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Volume 15 • Issue 12

### Announcements

• The City of Dundas has several options to pay your utility bill online! You can pay or view your bill from anywhere 24/7. Don't want to pay online? No problem! Use the toll free number 877-885-7968 to make your payment via phone call. There is also an option to go paperless. For any question call the toll free number. Note: Check payments made online, through PSN app or by automated phone services are "free". A nominal convenience fee applies to all other payment method and channels, including payments made by phone call with a live representation.

• City of Dundas and COVID 19: Memorial Park Pavilion Rentals will no longer be taken for 2020. Parks and Playgrounds are open. Play structures are not being sanitized, play at your own risk. Please continue to adhere to physical distancing guidelines.

## • Upcoming Blood Donation Opportunities in Northfield:

2/1/2021: 10 a.m. - 4 p.m., Culver's, 960 Highway 3 S.

2/1/2021: 12p.m. - 6p.m., Community Resource Bank, 1605 Heritage Drive 2/2/2021: 12p.m. - 6p.m., Community Resource Bank, 1605 Heritage Drive 2/3/2021: 12p.m. - 6p.m., Community Resource Bank, 1605 Heritage Drive

City Council – Regular Meeting Monday, February 8, 2021 7:00 p.m. Virtual/Online Meeting

Do you have an announcement? Email: hometownmessenger@gmail.com

# **New Life for Old Sticks**

#### By Bill Bealles

Steve Kvernmo, owner of Little Champs Frames in Dundas, wasn't a hockey guy years ago, though you could not tell, walking through his shop at 210 County Rd 1. Hockey is a huge part of his life now, however, and makes up most of his business, it's clear to see, as you take in his craft treasures.

Steve and his family are 18-year residents of Dundas, having left Woodbury for the good life here. His work started In 2000, the Minnesota Wild's first season on the ice. "My son was three and wanted to go to a Wild game. I took him and after that, he decided he was going to play hockey!"

The business grew organically after Steve later fabricated some broken hockey sticks into decorative hockey-related items for his son. "His friends liked the items, so I made one for them and then someone else wanted one, so I made another. Pretty soon, I'm

#### New Dundas City Council Meets, Approves Multiple Directions

#### Courtesy of KYMN Radio

The Dundas City Council held its first meeting of the year on January 4. There were two new councilors on board. Luke St. Croix and Luke Swartwood both took the oath of office prior to the meeting. City Administrator Jenelle Teppen said there is a learning curve for the new councilors, but so far, they seem to be doing very well.

(continued on page 9)



making them for moms and it picked up from there."

At the shop, one is waist-deep in artfully crafted items, most composed of recycled hockey sticks. Picture frames, end tables, chairs, lamps and other hockey curios, large and small. A customer favorite is Steve's state of Minnesota hockey stick cutouts. All these can be seen at the Little Champs website, www.littlechampsframes.com, or on their Facebook page.

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# Religion

#### - DUNDAS MESSENGER -

# Hope for 2021

From the pages of the Chicago Sun Times, "An Easter like no other. A summer like no other A World Series like no other A year like no other." The phrase was worn out over the past nine months by journalists and news media alike. It became a branded logo to rubber-stamp this slow-motion train wreck: COVID-19 pandemic meets civic unrest meets economic disruption." In reality "EVERY year is a year like no other!" Years are unique, like snowflakes. And besides, 2020 is like other years. It's like 1968, 1945, 1918 ... all the way back to 1066, landmark years where you won't have to purse your lips and ponder, trying to dredge up a single event. We all know what happened in 2001. Nobody is going to snap their fingers and try to recall what year COVID struck: 2020, a year to remember, whether you like it or not."

There were plenty of challenges this past year: quarantines that contributed to work slow downs and unemployment. There was racial unrest after George Floyd's death in Minneapolis. Almost every home was affected by the Covid 19 virus- and there are people that won't be around in 2021, because of the virus or some other reason. We can focus on the high unemployment, or restaurants and schools being shut down. 2020 also boast of record storms that hit our nation: a derecho in Iowa, and hurricanes in Louisiana, Florida, Alabama and Mississippi. There are many ways that this year will be remembered- and many of them will not be happy memories. But along with the bad- there were a number of good things too. There were other Good things that happened in 2020 Nationally: Scientists responded with unprecedented speed and common purpose to find a vaccine and thousands of people volunteered to take the experimental vaccines. We saw the selfless dedication of nurses, orderlies, doctors and other health workers, and the selfless dedication of truck drivers, grocery stockers, farmworkers and so many more who risked their lives to keep the economy from collapsing. We learned to connect long and short distances with zoom and the telephone. Drive-ins theaters made a comeback, a record number of Americans turned out to vote in the national election, the United States launched astronauts to the International Space Station on a U.S.-made rocket and a panda was born at the National Zoo!

At South Troy we saw some good things happen this year too: God supplied our needs during 3 months of no in-person worship, and He continues to supply our needs! We were able to go online with our worship services. od supplied the needs of the Food shelf and the PEM Backpack program: both volunteers and finances. We've connected with more people than ever before; online and in-person. Our first caroling event was a hit! True there were challenges; we saw more families than ever make use of the food shelf and we know there are many out of work and our local businesses are suffering. Yet, we continue to believe that God is good and He will continue to provide for our community.

Matthew wrote about Jesus being our Hope, "Look at my Servant. See my Chosen One. He is my Beloved, in whom my soul delights. I will put my Spirit upon him, and he will judge the nations. 19 He does not fight nor shout; He does not raise his voice! 20 He does not crush the weak or quench the smallest hope; He will end all conflict with his final victory, 21 And his name shall be the hope of all the world."" Matthew 12:18-21

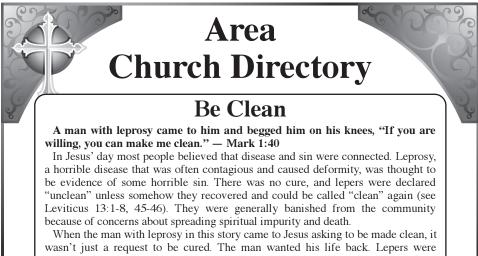
First it says, look at my servant- my chosen one. This is talking about Jesus- God's Son. Jesus came not as a superhero he came as a servant. Mark 10:45, Jesus says, "For even the Son of Man came not to be served but to serve others and to give his life as a ransom for many."

