6:30 pm.

Motion by Hahn, seconded by Haugen to cancel the November 25th & December 23rd meetings. Motion carried.

Motion by Buck, seconded by Haugen to pay the bills. Motion carried.

Motion by Hahn, seconded by Schimek to adjourn. Motion carried.

Respectfully submitted,

Lori Agre, City Clerk

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## Changes in Latitudes, Changes in Attitudes Fiber Optic in the Backwoods



By Terry Campbell

*This column is written by Messenger editor and Minnesota native Terry Campbell.*

*Terry now splits his time between Minnesota when it's warm here and Tennessee when it's cold here.*

I lived in the country in Minnesota all my life. It would take both hands to count the number of Internet providers I have had in Minnesota over the years. Some started out good and then fizzled as more customers ate up the bandwidth. Some under-performed as soon as they were installed. One would think that 17 miles from Rochester would deliver better Internet. My last experience in Dodge County was with Minnesota WiFi and I have to say that they were consistent and delivered what they promised. The \$130 per month for 30mbps down and 10 mbps up seems a little steep though.

So, after moving to Tennessee I needed to have a reliable Internet provider since I work online for a living. In 1933 the Tennessee Valley Authority was commissioned to provide electrical power to the rural areas in the state as a way to increase the standard of living. Fast forward to the 21st century and the Cumberland Cooperative produces hydro-electric power as well as coal fired electrical power to all citizens. There is a power line to every rural address in the state and they decided to string the Internet to every home as well. And not just Internet, but high-speed fiber optic Internet.

So I live five miles out of town and High Speed Fiber Optic Internet is at our door. \$50 per month and no connection fees or modem and router deposits for 250mbps up and 250mbps down. Internet so fast it will make your head spin and priced lower than any slow provider back in the snow state. I am often asked how I manage to put ten newspapers together each month while living 800 miles from Minnesota. High quality Internet is the answer.

So in Minnesota you have cold weather, 10X higher property taxes, a state income tax, poor Internet service, and a city which wants to defund the police while rioters burn it down in the summer. And in Tennessee you have great Internet at a low cost, no county planning and zoning departments, low real estate taxes and no state income tax and the people love their law enforcement departments. You might have figured out why I moved here.

coming over that evening for dinner and presents; in the meantime, we watched Christmas movies and worked on Christmas dinner.

I think it was a pretty normal Christmas that year... or at least it was until the dishwasher shorted out before dinner causing it to fill up with water. It was all going to be OK though because Grandpa, who had been a Navy Electrician, was going to fix it. All he needed to do was cut off the power to the dishwasher and take care of the problem.

Now the breaker box was in the garage, and I do not remember exactly how but the wrong breaker got turned off. So instead of turning off the power to the dishwasher the power to the oven got turned off instead. Which not only left Grandpa working on a live dishwasher, where thankfully nothing happened but stopped the oven.

The oven where the Christmas ham, that my mother had rubbed down with brown sugar and poured Coca-Cola over, had been baking. The oven that no one noticed was off until after the dishwasher had been taken care of.

I was eight that year so I don't rightly remember if we even ended up eating the ham that day once the power mixup was noticed. But I will never forget the Christmas dishwasher disaster of 2004.



## Festive Container Creations



Teri Knight

*gardenbite*

just old school!

If your containers are all outside, like mine, then your soil could likely frozen, use a drill to poke some holes in there to place the main elements and add more soil to secure them. Some of the soil in mine was on the verge of freezing, the one that was frozen, I swapped out!

The most important thing is to know that you can take your time, place items and step back, take a look. I move stuff around all the time while I'm working on a container! It's fun!

Although I'll admit my toes got so cold I had to put them in warm water... tennis shoes are not appropriate footwear for festive container creating outdoors!

And one more... remember, you can ALWAYS rearrange, change, add, delete. Whatever makes you happy!

*Teri Knight became a Master Gardener with Dakota County, Minnesota in 2003. She currently produces her website, www.gardenbite.com, that supplements her daily radio program which has aired Monday thru Friday on radio stations throughout Minnesota since 2007. In 2017, several stations in Wisconsin began airing her show. Teri's been involved in community projects which include a Junior Master Gardener program for 8 to 12 year olds, designing and planting a garden for a women's center and various other organizations! Besides all that, Teri is News Director at KYMN Radio and can be heard weekdays on AM 1080 and 95.1 FM The One, From Northfield, MN.*

I love creating my festive containers! While we had some stupid cold weather, we were also blessed with beautiful warm weather after, that meant I could put the spruce tops in because the soil was not frozen! SCORE!

I went to my local nursery and bought the "accents", cedar and pine boughs and new this year for me... dyed magnolia leaves!

I really love using natural elements. There are so many gorgeous options.

There's character in nearly everything. In the past, I've spray-painted many of the elements with red or gold but I've seen people get very creative with really any color!