Jesus was chosen, He was God's one and only Son. God loved Him and was willing to send him to be our redemption. Jesus came not to fight, but to bring hope for the world. Jesus wasn't out to prove a point, or to stir up conflict. He always remained in control of himself. We never see Jesus forcing an issue- He gave all people the right to choose whom they would follow. Jesus won't crush the weak or quench the smallest hope; instead, he gives hope to those that are weak and tired. Like the widow from Nain, her son was in the casket on the way to the final burial- and Jesus saw the pain and sorrow and healed the boy right there! Jesus was filled with compassion for the people- his heart went out to them. Yet, he didn't barge in where he wasn't wanted. He always gave each person an out- to choose to believe, to follow, or to not believe or follow. His life was one of giving hope to those that were left in the margins of society. He reached out to widows, children, the weak and infirmed. He went out of his way to touch lepers and blind men. We can have faith and hope because our faith isn't in something dead and buried, but in the living Christ. God raised Christ from the dead and because of this we can have hope for every day. Without Jesus there would be no lasting hope. No Hope for tomorrow, and no hope

#### for eternity.

My prayer and hope are that we will focus our attention on Jesus Christ in the year 2021. I pray God will fill your spirit to overflowing, and that deep down in your soul you will discover the great strengths of joy, love, boldness, and endurance, and will go forward and live for the glory of God each and every day. We have a living hope-Jesus Christ! Jesus Christ is our hope- our rock, our help in the difficult times. He is the HOPE OF THE WORLD!!!

January, 2021



thought of as the walking dead, and he was asking, in effect, to be raised from death! Jesus, seeming to risk being defiled, does the unthinkable in reaching out his hand and touching the man. And then the unthinkable happens. The contagion of sin and death does not spread to Jesus; instead, the cleansing of heaven spreads to the man! This "dead man walking" is brought back to life by the touch and word of

the man! This "dead man walking" is brought back to life by the touch and word of Jesus. We expect the corrosive effect of sin and disease to spread, but the healing power of Jesus prevails against it.

Jesus came in power to take away what is killing us and what we are helpless to get rid of. What is it in your life that you are unable to cleanse yourself of? Jesus can make you clean!

Prayer: Gracious God, cleanse me of my sin and make me whole again. Restore to me the joy of salvation! Thank you for touching me with your healing power. Amen.

> LITTLE PRAIRIE UNITED METHODIST 2980 130th St. E. Pastor Edwin DuBose • pastor@littleprairieumc.org 507-663-6150 church phone • 651-503-4279 Cell

9:30 a.m. Sunday Worship; Sunday School & Nursery; Adult Group 8a.m.

CITY LIGHT CHURCH 2140 Hwy. 3 South, Northfield, MN Pastor Pete Haase • 507-645-8829 Call for service times

LIFE21 CHURCH 2100 Jefferson Road (just north of Target) Pastor Brent Bielenberg • 645-7730 life21church.com 10:00a.m. Worship Experience

NORTHFIELD EVANGELICAL FREE CHURCH 5600 East 110th Street Pastor Dan Runke • 663-0133 • northfieldefc.org 9:30 a.m. Worship; 11:00 a.m. Christian Life Classes

HOSANNA CHURCH - NORTHFIELD 205 2nd St. S., Dundas Pastor Dean Swenson • 507-664-9007 • www.hosannalc.org Sunday: 9am & 10:45am Worship with Hosanna Kids Church ages 3-5th grade and Child Care for ages 6wks-3years at both services Fellowship time with refreshments between services. Wednesday: Middle School Ministry - doors open at 5:30; programming 6-7:15; High School Ministry - doors open at 7pm; programming 7:30-9pm

> MAIN STREET MORAVIAN CHURCH 713 Division St., Northfield Tel: 507-645-7566 • Worship Services at 10:30a.m.

GOSPEL OF LIFE FAMILY CHURCH "PREACHING JESUS CHRIST AND HIM CRUCIFIED" 2010 Jefferson Road, Suite A, Heritage Square on Hwy. 3, Northfield admin@gospeloflifechurch.org • www.gospeloflifechurch.org Sunday 10:30a.m.; Wednesday 6:00p.m.

> NOTICE Due to COVID-19 check your church website or Facebook page for updates.



# **Community & Obituary**

January, 2021

#### - DUNDAS MESSENGER -

# New Life for Old Sticks

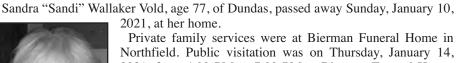
(continued from page 1)

Steve doesn't camp out in the shop all year round. As County Rd 1 is not known for it's heavy volume of potential customers, he takes his show on the road, pulling a large, walk-through trailer to summer hockey tournaments and craft events in Nebraska, the Dakotas and Chicago, not to mention Minnesota and Wisconsin.

This is an aspect of the business he hopes he can expand. Ideally, he'd like to be doing three shows instead of one, which would require two more trailers and a few employees. The current COVID environment, as with nearly every business, has impacted sales. Many tournaments did not operate this year due to the virus. The environment will have to return to normal before there's a fleet of Little Champs vans.

The manufacturing process is very "green", too. Over the years, thousands and thousands of damaged hockey sticks would have made it into landfills had Steve not stepped in. He has contracts with hockey leagues, schools, and etc with which he purchases broken sticks. "Hockey sticks don't degrade like a piece of wood. They're made of composite materials which will sit in that landfill for hundreds of years, maybe." Steve also utilizes reclaimed wood in some

Sandra "Sandi" Wallaker Vold





of his crafts, all of it coming from barns or old wooden structures.

Steve Kvernmo is in the game, most of all, for the opportunity to interact with people. At tournaments and craft shows, there is a warm, welcoming smile at the Little Champs trailer!

Private family services were at Bierman Funeral Home in Northfield. Public visitation was on Thursday, January 14, 2021, from 4:00 PM to 7:00 PM at Bierman Funeral Home. Mask was required. Burial was at Minneola Lutheran Church Cemetery in Minneola Township, Goodhue County.

She is survived by her husband Craig of Dundas, daughter Kim (Jerry) Wallaker Senart of Northfield; sons Chad (Jill) Wallaker of Rochester, Kyle (Kelly) Wallaker of Goodhue, Nick (Jennah) Vold of Fountain; six grandchildren; three step-

grandchildren; a newly born great-grandson; and her brother Chuck (Shirley) Fredrickson of Wannamingo. Sandi was preceded in death by her parents, her stepmother Audrey Kunz Fredrickson; and her siblings Shari Dorraas, Susie Martinson, and Billy Fredrickson.

Arrangements by Bierman Funeral Home and Crematory. biermanfuneralhome.com.

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# **Rural Routes**

## Students Measure Effects of Cover Crops Out in the Field

Students from Randolph High School's Plant and Soil Science class headed into the field this past fall to measure the effects of cover crops on soil health and crop yield. Randolph High School ag teacher Ed Terry partnered with the Rice Soil and Water Conservation District (SWCD) and local farmers Tim Little of Millersburg and Mike Ludwig of Northfield to bring the cover crop lesson to the classroom.

The project began last winter when Little and Ludwig shared their experiences with using cover crops in a classroom presentation. Students learned about the different methods for planting cover crops including aerial seeding and interseeding, as well as the changes Little and Ludwig have seen in their soil after four years of planting cover crops and using conservation tillage.

"It was great to head into the classroom and talk to the students about the effects of cover crops on soil health, water infiltration, and reduced erosion," said local farmer and Rice SWCD District Supervisor Mike Ludwig. "It's important to spread the conservation message to our future farmers and ag professionals so we can sustain healthy soils and improve local water quality."

After the presentation, Randolph High School teacher Ed Terry led the students in a classroom discussion about planting cover crops out in the field. Collectively, the students decided to plant the cover crops and study the effects on corn yield and the resulting economics of the planting decision.



The Rice SWCD interseeder plants cover crops on the Randolph FFA Test plot this past June.



Local farmer Mike Ludwig speaks to students at Randolph High school about the use of cover crops on his farm near Northfield.

Prior to planting the cover crops, the students and Terry worked with Ludwig and Chris Messner with Central Farm Service (CFS) of Randolph to make sure there were no residual herbicide interactions that could harm the cover crops. Before planting the corn, bulk N, P, and K fertilizer was spread onto the soybean residue and incorporated with a field cultivator. Fertilizer recommendations were based on soil test results from CFS.

In June, Steve Pahs from the Rice SWCD planted 3.5 acres of cover crops into corn at the V5 stage in the 8.5 acres Randolph FFA Test Plot. A mix of annual ryegrass, kale, turnip, and red clover was planted with the goal of improving soil health. The balance of the acres of corn was left without cover crops. The Rice SWCD donated the seed and interseeding of the cover crops.

In early fall, the students visited the site to

identify and examine the cover crops in the field. While the annual ryegrass grew early after planting, the broad-leaved kale and turnip plants dominated the field in the fall.

Students also visited the test plot at harvest to compare yield checks on the corn. "The students wanted to see if there was any yield drag because of the competition from the cover crops taking moisture and nutrients away from the corn. There was no statistical difference in yield," said Terry.

In 2021, the test plot will be planted to soybeans. Cover crops will also be planted and the students will again examine the effect on yield, the economics of the planting decision, and their long-term effect on soil health.

For more information about cover crops, visit the Rice SWCD website at www.riceswcd.org.

## **Cover Crop Incentives Increase for 2021 in High-Priority Areas**

Beginning this year, farmers who have land in high-priority areas of Rice County may be able to get \$45 per acre to plant cover crops. As part of the new Cannon River Comprehensive Watershed Management Plan, parts of Rice County that are identified as high-priority for water quality may be eligible to get the higher rates. These areas include the watersheds of Cedar, Hunt, and Fox lakes, and the Prairie Creek and Little Cannon Watersheds.

To find out if your property is located in one of these areas, please contact staff at the Rice Soil & Water Conservation District (SWCD). Even if you aren't in one of the priority areas, you may still be eligible to receive up to \$35 per acre through the Rice SWCD's Cover Crop Incentive Program.

To qualify, the land must not have a history of cover crop use or be enrolled in another conservation program that pays for cover crop incentives, and you must agree to a three-year contract.

Cover crops are a great way to improve soil health, reduce erosion, suppress weeds, and build organic matter. If you haven't tried cover crops yet, now is an excellent time to give it a shot!

Funding is limited, so please contact the district now to apply. For 2021, the District will again be offering custom interseeding for farmers who want to establish a cover crop early, but do not have the time or equipment to do it themselves. Call the district today at 507-332-5408 to start the application process. District staff are available to help you sign up for the programs and can assist you in selecting the cover crop mix that meets your farm's specific needs. For more information about cover crops, visit our website at http://www.riceswcd.org/cover-crops.



Cover crops interseeded this past June grow in a cornfield in rural Rice County. (October 15, 2020)

## **Native Salt Tolerant Plants**



While our weather has been strange, pretty "warm" temperatures for most of us in the Midwest, we have had some snow... and that means salt trucks are out. Many municipalities are working on ways to reduce the use, still, we do need to keep folks safe on the roads.

That said, we know is that our plants are not fond of the seasoning. Road salt can damage plants by interfering with their water uptake through their root system.