This year I did choose to go all natural but I'll likely add some lights after Thanksgiving. I'm not one for Christmas stuff

BEFORE Thanksgiving. I guess I'm



## A Minnesotan in the North: Christmas



By RosaLin Alcoser

Not all but many holidays over the course of my childhood are marked with some kind of minor disaster. Like the Thanksgiving table fire, or the Christmas Eve were my sister and I accidentally did a 360 on the highway in between the fifth and sixth Christmas Eve service of the night. No one ever gets hurt in these minor disasters but they make the holiday memorable and make for a good story. One that came to me this year was the Christmas that the dishwasher shorted out.

It was the Christmas of 2004, I was eight-years-old that year. Honestly, I cannot for the life of me remember what I got for Christmas that year. What I can remember is the events of the day.

It was a typical Christmas of my childhood. We got up had breakfast and did stockings before Dad went off to work to do Christmas day services at the Medical Center in Rochester. The family would be



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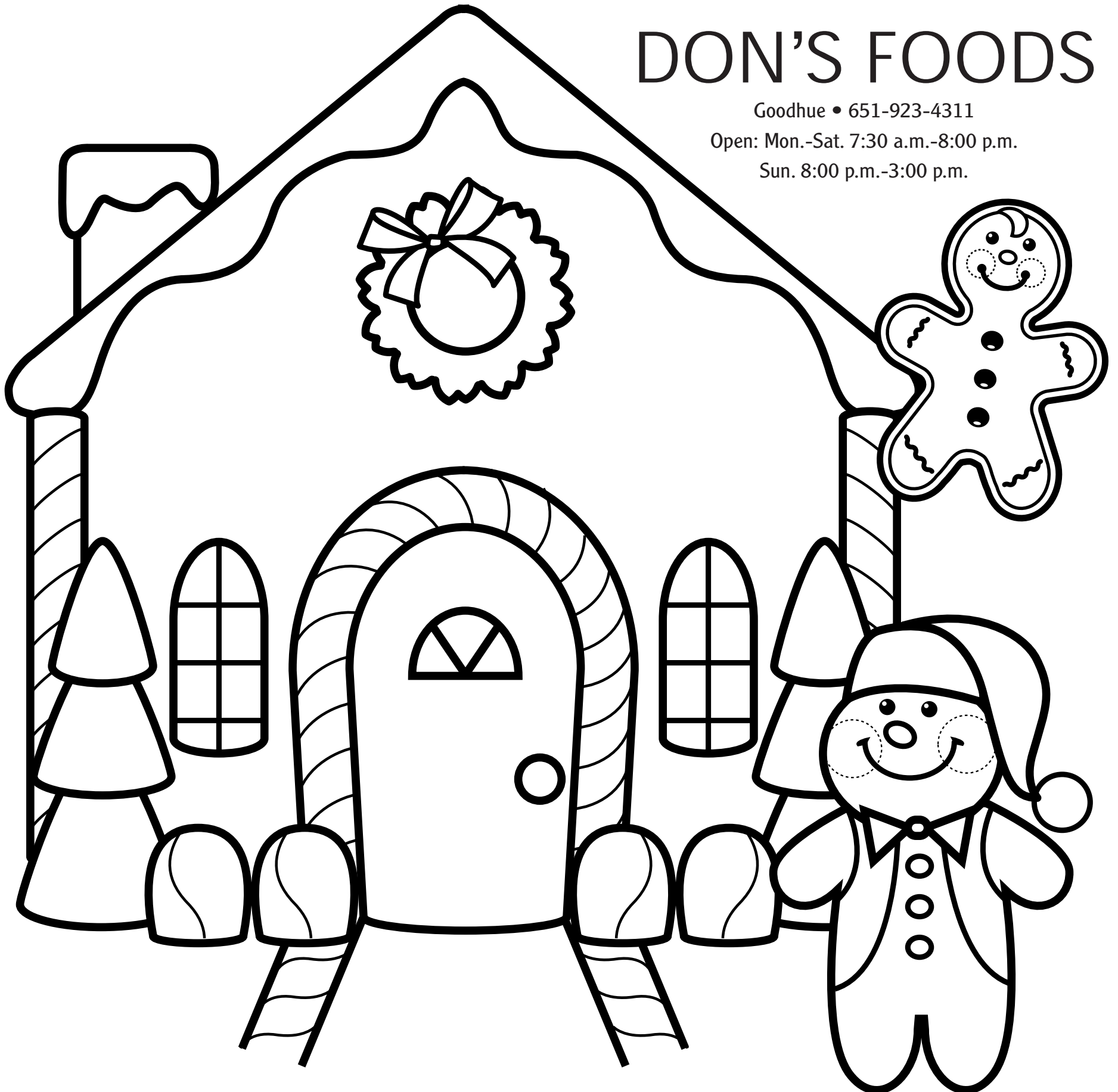
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