It will look like root damage or drought and include stunted growth, scorching on leaves and maybe the formation of witches brooms on shrubs on the salt side of the plant. We've talked before about salt tolerant plants but today I'm

Teri Knight

gardenbite

focusing on native salt tolerant plants. First let's remember to take into account not all plow truck drivers stick to the road. I've had them scrape my lawn too. And, always take into account the mature size of your plants as well and place them accordingly, especially if you have on

street parking, you don't want your plants trampled or hide someone's line of sight for safety. Consider these:

• Butterfly weed aka milkweed aka Asclepias tuberosa – this is the host for monarch butterflies

• Barren strawberry aka Waldsteinia fragarioides - low grower

• Wild bergamot aka bee balm aka Monarda fistulosa

· Yarrow aka common yarrow aka Achillea millefolium

• Ornamental native grasses that tolerate salt include Big Bluestem, Little bluestem and switchgrass. I'm a big fan of grasses and would really



Clethra (aka summersweet) Sugartina 'Crystalina' by Proven Winners

consider a mix of these and Blackeyed Susan, which is also salt tolerant. • Additionally, Summersweet, which has a wonderful fragrance is a native salt tolerant shrub.

• Others include serviceberry, winterberryand hackberry.

Teri Knight became a Master Gardener with Dakota County, Minnesota in 2003. She currently produces her website, www.gardenbite.com, that supplements her daily radio program which has aired Monday thru Friday on radio stations throughout Minnesota since 2007. In 2017, several stations in Wisconsin began airing her show. Teri's been involved in community projects which include a Junior Master Gardener program for 8 to 12 year olds, designing and planting a garden for a women's center and various other organizations! Besides all that, Teri is News Director at KYMN Radio and can be heard weekdays on AM 1080 and 95.1 FM The One, From Northfield, MN.



# **NHS Offers Family Friendly Space for Kids**

Courtesy of KYMN Radio

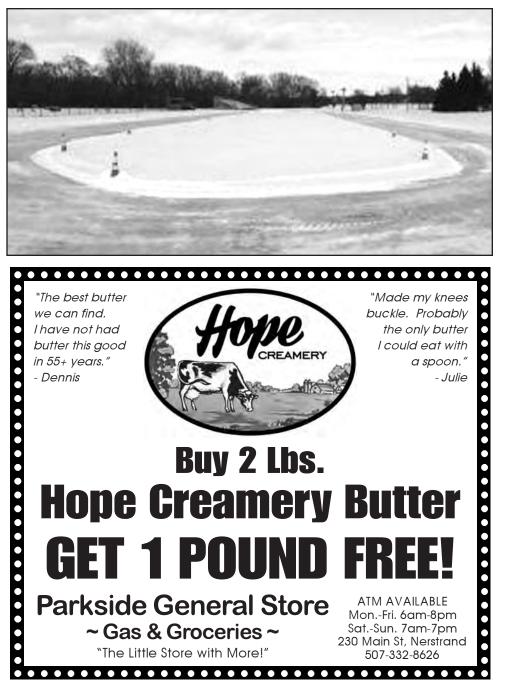
The Northfield Historical Society is back open after the state relaxed the covid-19 shutdown restrictions on Monday. NHS Executive Director Cathy Osterman said during the shutdown, the museum put together a brand new "hands-on" space for kids called the History Hideout.

"Part of the room is set up like a one room school. So we have desks and slates. We've actually got McGuffey Readers. We have a bunch of costumes and accessories for kids to use. We have games. I guess there is an Oregon Trail board game, and that's one of

# **New Skating Oval at the Rodeo Grounds**

Courtesy of KYMN Radio

The City of Northfield has added a new skating oval to its roster of outdoor skating rinks





the games we found. All of the games are history and geography based. We have a bunch of books if you're interested in reading about Civil Rights, Latino Culture, Native American Culture, or Black History. And then we have a couple of puzzles, which are created from images from our collection."

The History Hideout can accommodate up to ten people. It is available on Sundays only, by reservation. The cost to reserve the space is \$45.00. Reservations must be made by the prior Thursday for staffing purposes.

The Northfield Historical Society is now open Tuesday and Wednesday from Noon to 4pm, 10-4 Thursday-Saturday and by appointment on Sunday and Monday.

The new oval at the rodeo grounds is 1,200 feet with a 25-foot-wide lane and includes a warming house.

Northfield's outdoor skating rinks and warming houses officially opened on Thursday. The other six outdoor rinks are at Greenvale School, Babcock, Roosevelt, Washington, and Way Parks, and adjacent to the Northfield Ice Arena.

The city website notes that all skating rinks are equipped with lights for night skating.

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- DUNDAS MESSENGER

# **Gratitude**

Tim Penny So. MN Initiative Foundation

With the new year here I have been taking some time to reflect on this past year. While 2020 has been incredibly challenging, I have found myself focusing on the bright spots. It was a year filled with incredible stories of people doing amazing things to help those hit hardest by the pandemic. I am thankful that at Southern Minnesota Initiative Foundation (SMIF), we were able to play a role, alongside many partners and collaborators, in moving this part of the state toward a more resilient future.

It is impossible to encapsulate everything that I was grateful for in 2020, but this top ten list is a start (in no particular order):

**Early Childhood professionals.** They have continued to support the young children of our region under extremely difficult conditions. We were able to provide early

childhood trainings and technical assistance, in addition to emergency grants, to support these professionals throughout the year.

**Entrepreneurs.** So many businesses have been hit hard this year. I have been energized by the innovative spirit of entrepreneurs in the region who have adapted their business models during a period of rapid changes. We partnered with the Minnesota Department of Employment and Economic Development (DEED) to disperse more than \$10 million in Small Business Relief Grants directly to businesses in our region. We were also able to provide trainings and technical assistance to businesses.

**Our 30 Community Foundations.** SMIF offered a matching grant to the community foundations under our umbrella so they could provide relief funding directly to their communities. They were able to help their local food shelves purchase more food, keep essential community organizations afloat, provide critical tools for equitable distance learning and much more.

Local food producers. This year holiday shoppers had the opportunity to shop online for foodie gifts that were produced by 40 vendors from Minnesota, Wisconsin and Iowa. More than 400 unique items were available through the FEAST! Online Marketplace with products ranging from hazelnut oil and smoked salmon patties to maple syrup and jam.

The addition of a new Prosperity Initiative cohort. This program offers business training and mentoring to new immigrant and minority entrepreneurs in our region. We were excited to welcome a new cohort of 13 clients this year and support the growth of their businesses during this difficult year.

**Our AmeriCorps members.** AmeriCorps LEAP Initiative members serve in preschool classrooms and nonprofits focused on the social and emotional development of young children. VISTA members serve at nonprofits or local government agencies to help increase economic prosperity of diverse groups in our region. We also welcomed a VISTA member at SMIF who is focused on local foods initiatives, and a Lead for Minnesota Fellow who is focused on Diversity, Equity and Inclusion.

**Our grant recipients**. In addition to the DEED Grants and Emergency Child Care Grants that we have dispersed, we also supported small towns with their COVID response efforts, provided free paint for community projects and launched both the Inclusive and Equitable Communities Grant program and the Early Care and Education Wrap Around Grant program. We also awarded a record 27,828 children's books to 66 organizations through our Early Literacy Grant program (and many more books through other programs). It is amazing to see how passionate our grant recipients are about serving their communities.

**Our incredible donors and partners.** None of the work mentioned above would be possible without them. Thanks to our



309 donors – individuals, families, cities, counties, businesses and organizations – we have raised \$1.3 million to date in 2020. I am humbled by their generosity and their belief in the work we do, especially during this critical time.

The staff at SMIF. They were able to quickly mobilize and shift operations to process and distribute hundreds of emergency grants and loans, while providing technical assistance and training to early childhood professionals and entrepreneurs in the region.

Last, but definitely not least, southern Minnesotans. You have proven to be resilient in the face of immense challenges. As I have said previously, we are stronger together, and we will get through this together.

Here's to a new year and a brighter future for southern Minnesota.

As always, I welcome your comments and questions. You can reach me at timp@smifoundation.org or 507-455-3215.



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January, 2021

# Harvey Mackay

- DUNDAS MESSENGER -

## Achievement Takes More Than a Dream



By Harvey Mackay

A scrawny old man wanted to get a job at a nearby lumberjack camp so he approached the boss who politely tried to talk him out of the idea, thinking the old man wouldn't be able to fell a tree, much less keep up with the daily quotas.

"Give me a few minutes of your time, and I'll show you what I can do," suggested the man.

When the two arrived at a grove of trees needing to be cleared, the scrawny old persistent man picked up an ax and proceeded to chop down a huge tree in record time. "That's incredible," the boss said. "Where

"That's incredible," the boss said. "Where did you learn to fell trees like that?"

"Well," said the old man, "you've heard of the Sahara Forest?" Hesitantly the boss replied, "Don't you but mean the Sahara Desert?" swee The old man smiled and said, "Sure, com

that's what it's called now."

"Achievers are producers," writes Glenn Van Ekeren. "They understand the world will not recognize them for what they could have done, should have done or would have done. Recognition is experience by proving what you can do by doing it."

Achievement is one of the desires that drives us. Why do you think we have various awards like Grammys, Emmys, Oscars, Nobel and Pulitzer Prizes, not to mention numerous halls of fame? "Who's Who in America" grows larger with every edition because people feel the need to be recognized.

"The number of new products available and the new inventions which make life easier from generation to generation all testify to mankind's thirst for more achievement," wrote authors Leonard and Thelma Spinrad. "No matter what kind of society or political system a country may have, it seeks to provide recognition for what it regards as achievement."

Outstanding efforts, great courage, heroic deeds, superior commitment and innovative accomplishments all are spectacular achievements that deserve acknowledgement. But recognition shouldn't be the primary motivation for achievement.

I can tell you from personal experience that achieving a goal or completing a major business or civic project is a reward in itself. Yes, my ego appreciates the kudos, but it doesn't make the achievement any sweeter. I just want to do the best and most complete job I can do.

Finding the motivation to achieve is sometimes a challenge. You know what you can achieve; it's the getting started part that inhibits results. When you feel stuck, you can pull yourself up with an attitude adjustment. The Success magazine website offers some ideas how to make the change.

**Rely on yourself first.** You'll have to ask others for advice, assistance, and support, but remember that in the end, your success is your responsibility alone.

**Have a plan.** Don't go off in all directions at once. Work out a solid, detailed plan for getting from your starting point to the result you want.

**Focus on commitment.** Are you really committed to your goal? If not, you won't be motivated to pursue it.

**Concentrate on gaining knowledge.** Don't expect instant results. Instead, work on accumulating the knowledge you need to get to where you want to go.

**Have some fun.** Don't make the work all drudgery. Set a goal you'll enjoy working toward, and look for opportunities to have fun along the way.

**Spark your imagination.** Be open to anything, no matter how wild it seems at first. Generate ideas through brainstorming with others, exploring the world around you, and seeking opportunities to learn new things.

**Challenge yourself.** Don't wait for the perfect moment to take action. Take



chances, get out of your comfort zone, and be realistic about your mistakes and the causes of your failures.

We all have the potential to be great achievers. It may not come with a trophy or a job title, but achievement is measured on many fronts. Don't just dream about achieving something – stay awake and do it! Gretchen Alexander refused to allow her blindness to limit her life experiences. She mastered archery, golf, softball, sailing and water skiing as well as a number of other activities her sighted friends had yet to

Speaking to a group of high school students about her achievements, one student asked if there was anything she wouldn't try. "I've decided not to skydive," she answered. "It would scare the heck out of my dog."

learn.

Mackay's Moral: Getting something done is an accomplishment; getting something done right is an achievement.

Reprinted with permission from nationally syndicated columnist Harvey Mackay, author of the New York Times #1 bestseller "Swim With The Sharks Without Being Eaten Alive."



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# Health & Safety

January, 2021

#### - DUNDAS MESSENGER -

## Talking Critically-Needed Blood Donations with the U of M

The American Red Cross estimates that someone needs a blood transfusion approximately every two seconds. Claudia Cohn, MD, PhD, a pathologist with the University of Minnesota Medical School and M Health Fairview and the chief medical officer for the American Association of Blood Banks, explains why donating blood today is needed now more than ever and how choosing to give could equip those donors with new information about their exposure to COVID-19.

*Q*: What are some of the causes of low blood donation levels right now, and how does that affect someone's health?

Dr. Cohn: The blood supply is typically lower during the winter months, since blood donations often decrease because of the holidays, travel schedules, inclement weather and illness. That is severely compounded this year with the raging COVID-19 pandemic, which has overwhelmed hospitals and did cancel numerous blood drives earlier in the year. But, the need for blood still exists, despite the virus — victims of car accidents still arrive in emergency departments, cancer patients still require chemotherapy, all of which use lifesaving blood transfusions.

*Q*: What are some of the new benefits related to COVID-19 when giving blood?

Dr. Cohn: If you've ever been curious about whether or not you recently had the novel coronavirus, many blood centers will now test for COVID-19 antibody levels when you donate blood. In fact, if your levels are high, they will send you a letter requesting an appointment for you to donate convalescent plasma, which received FDA emergency use authorization for use in treating hospitalized patients with COVID-19. There is starting to be a nationwide shortage of convalescent plasma, so if you know you have had COVID-19, please contact your local blood center to learn how to donate convalescent plasma.

*Q:* How could getting the COVID-19 vaccine impact someone's ability to donate blood or convalescent plasma?

Dr. Cohn: The FDA does not require a deferral on blood donations after a COVID-19 vaccine, however, some blood centers might implement a short-term (less than two-week) deferral after someone has been vaccinated, as some people feel mildly ill after their shot. The FDA does, however,

## FEMA is Now Accepting Applications for the Youth Preparedness Council

The Federal Emergency Management Agency (FEMA) is committed to actively involving youth in preparedness-related activities through the Youth Preparedness Council (YPC) and is seeking applicants for 2021.

YPC members are students in grades 8 through 11 who are selected to support disaster preparedness and make a positive impact on their communities. The 2021 YPC is now open for applications. The YPC is an opportunity for young leaders to engage with FEMA and provide their perspectives, feedback, and opinions related to preparedness, to grow their leadership skills, and to support the resilience of their communities.

YPC members are selected for two-year terms and are chosen based on their passion for preparedness and helping others, their involvement in their community, and their aptitude for working in a team and as a leader.

Students from Region 5 states who apply for the National Youth Preparedness Council will also be considered for a place on the Region 5 Youth Preparedness Council (Region 5 YPC). The Region 5 YPC is an additional service and leadership opportunity for high school students living in the states of Illinois, Indiana, Michigan, Minnesota, Ohio, and Wisconsin.

"FEMA's Youth Preparedness Council empowers young people to not only participate in disaster readiness within their families and communities but also be the leaders to affect positive change," said Kevin M. Sligh, acting regional administrator, FEMA Region 5. "By applying to and joining the council, youth will have the opportunity to build preparedness and become change agents in their community."

The online application opened on January 18, 2021, and students must complete their applications by March 7, 2021, 11:59 p.m. PST to be considered. Selected candidates will be notified in May 2021. Interested students can apply online at https://community.fema.gov/PreparednessCommunity/s/app ly-to-ypc.

For more information about the Youth Preparedness Council or other youthfocused preparedness initiatives contact us at FEMA-Prepare@fema.dhs.gov.





defer COVID-19 convalescent plasma donations if you never had COVID-19 and received one of the COVID-19 vaccines.

*Q*: Are blood donations centers safe right now?

Dr. Cohn: Blood donation sites are taking measures to ensure donor safety. They have staggered donation appointments to avoid groups of people standing in line, and they have made sure all donation stations maintain social distancing. All surfaces are wiped down and all personnel are masked. It is probably safer to donate blood than it is to go to a crowded supermarket. If you are interested in donating, find and contact your local blood center.

*Q*: What are you doing in this area to advance public knowledge about the need for blood donations?

Dr. Cohn: The American Association of Blood Banks works with blood centers, hospitals and the wider community to advance public knowledge about the need for blood donations. This work ranges from educational webinars to public service announcements when the blood supply is low. In my role at the AABB as chief medical officer, I have interacted with multiple media outlets to get the word out about the need for more blood.

Dr. Claudia Cohn is an associate professor of laboratory medicine and pathology in the University of Minnesota Medical School. She is medical director of the M Health Fairview Blood Bank and leads the American Association of Blood Banks as chief medical officer. She conducts research



in the field of transfusion medicine and focuses her efforts in two areas: patient blood management and platelet storage and utilization.

Upcoming Blood Donation Opportunities Northfield

2/1/2021: 10 a.m. - 4 p.m., Culver's, 960 Highway 3 S.

2/1/2021: 12 p.m. - 6 p.m., Community Resource Bank, 1605 Heritage Drive 2/2/2021: 12 p.m. - 6 p.m., Community Resource Bank, 1605 Heritage Drive

2/3/2021: 12 p.m. - 6 p.m., Community Resource Bank, 1605 Heritage Drive



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#### **DUNDAS CITY COUNCIL REGULAR MEETING MINUTES** Monday, December 14, 2020 7:00 p.m. Virtual Online

Present: Mayor Glenn Switzer; Councilors Larry Fowler, Grant Modory

Absent: Councilor John Cruz, Chad Pribyl Staff Present: City Attorney Paula Callies, City Engineer John Powell, Administrator Jenelle Teppen

#### CALL TO ORDER/

#### PLEDGE ALLEGIANCE

Mayor Switzer called the regular Council meeting to order at 7:00 p.m. A quorum was present.

#### **TRUTH-IN-TAXATION HEARING** (TNT)

**Budget Review and Discussion of 2020** Levy for Taxes Payable in 2021

Jean McGann of consulting firm AEM presented the proposed 2021 Budget and Tax Levy noting the General Fund Operating Budget for 2021 is proposed to increase 11.95%. She stated one factor driving the rate increase is Council's desire to fund the street lighting project over three

#### **New Dundas City Council Meets, Approves Multiple Directions**

(continued from page 1)

"Hopefully we've prepared them a little bit. We did an orientation session with them over the course of two afternoons, maybe a month ago. We went through all operations, how the city works, who our contracted staff members are. They got to meet, virtually, with all of them. The mayor came in and sat through both sessions. We just had a very free ranging discussion about the longterm vision for the city and how they'll fit in.'

The meeting itself went smoothly, Teppen said. The council signed off on the purchase of a new Dodge Durango police vehicle and directed Teppen to begin negotiations with a possible new City attorney. The Council also agreed to changes to the purchase agreement for the old Dundas City Hall with attorney Dan Irwin.

Teppen said the timing of the meeting was an anomaly and that beginning January 25th, the council would resume their standard schedule of meeting on the second and fourth Mondays of each month.

The full conversation with Jenelle Teppen can be heard at kymnradio.net.

# Local Government

- DUNDAS MESSENGER -

years at \$40,000 each year. McGann also stated another factor is the bond payments for the construction of City Hall will begin in 2021. She reported debt service levies are now reflected as a separate line in the proposed budget so there is no longer a transfer from the general fund to the debt service fund. McGann estimated the increase expected on various valued residential and commercial properties.

Mayor Switzer called for public input. No response from the public.

PUBLIC FORUM/PRESENTATION -No public input.

#### APPROVAL OF AGENDA

Motion by Switzer, second by Modory, to approve the agenda with the addition under New Business of City Attorney Interviews. Motion Carried Unanimously (MCU)

#### **CONSENT AGENDA**

Motion by Fowler, second by Modory, to approve the consent agenda as follows: Regular Minutes of November 23, 2020;

Amusement Machines/Pool Tables License Renewals for 2021:

Lyle & Pauline's Inc. d/b/a/ L&M Bar and Grill: (1) Amusement Machines

Dawn's Corner Bar, Inc. d/b/a Dawn's

Corner Bar: (3) Pool Tables:

Disbursements - \$433,437.24. MCU OLD BUSINESS - No old business

brought before Council. ORDINANCES AND RESOLUTIONS

#### **Resolution 2020-48 A Resolution**

**Approving 2021 Proposed General Fund Budget and 2021 Final Property** Tax Levy

Motion by Switzer, second by Modory, to approve Resolution 2020-48. MCU **NEW BUSINESS** 

**Consider Approving Gambling Premises** Permits for 2021

Fire Relief Association at Dawn's **Corner Bar** 

Motion by Modory, second by Switzer, to approve a 2021 Gambling Premises Permit for Fire Relief Association of Northfield at Dawn's Corner Bar, 200 Railway Street North in Dundas. MCU

#### Dundas Baseball Association at L&M **Bar and Grill**

Motion by Fowler, second by Modory, to approve a 2021 Gambling Premises Permit for Dundas Baseball Association at L&M Bar and Grill, 224 Railway Street North in Dundas. MCU

Waterford Warriors Snowmobile Club at Dawn's Corner Bar

Motion by Modory, second by Switzer, to

approve a 2021 Gambling Premises Permit for Waterford Warriors at Dawn's Corner Bar at 200 Railway Street North in Dundas. MCU

#### AJE Enterprises, Inc. d/b/a **Firehouse Liquor**

Motion by Modory, second by Fowler, to approve 2020 Cigarette License for AJE Enterprises, Inc., d/b/a Firehouse Liquor at 607 Stafford Road North in Dundas. MCU **Consider Approving Cigarette Licenses** 

#### for 2021 Four Browns, LLC d/b/a

MGM Wine and Spirits Motion by Fowler, second by Switzer, to approve 2021 Cigarette License for Four Browns, LLC, d/b/a MGM Wine and Spirits

at 420 Schilling Drive North in Dundas. **MCU** 

#### Kwik Trip, Inc. d/b/a Kwik Trip #489

Motion by Fowler, second by Modory, to approve 202` Kwik Trip, Inc. d/b/a Kwik Trip #489 at 415 Hester Street East in Dundas. MCU

#### Dawn's Corner Bar, Inc. d/b/a

**Dawn's Corner Bar** Motion by Fowler, second by Switzer, to approve 2021 Cigarette License for Dawn's Corner Bar, Inc. d/b/a Dawn's Corner Bar at 200 Railway Street North in Dundas. MCU **City Attorney Interview** 

Mayor Switzer called for a virtual (online) Special Meeting to interview the firms who responded to the City's Request for Proposal for City Attorney for Monday, December 28, at 7:00 p.m.

#### **REPORTS OF OFFICERS, BOARD** AND COMMITTEES

No Reports ADJOURN

Motion by Fowler, second by Modory, to adjourn the meeting at 7:34 p.m. Submitted by: Jenelle Teppen, Administrator/Clerk Attest: Glenn Switzer, Mayor

#### **DUNDAS CITY COUNCIL REGULAR MEETING MINUTES** Monday, December 21, 2020 7:00 p.m. Virtual/Online Meeting

Present: Mayor Glenn Switzer; Councilors Larry Fowler, Grant Modory, John Cruz

Absent: Councilor Chad Pribyl Staff Present: City Attorney Paula Callies, City Engineer John Powell, Administrator Jenelle Teppen

#### CALL TO ORDER/ PLEDGE ALLEGIANCE

Mayor Switzer called the regular Council meeting to order at 7:01 p.m. A quorum was present.

**PUBLIC FORUM/PRESENTATION** No public input.

**DO YOU HAVE A STORY IDEA?** E-mail: metownmessenger@gmail.co TT/

#### APPROVAL OF AGENDA

Motion by Fowler, second by Cruz, to approve the agenda. Motion Carried Unanimously (MCU)

#### CONSENT AGENDA

Motion by Fowler, second by Modory, to approve the consent agenda as follows: Regular Minutes of December 14, 2020; Disbursements - \$34,783.08. MCU **OLD BUSINESS** 

No old business brought before Council **ORDINANCES AND RESOLUTIONS** No ordinances or resolutions brought before Council

**NEW BUSINESS** 

No new business brought before Council **REPORT OF OFFICERS, BOARDS** AND COMMITTEES

#### **City Attorney: Paul Callies**

Attorney Callies thanked the Mayor, Councilors and staff for her twelve years as City Attorney for Dundas.

#### **Mayor Switzer**

Mayor Switzer recognized and thanked Councilor John Cruz for his eight years of service to the City.

#### **ADJOURN**

Motion by Cruz, second by Fowler, to adjourn the meeting at 7:08 p.m. Submitted by: Jenelle Teppen,

Administrator/Clerk

Attest: Glenn Switzer, Mayor

#### **DUNDAS CITY COUNCIL** SPECIAL MEETING MINUTES Monday December 28, 2020

#### 7:00 p.m. Virtual/Online Meeting

Glenn Present: Mayor Switzer: Councilors Larry Fowler, Grant Modory, Chad Pribvl

Absent: John Cruz

Staff: City Administrator/Clerk Jenelle Teppen, City Attorney Paula Callies, City Planner Nate Sparks

#### CALL TO ORDER

Mayor Switzer called the special meeting to order at 7:00 p.m. A quorum was present. **APPROVAL OF SPECIAL MEETING** AGENDA

Motion by Fowler, second by Modory, to approve agenda for special meeting. Motion Carried Unanimously (MCU) **NEW BUSINESS** 

#### **Consider Proposals for City Attorney**

Administrator Teppen informed Council three proposals for City Attorney Services were received and each firm/candidate will be interviewed no longer than fifteen minutes with the Mayor asking specific questions. She stated the three interviews are with: (1) Mark Ostlund with Huemoeller, Gontarek & Cheskis, PLC (HGC), (2) Jared Shepard with Hoff Barry, P.A. and; (3) Fritz Knaak of HKB Law, P.A.

At the conclusion of the interviews the Council directed the City Administrator to bring a recommendation to the January 4, 2021 City Council meeting for Council consideration.

Mayor Switzer and Councilors Modory and Fowler thanked Councilor Pribyl for his 12 years of service to the City.

#### **ADJOURN**

Motion by Pribyl, second by Fowler, to adjourn the special meeting at 7:50 p.m. MCU

Submitted by: Jenelle Teppen, Administrator/Clerk Attest: Glenn Switzer, Mayor

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## Changes in Latitudes, Changes in Attitudes World Traveler



#### By Terry Campbell

This column is written by Messenger editor and Minnesota native Terry Campbell. Terry now splits his time between Minnesota when its warm here and Tennessee when it's cold here.

Little did I think that when I moved to the middle of the south that I would become a world traveler. I didn't even like to go out of the country and was not in possession of a passport. In fact, the only time I left the good old USA was to go skiing in Canada when I was much younger and had better knees.

But here I am and have found that we take frequent trips to Paris, sometimes a couple times each week, often just to eat a great lunch. And most times we pass right by the Eiffel Tower. And I still admire it as we go by. What a beautiful structure rising above the trees on the north side of town.

Our all-time favorite restaurant is the Paris Southside Restaurant. Great food, incredible prices, friendly waitresses and out of this world desserts. It is always packed and if you come at lunch time you will stand and wait until a table opens up. The last time we were there we saw a table for five next to us with a couple dining there alone. When a party of three walked in the waitress asked if they would mind sharing a table. In a few moments they were seated and shortly all five were visiting like old friends. Everyone is friendly in the City of Love.

I suppose I might have led you to believe we were talking about the Paris in France, but Paris, Tennessee is less than a half hour down the highway from our home. The rest is true however, and there is an exact replica of the Eiffel Tower in Tennessee. Actually, there are nine cities in the United States using the name Paris, but the one in Tennessee has the second tallest Eiffel Tower in the world. It does have a fence around it because college students found it irresistible to climb to the top.

So it is probably a whole lot less romantic now that you know the real story, but my wife and I love going to Paris, Tennessee to shop at Tractor Supply Company and Lowes.

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A Minnesotan in the North: **Hoar Frost** 



By RosaLin Alcoser

One of the most beautiful things about living in Northern Minnesota in the win-

ter is the all hoar frost. It sparkles and glistens in the sun light and basically hangs around all.

It also makes up for the fact that it's both freezing cold and the ice fog... and this close to North Dakota there seems to be a lot more ice fog them I remember from growing up in Southeast Minnesota.

I have found two really good things about 2020 as I look back on the year. First is that like many I now work from home most of the time I don't have to drive through the ice fog every morning. Instead I get to enjoy looking at the hoar frost from my window.

Secondly face masks. I have found these to be great in the winter because it keeps my face warm while I'm outside. Honestly, I might keep wearing them outside in the winter after this is all over just to keep my face warm.



# Entertainment

January, 2021

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ACROSS

9. Bridle parts

25. Cul de

43. Front of ship

46. Additional

55. Pimple fluid

66. Legal org.

72. Bone-dry

68. Long stories

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13. Whatsoever

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**CHAPP** 

We'd like to share our thanks and best wishes with everyone who has been a part of our year.







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